

Prova 20
2/3/2024 - 9:15

Masc., 400m Estilos

6 anos e mais velhos
Resultados

Recordes Nac Angola - 50m Open	4:23.12	Pedro Miguel Pinotes	ANG	Brazzaville (CGO)	9/7/2015
Recordes Nac Angola - 50m Sen	4:23.12	Pedro Miguel Pinotes	ANG	Brazzaville (CGO)	9/7/2015
Recordes Nac Angola - 50m Jun	4:49.48	Pedro Miguel Pinotes	ANG	Aveiro (POR)	7/27/2007
Recordes Nac Angola - 50m Juv	4:55.71	Joao Luis Matias	ANG	Cairo (EGY)	8/13/2002
Recordes Nac Angola - 50m Inf	5:25.61	Salvador Vieira Gordo	CD1A	Plymouth (GBR)	5/15/2016
Recordes Nac Angola - 50m Cad	6:17.55	Salvador Vieira Gordo	CNIL	Luanda	7/5/2014

Pontos: FINA 2023

Lugar	Idade	Tempo final	Pts	100m	200m	300m	400m	
Juniores								
1. David Alberto Padre	15	Clube Náutico da Ilha de Luanda	5:28.22	410	1:09.54	1:23.81	1:45.13	1:09.74
50m:		150m:	250m:		350m:			
100m: 1:09.54		200m: 2:33.35	300m: 4:18.48		400m: 5:28.22			
2. E. Chiocola	16	Clube Desportivo 1º de Agosto	5:45.61	351	1:15.00	1:31.45	1:40.23	1:18.93
50m:		150m:	250m:		350m:			
100m: 1:15.00		200m: 2:46.45	300m: 4:26.68		400m: 5:45.61			
3. Eridney Miguel Afonso	16	Clube Desportivo 1º de Agosto	6:15.75	273	1:20.55	1:39.82	1:48.29	1:27.09
50m:		150m:	250m:		350m:			
100m: 1:20.55		200m: 3:00.37	300m: 4:48.66		400m: 6:15.75			
4. Cristiano Rodrigo Quifica	17	Clube Desportivo 1º de Agosto	6:33.34	238	1:28.21	1:50.70	1:40.06	1:34.37
50m:		150m:	250m:		350m:			
100m: 1:28.21		200m: 3:18.91	300m: 4:58.97		400m: 6:33.34			

Seniores

1. Djamel Jesus Pires	20	Clube Desportivo 1º de Agosto	5:23.86	426	1:06.53	1:27.61	1:35.18	1:14.54
50m:		150m:	250m:		350m:			
100m: 1:06.53		200m: 2:34.14	300m: 4:09.32		400m: 5:23.86			
2. Luyane Danilo Costa	23	Clube Desportivo 1º de Agosto	5:24.58	423	1:09.82	1:22.87	1:36.90	1:14.99
50m:		150m:	250m:		350m:			
100m: 1:09.82		200m: 2:32.69	300m: 4:09.59		400m: 5:24.58			
3. Laercio Vilassa Manuel	18	Clube Desportivo 1º de Agosto	6:04.05	300	1:19.35	1:36.25	1:50.28	1:18.17
50m:		150m:	250m:		350m:			
100m: 1:19.35		200m: 2:55.60	300m: 4:45.88		400m: 6:04.05			