

Gullmót KR
Reykjavík, 9. - 11.2.2024

Event 57
11.02.2024 - 16:00

Women, 400m Freestyle

13 years and older
Results

Points: FINA 2023

Rank			YB			Time	Pts
13 - 15 years							
1.	Solveig Freyja Hakonardottir	09	Breidablik	4:40.18	600		
	50m: 32.67 32.67	150m: 1:44.68	36.47	250m: 2:56.07	35.18	350m: 4:06.59	35.16
	100m: 1:08.21 35.54	200m: 2:20.89	36.21	300m: 3:31.43	35.36	400m: 4:40.18	33.59
2.	Asdis Steindorsdottir	09	Breidablik	4:43.84	577		
	50m: 31.85 31.85	150m: 1:43.53	36.42	250m: 2:55.70	36.29	350m: 4:08.61	36.67
	100m: 1:07.11 35.26	200m: 2:19.41	35.88	300m: 3:31.94	36.24	400m: 4:43.84	35.23
3.	Adriana Agnes Derti	10	IRB	4:58.55	496		
	50m: 34.15 34.15	150m: 1:49.99	38.01	250m: 3:06.08	38.03	350m: 4:22.56	37.41
	100m: 1:11.98 37.83	200m: 2:28.05	38.06	300m: 3:45.15	39.07	400m: 4:58.55	35.99
4.	Gudrun Isold Hardardottir	11	Breidablik	5:04.54	467		
	50m: 33.06 33.06	150m: 1:49.85	38.65	250m: 3:07.34	38.42	350m: 4:25.91	39.09
	100m: 1:11.20 38.14	200m: 2:28.92	39.07	300m: 3:46.82	39.48	400m: 5:04.54	38.63
5.	Viktoria Emilia Orlita	09	IA	5:10.17	442		
	50m: 35.05 35.05	150m: 1:52.52	39.46	250m: 3:11.65	39.54	350m: 4:32.13	40.33
	100m: 1:13.06 38.01	200m: 2:32.11	39.59	300m: 3:51.80	40.15	400m: 5:10.17	38.04
6.	Natalia Eir Curtis	10	Armann	5:12.70	432		
	50m: 36.95 36.95	150m: 1:56.80	40.10	250m: 3:16.21	39.57	350m: 4:34.96	38.82
	100m: 1:16.70 39.75	200m: 2:36.64	39.84	300m: 3:56.14	39.93	400m: 5:12.70	37.74
7.	Gudbjorg Helga Hilmarsdottir	11	Breidablik	5:13.70	427		
	50m: 35.35 35.35	150m: 1:55.51	41.05	250m: 3:15.70	39.74	350m: 4:34.93	39.65
	100m: 1:14.46 39.11	200m: 2:35.96	40.45	300m: 3:55.28	39.58	400m: 5:13.70	38.77
8.	Aldis Ogmundsdottir	09	KR	5:16.59	416		
	50m: 35.79 35.79	150m: 1:56.38	40.49	250m: 3:17.24	40.58	350m: 4:37.94	40.33
	100m: 1:15.89 40.10	200m: 2:36.66	40.28	300m: 3:57.61	40.37	400m: 5:16.59	38.65
9.	Thorgerdur Freyja Helgadóttir	11	Breidablik	5:16.61	416		
	50m: 36.17 36.17	150m: 1:57.55	40.80	250m: 3:17.69	39.31	350m: 4:37.83	40.05
	100m: 1:16.75 40.58	200m: 2:38.38	40.83	300m: 3:57.78	40.09	400m: 5:16.61	38.78
10.	Natalia Fanney Sigurdardottir	10	IRB	5:17.55	412		
	50m: 35.80 35.80	150m: 1:55.25	39.95	250m: 3:17.08	40.58	350m: 4:38.92	41.10
	100m: 1:15.30 39.50	200m: 2:36.50	41.25	300m: 3:57.82	40.74	400m: 5:17.55	38.63
11.	Iris Asta Magnusdottir	11	Breidablik	5:22.39	394		
	50m: 36.96 36.96	150m: 1:58.21	40.53	250m: 3:19.76	40.86	350m: 4:41.88	40.84
	100m: 1:17.68 40.72	200m: 2:38.90	40.69	300m: 4:01.04	41.28	400m: 5:22.39	40.51
12.	Ema Austa Pratusyte	10	SH	5:22.49	393		
	50m: 37.21 37.21	150m: 1:58.66	40.98	250m: 3:20.57	40.72	350m: 4:43.17	41.82
	100m: 1:17.68 40.47	200m: 2:39.85	41.19	300m: 4:01.35	40.78	400m: 5:22.49	39.32
13.	Bergey Huld Arnarsdottir	11	Breidablik	5:26.05	381		
	50m: 35.73 35.73	150m: 2:00.94	42.32	250m: 3:23.63	41.34	350m: 4:47.49	41.59
	100m: 1:18.62 42.89	200m: 2:42.29	41.35	300m: 4:05.90	42.27	400m: 5:26.05	38.56
14.	Kornelia Nadia Maniak	10	IRB	5:26.82	378		
	50m: 37.15 37.15	150m: 2:01.25	42.78	250m: 3:26.01	42.24	350m: 4:49.17	40.97
	100m: 1:18.47 41.32	200m: 2:43.77	42.52	300m: 4:08.20	42.19	400m: 5:26.82	37.65
15.	Elsa Dilja Lunddal Runarsdottir	10	SH	5:30.10	367		
	50m: 37.49 37.49	150m: 2:00.53	41.97	250m: 3:25.30	42.43	350m: 4:49.91	41.63
	100m: 1:18.56 41.07	200m: 2:42.87	42.34	300m: 4:08.28	42.98	400m: 5:30.10	40.19
16.	Hanna Steinunn Gudnadottir	11	IRB	5:30.56	365		
	50m: 38.45 38.45	150m: 2:04.26	43.29	250m: 3:29.19	42.72	350m: 4:52.87	41.45
	100m: 1:20.97 42.52	200m: 2:46.47	42.21	300m: 4:11.42	42.23	400m: 5:30.56	37.69
17.	Thelma Osp Sveinbjornsdottir	10	SH	5:36.80	345		
	50m: 37.49 37.49	150m: 2:03.79	43.88	250m: 3:30.47	43.03	350m: 4:56.71	41.90
	100m: 1:19.91 42.42	200m: 2:47.44	43.65	300m: 4:14.81	44.34	400m: 5:36.80	40.09

