

Coupe des regions ANQCA-Hiver 2024
Lévis, 9- - 11-2-2024

Epreuve 40
2024-02-11 - 11:22

Messieurs, 400m 4 nages

11 ans et plus
Liste résultats

Points: FINA 2023

Rang			Age							Temps	Pts	
11 - 12 ans												
1.	CAMBRON, Alexis		12	Cnq						5:47.84	307	
	50m:	34.29	34.29	150m:	2:04.36	46.43	250m:	3:41.75	51.45	350m:	5:12.56	37.35
	100m:	1:17.93	43.64	200m:	2:50.30	45.94	300m:	4:35.21	53.46	400m:	5:47.84	35.28
2.	PIGEON, Arthur		12	Riverains						6:29.95	218	
	50m:	45.59	45.59	150m:	2:33.03	48.73	250m:	4:13.64	53.35	350m:	5:50.09	41.28
	100m:	1:44.30	58.71	200m:	3:20.29	47.26	300m:	5:08.81	55.17	400m:	6:29.95	39.86
13 - 14 ans												
1.	PAQUIN, Loïc		14	Cnq						5:19.15	398	
	50m:	33.30	33.30	150m:	1:53.66	41.96	250m:	3:20.15	45.72	350m:	4:43.27	36.98
	100m:	1:11.70	38.40	200m:	2:34.43	40.77	300m:	4:06.29	46.14	400m:	5:19.15	35.88
2.	BLAIS, Guillaume		13	Riverains						5:55.54	288	
	50m:	38.78	38.78	150m:	2:10.20	44.06	250m:	3:47.05	53.40	350m:	5:19.57	38.76
	100m:	1:26.14	47.36	200m:	2:53.65	43.45	300m:	4:40.81	53.76	400m:	5:55.54	35.97
3.	GAUDREAU, Émile		13	Cac						5:55.78	287	
	50m:	40.22	40.22	150m:	2:14.46	47.11	250m:	3:49.66	49.60	350m:	5:18.86	38.57
	100m:	1:27.35	47.13	200m:	3:00.06	45.60	300m:	4:40.29	50.63	400m:	5:55.78	36.92
4.	LÉPINE, Loïc		13	Riverains						5:56.47	285	
	50m:	37.66	37.66	150m:	2:11.39	48.84	250m:	3:46.96	50.63	350m:	5:19.66	40.79
	100m:	1:22.55	44.89	200m:	2:56.33	44.94	300m:	4:38.87	51.91	400m:	5:56.47	36.81
5.	PINETTE, Youri		13	Riverains						5:58.93	279	
	50m:	41.65	41.65	150m:	2:15.48	47.80	250m:	3:53.27	51.69	350m:	5:22.27	38.66
	100m:	1:27.68	46.03	200m:	3:01.58	46.10	300m:	4:43.61	50.34	400m:	5:58.93	36.66
6.	BOUTIN, Karel		13	Cnq						6:06.52	262	
	50m:	40.27	40.27	150m:	2:16.79	45.22	250m:	3:53.56	49.91	350m:	5:26.08	41.10
	100m:	1:31.57	51.30	200m:	3:03.65	46.86	300m:	4:44.98	51.42	400m:	6:06.52	40.44
disq.	CORRIVEAU, Raphaël		14	Riverains								
	50m:	39.28	39.28	150m:	3:06.21	1:40.03	250m:	4:52.03	52.27	350m:	6:13.80	39.20
	100m:	1:26.18	46.90	200m:	3:59.76	53.55	300m:	5:34.60	42.57	400m:		
15 - 16 ans												
1.	BÉLANGER, Eliot		15	Riverains						5:03.21	464	
	50m:	33.63	33.63	150m:	1:51.23	40.56	250m:	3:13.82	43.78	350m:	4:31.69	34.48
	100m:	1:10.67	37.04	200m:	2:30.04	38.81	300m:	3:57.21	43.39	400m:	5:03.21	31.52
2.	JOLIN-VALLIÈRE, Wiliam		16	Cnq						5:07.39	445	
	50m:	32.27	32.27	150m:	1:49.00	38.52	250m:	3:11.21	44.29	350m:	4:31.82	36.44
	100m:	1:10.48	38.21	200m:	2:26.92	37.92	300m:	3:55.38	44.17	400m:	5:07.39	35.57
3.	GAUTHIER, Mathieu		16	Club de Natation des Equinoxes						5:29.40	362	
	50m:	33.59	33.59	150m:	1:57.17	42.26	250m:	3:26.03	47.57	350m:	4:52.79	37.79
	100m:	1:14.91	41.32	200m:	2:38.46	41.29	300m:	4:15.00	48.97	400m:	5:29.40	36.61
4.	LANDRY, Olivier		15	Riverains						5:36.27	340	
	50m:	34.54	34.54	150m:	1:59.84	44.03	250m:	3:32.63	50.84	350m:	5:00.76	36.50
	100m:	1:15.81	41.27	200m:	2:41.79	41.95	300m:	4:24.26	51.63	400m:	5:36.27	35.51

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Epreuve 40, Garçons, 400m 4 nages, 15 - 16 ans

Rang			Age						Temps	Pts		
5.	DUGAS, Derek		15	Cnq					5:43.59	319		
	50m:	34.16	34.16	150m:	2:01.87	45.18	250m:	3:35.60	48.61	350m:	5:04.02	39.64
	100m:	1:16.69	42.53	200m:	2:46.99	45.12	300m:	4:24.38	48.78	400m:	5:43.59	39.57

17 ans et plus

1.	GUY, Thomas		17	Riverains					5:03.27	464		
	50m:	31.27	31.27	150m:	1:48.01	40.08	250m:	3:11.95	44.65	350m:	4:31.42	34.54
	100m:	1:07.93	36.66	200m:	2:27.30	39.29	300m:	3:56.88	44.93	400m:	5:03.27	31.85