

Medzinárodné M-SR Masters
Žilina, 6. - 7.4.2024

disciplína 34
07.04.2024 - 11:04

muži, 400m vo ný spôsob

20 ro . a st.
Výsledky

bodovanie: SVKMasters23

por.					Ro .					as	body	
25 - 29 ro .												
1.	Podhorský Samuel				96	SWIMMING WOLVES MARTIN				5:28.73	72,78	
	50m:	35.05	35.05	150m:	1:54.36	40.41	250m:	3:18.15	42.07	350m:	4:46.87	43.77
	100m:	1:13.95	38.90	200m:	2:36.08	41.72	300m:	4:03.10	44.95	400m:	5:28.73	41.86
30 - 34 ro .												
1.	Horváth Roland				91	Szentesi Delfin ESC				5:20.41	75,77	
	50m:	35.17	35.17	150m:	1:53.61	39.61	250m:	3:15.99	41.89	350m:	4:41.09	42.34
	100m:	1:14.00	38.83	200m:	2:34.10	40.49	300m:	3:58.75	42.76	400m:	5:20.41	39.32
2.	Mitacek Jiri				91	Swim Masters Zlín				5:21.54	75,50	
	50m:	34.13	34.13	150m:	1:52.13	40.29	250m:	3:15.71	42.55	350m:	4:41.88	43.56
	100m:	1:11.84	37.71	200m:	2:33.16	41.03	300m:	3:58.32	42.61	400m:	5:21.54	39.66
3.	Kučera Štefan				91	PSK Žilina				6:10.67	65,50	
	50m:	36.40	36.40	150m:	2:04.85	47.36	250m:	3:42.47	49.18	350m:	5:23.89	50.72
	100m:	1:17.49	41.09	200m:	2:53.29	48.44	300m:	4:33.17	50.70	400m:	6:10.67	46.78
35 - 39 ro .												
1.	Staš Peter				88	ROYAL				6:08.14	66,84	
	50m:	38.13	38.13	150m:	2:09.75	46.83	250m:	3:48.09	48.98	350m:	5:24.13	47.19
	100m:	1:22.92	44.79	200m:	2:59.11	49.36	300m:	4:36.94	48.85	400m:	6:08.14	44.01
2.	Tóth Alexander				85	TopRunDS				6:50.00	60,13	
	50m:	41.86	41.86	150m:	2:21.52	52.79	250m:	4:10.40	54.95	350m:	6:00.44	53.74
	100m:	1:28.73	46.87	200m:	3:15.45	53.93	300m:	5:06.70	56.30	400m:	6:50.00	49.56
40 - 44 ro .												
1.	Hegedűs Péter Tamás				82	Budapesti Delfinek				5:28.18	75,54	
	50m:	35.38	35.38	150m:	1:57.64	41.55	250m:	3:23.61	42.73	350m:	4:49.92	42.97
	100m:	1:16.09	40.71	200m:	2:40.88	43.24	300m:	4:06.95	43.34	400m:	5:28.18	38.26
2.	Balogh János				80	PSK Žilina				6:38.80	62,45	
	50m:	39.95	39.95	150m:	2:17.02	50.16	250m:	4:00.86	51.99	350m:	5:48.65	52.44
	100m:	1:26.86	46.91	200m:	3:08.87	51.85	300m:	4:56.21	55.35	400m:	6:38.80	50.15
45 - 49 ro .												
1.	Horváth János				78	PSK Žilina				5:47.99	72,10	
	50m:	38.56	38.56	150m:	2:06.64	44.07	250m:	3:36.69	44.83	350m:	5:06.35	43.86
	100m:	1:22.57	44.01	200m:	2:51.86	45.22	300m:	4:22.49	45.80	400m:	5:47.99	41.64
DNS	Muránsky Peter				76	PSK Spišská Nová Ves						
50 - 54 ro .												
1.	Dobias Ján				74	PSK Žilina				5:15.55	81,10	
	50m:	36.40	36.40	150m:	1:56.81	40.68	250m:	3:18.65	41.13	350m:	4:37.84	38.77
	100m:	1:16.13	39.73	200m:	2:37.52	40.71	300m:	3:59.07	40.42	400m:	5:15.55	37.71
2.	Hracki Libor				72	Pkv Havířov				5:28.30	78,75	
	50m:	36.03	36.03	150m:	1:56.34	41.28	250m:	3:20.74	42.67	350m:	4:47.29	43.68
	100m:	1:15.06	39.03	200m:	2:38.07	41.73	300m:	4:03.61	42.87	400m:	5:28.30	41.01
DNS	Gazinszky Tamás				71	Budapesti Delfinek						

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55 - 59 ro .

