

Medzinárodné M-SR Masters  
Žilina, 6. - 7.4.2024

disciplína 9  
06.04.2024 - 11:29

muži, 400m polohové preteky

20 ro . a st.  
Výsledky

bodovanie: SVKMasters23

por.			Ro .			as			body
30 - 34 ro .									
1.	Svato Karel		90	PK P íbram			<b>5:47.54</b>		78,69
	50m:	34.66	34.66	150m:	2:04.53	44.37	250m:	3:38.20	48.61
	100m:	1:20.16	45.50	200m:	2:49.59	45.06	300m:	4:29.68	51.48
							350m:	5:08.03	38.35
							400m:	5:47.54	39.51
40 - 44 ro .									
1.	Mil ák Peter		83	PSK Spišská Nová Ves			<b>6:18.07</b>		74,89
	50m:	39.49	39.49	150m:	2:13.71	49.11	250m:	3:56.50	54.46
	100m:	1:24.60	45.11	200m:	3:02.04	48.33	300m:	4:49.83	53.33
							350m:	5:35.10	45.27
							400m:	6:18.07	42.97
45 - 49 ro .									
1.	amaj Ján		78	PK Banská Štiavnica			<b>5:57.47</b>		79,50
	50m:	36.26	36.26	150m:	2:09.52	44.70	250m:	3:45.66	51.51
	100m:	1:24.82	48.56	200m:	2:54.15	44.63	300m:	4:37.87	52.21
							350m:	5:18.15	40.28
							400m:	5:57.47	39.32
2.	Karak Martin		77	PVK Bratislava			<b>6:57.71</b>		68,11
	50m:	49.95	49.95	150m:	2:45.87	54.65	250m:	4:33.52	54.64
	100m:	1:51.22	1:01.27	200m:	3:38.88	53.01	300m:	5:29.25	55.73
							350m:	6:16.60	47.35
							400m:	6:57.71	41.11
50 - 54 ro .									
1.	Me iar Martin		74	STU Trnava			<b>6:57.03</b>		68,48
	50m:	39.53	39.53	150m:	2:30.28	59.24	250m:	4:28.16	1:00.21
	100m:	1:31.04	51.51	200m:	3:27.95	57.67	300m:	5:29.33	1:01.17
							350m:	6:16.12	46.79
							400m:	6:57.03	40.91
55 - 59 ro .									
1.	Škodný Pavel		69	Kúpele Pieš any			<b>5:55.74</b>		83,64
	50m:	36.25	36.25	150m:	2:07.33	46.05	250m:	3:44.44	50.80
	100m:	1:21.28	45.03	200m:	2:53.64	46.31	300m:	4:36.54	52.10
							350m:	5:16.61	40.07
							400m:	5:55.74	39.13
2.	Zbo ák Ivan		65	Tur ianski raci			<b>8:09.40</b>		62,53
	50m:	52.78	52.78	150m:	3:01.46	1:06.95	250m:	5:14.81	1:08.96
	100m:	1:54.51	1:01.73	200m:	4:05.85	1:04.39	300m:	6:22.55	1:07.74
							350m:	7:18.21	55.66
							400m:	8:09.40	51.19
3.	Pischlöger Christian		67	Wiener Sport-Club			<b>8:29.04</b>		59,29
	50m:	1:00.23	1:00.23	150m:	3:18.92	1:07.53	250m:	5:31.72	1:08.04
	100m:	2:11.39	1:11.16	200m:	4:23.68	1:04.76	300m:	6:38.28	1:06.56
							350m:	7:35.85	57.57
							400m:	8:29.04	53.19
25 ro . a st.									
1.	Škodný Pavel		69	Kúpele Pieš any			<b>5:55.74</b>		83,64
	50m:	36.25	36.25	150m:	2:07.33	46.05	250m:	3:44.44	50.80
	100m:	1:21.28	45.03	200m:	2:53.64	46.31	300m:	4:36.54	52.10
							350m:	5:16.61	40.07
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	100m:	1:20.16	45.50	200m:	2:49.59	45.06	300m:	4:29.68	51.48
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4.	Mil ák Peter		83	PSK Spišská Nová Ves			<b>6:18.07</b>		74,89
	50m:	39.49	39.49	150m:	2:13.71	49.11	250m:	3:56.50	54.46
	100m:	1:24.60	45.11	200m:	3:02.04	48.33	300m:	4:49.83	53.33
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por.			Ro .						as	body		
5.	Me iar Martin		74	STU Trnava					<b>6:57.03</b>	68,48		
	50m:	39.53	39.53	150m:	2:30.28	59.24	250m:	4:28.16	1:00.21	350m:	6:16.12	46.79
	100m:	1:31.04	51.51	200m:	3:27.95	57.67	300m:	5:29.33	1:01.17	400m:	6:57.03	40.91
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	100m:	1:51.22	1:01.27	200m:	3:38.88	53.01	300m:	5:29.25	55.73	400m:	6:57.71	41.11
7.	Zbo ák Ivan		65	Tur ianski raci					<b>8:09.40</b>	62,53		
	50m:	52.78	52.78	150m:	3:01.46	1:06.95	250m:	5:14.81	1:08.96	350m:	7:18.21	55.66
	100m:	1:54.51	1:01.73	200m:	4:05.85	1:04.39	300m:	6:22.55	1:07.74	400m:	8:09.40	51.19
8.	Pischlöger Christian		67	Wiener Sport-Club					<b>8:29.04</b>	59,29		
	50m:	1:00.23	1:00.23	150m:	3:18.92	1:07.53	250m:	5:31.72	1:08.04	350m:	7:35.85	57.57
	100m:	2:11.39	1:11.16	200m:	4:23.68	1:04.76	300m:	6:38.28	1:06.56	400m:	8:29.04	53.19