

Prova 61

Masc., 400m Livres

Infantis

03/03/2024 - 17:50

Resultados

Recorde Regional (25m) Open	4:12.55	Ivo Emanuel Carneiro	CNVR	Mealhada	08/07/2018
Recorde Regional (25m) Inf A	4:39.76	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	01/07/2017
Recorde Regional (25m) Inf B	4:54.34	Lucas Pinto Ribeiro	GCVR	Peso da Régua	12/03/2023

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Filipe Miguel Pires	218010	11	EMNVinhais/FCV	5:21.56	287
	50m: 35.78 35.78	150m: 250m:			350m: 5:21.56	
	100m: 1:16.57 40.79	200m: 2:38.07		300m: 4:01.09	400m: 5:21.56	
2.	Duarte Ferreira Rosa	209831	11	Fnc	5:57.80	208
	50m: 41.86 41.86	150m: 250m:			350m: 5:57.80	
	100m: 1:26.78 44.92	200m: 2:58.50		300m: 4:30.81	400m: 5:57.80	
3.	Francisco Maria Igrejas		11	Gcvr	6:03.87	198
	50m: 41.84 41.84	150m: 250m:			350m: 6:03.87	
	100m: 1:27.34 45.50	200m: 3:00.31		300m: 4:35.03	400m: 6:03.87	

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Juvenis

03/03/2024 - 17:50

Resultados

Recorde Regional (25m) Open	4:12.55	Ivo Emanuel Carneiro	CNVR	Mealhada	08/07/2018
Recorde Regional (25m) Juv A	4:22.51	João Carlos Ferreira	GCVR	Braga	18/03/2000
Recorde Regional (25m) Juv B	4:29.64	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	07/07/2018

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Joao Miguel Rocha	205562	09	CMN Peso da Régua	4:42.06	426
	50m: 32.62 32.62	150m: 250m:			350m: 4:42.06	
	100m: 1:08.69 36.07	200m: 2:21.21		300m: 3:34.59	400m: 4:42.06	
2.	Tiago Fonseca Goncalves	208570	08	CMN Peso da Régua	4:43.03	421
	50m: 32.43 32.43	150m: 250m:			350m: 4:43.03	
	100m: 1:07.81 35.38	200m: 2:20.71		300m: 3:33.40	400m: 4:43.03	
3.	Diogo Ribeiro Baptista	151944	09	Gcvr	5:41.46	240
	50m: 38.90 38.90	150m: 250m:			350m: 5:41.46	
	100m: 1:21.84 42.94	200m: 2:51.00		300m: 4:18.09	400m: 5:41.46	
4.	Artur Jose Correia	219186	09	Fnc	6:25.93	166
	50m: 42.11 42.11	150m: 250m:			350m: 6:25.93	
	100m: 1:30.22 48.11	200m: 3:10.72		300m: 4:52.36	400m: 6:25.93	
DNS	Joao Tiago Paiga	216379	08	DURIUS AC Pesqueira		
DNS	Francisco Dinis Pinto	216380	09	DURIUS AC Pesqueira		
WDR	Guilherme Rodrigo Queiros	219076	09	Fnc		

Prova 61

Masc., 400m Livres

Juniores e Seniores

03/03/2024 - 17:50

Resultados

Recorde Regional (25m) Open	4:12.55	Ivo Emanuel Carneiro	CNVR	Mealhada	08/07/2018
Recorde Regional (25m) Sen	4:12.55	Ivo Emanuel Carneiro	CNVR	Chaves	23/11/2008
Recorde Regional (25m) 18	4:21.63	Daniel Filipe Lopes	CNIN	Coruche	16/11/2013
Recorde Regional (25m) 17	4:22.83	Daniel Filipe Lopes	CNIN	Mealhada	15/12/2012

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Jose Pedro Rocha	201748	04	CMN Peso da Régua	4:26.59	504
	50m: 30.22 30.22	150m: 250m:			350m: 4:26.59	
	100m: 1:02.79 32.57	200m: 2:09.16		300m: 3:17.34	400m: 4:26.59	
2.	Goncalo Andre Ferreira	151733	07	Gcvr	4:28.87	491
	50m: 29.62 29.62	150m: 250m:			350m: 4:28.87	
	100m: 1:02.81 33.19	200m: 2:11.25		300m: 3:20.71	400m: 4:28.87	

Prova 61, Masc., 400m Livres

Prova 61	Masc., 400m Livres				Absoluto
03/03/2024 - 17:50					Resultados
Recorde Regional (25m) Open	4:12.55	Ivo Emanuel Carneiro	CNVR	Mealhada	08/07/2018
Recorde Regional (25m) Sen	4:12.55	Ivo Emanuel Carneiro	CNVR	Chaves	23/11/2008
Recorde Regional (25m) 18	4:21.63	Daniel Filipe Lopes	CNIN	Coruche	16/11/2013
Recorde Regional (25m) 17	4:22.83	Daniel Filipe Lopes	CNIN	Mealhada	15/12/2012
Recorde Regional (25m) Juv A	4:22.51	João Carlos Ferreira	GCVR	Braga	18/03/2000
Recorde Regional (25m) Juv B	4:29.64	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	07/07/2018

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Jose Pedro Rocha	201748	04	CMN Peso da Régua	4:26.59	504
	50m: 30.22	30.22	150m:	250m:	350m:	
	100m: 1:02.79	32.57	200m: 2:09.16	300m: 3:17.34	400m: 4:26.59	
2.	Goncalo Andre Ferreira	151733	07	Gcvr	4:28.87	491
	50m: 29.62	29.62	150m:	250m:	350m:	
	100m: 1:08.81	33.19	200m: 2:11.25	300m: 3:20.71	400m: 4:28.87	
3.	Joao Miguel Rocha	205562	09	CMN Peso da Régua	4:42.06	426
	50m: 32.62	32.62	150m:	250m:	350m:	
	100m: 1:08.69	36.07	200m: 2:21.21	300m: 3:34.59	400m: 4:42.06	
4.	Tiago Fonseca Goncalves	208570	08	CMN Peso da Régua	4:43.03	421
	50m: 32.43	32.43	150m:	250m:	350m:	
	100m: 1:07.81	35.38	200m: 2:20.71	300m: 3:33.40	400m: 4:43.03	
5.	Diogo Ribeiro Baptista	151944	09	Gcvr	5:41.46	240
	50m: 38.90	38.90	150m:	250m:	350m:	
	100m: 1:21.84	42.94	200m: 2:51.00	300m: 4:18.09	400m: 5:41.46	
6.	Artur Jose Correia	219186	09	Fnc	6:25.93	166
	50m: 42.11	42.11	150m:	250m:	350m:	
	100m: 1:30.22	48.11	200m: 3:10.72	300m: 4:52.36	400m: 6:25.93	
DNS	Joao Tiago Paiga	216379	08	DURIUS AC Pesqueira		
DNS	Francisco Dinis Pinto	216380	09	DURIUS AC Pesqueira		
WDR	Guilherme Rodrigo Queiros	219076	09	Fnc		