1. Pokorný Ji í	69	KPS Ostrava	5:47.88	75,45			
50m: 38.60	38.60	150m: 2:07.08	44.40	250m: 3:38.61	45.51	350m: 5:07.64	42.53
100m: 1:22.68	44.08	200m: 2:53.10	46.02	300m: 4:25.11	46.50	400m: 5:47.88	40.24
2. Venglá Ji í	67	KPS Ostrava	5:58.31	74,11			
50m: 38.32	38.32	150m: 2:07.32	45.30	250m: 3:40.03	45.99	350m: 5:13.81	46.60
100m: 1:22.02	43.70	200m: 2:54.04	46.72	300m: 4:27.21	47.18	400m: 5:58.31	44.50
3. Matej Ondrej	69	Delfín Prešov	7:11.12	60,88			
50m: 41.43	41.43	150m: 2:25.70	53.97	250m: 4:19.72	56.31	350m: 6:16.24	57.46
100m: 1:31.73	50.30	200m: 3:23.41	57.71	300m: 5:18.78	59.06	400m: 7:11.12	54.88

60 - 64 ro .

1. Nilsson Stefan	64	Törökbalint SSC	5:10.46	87,01			
50m: 34.13	34.13	150m: 1:52.55	39.42	250m: 3:12.54	39.72	350m: 4:31.83	38.77
100m: 1:13.13	39.00	200m: 2:32.82	40.27	300m: 3:53.06	40.52	400m: 5:10.46	38.63
2. Rovák Milan	62	PVK Bratislava	6:25.29	70,89			
50m: 41.07	41.07	150m: 2:19.10	50.80	250m: 3:59.52	50.52	350m: 5:38.18	49.38
100m: 1:28.30	47.23	200m: 3:09.00	49.90	300m: 4:48.80	49.28	400m: 6:25.29	47.11
3. Hlinka Ivan	64	TRIKLUB Poprad	6:57.33	64,73			
50m: 44.57	44.57	150m: 2:28.65	52.76	250m: 4:15.51	52.83	350m: 6:03.71	53.71
100m: 1:35.89	51.32	200m: 3:22.68	54.03	300m: 5:10.00	54.49	400m: 6:57.33	53.62
4. Hrivík Miroslav	64	PSK Žilina	7:33.84	59,52			
50m: 43.93	43.93	150m: 2:32.53	55.85	250m: 4:33.81	59.11	350m: 6:34.59	59.37
100m: 1:36.68	52.75	200m: 3:34.70	1:02.17	300m: 5:35.22	1:01.41	400m: 7:33.84	59.25

25 ro . a st.

1. Nilsson Stefan	64	Törökbalint SSC	5:10.46	87,01			
50m: 34.13	34.13	150m: 1:52.55	39.42	250m: 3:12.54	39.72	350m: 4:31.83	38.77
100m: 1:13.13	39.00	200m: 2:32.82	40.27	300m: 3:53.06	40.52	400m: 5:10.46	38.63
2. Dobias Ján	74	PSK Žilina	5:15.55	81,10			
50m: 36.40	36.40	150m: 1:56.81	40.68	250m: 3:18.65	41.13	350m: 4:37.84	38.77
100m: 1:16.13	39.73	200m: 2:37.52	40.71	300m: 3:59.07	40.42	400m: 5:15.55	37.71
3. Hracki Libor	72	Pk Havíov	5:28.30	78,75			
50m: 36.03	36.03	150m: 1:56.34	41.28	250m: 3:20.74	42.67	350m: 4:47.29	43.68
100m: 1:15.06	39.03	200m: 2:38.07	41.73	300m: 4:03.61	42.87	400m: 5:28.30	41.01
4. Horváth Roland	91	Szentesi Delfin ESC	5:20.41	75,77			
50m: 35.17	35.17	150m: 1:53.61	39.61	250m: 3:15.99	41.89	350m: 4:41.09	42.34
100m: 1:14.00	38.83	200m: 2:34.10	40.49	300m: 3:58.75	42.76	400m: 5:20.41	39.32
5. Heged s Péter Tamás	82	Budapesti Delfinek	5:28.18	75,54			
50m: 35.38	35.38	150m: 1:57.64	41.55	250m: 3:23.61	42.73	350m: 4:49.92	42.97
100m: 1:16.09	40.71	200m: 2:40.88	43.24	300m: 4:06.95	43.34	400m: 5:28.18	38.26
6. Mitacek Jiri	91	Swim Masters Zlín	5:21.54	75,50			
50m: 34.13	34.13	150m: 1:52.13	40.29	250m: 3:15.71	42.55	350m: 4:41.88	43.56
100m: 1:11.84	37.71	200m: 2:33.16	41.03	300m: 3:58.32	42.61	400m: 5:21.54	39.66
7. Pokorný Ji í	69	KPS Ostrava	5:47.88	75,45			
50m: 38.60	38.60	150m: 2:07.08	44.40	250m: 3:38.61	45.51	350m: 5:07.64	42.53
100m: 1:22.68	44.08	200m: 2:53.10	46.02	300m: 4:25.11	46.50	400m: 5:47.88	40.24
8. Venglá Ji í	67	KPS Ostrava	5:58.31	74,11			
50m: 38.32	38.32	150m: 2:07.32	45.30	250m: 3:40.03	45.99	350m: 5:13.81	46.60
100m: 1:22.02	43.70	200m: 2:54.04	46.72	300m: 4:27.21	47.18	400m: 5:58.31	44.50
9. Podhorský Samuel	96	SWIMMING WOLVES MARTIN	5:28.73	72,78			
50m: 35.05	35.05	150m: 1:54.36	40.41	250m: 3:18.15	42.07	350m: 4:46.87	43.77
100m: 1:13.95	38.90	200m: 2:36.08	41.72	300m: 4:03.10	44.95	400m: 5:28.73	41.86

