

3rd International Swimming Cup Sandanski '24  
Sandanski, 17. - 19.5.2024

Event 11  
18.5.2024 . - 10:42

Women, 400m Medley

13 years and older  
Results

Points: FINA 2024

Rank			Age							Time	Pts
<b>13 - 14 years</b>											
1.	Joana JASIQI		14	Sc Step						<b>5:44.00</b>	461
	50m:	36.93 36.93	150m:	2:05.95	42.57	250m:	3:37.25	47.64	350m:	5:06.46	38.92
	100m:	1:23.38 46.45	200m:	2:49.61	43.66	300m:	4:27.54	50.29	400m:	5:44.00	37.54
2.	Aleksandra ALIVONOVA		13	Vsi						<b>5:47.91</b>	446
	50m:	34.31 34.31	150m:	2:01.94	44.66	250m:	3:33.37	48.21	350m:	5:06.74	42.09
	100m:	1:17.28 42.97	200m:	2:45.16	43.22	300m:	4:24.65	51.28	400m:	5:47.91	41.17
3.	Ema DIMITROVA		13	Vsi						<b>5:49.12</b>	441
	50m:	37.25 37.25	150m:	2:07.53	43.37	250m:	3:40.95	51.94	350m:	5:12.01	37.37
	100m:	1:24.16 46.91	200m:	2:49.01	41.48	300m:	4:34.64	53.69	400m:	5:49.12	37.11
4.	Sofia HRISTOVA		14	Levski						<b>5:58.94</b>	406
	50m:	39.25 39.25	150m:	2:10.19	46.92	250m:	3:46.98	51.89	350m:	5:20.93	40.22
	100m:	1:23.27 44.02	200m:	2:55.09	44.90	300m:	4:40.71	53.73	400m:	5:58.94	38.01
5.	Madlen MENCHEVA		14	Sandanski						<b>6:01.79</b>	396
	50m:	38.65 38.65	150m:	2:11.04	45.56	250m:	3:48.50	53.20	350m:	5:23.68	41.12
	100m:	1:25.48 46.83	200m:	2:55.30	44.26	300m:	4:42.56	54.06	400m:	6:01.79	38.11
6.	Jana VELKOVSKA		14	P.K.Vardar 2018						<b>6:17.02</b>	350
	50m:	37.96 37.96	150m:	2:13.47	49.04	250m:	3:54.78	54.50	350m:	5:35.43	43.85
	100m:	1:24.43 46.47	200m:	3:00.28	46.81	300m:	4:51.58	56.80	400m:	6:17.02	41.59
<b>15 - 17 years</b>											
1.	Miroslava NIKOLOVA		16	Levski						<b>5:34.17</b>	503
	50m:	32.70 32.70	150m:	1:56.86	44.00	250m:	3:27.89	47.38	350m:	4:55.77	40.00
	100m:	1:12.86 40.16	200m:	2:40.51	43.65	300m:	4:15.77	47.88	400m:	5:34.17	38.40
2.	Aleksandra LICHEVA		15	Vsi						<b>5:51.56</b>	432
	50m:	37.40 37.40	150m:	2:04.48	46.37	250m:	3:41.36	52.52	350m:	5:13.25	41.37
	100m:	1:18.11 40.71	200m:	2:48.84	44.36	300m:	4:31.88	50.52	400m:	5:51.56	38.31
3.	Elitsa MILOTINOVA		15	Tibris						<b>5:54.14</b>	423
	50m:	33.43 33.43	150m:	2:01.12	46.07	250m:	3:36.87	50.86	350m:	5:10.52	43.00
	100m:	1:15.05 41.62	200m:	2:46.01	44.89	300m:	4:27.52	50.65	400m:	5:54.14	43.62
4.	Alexandrina GOSHEVA		16	Pirin						<b>5:58.70</b>	407
	50m:	35.83 35.83	150m:	2:03.04	44.51	250m:	3:41.98	54.43	350m:	5:18.47	39.47
	100m:	1:18.53 42.70	200m:	2:47.55	44.51	300m:	4:39.00	57.02	400m:	5:58.70	40.23
5.	Kristiana KALCHEVA		15	Vsi						<b>6:01.86</b>	396
	50m:	39.62 39.62	150m:	2:15.97	46.50	250m:	3:47.08	46.42	350m:	5:19.90	43.93
	100m:	1:29.47 49.85	200m:	3:00.66	44.69	300m:	4:35.97	48.89	400m:	6:01.86	41.96
6.	Iliana GOVEDARSKA		16	Swimming Club Belmeken						<b>6:12.51</b>	363
	50m:	41.15 41.15	150m:	2:17.61	44.53	250m:	3:54.81	53.68	350m:	5:31.66	43.68
	100m:	1:33.08 51.93	200m:	3:01.13	43.52	300m:	4:47.98	53.17	400m:	6:12.51	40.85
7.	Yanna SESTRIMSKA		15	Sandanski						<b>6:27.57</b>	322
	50m:	39.61 39.61	150m:	2:22.55	51.24	250m:	4:09.87	58.94	350m:	5:47.94	38.20
	100m:	1:31.31 51.70	200m:	3:10.93	48.38	300m:	5:09.74	59.87	400m:	6:27.57	39.63
<b>18 years and older</b>											
1.	Mevsin MAHMUDOVA		22	Dalyan						<b>7:36.52</b>	197
	50m:	41.75 41.75	150m:	2:37.14	1:00.72	250m:	4:39.81	1:00.82	350m:	6:38.63	57.67
	100m:	1:36.42 54.67	200m:	3:38.99	1:01.85	300m:	5:40.96	1:01.15	400m:	7:36.52	57.89