

VI Torneio Natação de Conímbriga
Condeixa, 25/5/2024

Prova 11 Femin., 400m Livres Open
25/05/2024 - 12:05 Resultados

Recordes do Torneio Open	4:18.48	Maria Miguel, VELOSO	CNAC	13/06/2009
Recordes do Torneio Sen	4:20.62	Florbela Cavaco, MACHADO	CNAC	12/06/2013
Recordes do Torneio 17	4:18.48	Maria Miguel, VELOSO	CNAC	12/06/2009
Recordes do Torneio 16	4:22.18	Alexandra Couto, FRAZÃO	FBSC	12/06/2018
Recordes do Torneio Juv A	4:25.67	Sara Sofia, ALVES	ASSSCC	12/06/2015
Recordes do Torneio Juv B	4:28.96	Mariana Carmo, ROSA	ALN	12/06/2019
Recordes do Torneio Inf A	4:34.72	Sara Sofia, ALVES	ASSSCC	11/06/2014
Recordes do Torneio Inf B	4:45.02	Sara Sofia, ALVES	ASSSCC	11/06/2013

Pontos: FINA 2023

Lugar			Ano			Tempo final			Pts
1.	Camila Duarte, MARCELO		10	Condeixa Aqua Clube		4:37.54			578
	50m:	31.15 31.15	150m:	1:39.95 34.60	250m:	2:50.98 36.12	350m:	4:02.26 35.68	
	100m:	1:05.35 34.20	200m:	2:14.86 34.91	300m:	3:26.58 35.60	400m:	4:37.54 35.28	
2.	Matilde Violante, VIANA		07	CNLeiria		4:45.06			534
	50m:	32.75 32.75	150m:	1:44.29 36.02	250m:	2:57.02 36.35	350m:	4:09.62 36.06	
	100m:	1:08.27 35.52	200m:	2:20.67 36.38	300m:	3:33.56 36.54	400m:	4:45.06 35.44	
3.	Ana Francisca, SILVA		06	Alcobaca		4:45.07			534
	50m:	33.33 33.33	150m:	1:44.96 36.28	250m:	2:57.40 36.12	350m:	4:10.39 36.63	
	100m:	1:08.68 35.35	200m:	2:21.28 36.32	300m:	3:33.76 36.36	400m:	4:45.07 34.68	
4.	Leonor Mercês, CAVALEIRO		09	Columbófila Cantanhedense		4:51.34			500
	50m:	33.62 33.62	150m:	1:46.85 37.18	250m:	3:01.00 37.23	350m:	4:14.96 37.08	
	100m:	1:09.67 36.05	200m:	2:23.77 36.92	300m:	3:37.88 36.88	400m:	4:51.34 36.38	
5.	Catarina Sousa, OLIVEIRA		10	Colegio Efanor		4:55.95			477
	50m:	33.51 33.51	150m:	1:48.82 38.44	250m:	3:04.82 37.68	350m:	4:19.61 37.15	
	100m:	1:10.38 36.87	200m:	2:27.14 38.32	300m:	3:42.46 37.64	400m:	4:55.95 36.34	
6.	Caetana Amado, SANTOS		09	Miranda do Corvo		5:00.49			456
	50m:	33.84 33.84	150m:	1:51.35 38.80	250m:	3:08.25 37.93	350m:	4:24.58 38.16	
	100m:	1:12.55 38.71	200m:	2:30.32 38.97	300m:	3:46.42 38.17	400m:	5:00.49 35.91	
7.	Maria Carolina, ALVES		10	Bairro Anjos		5:05.02			436
	50m:	33.64 33.64	150m:	1:49.08 38.52	250m:	3:06.40 38.91	350m:	4:25.63 40.41	
	100m:	1:10.56 36.92	200m:	2:27.49 38.41	300m:	3:45.22 38.82	400m:	5:05.02 39.39	
8.	Bruna Maria, BARBOSA		08	Aquático Pacense		5:06.24			430
	50m:	35.10 35.10	150m:	1:52.24 38.94	250m:	3:10.08 38.74	350m:	4:27.95 38.67	
	100m:	1:13.30 38.20	200m:	2:31.34 39.10	300m:	3:49.28 39.20	400m:	5:06.24 38.29	
9.	Sara Marques, LIMA		10	CASPAE		5:15.29			394
	50m:	36.23 36.23	150m:	1:55.20 40.06	250m:	3:16.29 40.97	350m:	4:36.72 40.01	
	100m:	1:15.14 38.91	200m:	2:35.32 40.12	300m:	3:56.71 40.42	400m:	5:15.29 38.57	
10.	Maria Leonor, ASSUNCAO		12	Pimpoes/Cimai		6:03.95			256
	50m:	41.12 41.12	150m:	2:14.11 46.80	250m:	3:49.06 47.99	350m:	5:21.82 46.09	
	100m:	1:27.31 46.19	200m:	3:01.07 46.96	300m:	4:35.73 46.67	400m:	6:03.95 42.13	
DNS	Matilde Neves, PORTELA		12	Colegio Efanor					
EXH	Joana Cura, NEVES		11	Condeixa Aqua Clube		5:08.64			420
	50m:	34.98 34.98	150m:	1:52.02 38.96	250m:	3:10.95 39.20	350m:	4:30.00 39.80	
	100m:	1:13.06 38.08	200m:	2:31.75 39.73	300m:	3:50.20 39.25	400m:	5:08.64 38.64	
EXH	Mariana Bagagem, CARVALHO		10	Miranda do Corvo		5:13.39			402
	50m:	35.14 35.14	150m:	1:54.56 39.87	250m:	3:15.25 40.52	350m:	4:34.61 39.48	
	100m:	1:14.69 39.55	200m:	2:34.73 40.17	300m:	3:55.13 39.88	400m:	5:13.39 38.78	
EXH	Matilde Conde, FIGUEIREDO		11	Condeixa Aqua Clube		5:14.88			396
	50m:	36.81 36.81	150m:	1:57.83 40.56	250m:	3:18.49 40.05	350m:	4:37.84 39.38	
	100m:	1:17.27 40.46	200m:	2:38.44 40.61	300m:	3:58.46 39.97	400m:	5:14.88 37.04	
EXH	Isabella Scavone, LOPES		10	Miranda do Corvo		5:24.64			361
	50m:	35.41 35.41	150m:	1:56.77 41.90	250m:	3:20.08 41.80	350m:	4:44.45 42.20	
	100m:	1:14.87 39.46	200m:	2:38.28 41.51	300m:	4:02.25 42.17	400m:	5:24.64 40.19	