

Prova 2 Femin., 400m Livres Open
17/02/2024 - 10:05 Resultados

R N 25m Open	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17/12/2017
R N 25m Sen	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17/12/2017
R N 25m Jun 17	4:10.52	HOLUB Tamila Hryhorivna	SCB	Porto	12/12/2015
R N 25m Jun 16	4:13.53	SOUSA Ana Reis	CNLA	Porto	09/12/2017
R N 25m Juv A	4:18.39	SANTOS Ana Claudia	SFUAP	Cantanhede	20/12/2004
R N 25m Juv B	4:23.08	MIGUEL Susana Patricia	SFUAP	Alhandra	15/05/2004
R N 25m Inf A	4:25.30	SILVA Alexandra Maria	FCP	Porto	19/07/1980
R N 25m Inf B	4:38.40	RUIVO Filipa Vilas	DNMG	Alcobaça	13/06/2009

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo final	Pts
1.	RODRIGUES Helena Nunes	03	Selecao de Coimbra	4:26.95	650
	50m: 30.89 30.89	150m: 1:38.06 33.69	250m: 2:45.74 34.04	350m: 3:53.95 34.15	
	100m: 1:04.37 33.48	200m: 2:11.70 33.64	300m: 3:19.80 34.06	400m: 4:26.95 33.00	
2.	MESQUITA Mafalda Martins	07	Selecao AN Norte de Portugal	4:29.62	631
	50m: 31.03 31.03	150m: 1:38.50 33.70	250m: 2:46.75 34.20	350m: 3:55.81 34.48	
	100m: 1:04.80 33.77	200m: 2:12.55 34.05	300m: 3:21.33 34.58	400m: 4:29.62 33.81	
3.	BARREIRA Andreia Monteiro	06	Selecao do Nordeste	4:34.52	598
	50m: 32.07 32.07	150m: 1:41.09 34.72	250m: 2:50.93 34.76	350m: 3:59.86 34.51	
	100m: 1:06.37 34.30	200m: 2:16.17 35.08	300m: 3:25.35 34.42	400m: 4:34.52 34.66	
4.	CRAVEIRO Luana Ferreira	09	Selecao Distrito de Leiria	4:37.94	576
	50m: 31.24 31.24	150m: 1:39.53 34.50	250m: 2:50.34 35.66	350m: 4:02.33 36.15	
	100m: 1:05.03 33.79	200m: 2:14.68 35.15	300m: 3:26.18 35.84	400m: 4:37.94 35.61	
5.	FERREIRA Maria Neto	06	Selecao de Coimbra	4:40.81	558
	50m: 31.14 31.14	150m: 1:39.30 34.57	250m: 2:50.85 36.02	350m: 4:04.33 36.77	
	100m: 1:04.73 33.59	200m: 2:14.83 35.53	300m: 3:27.56 36.71	400m: 4:40.81 36.48	
6.	TOMAS Constanca Baptista	09	Selecao Distrito de Leiria	4:46.80	524
	50m: 32.25 32.25	150m: 1:43.65 36.00	250m: 2:57.06 36.76	350m: 4:10.97 37.13	
	100m: 1:07.65 35.40	200m: 2:20.30 36.65	300m: 3:33.84 36.78	400m: 4:46.80 35.83	
7.	DIAS Beatriz Costa	08	Selecao AN Norte de Portugal	4:48.45	515
	50m: 33.85 33.85	150m: 1:47.82 36.80	250m: 3:00.30 36.09	350m: 4:13.71 36.37	
	100m: 1:11.02 37.17	200m: 2:24.21 36.39	300m: 3:37.34 37.04	400m: 4:48.45 34.74	
8.	SILVA Sofia Oliveira	99	Analentejo	4:49.88	508
	50m: 33.43 33.43	150m: 1:45.63 36.40	250m: 2:58.82 36.64	350m: 4:13.51 37.44	
	100m: 1:09.23 35.80	200m: 2:22.18 36.55	300m: 3:36.07 37.25	400m: 4:49.88 36.37	
9.	MARTINS Leonor Sombreiro	10	Selecao de Santarem	4:50.06	507
	50m: 33.07 33.07	150m: 1:46.40 37.34	250m: 3:00.45 36.82	350m: 4:16.03 37.89	
	100m: 1:09.06 35.99	200m: 2:23.63 37.23	300m: 3:38.14 37.69	400m: 4:50.06 34.03	
10.	MIDOES Madalena Maria	07	Selecao de Santarem	5:02.65	446
	50m: 35.19 35.19	150m: 1:52.31 38.97	250m: 3:09.18 37.84	350m: 4:25.08 38.12	
	100m: 1:13.34 38.15	200m: 2:31.34 39.03	300m: 3:46.96 37.78	400m: 5:02.65 37.57	
11.	PIRES Rita Lobo	09	Selecao do Interior Centro	5:10.40	413
	50m: 35.19 35.19	150m: 1:51.21 38.52	250m: 3:10.34 39.97	350m: 4:30.69 40.24	
	100m: 1:12.69 37.50	200m: 2:30.37 39.16	300m: 3:50.45 40.11	400m: 5:10.40 39.71	
12.	SILVA Rita Prado	06	Analentejo	5:13.66	401
	50m: 34.49 34.49	150m: 1:51.84 39.23	250m: 3:11.02 39.74	350m: 4:34.11 41.79	
	100m: 1:12.61 38.12	200m: 2:31.28 39.44	300m: 3:52.32 41.30	400m: 5:13.66 39.55	
13.	RAPOSO Eduarda Galvao	09	Selecao do Interior Centro	5:25.28	359
	50m: 36.35 36.35	150m: 1:56.84 41.25	250m: 3:20.92 42.25	350m: 4:45.06 42.01	
	100m: 1:15.59 39.24	200m: 2:38.67 41.83	300m: 4:03.05 42.13	400m: 5:25.28 40.22	