



ANLSL REGIONAL #4
Pointe-Claire, 17-18 février2024



Epreuve 107
2024-02-17 - 16:25

400m Libre

11 - 12 ans
Liste résultats

Points: FINA 2023

Rang				Age					Temps	Pts		
11 ans, Filles												
1.	MCIVER, Emerson			11	Pointe-Claire Swim Club				5:25.80	357		
	50m:	36.63	36.63	150m:	2:00.92	42.98	250m:	3:24.14	41.24	350m:	4:47.78	40.99
	100m:	1:17.94	41.31	200m:	2:42.90	41.98	300m:	4:06.79	42.65	400m:	5:25.80	38.02
2.	NYKANOROV, Emma			11	Pointe-Claire Swim Club				5:36.23	325		
	50m:	36.78	36.78	150m:	2:02.14	43.47	250m:	3:29.26	43.36	350m:	4:55.74	42.84
	100m:	1:18.67	41.89	200m:	2:45.90	43.76	300m:	4:12.90	43.64	400m:	5:36.23	40.49
3.	CARON, Coralyne			11	Pointe-Claire Swim Club				5:49.46	289		
	50m:	38.58	38.58	150m:	2:05.15	44.05	250m:	3:35.95	45.23	350m:	5:07.26	45.51
	100m:	1:21.10	42.52	200m:	2:50.72	45.57	300m:	4:21.75	45.80	400m:	5:49.46	42.20
4.	SIU, Lauren			11	Pointe-Claire Swim Club				5:59.22	266		
	50m:	38.78	38.78	150m:	2:11.09	47.59	250m:	3:44.19	46.78	350m:	5:16.24	46.06
	100m:	1:23.50	44.72	200m:	2:57.41	46.32	300m:	4:30.18	45.99	400m:	5:59.22	42.98
5.	CHUNG, Emma			11	Ddo				6:05.84	252		
	50m:	40.11	40.11	150m:	2:11.54	46.09	250m:	3:45.18	46.51	350m:	5:19.11	47.38
	100m:	1:25.45	45.34	200m:	2:58.67	47.13	300m:	4:31.73	46.55	400m:	6:05.84	46.73
6.	NAKAD, Jade			11	Club de natation Saint-Laurent				6:07.59	249		
	50m:	41.85	41.85	150m:	2:14.95	46.96	250m:	3:50.66	47.95	350m:	5:25.09	47.45
	100m:	1:27.99	46.14	200m:	3:02.71	47.76	300m:	4:37.64	46.98	400m:	6:07.59	42.50
7.	CAMPEANU, Carina			11	Cote Saint-Luc Aquatics				6:15.80	233		
	50m:	41.52	41.52	150m:	2:15.75	47.17	250m:	3:51.90	47.92	350m:	5:29.00	48.45
	100m:	1:28.58	47.06	200m:	3:03.98	48.23	300m:	4:40.55	48.65	400m:	6:15.80	46.80
8.	VIRGINI, Ella			11	Bbf				6:19.39	226		
	50m:	43.71	43.71	150m:	2:21.62	49.41	250m:	4:00.23	49.20	350m:	5:33.24	44.37
	100m:	1:32.21	48.50	200m:	3:11.03	49.41	300m:	4:48.87	48.64	400m:	6:19.39	46.15
9.	SINGH, Amodée			11	Cote Saint-Luc Aquatics				6:27.72	212		
	50m:	44.12	44.12	150m:	2:21.06	48.53	250m:	3:58.36	48.31	350m:	5:30.70	45.32
	100m:	1:32.53	48.41	200m:	3:10.05	48.99	300m:	4:45.38	47.02	400m:	6:27.72	57.02
10.	JING, Muxi			11	Pointe-Claire Swim Club				6:34.58	201		
	50m:	44.38	44.38	150m:	2:24.55	50.39	250m:	4:06.76	51.12	350m:	5:47.08	49.69
	100m:	1:34.16	49.78	200m:	3:15.64	51.09	300m:	4:57.39	50.63	400m:	6:34.58	47.50
11.	HANNAH, Addison			11	Bbf				6:37.40	197		
	50m:	41.14	41.14	150m:	2:23.44	52.38	250m:	4:06.51	52.06	350m:	5:45.85	48.11
	100m:	1:31.06	49.92	200m:	3:14.45	51.01	300m:	4:57.74	51.23	400m:	6:37.40	51.55
12.	ESPOSITO, Sophie			11	Bbf				6:40.42	192		
	50m:	42.74	42.74	150m:	2:19.28	48.41	250m:	3:56.95	49.21	350m:	5:32.43	46.85
	100m:	1:30.87	48.13	200m:	3:07.74	48.46	300m:	4:45.58	48.63	400m:	6:40.42	1:07.99
13.	BOURBEAU, Hanna			11	Pointe-Claire Swim Club				6:41.37	191		
	50m:	46.21	46.21	150m:	2:28.67	51.43	250m:	4:12.60	50.66	350m:	5:54.13	50.09
	100m:	1:37.24	51.03	200m:	3:21.94	53.27	300m:	5:04.04	51.44	400m:	6:41.37	47.24
14.	BERTRAND-BOUGIE, June			11	Bbf				6:47.28	183		
	50m:	45.20	45.20	150m:	2:30.22		250m:	4:16.11		350m:		
	100m:			200m:			300m:	5:08.75	52.64	400m:	6:47.28	





