

Coupe des Régions ANCQERY  
Saint-Hyacinthe, 2- - 4-2-2024

Epreuve 10  
2024-02-02 - 18:40

Messieurs, 1500m Libre  
Commandité par Asphalté Chapdelaine

10 - 20 ans  
Liste résultats

Rang			Age					Temps		
<b>10 - 13 ans</b>										
1.	ROUMANOS, Roy		13	Sher				<b>19:59.96</b>		
	100m:	1:13.63	1:13.63	500m:	6:35.54	1:20.23	900m:	11:57.96	1:20.22	
	200m:	2:34.05	1:20.42	600m:	7:56.73	1:21.19	1000m:	13:18.52	1:20.56	
	300m:	3:54.89	1:20.84	700m:	9:16.91	1:20.18	1100m:	14:38.37	1:19.85	
	400m:	5:15.31	1:20.42	800m:	10:37.74	1:20.83	1200m:	15:59.45	1:21.08	
1300m:	17:20.28	1:20.83		1400m:	18:41.10	1:20.82		1500m:	19:59.96	1:18.86
2.	ASSELIN, Manuel		13	Les Loutres				<b>22:08.82</b>		
	100m:	1:15.64	1:15.64	500m:	7:07.04	1:29.38	900m:	13:11.68	1:31.68	
	200m:	2:40.61	1:24.97	600m:	8:37.09	1:30.05	1000m:	14:41.94	1:30.26	
	300m:	4:09.14	1:28.53	700m:	10:08.23	1:31.14	1100m:	16:13.27	1:31.33	
	400m:	5:37.66	1:28.52	800m:	11:40.00	1:31.77	1200m:	17:44.95	1:31.68	
1300m:	19:15.82	1:30.87		1400m:	20:47.70	1:31.88		1500m:	22:08.82	1:21.12
3.	MAROIS, Olivier		13	Les Loutres				<b>22:41.86</b>		
	100m:	1:22.01	1:22.01	500m:	7:26.05	1:31.52	900m:	13:33.02	1:30.82	
	200m:	2:52.68	1:30.67	600m:	8:58.34	1:32.29	1000m:	15:02.72	1:29.70	
	300m:	4:23.94	1:31.26	700m:	10:30.69	1:32.35	1100m:	16:35.46	1:32.74	
	400m:	5:54.53	1:30.59	800m:	12:02.20	1:31.51	1200m:	18:08.24	1:32.78	
1300m:	19:40.70	1:32.46		1400m:	21:14.41	1:33.71		1500m:	22:41.86	1:27.45
4.	MEUNIER, Alex		12	Les Loutres				<b>26:35.47</b>		
	100m:	1:34.15	1:34.15	500m:	8:49.73	1:50.13	900m:	16:09.82	1:53.67	
	200m:	3:20.09	1:45.94	600m:	10:38.30	1:48.57	1000m:	18:01.96	1:52.14	
	300m:	5:09.43	1:49.34	700m:	12:26.72	1:48.42	1100m:	19:46.34	1:44.38	
	400m:	6:59.60	1:50.17	800m:	14:16.15	1:49.43	1200m:	21:35.48	1:49.14	
1300m:	23:21.51	1:46.03		1400m:	25:05.95	1:44.44		1500m:	26:35.47	1:29.52
5.	JUTRAS, Caleb		11	Les Loutres				<b>26:48.31</b>		
	100m:	1:29.70	1:29.70	500m:			900m:		1300m:	25:03.70
	200m:			600m:			1000m:		1400m:	
	300m:			700m:			1100m:	19:27.27	1500m:	26:48.31
	400m:			800m:			1200m:			
<b>14 - 15 ans</b>										
1.	BÉGIN, Simon-Olivier		15	Enc				<b>18:18.49</b>		
	100m:	1:06.73	1:06.73	500m:	5:54.09	1:11.86	900m:	10:53.11	1:15.24	
	200m:	2:18.65	1:11.92	600m:	7:08.14	1:14.05	1000m:	12:08.62	1:15.51	
	300m:	3:30.53	1:11.88	700m:	8:22.78	1:14.64	1100m:	13:23.65	1:15.03	
	400m:	4:42.23	1:11.70	800m:	9:37.87	1:15.09	1200m:	14:38.99	1:15.34	
1300m:	15:52.57	1:13.58		1400m:	17:07.44	1:14.87		1500m:	18:18.49	1:11.05
2.	PICHETTE TREMBLAY, Jacob		15	Sher				<b>18:20.96</b>		
	100m:	1:04.94	1:04.94	500m:	5:59.94	1:15.65	900m:	11:02.31	1:16.05	
	200m:	2:16.86	1:11.92	600m:	7:16.47	1:16.53	1000m:	12:17.71	1:15.40	
	300m:	3:30.09	1:13.23	700m:	8:30.99	1:14.52	1100m:	13:33.15	1:15.44	
	400m:	4:44.29	1:14.20	800m:	9:46.26	1:15.27	1200m:	14:47.09	1:13.94	
1300m:	16:00.39	1:13.30		1400m:	17:13.59	1:13.20		1500m:	18:20.96	1:07.37
3.	BOUAKKAZ, Idris Iyed		14	Sher				<b>18:58.19</b>		
	100m:	1:06.10	1:06.10	500m:	6:04.67	1:16.77	900m:	11:14.29	1:18.37	
	200m:	2:19.28	1:13.18	600m:	7:22.13	1:17.46	1000m:	12:32.18	1:17.89	
	300m:	3:32.58	1:13.30	700m:	8:38.62	1:16.49	1100m:	13:50.08	1:17.90	
	400m:	4:47.90	1:15.32	800m:	9:55.92	1:17.30	1200m:	15:08.36	1:18.28	
1300m:	16:26.49	1:18.13		1400m:	17:43.49	1:17.00		1500m:	18:58.19	1:14.70
4.	GUAY, Antonin		15	Les Loutres				<b>20:20.23</b>		
	100m:	1:10.65	1:10.65	500m:	6:29.23	1:20.28	900m:	12:02.46	1:23.15	
	200m:	2:28.87	1:18.22	600m:	7:51.54	1:22.31	1000m:	13:24.96	1:22.50	
	300m:	3:49.32	1:20.45	700m:	9:13.85	1:22.31	1100m:	14:47.08	1:22.12	
	400m:	5:08.95	1:19.63	800m:	10:39.31	1:25.46	1200m:	16:09.66	1:22.58	
1300m:	17:38.35	1:28.69		1400m:	19:01.25	1:22.90		1500m:	20:20.23	1:18.98