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Žilina, 6. - 7.4.2024

disciplína 34, muži, 400m voľný spôsob, 25 ročník a st.

por.			Ročník					čas	body			
10.	Horák Jaroslav		78	PSK Žilina				5:47.99	72,10			
	50m:	38.56	38.56	150m:	2:06.64	44.07	250m:	3:36.69	44.83	350m:	5:06.35	43.86
	100m:	1:22.57	44.01	200m:	2:51.86	45.22	300m:	4:22.49	45.80	400m:	5:47.99	41.64
11.	Rovák Milan		62	PVK Bratislava				6:25.29	70,89			
	50m:	41.07	41.07	150m:	2:19.10	50.80	250m:	3:59.52	50.52	350m:	5:38.18	49.38
	100m:	1:28.30	47.23	200m:	3:09.00	49.90	300m:	4:48.80	49.28	400m:	6:25.29	47.11
12.	Staš Peter		88	ROYAL				6:08.14	66,84			
	50m:	38.13	38.13	150m:	2:09.75	46.83	250m:	3:48.09	48.98	350m:	5:24.13	47.19
	100m:	1:22.92	44.79	200m:	2:59.11	49.36	300m:	4:36.94	48.85	400m:	6:08.14	44.01
13.	Kučera Štefan		91	PSK Žilina				6:10.67	65,50			
	50m:	36.40	36.40	150m:	2:04.85	47.36	250m:	3:42.47	49.18	350m:	5:23.89	50.72
	100m:	1:17.49	41.09	200m:	2:53.29	48.44	300m:	4:33.17	50.70	400m:	6:10.67	46.78
14.	Hlinka Ivan		64	TRIKLUB Poprad				6:57.33	64,73			
	50m:	44.57	44.57	150m:	2:28.65	52.76	250m:	4:15.51	52.83	350m:	6:03.71	53.71
	100m:	1:35.89	51.32	200m:	3:22.68	54.03	300m:	5:10.00	54.49	400m:	6:57.33	53.62
15.	avojský Ján		80	PSK Žilina				6:38.80	62,45			
	50m:	39.95	39.95	150m:	2:17.02	50.16	250m:	4:00.86	51.99	350m:	5:48.65	52.44
	100m:	1:26.86	46.91	200m:	3:08.87	51.85	300m:	4:56.21	55.35	400m:	6:38.80	50.15
16.	Matej Ondrej		69	Delfín Prešov				7:11.12	60,88			
	50m:	41.43	41.43	150m:	2:25.70	53.97	250m:	4:19.72	56.31	350m:	6:16.24	57.46
	100m:	1:31.73	50.30	200m:	3:23.41	57.71	300m:	5:18.78	59.06	400m:	7:11.12	54.88
17.	Tšer Alexander		85	TopRunDS				6:50.00	60,13			
	50m:	41.86	41.86	150m:	2:21.52	52.79	250m:	4:10.40	54.95	350m:	6:00.44	53.74
	100m:	1:28.73	46.87	200m:	3:15.45	53.93	300m:	5:06.70	56.30	400m:	6:50.00	49.56
18.	Hrivík Miroslav		64	PSK Žilina				7:33.84	59,52			
	50m:	43.93	43.93	150m:	2:32.53	55.85	250m:	4:33.81	59.11	350m:	6:34.59	59.37
	100m:	1:36.68	52.75	200m:	3:34.70	1:02.17	300m:	5:35.22	1:01.41	400m:	7:33.84	59.25
DNS	Muránsky Peter		76	PSK Spišská Nová Ves								
DNS	Gazinszky Tamás		71	Budapesti Delfinek								