

ROS Futura Wettkampf Teil 2  
Triesen, 3.3.2024

Wettkampf 22  
03.03.2024 - 13:00

Mädchen, 400m Freistil

12 Jahre  
Rangliste

Punkte: FINA 2023

Rang			Jg.							Zeit	Pkt.	
1.	LIM Kezia		12	Scrh						<b>5:02.67</b>	446	
	50m:	32.77	32.77	150m:	1:47.11	37.52	250m:	3:04.49	38.85	350m:	4:23.52	39.38
	100m:	1:09.59	36.82	200m:	2:25.64	38.53	300m:	3:44.14	39.65	400m:	5:02.67	39.15
2.	ALLEGRINI Gianna		12	Schwimmverein St.Gallen-Witten						<b>5:08.20</b>	422	
	50m:	34.97	34.97	150m:	1:53.18	39.50	250m:	3:11.61	39.33	350m:	4:30.18	39.32
	100m:	1:13.68	38.71	200m:	2:32.28	39.10	300m:	3:50.86	39.25	400m:	5:08.20	38.02
3.	BONKE Elisabeth		12	Schwimmverein St.Gallen-Witten						<b>5:19.35</b>	379	
	50m:	35.57	35.57	150m:	1:55.87	40.89	250m:	3:18.41	41.14	350m:	4:41.59	41.68
	100m:	1:14.98	39.41	200m:	2:37.27	41.40	300m:	3:59.91	41.50	400m:	5:19.35	37.76
4.	DEL BELLO Paula		12	Schwimmverein St.Gallen-Witten						<b>5:20.81</b>	374	
	50m:	37.38	37.38	150m:	2:01.02	42.15	250m:	3:22.73	40.55	350m:	4:42.33	39.66
	100m:	1:18.87	41.49	200m:	2:42.18	41.16	300m:	4:02.67	39.94	400m:	5:20.81	38.48
5.	GROSSWILER Andrina Lea		12	Scrh						<b>5:25.64</b>	358	
	50m:	37.30	37.30	150m:	1:59.39	41.35	250m:	3:23.08	42.00	350m:	4:46.28	41.46
	100m:	1:18.04	40.74	200m:	2:41.08	41.69	300m:	4:04.82	41.74	400m:	5:25.64	39.36
6.	FRÖHLICH Tamara		12	Schwimmclub Kreuzlingen						<b>5:29.58</b>	345	
	50m:	36.99	36.99	150m:	1:59.42	40.81	250m:	3:24.32	42.46	350m:	4:48.96	42.46
	100m:	1:18.61	41.62	200m:	2:41.86	42.44	300m:	4:06.50	42.18	400m:	5:29.58	40.62
7.	HASLER Anna Sofia		12	Sgli						<b>5:36.19</b>	325	
	50m:	38.70	38.70	150m:	2:04.34	43.67	250m:	3:30.70	42.64	350m:	4:56.24	41.71
	100m:	1:20.67	41.97	200m:	2:48.06	43.72	300m:	4:14.53	43.83	400m:	5:36.19	39.95
8.	HITZERT Layla		12	Flos						<b>5:55.69</b>	274	
	50m:	37.96	37.96	150m:	2:10.38	46.46	250m:	3:42.12	45.78	350m:	5:10.88	44.04
	100m:	1:23.92	45.96	200m:	2:56.34	45.96	300m:	4:26.84	44.72	400m:	5:55.69	44.81
9.	SCHÄRMELI Elina		12	Schwimmclub Kreuzlingen						<b>5:56.32</b>	273	
	50m:	40.18	40.18	150m:	2:11.72	46.31	250m:	3:44.04	46.38	350m:	5:12.25	42.71
	100m:	1:25.41	45.23	200m:	2:57.66	45.94	300m:	4:29.54	45.50	400m:	5:56.32	44.07
10.	GROB Liv		12	Scrh						<b>5:56.81</b>	272	
	50m:	40.23	40.23	150m:	2:11.35	46.14	250m:	3:45.26	47.15	350m:	5:16.64	44.84
	100m:	1:25.21	44.98	200m:	2:58.11	46.76	300m:	4:31.80	46.54	400m:	5:56.81	40.17
11.	SCHULER Sveja Maria		12	Flos						<b>5:57.55</b>	270	
	50m:	39.75	39.75	150m:	2:10.11	45.73	250m:	3:43.34	46.68	350m:	5:15.70	46.30
	100m:	1:24.38	44.63	200m:	2:56.66	46.55	300m:	4:29.40	46.06	400m:	5:57.55	41.85
12.	RECHSTEINER Sophie		12	Schwimmclub Kreuzlingen						<b>6:03.69</b>	257	
	50m:	40.92	40.92	150m:	2:12.09	45.82	250m:	3:46.21	47.24	350m:	5:16.54	43.80
	100m:	1:26.27	45.35	200m:	2:58.97	46.88	300m:	4:32.74	46.53	400m:	6:03.69	47.15
13.	ZÜND Aline		12	Flos						<b>6:12.17</b>	240	
	50m:	41.43	41.43	150m:	2:17.38	48.06	250m:	3:55.87	49.75	350m:	5:30.67	47.86
	100m:	1:29.32	47.89	200m:	3:06.12	48.74	300m:	4:42.81	46.94	400m:	6:12.17	41.50
14.	MALBASA Masa		12	Flos						<b>6:12.79</b>	238	
	50m:	38.42	38.42	150m:	2:14.39	49.01	250m:	3:50.74	46.60	350m:	5:28.51	48.80
	100m:	1:25.38	46.96	200m:	3:04.14	49.75	300m:	4:39.71	48.97	400m:	6:12.79	44.28
15.	ZÜND Sophie		12	Flos						<b>6:13.34</b>	237	
	50m:	39.40	39.40	150m:	2:11.07	46.47	250m:	3:47.11	47.78	350m:	5:26.56	50.52
	100m:	1:24.60	45.20	200m:	2:59.33	48.26	300m:	4:36.04	48.93	400m:	6:13.34	46.78
16.	KNOBELSPIESS Katrin		12	Rhy Swimming						<b>6:14.17</b>	236	
	50m:	41.07	41.07	150m:	2:16.93	48.74	250m:	3:55.19	48.88	350m:	5:30.50	46.42
	100m:	1:28.19	47.12	200m:	3:06.31	49.38	300m:	4:44.08	48.89	400m:	6:14.17	43.67
17.	AMANN Sophia		12	Sgli						<b>6:20.19</b>	225	
	50m:	42.55	42.55	150m:	2:21.65	50.71	250m:	3:59.66	49.04	350m:	5:34.34	47.76
	100m:	1:30.94	48.39	200m:	3:10.62	48.97	300m:	4:46.58	46.92	400m:	6:20.19	45.85

