

Event 30

Men, 400m Medley

Absoluto

02/03/2024 - 17:15

Startlist

Recorde Regional (25m) Open	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012
Recorde Regional (25m) Sen	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012
Recorde Regional (25m) 18	5:05.04	Jose Pedro Rocha	CMNPR	Vila Real	15/01/2022
Recorde Regional (25m) 17	4:58.26	Francisco Lopes Afonso	GCVR	Bragança	23/11/2019
Recorde Regional (25m) Juv A	4:51.57	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	13/07/2019
Recorde Regional (25m) Juv B	4:59.60	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	07/07/2018
Recorde Regional (25m) Inf A	5:18.50	Tomas Tavares Martins	SCM	Bragança	04/07/2015
Recorde Regional (25m) Inf B	5:42.13	Tomás Tavares Martins	SCM	Santa Marta	05/07/2014

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo	Incs.	Tempo
Heat 1 of 1, 17:15									
4	Filipe Miguel Pires	M	218010	Inf	11	EMNVinhais/FCV	NT	_____	_____
5	Jose Pedro Rocha	M	201748	Jun/Sen04		CMN Peso da Regua	5:05.04	_____	_____
6	Artur Jose Correia	M	219186	Juv	09	Fnc	7:01.51	_____	_____