

VI Torneio Natação de Conímbriga
Condeixa, 25/5/2024

Prova 12 Open
25/05/2024 - 12:15 Resultados

Masc., 400m Livres

Recordes do Torneio Open	3:45.21	Tomas Miguel, VELOSO				13/11/2019
Recordes do Torneio Sen	3:45.21	Tomás Miguel, VELOSO	CNAC	Felgueiras		21/12/2019
Recordes do Torneio 18	3:56.55	Luís, SILVA	CNAC			13/06/2002
Recordes do Torneio 17	3:58.76	Gustavo Pires, MARQUES	INDANC	Coimbra		20/06/2021
Recordes do Torneio Juv A	3:58.82	Diogo Matos, RIBEIRO	CUC	Mealhada		07/12/2019
Recordes do Torneio Juv B	4:02.41	Diogo Matos, RIBEIRO	CUC			13/06/2019
Recordes do Torneio Inf A	4:20.38	Guilherme Maia, CARDOSO	SCC			20/07/2019
Recordes do Torneio Inf B	4:35.42	Diogo Matos, RIBEIRO	CNAC			13/06/2017

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts	
1.	Duarte Cachulo, MARQUES		07	Condeixa Aqua Clube		4:13.34	588	
	50m: 27.56	27.56	150m: 1:29.25	31.42	250m: 2:33.82	32.62	350m: 3:40.90	33.73
	100m: 57.83	30.27	200m: 2:01.20	31.95	300m: 3:07.17	33.35	400m: 4:13.34	32.44
2.	Nuno Marques, SILVA		04	CNLeiria		4:18.71	552	
	50m: 27.87	27.87	150m: 1:30.81	32.03	250m: 2:36.57	33.02	350m: 3:45.05	34.30
	100m: 58.78	30.91	200m: 2:03.55	32.74	300m: 3:10.75	34.18	400m: 4:18.71	33.66
3.	Rodrigo Mosca, SILVA		08	Columbofila Cantanhedense		4:23.12	524	
	50m: 29.50	29.50	150m: 1:34.41	33.03	250m: 2:41.52	33.23	350m: 3:49.16	33.86
	100m: 1:01.38	31.88	200m: 2:08.29	33.88	300m: 3:15.30	33.78	400m: 4:23.12	33.96
4.	Antonio Antunes, JORGE		10	Alcobaca		4:29.38	489	
	50m: 29.93	29.93	150m: 1:37.01	33.78	250m: 2:46.61	35.12	350m: 3:55.99	34.53
	100m: 1:03.23	33.30	200m: 2:11.49	34.48	300m: 3:21.46	34.85	400m: 4:29.38	33.39
5.	Bernardo Nunes, DOMINGUEZ		07	Bairro Anjos		4:48.86	396	
	50m: 31.76	31.76	150m: 1:42.76	35.78	250m: 2:57.08	37.69	350m: 4:13.11	38.08
	100m: 1:06.98	35.22	200m: 2:19.39	36.63	300m: 3:35.03	37.95	400m: 4:48.86	35.75
6.	Guilherme Costa, REBELO		10	Pimpoes/Cimai		4:50.46	390	
	50m: 33.16	33.16	150m: 1:45.17	36.19	250m: 2:58.66	36.65	350m: 4:14.33	37.81
	100m: 1:08.98	35.82	200m: 2:22.01	36.84	300m: 3:36.52	37.86	400m: 4:50.46	36.13
7.	Goncalo Matos, GOMES		09	Aquatico Pacense		4:51.54	385	
	50m: 32.10	32.10	150m: 1:45.27	36.96	250m: 3:00.02	37.28	350m: 4:15.15	37.32
	100m: 1:08.31	36.21	200m: 2:22.74	37.47	300m: 3:37.83	37.81	400m: 4:51.54	36.39
8.	Hugo Ferreira, SILVA		11	Academica de Coimbra		4:55.51	370	
	50m: 35.49	35.49	150m: 1:50.15	37.28	250m: 3:05.00	37.15	350m: 4:19.60	37.28
	100m: 1:12.87	37.38	200m: 2:27.85	37.70	300m: 3:42.32	37.32	400m: 4:55.51	35.91
9.	Gabriel Sa, CHAMBEL		09	CLAC-Entroncamento		5:12.85	312	
	50m: 33.56	33.56	150m: 1:52.12	40.01	250m: 3:12.91	40.50	350m: 4:34.47	39.86
	100m: 1:12.11	38.55	200m: 2:32.41	40.29	300m: 3:54.61	41.70	400m: 5:12.85	38.38
EXH	Bernardo Bento, DINIS		11	Condeixa Aqua Clube		5:10.11	320	
	50m: 33.75	33.75	150m: 1:50.09	39.47	250m: 3:11.30	40.71	350m: 4:32.17	40.65
	100m: 1:10.62	36.87	200m: 2:30.59	40.50	300m: 3:51.52	40.22	400m: 5:10.11	37.94