

Prova 46

Femin., 400m Livres

Infantis

03/03/2024 - 10:35

Resultados

Recorde Regional (25m) Open	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) Inf A	4:53.19	Ana Margarida Guedes	GCVR	Santa Marta	06/07/2014
Recorde Regional (25m) Inf B	4:55.62	Ana Margarida Guedes	GCVR	Espinho	26/05/2013

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Ines Rua Fernandes	213137	11	Gcvr	5:36.20	325
	50m: 38.63 38.63	150m: 250m:			350m:	
	100m: 1:20.56 41.93	200m: 2:46.73		4:12.73	400m: 5:36.20	
2.	Renata Daniela Rangel	220398	11	Gcvr	6:24.34	217
	50m: 43.46 43.46	150m: 250m:			350m:	
	100m: 1:31.53 48.07	200m: 3:10.53		4:48.12	400m: 6:24.34	
3.	Joana Margarida Soares	146116	12	CMN Peso da Régua	6:40.41	192
	50m: 47.16 47.16	150m: 250m:			350m:	
	100m: 1:37.43 50.27	200m: 3:20.59		5:05.38	400m: 6:40.41	
4.	Diana Ribeiro Nogueira	219683	12	Gcvr	7:23.31	142
	50m: 51.50 51.50	150m: 250m:			350m:	
	100m: 1:45.31 53.81	200m: 3:35.21		5:28.40	400m: 7:23.31	
DSQ	Clara Sofia Sanfins	219683	11	Gcvr		
	403 - Falsa partida - SW 4.4					

Prova 46

Femin., 400m Livres

Juvenis

03/03/2024 - 10:35

Resultados

Recorde Regional (25m) Open	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) Juv A	4:45.43	Maria Silva Pereira	GCVR	Peso da Régua	12/03/2023
Recorde Regional (25m) Juv B	4:51.53	Ana Margarida Guedes	GCVR	Vila Real	23/11/2014

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Maria Ines Mesquita	214677	10	Gcvr	5:00.76	454
	50m: 35.20 35.20	150m: 250m:			350m:	
	100m: 1:13.48 38.28	200m: 2:30.89		3:46.86	400m: 5:00.76	
2.	Eva Alexandra Coutinho	208558	09	CMN Peso da Régua	5:05.48	434
	50m: 33.63 33.63	150m: 250m:			350m:	
	100m: 1:11.03 37.40	200m: 2:30.34		3:00m:	400m: 5:05.48	
3.	Beatriz Maria Igrejas	206317	09	Gcvr	5:34.98	329
	50m: 37.98 37.98	150m: 250m:			350m:	
	100m: 1:18.80 40.82	200m: 2:43.60		4:09.45	400m: 5:34.98	
4.	Xiana Castro Silva	209951	10	Fnc	5:45.43	300
	50m: 36.93 36.93	150m: 250m:			350m:	
	100m: 1:17.96 41.03	200m: 2:46.21		4:16.62	400m: 5:45.43	
5.	Beatriz Pombo Ribeiro	211040	09	CMN Peso da Régua	6:04.18	256
	50m: 40.62 40.62	150m: 250m:			350m:	
	100m: 1:25.62 45.00	200m: 2:56.68		4:28.28	400m: 6:04.18	
6.	Ana Magno Fontes	210267	10	EMNVinhais/FCV	6:30.86	207
	50m: 43.32 43.32	150m: 250m:			350m:	
	100m: 1:32.36 49.04	200m: 3:13.92		4:54.42	400m: 6:30.86	
7.	Diana Costa Fernandes	218005	10	DURIUS AC Pesqueira	6:38.01	196
	50m: 44.56 44.56	150m: 250m:			350m:	
	100m: 1:35.40 50.84	200m: 3:20.58		5:06.15	400m: 6:38.01	
8.	Bruna Filipa Costa	220503	09	DURIUS AC Pesqueira	6:57.56	169
	50m: 46.37 46.37	150m: 250m:			350m:	
	100m: 1:38.50 52.13	200m: 3:26.06		5:15.28	400m: 6:57.56	
9.	Lara Filipa Ferreira	212703	10	EMNVinhais/FCV	7:03.00	163
	50m: 46.07 46.07	150m: 250m:			350m:	
	100m: 1:38.32 52.25	200m: 3:26.02		5:15.48	400m: 7:03.00	
10.	Mariana Veiga Silva	212702	10	EMNVinhais/FCV	7:34.30	131
	50m: 46.87 46.87	150m: 250m:			350m:	
	100m: 1:40.09 53.22	200m: 3:36.12		5:36.60	400m: 7:34.30	

