

Jarné M-SSO - dlhé trate
Žilina, 24.2.2024

disciplína 1
24.02.2024 - 9:00

muži, 400m vo ný spôsob

11 ro . a st.
Výsledky

bodovanie: FINA 2023

por.	Ro .	as	RT	body	
11 ro .					
1.	GAVULA, Stanislav	13	MPK Tvrdošín	5:57.30	233
	100m: 1:26.05 1:26.05	200m: 2:59.44 1:33.39	300m: 4:30.79 1:31.35	400m: 5:57.30 1:26.51	
2.	KEKELY, Richard	13	KPS Nereus Žilina	6:03.06	222 + 5.76
	100m: 1:24.86 1:24.86	200m: 2:57.68 1:32.82	300m: 4:27.11 1:29.43	400m: 6:03.06 1:35.95	
3.	SVITEK, Artur	13	PK Martin	6:07.68	214 + 10.38
	100m: 1:25.28 1:25.28	200m: 3:00.78 1:35.50	300m: 4:36.97 1:36.19	400m: 6:07.68 1:30.71	
4.	URBAN, Adam	13	PK Martin	6:10.03	210 + 12.73
	100m: 1:26.13 1:26.13	200m: 3:03.45 1:37.32	300m: 4:40.56 1:37.11	400m: 6:10.03 1:29.47	
5.	GABARÍK, Peter	13	MPK Tvrdošín	6:14.30	203 + 17.00
	100m: 1:27.15 1:27.15	200m: 3:02.53 1:35.38	300m: 4:40.15 1:37.62	400m: 6:14.30 1:34.15	
6.	AMRICH, Andrej	13	MPK Tvrdošín	6:27.78	182 + 30.48
	100m: 1:33.16 1:33.16	200m: 3:12.31 1:39.15	300m: 4:53.16 1:40.85	400m: 6:27.78 1:34.62	
7.	DZIURA, Alex	13	PK Martin	6:29.46	180 + 32.16
	100m: 1:31.53 1:31.53	200m: 3:13.53 1:42.00	300m: 4:55.75 1:42.22	400m: 6:29.46 1:33.71	
8.	KERNÁ , Jakub	13	PK Banská Štiavnica	6:32.47	176 + 35.17
	100m: 1:32.58 1:32.58	200m: 3:13.47 1:40.89	300m: 4:55.97 1:42.50	400m: 6:32.47 1:36.50	
9.	LIPTAI, Tomáš	13	PK Martin	7:30.13	116 + 1:32.83
	100m: 1:41.87 1:41.87	200m: 3:39.31 1:57.44	300m: 5:38.02 1:58.71	400m: 7:30.13 1:52.11	
10.	VIERIK, Samuel	13	PO Ružomberok	7:30.35	116 + 1:33.05
	100m: 1:43.85 1:43.85	200m: 3:38.87 1:55.02	300m: 5:37.10 1:58.23	400m: 7:30.35 1:53.25	
11.	PLEŠINSKÝ, Miroslav	13	MPK Dolný Kubin	7:36.45	112 + 1:39.15
	100m: 1:49.42 1:49.42	200m: 3:49.92 2:00.50	300m: 5:48.35 1:58.43	400m: 7:36.45 1:48.10	
12.	BENKO, Adam	13	PK TENAX Žilina	7:41.15	108 + 1:43.85
	100m: 1:46.93 1:46.93	200m: 3:47.90 2:00.97	300m: 5:46.97 1:59.07	400m: 7:41.15 1:54.18	
13.	HUDÁK, Juraj	13	PK TENAX Žilina	7:43.17	107 + 1:45.87
	100m: 1:43.21 1:43.21	200m: 3:42.25 1:59.04	300m: 5:44.39 2:02.14	400m: 7:43.17 1:58.78	
14.	VOZÍK, Timotej	13	MPK Prievidza	8:02.68	94 + 2:05.38
	100m: 1:47.18 1:47.18	200m: 3:53.75 2:06.57	300m: 5:58.11 2:04.36	400m: 8:02.68 2:04.57	
15.	DANAJ, Dávid	13	PK TENAX Žilina	8:20.00	85 + 2:22.70
	100m: 1:49.69 1:49.69	200m: 3:58.48 2:08.79	300m: 6:09.90 2:11.42	400m: 8:20.00 2:10.10	
16.	GALLIK, Filip	13	PK TENAX Žilina	8:28.05	81 + 2:30.75
	100m: 1:56.67 1:56.67	200m: 4:08.45 2:11.78	300m: 6:21.71 2:13.26	400m: 8:28.05 2:06.34	

12 ro .

