

Coupe des régions ANBM et ANLSL
Centre Claude Robillard, 2- - 4-2-2024

Epreuve 110
2024-02-03 - 11:43

400m 4 nages
L'épreuve sera nagée du côté PAIR (SUD)

11 ans et plus
Liste résultats

Points: FINA 2023

Rang			Age							Temps	Pts	
13 - 14 ans, Filles												
1.	MARK, Avery		13	Pointe-Claire Swim Club						6:09.84	343	
	50m:	40.11	40.11	150m:	2:14.28	47.66	250m:	3:53.92	53.15	350m:	5:28.67	42.76
	100m:	1:26.62	46.51	200m:	3:00.77	46.49	300m:	4:45.91	51.99	400m:	6:09.84	41.17
2.	LUO, Anna		13	Cdndg						6:22.65	309	
	50m:	44.23	44.23	150m:	2:20.33		250m:	3:59.10	52.49	350m:	5:38.75	47.05
	100m:			200m:	3:06.61	46.28	300m:	4:51.70	52.60	400m:	6:22.65	43.90
13 - 14 ans, Garçons												
1.	LI, Jesse		14	Pointe-Claire Swim Club						6:08.27	259	
	50m:	37.88	37.88	150m:	2:14.25	50.02	250m:	3:52.93	50.45	350m:	5:26.81	42.32
	100m:	1:24.23	46.35	200m:	3:02.48	48.23	300m:	4:44.49	51.56	400m:	6:08.27	41.46
2.	HAMILTON, Dylan		13	Pointe-Claire Swim Club						6:18.37	239	
	50m:	43.53	43.53	150m:	2:21.93		250m:	4:04.07	55.21	350m:	5:39.41	
	100m:			200m:	3:08.86	46.93	300m:			400m:	6:18.37	38.96