Epreuve 107, Filles, 400m Libre, 11 ans

Rang			Age						Temps	Pts		
15.	WYSE, Maya		11	Cote Saint-Luc Aquatics					6:47.51	182		
	50m:	48.24	48.24	150m:	2:33.57	53.14	250m:	4:16.78	50.02	350m:	6:01.59	51.78
	100m:	1:40.43	52.19	200m:	3:26.76	53.19	300m:	5:09.81	53.03	400m:	6:47.51	45.92
16.	NGUYEN, Aurelie		11	Club de natation Saint-Laurent					6:55.49	172		
	50m:	46.75	46.75	150m:	2:29.53	52.63	250m:	4:17.34	54.34	350m:	6:04.86	53.14
	100m:	1:36.90	50.15	200m:	3:23.00	53.47	300m:	5:11.72	54.38	400m:	6:55.49	50.63
17.	WHITE, Ava		11	Bbf					7:41.48	125		
	50m:	55.31	55.31	150m:	2:53.40	58.74	250m:	4:50.41	58.22	350m:	6:47.05	58.51
	100m:	1:54.66	59.35	200m:	3:52.19	58.79	300m:	5:48.54	58.13	400m:	7:41.48	54.43

11 ans, Garçons

1.	RICCI, Adriano		11	Pointe-Claire Swim Club					5:27.27	272		
	50m:	36.32	36.32	150m:	1:58.04	41.00	250m:	3:20.87	41.56	350m:	4:45.32	41.99
	100m:	1:17.04	40.72	200m:	2:39.31	41.27	300m:	4:03.33	42.46	400m:	5:27.27	41.95
2.	LAGHNEJ, Ali Mohamed		11	Club de natation Saint-Laurent					5:31.75	261		
	50m:	37.41	37.41	150m:	2:01.41	42.70	250m:	3:25.85	42.18	350m:	4:50.33	42.44
	100m:	1:18.71	41.30	200m:	2:43.67	42.26	300m:	4:07.89	42.04	400m:	5:31.75	41.42
3.	MACLEOD, Logan		11	Pointe-Claire Swim Club					5:36.65	250		
	50m:	38.29	38.29	150m:	2:02.40	42.37	250m:	3:27.81	42.77	350m:	4:54.80	43.38
	100m:	1:20.03	41.74	200m:	2:45.04	42.64	300m:	4:11.42	43.61	400m:	5:36.65	41.85
4.	SERVIO, Aidan		11	Ddo					5:50.30	222		
	50m:	38.65	38.65	150m:	2:07.82	45.94	250m:	3:37.73	45.47	350m:	5:07.32	44.91
	100m:	1:21.88	43.23	200m:	2:52.26	44.44	300m:	4:22.41	44.68	400m:	5:50.30	42.98
5.	SLATER, Noah		11	Ddo					6:00.10	204		
	50m:	40.33	40.33	150m:	2:12.13	46.49	250m:	3:44.95	47.07	350m:	5:16.71	45.25
