

Programmanr. 1
 11-2-2024 - 13:30

 Heren, 400m vrije slag
 2-1 zwemt in serie 1

 Junioren 1 en ouder
 Resultaten

Punten: FINA 2022

rang	naam	vereniging	intijd	tijd	Pnt
Junioren 1 en 2					
1.	Daan Alink	ZPC De Hof	5:15.61	201000241	5:12.47 313
	50m: 35.89	35.89 150m: 1:55.82	40.14	250m: 3:16.77	40.50 350m: 4:36.35 39.63
	100m: 1:15.68	39.79 200m: 2:36.27	40.45	300m: 3:56.72	39.95 400m: 5:12.47 36.12
2.	Thijmen Holterman	ZPC De Hof	5:43.85	201000005	5:19.81 292
	50m: 36.61	36.61 150m: 2:00.04	42.65	250m: 3:24.89	42.76 350m: 4:43.46 38.28
	100m: 1:17.39	40.78 200m: 2:42.13	42.09	300m: 4:05.18	40.29 400m: 5:19.81 36.35
Junioren 3 en 4					
1.	Teun van Weeren	WS Twente	4:29.07	200801145	4:27.05 502
	50m: 30.50	30.50 150m: 1:37.04	33.65	250m: 2:44.80	33.30 350m: 3:53.38 34.52
	100m: 1:03.39	32.89 200m: 2:11.50	34.46	300m: 3:18.86	34.06 400m: 4:27.05 33.67
2.	Sven Keuper	ZPC De Hof	4:56.20	200800981	4:50.09 391
	50m: 32.06	32.06 150m: 1:46.03	37.21	250m: 3:02.45	38.31 350m: 4:17.12 36.88
	100m: 1:08.82	36.76 200m: 2:24.14	38.11	300m: 3:40.24	37.79 400m: 4:50.09 32.97
3.	Robbin Eijkelkamp	ZPC De Hof	5:11.54	200900031	4:57.32 363
	50m: 33.28	33.28 150m: 1:47.97	38.04	250m: 3:04.45	38.30 350m: 4:21.35 38.31
	100m: 1:09.93	36.65 200m: 2:26.15	38.18	300m: 3:43.04	38.59 400m: 4:57.32 35.97
Jeugd 1 en 2					
1.	Dylan van Doeselaar	Sg - E Z C L	5:51.93	200700477	5:46.35 230
	50m: 35.46	35.46 150m: 1:58.83	43.99	250m: 3:30.46	46.37 350m: 5:04.13 47.43
	100m: 1:14.84	39.38 200m: 2:44.09	45.26	300m: 4:16.70	46.24 400m: 5:46.35 42.22
Senioren 1 en ouder					
1.	Lasse Ophuis	WS Twente	5:13.00	200400027	5:07.07 330
	50m: 33.16	33.16 150m: 1:48.07	38.47	250m: 3:06.39	39.72 350m: 4:28.07 41.07
	100m: 1:09.60	36.44 200m: 2:26.67	38.60	300m: 3:47.00	40.61 400m: 5:07.07 39.00