

Coupe des régions ANBM et ANLSL
Centre Claude Robillard, 2- - 4-2-2024

Epreuve 210
2024-02-03 - 20:46

400m 4 nages

9 ans et plus
Liste résultats Finales

Points: FINA 2023

Rang					Age					Temps	Pts	
9 - 14 ans, Filles												
1.	FERGUSON, Taylor				12	Pointe-Claire Swim Club				5:27.46	538	
	50m:	32.64	32.64	150m:	1:54.62	42.05	250m:	3:24.34	49.35	350m:	4:51.05	36.95
	100m:	1:12.57	39.93	200m:	2:34.99	40.37	300m:	4:14.10	49.76	400m:	5:27.46	36.41
2.	RIPPLE, Meghan				14	Pointe-Claire Swim Club				5:34.60	504	
	50m:	34.32	34.32	150m:	1:58.59	43.55	250m:	3:29.65	48.97	350m:	4:57.54	37.05
	100m:	1:15.04	40.72	200m:	2:40.68	42.09	300m:	4:20.49	50.84	400m:	5:34.60	37.06
3.	LICTAOA, Mikha				14	Cdndg				5:48.87	445	
	50m:	37.03	37.03	150m:	2:03.76	44.56	250m:	3:39.53	51.39	350m:	5:10.65	39.27
	100m:	1:19.20	42.17	200m:	2:48.14	44.38	300m:	4:31.38	51.85	400m:	5:48.87	38.22
4.	DONG, Cindy				14	Club de natation Saint-Laurent				5:51.03	436	
	50m:	36.29	36.29	150m:	2:09.86	47.46	250m:	3:43.54	48.81	350m:	5:13.55	40.29
	100m:	1:22.40	46.11	200m:	2:54.73	44.87	300m:	4:33.26	49.72	400m:	5:51.03	37.48
5.	ROAN, Chloe				13	Cdndg				5:52.87	430	
	50m:	34.31	34.31	150m:	2:04.30	48.17	250m:	3:42.46	51.11	350m:	5:14.15	41.04
	100m:	1:16.13	41.82	200m:	2:51.35	47.05	300m:	4:33.11	50.65	400m:	5:52.87	38.72
6.	FANG, Brenda				12	Pointe-Claire Swim Club				5:52.88	430	
	50m:	36.30	36.30	150m:	2:10.08	48.27	250m:	3:43.39	48.60	350m:	5:13.42	41.35
	100m:	1:21.81	45.51	200m:	2:54.79	44.71	300m:	4:32.07	48.68	400m:	5:52.88	39.46
7.	BLUMEL, Margaret				13	Pointe-Claire Swim Club				5:56.65	416	
	50m:	36.36	36.36	150m:	2:08.34	47.93	250m:	3:48.28	55.99	350m:	5:18.55	38.61
	100m:	1:20.41	44.05	200m:	2:52.29	43.95	300m:	4:39.94	51.66	400m:	5:56.65	38.10
8.	MOFFET, Raphaëlle				11	Camo				5:59.67	406	
	50m:	38.59	38.59	150m:	2:09.65	47.75	250m:	3:48.23	52.54	350m:	5:20.79	41.20
	100m:	1:21.90	43.31	200m:	2:55.69	46.04	300m:	4:39.59	51.36	400m:	5:59.67	38.88
forf.nd.	GIBEROVITCH, Ella				14	Cote Saint-Luc Aquatics						
forf.nd.	VAILLANCOURT, Flavie				14	Camo						
forf.nd.	MURESAN, Romina				13	C.A. Fouiqs D'Anjou						
9 - 14 ans, Garçons												
1.	CORTEZ, Matthew				14	Camo				5:19.22	445	
	50m:	31.85	31.85	150m:	1:53.65	42.70	250m:	3:21.20	47.36	350m:	4:44.40	36.54
	100m:	1:10.95	39.10	200m:	2:33.84	40.19	300m:	4:07.86	46.66	400m:	5:19.22	34.82
2.	DJELLOUT, Ramy Mhand				14	Camo				5:26.52	416	
	50m:	31.55	31.55	150m:	1:53.68	44.66	250m:	3:23.10	44.17	350m:	4:49.70	39.50
	100m:	1:09.02	37.47	200m:	2:38.93	45.25	300m:	4:10.20	47.10	400m:	5:26.52	36.82
3.	NEWMAN, Aiden				14	Bbf				5:35.47	384	
	50m:	33.85	33.85	150m:	2:01.92	45.66	250m:	3:32.45	47.38	350m:	4:59.00	37.51
	100m:	1:16.26	42.41	200m:	2:45.07	43.15	300m:	4:21.49	49.04	400m:	5:35.47	36.47
4.	EL KASMI, Rhali Mohammed				14	Mtl Nord Natation				5:54.51	325	
	50m:	36.36	36.36	150m:	2:09.64	46.93	250m:	3:45.90	51.72	350m:	5:16.66	39.40
	100m:	1:22.71	46.35	200m:	2:54.18	44.54	300m:	4:37.26	51.36	400m:	5:54.51	37.85
5.	MCMICHAEL, Harvey				11	Pointe-Claire Swim Club				6:06.86	293	
	50m:	37.77	37.77	150m:	2:13.15	49.32	250m:	3:50.90	50.88	350m:	5:27.85	44.28
	100m:	1:23.83	46.06	200m:	3:00.02	46.87	300m:	4:43.57	52.67	400m:	6:06.86	39.01