	100m:	1:25.64	45.31	200m:	2:57.88	45.75	300m:	4:31.46	46.51	400m:	6:00.10	43.39
6.	SILVERWOOD-YOUNG, Owen		11	Dorval Swim Club					6:26.86	165		
	50m:	43.02	43.02	150m:	2:22.57		250m:	4:02.94	50.73	350m:	5:39.73	48.15
	100m:			200m:	3:12.21	49.64	300m:	4:51.58	48.64	400m:	6:26.86	47.13
7.	AL-HAWARI, Lucas		11	Club de natation Saint-Laurent					6:34.94	155		
	50m:	44.19	44.19	150m:	2:23.14	50.07	250m:	4:01.81	49.35	350m:	5:37.41	46.39
	100m:	1:33.07	48.88	200m:	3:12.46	49.32	300m:	4:51.02	49.21	400m:	6:34.94	57.53
8.	MORRISON, Sebastian		11	Cote Saint-Luc Aquatics					6:39.16	150		
	50m:	44.02	44.02	150m:	2:27.37	52.42	250m:	4:11.02	50.16	350m:	5:53.30	50.53
	100m:	1:34.95	50.93	200m:	3:20.86	53.49	300m:	5:02.77	51.75	400m:	6:39.16	45.86
9.	KNUP, Mason		11	Bbf					6:52.01	136		
	50m:	46.75	46.75	150m:			250m:	4:25.72	54.03	350m:	6:07.03	50.88
	100m:	1:40.99	54.24	200m:	3:31.69		300m:	5:16.15	50.43	400m:	6:52.01	44.98
10.	PATEL, Daivik		11	Ddo					7:04.64	124		
	50m:			150m:			250m:	4:23.63	54.29	350m:	6:11.33	
	100m:	1:40.66		200m:	3:29.34		300m:			400m:	7:04.64	53.31
11.	RANDLE, Wesley		11	Bbf					7:17.97	113		
	50m:	44.46	44.46	150m:	2:33.67	56.52	250m:	4:29.76	57.93	350m:	6:26.19	58.75
	100m:	1:37.15	52.69	200m:	3:31.83	58.16	300m:	5:27.44	57.68	400m:	7:17.97	51.78
12.	DERRAJI, Nael		11	Ddo					7:23.36	109		
	50m:	47.56	47.56	150m:	2:40.71	56.94	250m:	4:35.06	56.54	350m:	6:28.87	57.99
	100m:	1:43.77	56.21	200m:	3:38.52	57.81	300m:	5:30.88	55.82	400m:	7:23.36	54.49





Epreuve 107, Garçons, 400m Libre, 11 ans

Rang	Age	Temps	Pts
13. FATTAL, Oliver	11	7:24.62	108
50m: 49.09 49.09	150m: 3:39.53	250m: 4:34.79 55.26	350m: 6:27.96 57.52
100m:	200m:	300m: 5:30.44 55.65	400m: 7:24.62 56.66
disq. PAN, Luka	11		
<i>GA - II.4.4 Faux Départ / False start</i>			