Gullmót KR
Reykjavík, 9. - 11.2.2024

Event 57, Girls, 400m Freestyle, 13 - 15 years

Rank			YB							Time	Pts
18.	Hildur Eldey Gudjonsdottir		11	Breidablik						5:37.87	342
	50m:	38.81 38.81	150m:	2:04.80	43.45	250m:	3:31.95	43.23	350m:	4:56.38	41.35
	100m:	1:21.35 42.54	200m:	2:48.72	43.92	300m:	4:15.03	43.08	400m:	5:37.87	41.49
19.	Fridrika Sif Agustsdottir		10	Odinn						5:45.55	320
	50m:	39.03 39.03	150m:	2:07.65	44.91	250m:	3:37.19	45.25	350m:	5:05.47	44.78
	100m:	1:22.74 43.71	200m:	2:51.94	44.29	300m:	4:20.69	43.50	400m:	5:45.55	40.08
20.	Isabella Johannsdottir		10	Odinn						5:50.67	306
	50m:	39.05 39.05	150m:	2:10.50	46.11	250m:	3:40.90	45.71	350m:	5:09.85	44.54
	100m:	1:24.39 45.34	200m:	2:55.19	44.69	300m:	4:25.31	44.41	400m:	5:50.67	40.82
21.	Asa Julia Kaldal		09	Agir						5:51.97	302
	50m:	38.47 38.47	150m:	2:07.20	44.77	250m:	3:38.12	45.62	350m:	5:08.97	45.03
	100m:	1:22.43 43.96	200m:	2:52.50	45.30	300m:	4:23.94	45.82	400m:	5:51.97	43.00
22.	Emilia Anna Johannsdottir		11	SH						5:58.45	286
	50m:		150m:			250m:			350m:		
	100m:	1:24.97	200m:	2:56.09		300m:	4:28.94		400m:	5:58.45	
23.	Thea Sif Hjaltadottir		11	Armann						6:00.49	282
	50m:	41.64 41.64	150m:	2:14.40	46.23	250m:	3:47.65	46.38	350m:	5:18.99	44.38
	100m:	1:28.17 46.53	200m:	3:01.27	46.87	300m:	4:34.61	46.96	400m:	6:00.49	41.50
24.	Emilia Bjort Magnusdottir		10	SH						6:03.01	276
	50m:	40.26 40.26	150m:	2:11.65	46.17	250m:	3:45.76	46.92	350m:	5:18.71	46.80
	100m:	1:25.48 45.22	200m:	2:58.84	47.19	300m:	4:31.91	46.15	400m:	6:03.01	44.30
25.	Sollilja Thordardottir		11	Breidablik						6:03.44	275
	50m:	40.36 40.36	150m:	2:12.72	47.12	250m:	3:46.36	46.54	350m:	5:19.17	46.11
	100m:	1:25.60 45.24	200m:	2:59.82	47.10	300m:	4:33.06	46.70	400m:	6:03.44	44.27
26.	Maria Kristin Thorfinnsdottir		11	SH						6:04.59	272
	50m:	40.36 40.36	150m:	2:11.44	45.71	250m:	3:45.15	46.81	350m:	5:20.63	47.33
	100m:	1:25.73 45.37	200m:	2:58.34	46.90	300m:	4:33.30	48.15	400m:	6:04.59	43.96
27.	Guddis Malin Magnusdottir		11	IRB						6:26.79	228
	50m:	42.12 42.12	150m:	2:18.86	49.27	250m:	3:59.59	51.34	350m:	5:40.02	50.01
	100m:	1:29.59 47.47	200m:	3:08.25	49.39	300m:	4:50.01	50.42	400m:	6:26.79	46.77