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Epreuve 210, Garçons, 400m 4 nages, Finale, 9 - 14 ans

Rang				Age					Temps	Pts		
6.	XIE, Steven			12	Pointe-Claire Swim Club				6:09.84	286		
	50m:	36.22	36.22	150m:	2:11.02	47.78	250m:	3:53.04	56.54	350m:	5:30.28	40.07
	100m:	1:23.24	47.02	200m:	2:56.50	45.48	300m:	4:50.21	57.17	400m:	6:09.84	39.56
7.	BISSADA, Brandon			12	Camo				6:21.48	261		
	50m:	37.70	37.70	150m:	2:16.65	52.16	250m:	4:00.64	55.71	350m:	5:40.51	41.26
	100m:	1:24.49	46.79	200m:	3:04.93	48.28	300m:	4:59.25	58.61	400m:	6:21.48	40.97
8.	XUE, Eric			12	Ddo				6:21.91	260		
	50m:	42.33	42.33	150m:	2:23.43	50.39	250m:	4:07.47	54.77	350m:	5:44.23	43.14
	100m:	1:33.04	50.71	200m:	3:12.70	49.27	300m:	5:01.09	53.62	400m:	6:21.91	37.68
9.	SESEN, Alinur			12	Cdndg				6:45.57	217		
	50m:	46.18	46.18	150m:	2:32.79	53.63	250m:	4:20.76	59.65	350m:	6:03.64	42.76
	100m:	1:39.16	52.98	200m:	3:21.11	48.32	300m:	5:20.88	1:00.12	400m:	6:45.57	41.93

15 ans et plus, Dames

1.	PAUN, Emma			16	Pointe-Claire Swim Club				5:46.31	455		
	50m:	34.75	34.75	150m:	2:02.78	44.77	250m:	3:38.26	51.55	350m:	5:09.18	39.29
	100m:	1:18.01	43.26	200m:	2:46.71	43.93	300m:	4:29.89	51.63	400m:	5:46.31	37.13
2.	SEIRAFI, Ava			16	Cote Saint-Luc Aquatics				5:46.41	454		
	50m:	37.20	37.20	150m:	2:07.51	47.36	250m:	3:41.23	48.23	350m:	5:08.59	40.40
	100m:	1:20.15	42.95	200m:	2:53.00	45.49	300m:	4:28.19	46.96	400m:	5:46.41	37.82
3.	ANDRAS, Maria			15	Cote Saint-Luc Aquatics				5:47.67	449		
	50m:	38.51	38.51	150m:	2:11.72	46.35	250m:	3:43.54	46.99	350m:	5:10.50	39.28
	100m:	1:25.37	46.86	200m:	2:56.55	44.83	300m:	4:31.22	47.68	400m:	5:47.67	37.17
4.	PETROPOULOS, Christina			15	Ddo				5:57.43	413		
	50m:	37.05	37.05	150m:	2:10.31	49.04	250m:	3:47.53	51.11	350m:	5:20.07	41.00
	100m:	1:21.27	44.22	200m:	2:56.42	46.11	300m:	4:39.07	51.54	400m:	5:57.43	37.36
5.	MCROBBIE, Emma			15	Pointe-Claire Swim Club				6:04.19	391		
	50m:	35.12	35.12	150m:	2:06.17	46.97	250m:	3:45.65	52.90	350m:	5:22.86	43.19
	100m:	1:19.20	44.08	200m:	2:52.75	46.58	300m:	4:39.67	54.02	400m:	6:04.19	41.33

15 ans et plus, Messieurs

1.	SIMARD, Jorick			19	Mtl Nord Natation				5:15.43	461		
	50m:	30.47	30.47	150m:			250m:			350m:		
	100m:	1:06.81	36.34	200m:			300m:			400m:	5:15.43	
2.	BELKHODJA, Nazim			15	Camo				5:17.87	451		
	50m:	31.53	31.53	150m:	1:56.19	42.65	250m:	3:24.60	46.13	350m:	4:46.01	32.85
	100m:	1:13.54	42.01	200m:	2:38.47	42.28	300m:	4:13.16	48.56	400m:	5:17.87	31.86
3.	ABERGEL, Julien			15	Bbf				5:17.93	451		
	50m:	32.17	32.17	150m:	1:54.39	43.70	250m:	3:22.18	44.21	350m:	4:43.06	35.91
	100m:	1:10.69	38.52	200m:	2:37.97	43.58	300m:	4:07.15	44.97	400m:	5:17.93	34.87
4.	MASTADI, Mohamed Amine			15	Mtl Nord Natation				5:18.12	450		
	50m:	32.32	32.32	150m:	1:53.18	43.19	250m:	3:22.24	46.59	350m:	4:45.47	36.44
	100m:	1:09.99	37.67	200m:	2:35.65	42.47	300m:	4:09.03	46.79	400m:	5:18.12	32.65
5.	BOYER, Sébastien			16	Ddo				5:32.19	395		
	50m:	33.43	33.43	150m:	1:58.07	42.97	250m:	3:29.33	50.01	350m:	4:55.64	37.46
	100m:	1:15.10	41.67	200m:	2:39.32	41.25	300m:	4:18.18	48.85	400m:	5:32.19	36.55

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Epreuve 210, Messieurs, 400m 4 nages, Finale, 15 ans et plus

Rang	Age	Temps	Pts
forf.nd. SIMARD, Colin	17 Mtl Nord Natation		