Prova 46, Femin., 400m Livres

Prova 46 Femin., 400m Livres Juniores e Seniores Resultados
03/03/2024 - 10:35

Recorde Regional (25m) Open	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) Sen	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 17	4:35.07	Joana Patricia Pinto	GCVR	Vila Real	25/06/2011
Recorde Regional (25m) 16	4:39.75	Ana Sofia Leite	GCVR	Chaves	22/11/2008

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Andreia Monteiro Barreira	204638	06	CMN Peso da Régua	4:38.68	571
	50m: 31.68 31.68	150m: 250m:	200m: 2:16.50	300m: 3:27.50	350m: 4:38.68	
	100m: 1:06.03 34.35					
DNS	Maria Carolina Eira	130388	05	Gcvr		

Prova 46 Femin., 400m Livres Absoluto Resultados
03/03/2024 - 10:35

Recorde Regional (25m) Open	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) Sen	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 17	4:35.07	Joana Patricia Pinto	GCVR	Vila Real	25/06/2011
Recorde Regional (25m) 16	4:39.75	Ana Sofia Leite	GCVR	Chaves	22/11/2008
Recorde Regional (25m) Juv A	4:45.43	Maria Silva Pereira	GCVR	Peso da Régua	12/03/2023
Recorde Regional (25m) Juv B	4:51.53	Ana Margarida Guedes	GCVR	Vila Real	23/11/2014

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Andreia Monteiro Barreira	204638	06	CMN Peso da Régua	4:38.68	571
	50m: 31.68 31.68	150m: 250m:	200m: 2:16.50	300m: 3:27.50	350m: 4:38.68	
	100m: 1:06.03 34.35					
2.	Maria Ines Mesquita	214677	10	Gcvr	5:00.76	454
	50m: 35.20 35.20	150m: 250m:	200m: 2:30.89	300m: 3:46.86	350m: 5:00.76	
	100m: 1:13.48 38.28					
3.	Eva Alexandra Coutinho	208558	09	CMN Peso da Régua	5:05.48	434
	50m: 33.63 33.63	150m: 250m:	200m: 2:30.34	300m: 3:46.86	350m: 5:05.48	
	100m: 1:11.03 37.40					
4.	Beatriz Maria Igrejas	206317	09	Gcvr	5:34.98	329
	50m: 37.98 37.98	150m: 250m:	200m: 2:43.60	300m: 4:09.45	350m: 5:34.98	
	100m: 1:18.80 40.82					
5.	Xiana Castro Silva	209951	10	Fnc	5:45.43	300
	50m: 36.93 36.93	150m: 250m:	200m: 2:46.21	300m: 4:16.62	350m: 5:45.43	
	100m: 1:17.96 41.03					
6.	Beatriz Pombo Ribeiro	211040	09	CMN Peso da Régua	6:04.18	256
	50m: 40.62 40.62	150m: 250m:	200m: 2:56.68	300m: 4:28.28	350m: 6:04.18	
	100m: 1:25.62 45.00					
7.	Ana Magno Fontes	210267	10	EMNVinhais/FCV	6:30.86	207
	50m: 43.32 43.32	150m: 250m:	200m: 3:13.92	300m: 4:54.42	350m: 6:30.86	
	100m: 1:32.36 49.04					
8.	Diana Costa Fernandes	218005	10	DURIUS AC Pesqueira	6:38.01	196
	50m: 44.56 44.56	150m: 250m:	200m: 3:20.58	300m: 5:06.15	350m: 6:38.01	
	100m: 1:35.40 50.84					
9.	Bruna Filipa Costa	220503	09	DURIUS AC Pesqueira	6:57.56	169
	50m: 46.37 46.37	150m: 250m:	200m: 3:26.06	300m: 5:15.28	350m: 6:57.56	
	100m: 1:38.50 52.13					
10.	Lara Filipa Ferreira	212703	10	EMNVinhais/FCV	7:03.00	163
	50m: 46.07 46.07	150m: 250m:	200m: 3:26.02	300m: 5:15.48	350m: 7:03.00	
	100m: 1:38.32 52.25					
11.	Mariana Veiga Silva	212702	10	EMNVinhais/FCV	7:34.30	131
	50m: 46.87 46.87	150m: 250m:	200m: 3:36.12	300m: 5:36.60	350m: 7:34.30	
	100m: 1:40.09 53.22					
DNS	Maria Carolina Eira	130388	05	Gcvr		