12 ans, Filles

1. BRENNAN, Savannah	12	5:13.52	401
50m: 36.24 36.24	150m: 1:56.41 40.37	250m: 3:16.21 40.01	350m: 4:35.97 40.00
100m: 1:16.04 39.80	200m: 2:36.20 39.79	300m: 3:55.97 39.76	400m: 5:13.52 37.55
2. COROVINA, Elizaveta	12	5:28.47	349
50m: 36.62 36.62	150m: 1:59.97 42.35	250m: 3:23.26 41.64	350m: 4:48.21 43.32
100m: 1:17.62 41.00	200m: 2:41.62 41.65	300m: 4:04.89 41.63	400m: 5:28.47 40.26
3. LY, Mia Mei	12	5:33.44	333
50m: 36.99 36.99	150m: 2:01.38 42.79	250m: 3:26.82 43.12	350m: 4:52.72 42.92
100m: 1:18.59 41.60	200m: 2:43.70 42.32	300m: 4:09.80 42.98	400m: 5:33.44 40.72
4. KOTB, Salma	12	5:49.05	290
50m: 39.29 39.29	150m: 2:06.22 46.06	250m: 3:37.52 44.64	350m: 5:13.15 45.34
100m: 1:23.46 44.17	200m: 2:52.88 46.06	300m: 4:09.80 42.98	400m: 5:49.05 40.72
5. ENACHE, Mara	12	5:58.49	268
50m: 37.39 37.39	150m: 2:06.22 46.06	250m: 3:37.52 44.64	350m: 5:13.15 45.34
100m: 1:23.46 44.17	200m: 2:52.88 46.06	300m: 4:09.80 42.98	400m: 5:58.49 40.72
6. HIMO, Emma	12	6:02.94	258
50m: 40.82 40.82	150m: 2:12.36 46.32	250m: 3:45.87 46.47	350m: 5:18.60 46.43
100m: 1:26.04 45.22	200m: 2:59.40 47.04	300m: 4:32.17 46.30	400m: 6:02.94 44.34
7. PYLAYEV, Catherine	12	6:05.81	252
50m: 40.73 40.73	150m: 2:14.97 47.40	250m: 3:49.42 47.81	350m: 5:22.37 45.83
100m: 1:27.57 46.84	200m: 3:01.61 46.64	300m: 4:36.54 47.12	400m: 6:05.81 43.44
8. DESCENT, Audrey	12	6:06.33	251
50m: 39.73 39.73	150m: 2:12.84 47.13	250m: 3:48.08 47.66	350m: 5:21.93 46.76
100m: 1:25.71 45.98	200m: 3:00.42 47.58	300m: 4:35.17 47.09	400m: 6:06.33 44.40
9. KRASSAKOPOULOS, Alexia	12	6:12.35	239
50m: 38.23 38.23	150m: 2:09.17 46.89	250m: 3:47.27 49.04	350m: 5:26.27 49.70
100m: 1:22.28 44.05	200m: 2:58.23 49.06	300m: 4:36.57 49.30	400m: 6:12.35 46.08
10. FOY, Paige	12	6:21.65	222
50m: 43.81 43.81	150m: 2:19.08 50.73	250m: 4:05.68 51.33	350m: 5:38.22 53.05
100m: 1:32.40 48.59	200m: 3:14.35 51.22	300m: 4:57.77 52.09	400m: 6:21.65 43.43
11. MONETTE, Magalie	12	6:28.33	211
50m: 40.02 40.02	150m: 2:12.79 47.93	250m: 3:49.28 48.34	350m: 5:18.70 42.36
100m: 1:24.86 44.84	200m: 3:00.94 48.15	300m: 4:36.34 47.06	400m: 6:28.33 1:09.63
12. MARTIN, Clara	12	6:42.15	190
50m: 43.61 43.61	150m: 2:24.23 51.19	250m: 4:08.23 52.23	350m: 5:52.47 51.89
100m: 1:33.04 49.43	200m: 3:16.00 51.77	300m: 5:00.58 52.35	400m: 6:42.15 49.68
13. AMAR, Hannah	12	6:42.91	189
50m: 43.81 43.81	150m: 2:23.13 50.73	250m: 4:05.68 51.33	350m: 5:50.82 53.05
100m: 1:32.40 48.59	200m: 3:14.35 51.22	300m: 4:57.77 52.09	400m: 6:42.91 52.09