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Rang					Jg.					Zeit	Pkt.	
18.	PETZOLD Clarissa				12	Sgli				<b>6:30.52</b>	207	
	50m:	42.04	42.04	150m:	2:19.17	48.68	250m:	4:02.42	52.37	350m:	5:43.71	49.29
	100m:	1:30.49	48.45	200m:	3:10.05	50.88	300m:	4:54.42	52.00	400m:	6:30.52	46.81
19.	JETZER Madison				12	Schwimmclub Kreuzlingen				<b>6:35.38</b>	200	
	50m:	44.84	44.84	150m:	2:25.39	49.93	250m:	4:08.89	51.37	350m:	5:50.33	49.39
	100m:	1:35.46	50.62	200m:	3:17.52	52.13	300m:	5:00.94	52.05	400m:	6:35.38	45.05
20.	AGUILAR FREITAS Gabriela				12	Flos				<b>6:49.78</b>	179	
	50m:	47.91	47.91	150m:	2:34.05	52.88	250m:	4:19.97	53.40	350m:	6:03.33	51.87
	100m:	1:41.17	53.26	200m:	3:26.57	52.52	300m:	5:11.46	51.49	400m:	6:49.78	46.45
21.	HEULE Saskia				12	Rhy Swimming				<b>7:12.11</b>	153	
	50m:	46.41	46.41	150m:	2:32.96	55.46	250m:	4:23.83	54.69	350m:	6:12.03	53.14
	100m:	1:37.50	51.09	200m:	3:29.14	56.18	300m:	5:18.89	55.06	400m:	7:12.11	1:00.08
22.	RÜEDI Nayna				12	SC Chur				<b>7:17.28</b>	147	
	50m:	49.23	49.23	150m:	2:38.86	54.69	250m:	4:31.44	57.04	350m:	6:24.12	56.11
	100m:	1:44.17	54.94	200m:	3:34.40	55.54	300m:	5:28.01	56.57	400m:	7:17.28	53.16