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Epreuve 10, Messieurs, 1500m Libre

16 - 20 ans

1. LEVAC, Philippe	17	Sher							<b>17:17.83</b>
100m: 59.36	59.36	500m: 5:31.24	1:08.95	900m: 10:14.16	1:11.66	1300m: 14:58.91	1:10.97		
200m: 2:05.49	1:06.13	600m: 6:41.26	1:10.02	1000m: 11:25.78	1:11.62	1400m: 16:09.92	1:11.01		
300m: 3:13.65	1:08.16	700m: 7:51.34	1:10.08	1100m: 12:36.99	1:11.21	1500m: 17:17.83	1:07.91		
400m: 4:22.29	1:08.64	800m: 9:02.50	1:11.16	1200m: 13:47.94	1:10.95				
2. BEAULAC, Matys	16	Club Natation Bois Francs							<b>17:34.51</b>
100m: 1:02.24	1:02.24	500m: 5:41.30	1:10.77	900m: 10:26.80	1:13.07	1300m: 15:15.99	1:12.38		
200m: 2:10.97	1:08.73	600m: 6:52.29	1:10.99	1000m: 11:39.48	1:12.68	1400m: 16:26.95	1:10.96		
300m: 3:20.42	1:09.45	700m: 8:03.33	1:11.04	1100m: 12:51.30	1:11.82	1500m: 17:34.51	1:07.56		
400m: 4:30.53	1:10.11	800m: 9:13.73	1:10.40	1200m: 14:03.61	1:12.31				
3. ST-DENIS, Félix	17	Enc							<b>19:12.03</b>
100m: 1:11.05	1:11.05	500m: 6:23.55	1:18.28	900m: 11:33.05	1:17.29	1300m: 16:40.23	1:16.46		
200m: 2:28.79	1:17.74	600m: 7:41.61	1:18.06	1000m: 12:50.14	1:17.09	1400m: 17:57.45	1:17.22		
300m: 3:47.78	1:18.99	700m: 8:59.05	1:17.44	1100m: 14:06.83	1:16.69	1500m: 19:12.03	1:14.58		
400m: 5:05.27	1:17.49	800m: 10:15.76	1:16.71	1200m: 15:23.77	1:16.94				
4. LETTRE, Tristan	16	Les Loutres							<b>21:26.36</b>
100m: 1:13.11	1:13.11	500m: 6:56.49	1:27.86	900m: 12:48.02	1:28.41	1300m: 18:40.54	1:28.48		
200m: 2:36.65	1:23.54	600m: 8:23.97	1:27.48	1000m: 14:16.10	1:28.08	1400m: 20:07.28	1:26.74		
300m: 4:02.01	1:25.36	700m: 9:52.05	1:28.08	1100m: 15:45.00	1:28.90	1500m: 21:26.36	1:19.08		
400m: 5:28.63	1:26.62	800m: 11:19.61	1:27.56	1200m: 17:12.06	1:27.06				