

Prova 3

Femin., 1500m Livres

Juvenis

02/03/2024 - 10:10

Resultados

Recorde Regional (25m) Open	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015
Recorde Regional (25m) Juv A	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015
Recorde Regional (25m) Juv B	20:51.31	Beatriz Maria Igrejas	GCVR	Santa Marta de Penaguião	08/07/2023

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Maria Manuel Braz	209417	09	Gcvr	20:12.19	420
	50m: 35.62	35.62	450m:	850m:	1250m:	
	100m: 1:15.08	39.46	500m: 6:40.72	900m: 12:04.55	1300m: 17:30.65	
	150m:		550m:	950m:	1350m:	
	200m: 2:36.55		600m: 8:01.25	1000m: 13:25.83	1400m: 18:52.47	
	250m:		650m:	1050m:	1450m:	
	300m: 3:58.55		700m: 9:21.94	1100m: 14:47.40	1500m: 20:12.19	
	350m:		750m:	1150m:		
	400m: 5:19.97		800m: 10:43.47	1200m: 16:09.22		
2.	Francisca Moreira Fonseca	209211	09	CMN Peso da Régua	23:05.55	281
	50m: 38.69	38.69	450m:	850m:	1250m:	
	100m: 1:22.94	44.25	500m: 7:30.62	900m: 13:42.22	1300m: 20:00.94	
	150m:		550m:	950m:	1350m:	
	200m: 2:52.66		600m: 9:04.26	1000m: 15:16.37	1400m: 21:34.19	
	250m:		650m:	1050m:	1450m:	
	300m: 4:25.72		700m: 10:36.44	1100m: 16:51.19	1500m: 23:05.55	
	350m:		750m:	1150m:		
	400m: 5:58.16		800m: 12:08.87	1200m: 18:26.47		

Prova 3

Femin., 1500m Livres

Absoluto

02/03/2024 - 10:10

Resultados

Recorde Regional (25m) Open	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015
Recorde Regional (25m) Sen	19:00.94	Ana Sofia Nóbrega	GCVR	St.ª Marta de Penaguião	30/06/2013
Recorde Regional (25m) 17	19:17.23	Maria Carolina Eira	GCVR	Santa Marta de Penaguião	02/07/2022
Recorde Regional (25m) 16	19:40.02	Maria Migueis Teixeira	CNIN	Bragança	05/07/2015
Recorde Regional (25m) Juv A	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015
Recorde Regional (25m) Juv B	20:51.31	Beatriz Maria Igrejas	GCVR	Santa Marta de Penaguião	08/07/2023

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