Epreuve 107, Filles, 400m Libre, 12 ans

Rang				Age					Temps	Pts		
14.	ZHANG, Flora			12	Club de natation Saint-Laurent				6:58.00	169		
	50m:	45.78	45.78	150m:	2:31.73	54.25	250m:	4:20.76	54.44	350m:	6:09.13	53.92
	100m:	1:37.48	51.70	200m:	3:26.32	54.59	300m:	5:15.21	54.45	400m:	6:58.00	48.87

forf.nd. LAGRINI, Lina 12 Club de natation Saint-Laurent

12 ans, Garçons

1.	BEN-ABDALLAH, Adam			12	Club de natation Saint-Laurent				5:24.39	280		
	50m:	37.53	37.53	150m:	2:00.14	41.44	250m:	3:22.63	41.14	350m:	4:44.69	40.93
	100m:	1:18.70	41.17	200m:	2:41.49	41.35	300m:	4:03.76	41.13	400m:	5:24.39	39.70
2.	YANG, Zhichong			12	Pointe-Claire Swim Club				5:40.19	242		
	50m:	38.69	38.69	150m:	2:05.42	43.69	250m:	3:33.05	43.92	350m:	4:55.66	40.39
	100m:	1:21.73	43.04	200m:	2:49.13	43.71	300m:	4:15.27	42.22	400m:	5:40.19	44.53
3.	WANG, Ruining			12	Pointe-Claire Swim Club				5:48.43	226		
	50m:	36.53	36.53	150m:	2:00.75	43.20	250m:	3:31.21	45.78	350m:	5:03.44	46.39
	100m:	1:17.55	41.02	200m:	2:45.43	44.68	300m:	4:17.05	45.84	400m:	5:48.43	44.99
4.	SHAO, Daniel			12	Pointe-Claire Swim Club				5:49.13	224		
	50m:	37.76	37.76	150m:	2:04.97	43.63	250m:	3:35.02	45.35	350m:	5:06.26	45.90
	100m:	1:21.34	43.58	200m:	2:49.67	44.70	300m:	4:20.36	45.34	400m:	5:49.13	42.87
5.	SWEIHA, Augustin			12	Pointe-Claire Swim Club				5:49.23	224		
	50m:	39.55	39.55	150m:	2:08.27	44.38	250m:	3:38.52	45.40	350m:	5:08.02	44.42
	100m:	1:23.89	44.34	200m:	2:53.12	44.85	300m:	4:23.60	45.08	400m:	5:49.23	41.21
6.	MITREA, Victor Gabriel			12	Pointe-Claire Swim Club				6:01.84	201		
	50m:	39.85	39.85	150m:	2:12.30	46.62	250m:	3:46.75	47.70	350m:	5:17.67	45.20
	100m:	1:25.68	45.83	200m:	2:59.05	46.75	300m:	4:32.47	45.72	400m:	6:01.84	44.17
7.	ZHANG, David			12	Pointe-Claire Swim Club				6:07.02	193		
	50m:	42.55	42.55	150m:	2:15.49	46.32	250m:	3:49.41	47.36	350m:	5:23.82	47.58
	100m:	1:29.17	46.62	200m:	3:02.05	46.56	300m:	4:36.24	46.83	400m:	6:07.02	43.20
8.	PENG, David			12	Bbf				6:18.32	176		
	50m:	39.19	39.19	150m:	2:13.55	47.89	250m:	3:51.93	50.35	350m:	5:31.48	
	100m:	1:25.66	46.47	200m:	3:01.58	48.03	300m:			400m:	6:18.32	46.84
9.	XU, Shining			12	Club de natation Saint-Laurent				6:46.86	141		
	50m:	46.61	46.61	150m:	2:33.50	53.93	250m:	4:19.66	52.58	350m:	6:01.85	51.09
	100m:	1:39.57	52.96	200m:	3:27.08	53.58	300m:	5:10.76	51.10	400m:	6:46.86	45.01
10.	TELLABI, Mohamed-Taha			12	Club de natation Saint-Laurent				7:13.43	117		
	50m:	46.77	46.77	150m:	2:36.64	55.28	250m:	4:27.48	55.72	350m:	6:19.74	55.60
	100m:	1:41.36	54.59	200m:	3:31.76	55.12	300m:	5:24.14	56.66	400m:	7:13.43	53.69