1.	MI O, Tomáš	12	PK Martin	5:07.81	365
	100m: 1:13.75 1:13.75	200m: 2:32.88 1:19.13	300m: 3:52.56 1:19.68	400m: 5:07.81 1:15.25	
2.	VROBEL, Michael	12	MPK Tvrdošín	5:53.87	240 + 46.06
	100m: 1:22.75 1:22.75	200m: 2:54.37 1:31.62	300m: 4:26.37 1:32.00	400m: 5:53.87 1:27.50	
3.	TICHÝ, Peter	12	SKP Brezno	5:56.18	235 + 48.37
	100m: 1:25.65 1:25.65	200m: 2:59.48 1:33.83	300m: 4:32.93 1:33.45	400m: 5:56.18 1:23.25	
4.	JELŠOVSKÝ, Milan	12	PK Martin	5:56.94	234 + 49.13
	100m: 1:14.15 1:14.15	200m: 2:57.12 1:42.97	300m: 4:29.69 1:32.57	400m: 5:56.94 1:27.25	
5.	HUDÁK, Richard	12	PK TENAX Žilina	6:05.40	218 + 57.59
	100m: 1:24.87 1:24.87	200m: 2:59.52 1:34.65	300m: 4:34.37 1:34.85	400m: 6:05.40 1:31.03	
6.	GUT, Matej	12	KPS Nereus Žilina	6:14.25	203 + 1:06.44
	100m: 1:25.59 1:25.59	200m: 3:01.22 1:35.63	300m: 4:39.03 1:37.81	400m: 6:14.25 1:35.22	

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Žilina, 24.2.2024

disciplína 1, žiaci, 400m vo vlny spôsob, 12 ro .

por.		Ro .		as	RT	body	
7.	HRÚZ, Jakub	12	PK Martin	6:50.00	154	+ 1:42.19	
	100m: 1:32.94 1:32.94		200m: 3:22.16 1:49.22	300m: 5:07.72 1:45.56	400m: 6:50.00 1:42.28		
8.	KOPECKÝ, Matej	12	AT Turianske Teplice	6:56.49	147	+ 1:48.68	
	100m: 1:34.71 1:34.71		200m: 3:24.24 1:49.53	300m: 5:13.59 1:49.35	400m: 6:56.49 1:42.90		
9.	DUBOVEC, Ivan	12	MPK Dolný Kubin	6:57.06	146	+ 1:49.25	
	100m: 1:36.00 1:36.00		200m: 3:25.78 1:49.78	300m: 5:15.00 1:49.22	400m: 6:57.06 1:42.06		
10.	ŠMAJDA, Marián	12	PK Martin	6:58.20	145	+ 1:50.39	
	100m: 1:40.17 1:40.17		200m: 3:26.51 1:46.34	300m: 5:16.00 1:49.49	400m: 6:58.20 1:42.20		
11.	KUNÍK, Filip	12	MPK Tvrdošín	7:08.61	135	+ 2:00.80	
	100m: 1:40.75 1:40.75		200m: 3:33.04 1:52.29	300m: 5:23.39 1:50.35	400m: 7:08.61 1:45.22		
12.	PUCKALA, Matúš	12	PK TENAX Žilina	7:12.50	131	+ 2:04.69	
	100m: 1:37.00 1:37.00		200m: 3:29.28 1:52.28	300m: 5:26.65 1:57.37	400m: 7:12.50 1:45.85		

13 ro .

1.	GO ALTOVSKÝ, Marek	11	PK Martin	5:51.93	244		
	100m: 1:23.46 1:23.46		200m: 2:55.56 1:32.10	300m: 4:27.56 1:32.00	400m: 5:51.93 1:24.37		
2.	ŠMEHÝL, Jakub	11	PK TENAX Žilina	6:53.98	150	+ 1:02.05	
	100m: 1:27.88 1:27.88		200m: 3:12.53 1:44.65	300m: 5:04.53 1:52.00	400m: 6:53.98 1:49.45		
3.	JASŠO, Tobias	11	PK TENAX Žilina	6:59.16	144	+ 1:07.23	
	100m: 1:35.41 1:35.41		200m: 3:24.33 1:48.92	300m: 5:15.41 1:51.08	400m: 6:59.16 1:43.75		
4.	IVANOV, Elisei	11	KPS Nereus Žilina	7:14.84	129	+ 1:22.91	
	100m: 1:43.53 1:43.53		200m: 3:34.95 1:51.42	300m: 5:28.16 1:53.21	400m: 7:14.84 1:46.68		
5.	POL, Max	11	MPK Prievidza	7:43.19	107	+ 1:51.26	
	100m: 1:40.36 1:40.36		200m: 3:38.56 1:58.20	300m: 5:44.60 2:06.04	400m: 7:43.19 1:58.59		

DSQ OBŽERA, Marek 11 PK TENAX Žilina
SW 5.2 - VS: Bez dotyku na stenu na obrátke alebo v cieľi. (as: 9:43)

14 ro .

