Prova 40 — Masc., 1500m Livres — Open
11/02/2024 - 12:14 — Resultados

S14 - 25m	19:29.64	Samuel Lima, DUARTE	FVCD	Recarei	27/02/2022
S15 - 25m	17:29.93	Miguel Duarte, CRUZ	CFB	Felgueiras	22/12/2019
S17 - 25m	19:44.77	Joaquim Eduardo, CARVALHO	CNF	Funchal	27/05/2023
S21 - 25m	23:49.27	Francisco Pessanha, MONTES	ADADA	Recarei	22/05/2022

Pontos: KNZB NED WPS 2024

Lugar		Ano		Tempo final	Pts
Classe S14-Seniores					
1.	Samuel Lima, DUARTE *RN*	04	Seleccao Centro Norte Portugal	**18:46.22**	

100m:	1:10.26	1:10.26	500m:	6:14.78	1:16.45	900m:	11:16.59	1:15.20	1300m:	16:18.19	1:13.90
200m:	2:26.73	1:16.47	600m:	7:29.72	1:14.94	1000m:	12:32.96	1:16.37	1400m:	17:34.14	1:15.95
300m:	3:43.02	1:16.29	700m:	8:45.84	1:16.12	1100m:	13:47.48	1:14.52	1500m:	18:46.22	1:12.08
400m:	4:58.33	1:15.31	800m:	10:01.39	1:15.55	1200m:	15:04.29	1:16.81			

Simao Pedro, ROCHA	06	Seleccao do Norte de Portugal	**23:15.93**	

100m:	1:24.17	1:24.17	500m:	7:44.07	1:34.01	900m:	13:56.66	1:32.28	1300m:	20:14.90	1:33.62
200m:	2:59.68	1:35.51	600m:	9:16.99	1:32.92	1000m:	15:32.72	1:36.06	1400m:	21:47.04	1:32.14
300m:	4:36.12	1:36.44	700m:	10:51.46	1:34.47	1100m:	17:07.71	1:34.99	1500m:	23:15.93	1:28.89
400m:	6:10.06	1:33.94	800m:	12:24.38	1:32.92	1200m:	18:41.28	1:33.57			

Levi Daniel, NASCIMENTO	99	Seleccao do Algarve	**23:26.85**	

100m:	1:22.19	1:22.19	500m:	7:30.27	1:32.63	900m:	13:49.92	1:35.73	1300m:	20:16.42	1:37.77
200m:	2:51.65	1:29.46	600m:	9:04.47	1:34.20	1000m:	15:24.98	1:35.06	1400m:	21:53.00	1:36.58
300m:	4:23.86	1:32.21	700m:	10:38.89	1:34.42	1100m:	17:01.54	1:36.56	1500m:	23:26.85	1:33.85
400m:	5:57.64	1:33.78	800m:	12:14.19	1:35.30	1200m:	18:38.65	1:37.11			

Classe S21 (SDown)-Seniores

1.	Francisco Pessanha, MONTES *RN*	02	Seleccao do Norte de Portugal	**22:59.02**

100m:	1:24.37	1:24.37	500m:	7:30.55	1:31.98	900m:	13:43.74	1:34.92	1300m:	19:57.33	1:31.51
200m:	2:53.95	1:29.58	600m:	9:02.43	1:31.88	1000m:	15:18.72	1:34.98	1400m:	21:31.40	1:34.07
300m:	4:26.17	1:32.22	700m:	10:34.91	1:32.48	1100m:	16:52.01	1:33.29	1500m:	22:59.02	1:27.62
400m:	5:58.57	1:32.40	800m:	12:08.82	1:33.91	1200m:	18:25.82	1:33.81			