16 years and older

1.	Freyja Birkisdottir		06	Breidablik						4:28.95	679
	50m:	31.06 31.06	150m:	1:38.64	33.78	250m:	2:46.90	34.21	350m:	3:55.48	34.10
	100m:	1:04.86 33.80	200m:	2:12.69	34.05	300m:	3:21.38	34.48	400m:	4:28.95	33.47
2.	Jasmin Haaning		07	Poseidon						4:48.72	548
	50m:	32.74 32.74	150m:	1:44.67	36.63	250m:	2:58.14	36.79	350m:	4:13.18	37.31
	100m:	1:08.04 35.30	200m:	2:21.35	36.68	300m:	3:35.87	37.73	400m:	4:48.72	35.54
3.	Valdis Ros Thorsteinsdottir		07	SH						5:26.38	379
	50m:	34.96 34.96	150m:	1:57.17	42.17	250m:	3:22.69	42.73	350m:	4:47.07	41.72
	100m:	1:15.00 40.04	200m:	2:39.96	42.79	300m:	4:05.35	42.66	400m:	5:26.38	39.31
4.	Freyja Ellebye		06	Poseidon						5:26.98	377
	50m:	34.52 34.52	150m:	1:52.41	40.02	250m:	3:17.55	43.00	350m:	4:44.52	43.68
	100m:	1:12.39 37.87	200m:	2:34.55	42.14	300m:	4:00.84	43.29	400m:	5:26.98	42.46
5.	Ingibjorg Thora Stefansdottir		08	SH						5:37.22	344
	50m:	37.81 37.81	150m:	2:03.61	43.69	250m:	3:30.79	43.76	350m:	4:57.55	42.68
	100m:	1:19.92 42.11	200m:	2:47.03	43.42	300m:	4:14.87	44.08	400m:	5:37.22	39.67
6.	Halla Run Fannarsdottir		08	Odinn						5:39.32	338
	50m:	36.95 36.95	150m:	2:01.25	43.03	250m:	3:29.47	44.31	350m:	4:58.59	44.34
	100m:	1:18.22 41.27	200m:	2:45.16	43.91	300m:	4:14.25	44.78	400m:	5:39.32	40.73
7.	Sandra Rut Fannarsdottir		06	Armann						5:40.98	333
	50m:	37.21 37.21	150m:	2:02.87	43.40	250m:	3:31.74	44.51	350m:	4:59.95	43.91
	100m:	1:19.47 42.26	200m:	2:47.23	44.36	300m:	4:16.04	44.30	400m:	5:40.98	41.03