1.	AMAJ, Ján	10	PK Banská Štiavnica	4:40.38	483		
	100m: 1:05.88 1:05.88		200m: 2:17.16 1:11.28	300m: 3:30.23 1:13.07	400m: 4:40.38 1:10.15		
2.	BE O, Jakub	10	PK Banská Štiavnica	4:52.09	427	+ 11.71	
	100m: 1:08.30 1:08.30		200m: 2:23.47 1:15.17	300m: 3:39.69 1:16.22	400m: 4:52.09 1:12.40		
3.	REICH, Dávid	10	PK Martin	4:53.52	421	+ 13.14	
	100m: 1:09.01 1:09.01		200m: 2:24.33 1:15.32	300m: 3:40.06 1:15.73	400m: 4:53.52 1:13.46		
4.	ERNÝ, Matúš	10	KPS Nereus Žilina	5:14.22	343	+ 33.84	
	100m: 1:14.19 1:14.19		200m: 2:36.40 1:22.21	300m: 3:59.22 1:22.82	400m: 5:14.22 1:15.00		
5.	JAMRIŠKA, Daniel	10	PK TENAX Žilina	5:16.72	335	+ 36.34	
	100m: 1:13.53 1:13.53		200m: 2:34.75 1:21.22	300m: 3:58.53 1:23.78	400m: 5:16.72 1:18.19		
6.	MINEK, Filip	10	PK Martin	5:24.89	310	+ 44.51	
	100m: 1:17.49 1:17.49		200m: 2:41.42 1:23.93	300m: 4:03.96 1:22.54	400m: 5:24.89 1:20.93		
7.	KA ERÍK, Juraj	10	PK TENAX Žilina	5:39.03	273	+ 58.65	
	100m: 1:16.50 1:16.50		200m: 2:44.32 1:27.82	300m: 4:11.97 1:27.65	400m: 5:39.03 1:27.06		
8.	SHKLIAR, Andrii	10	PK TENAX Žilina	5:39.53	272	+ 59.15	
	100m: 1:21.11 1:21.11		200m: 2:48.72 1:27.61	300m: 4:15.86 1:27.14	400m: 5:39.53 1:23.67		
9.	JUR O, Matej	10	PO Ružomberok	5:42.19	265	+ 1:01.81	
	100m: 1:19.10 1:19.10		200m: 2:45.60 1:26.50	300m: 4:14.77 1:29.17	400m: 5:42.19 1:27.42		
10.	MA OR, Benjamín	10	MPK Tvrdošín	5:55.91	236	+ 1:15.53	
	100m: 1:23.02 1:23.02		200m: 2:55.13 1:32.11	300m: 4:28.31 1:33.18	400m: 5:55.91 1:27.60		

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Žilina, 24.2.2024

disciplína 1, žiaci, 400m vo ný spôsob, 14 ro .

por.		Ro .		as	RT	body	
11.	NAŠTICKÝ, Peter	10	KPS Nereus Žilina	6:04.25	220	+ 1:23.87	
	100m: 1:20.28 1:20.28	200m: 2:53.97	1:33.69	300m: 4:29.75	1:35.78	400m: 6:04.25	1:34.50
12.	LEHOCKÝ, Matúš	10	KPS Nereus Žilina	6:12.16	206	+ 1:31.78	
	100m: 1:21.19 1:21.19	200m: 2:58.56	1:37.37	300m: 4:35.98	1:37.42	400m: 6:12.16	1:36.18
13.	HOŠALA, Michal Maximilián	10	PK Martin	6:31.44	177	+ 1:51.06	
	100m: 1:25.87 1:25.87	200m: 3:06.76	1:40.89	300m: 4:48.98	1:42.22	400m: 6:31.44	1:42.46

15 - 16 ro .

1.	LIPTAL, Matej	08	PK Martin	4:32.16	528		
	100m: 1:01.02 1:01.02	200m: 2:10.97	1:09.95	300m: 3:21.79	1:10.82	400m: 4:32.16	1:10.37
2.	GO ALTOVSKÝ, Daniel	09	PK Martin	4:40.66	482	+ 8.50	
	100m: 1:06.91 1:06.91	200m: 2:18.23	1:11.32	300m: 3:31.63	1:13.40	400m: 4:40.66	1:09.03
3.	MACHOV ÁK, Marek	09	PK Martin	4:46.35	453	+ 14.19	
	100m: 1:05.85 1:05.85	200m: 2:18.56	1:12.71	300m: 3:32.92	1:14.36	400m: 4:46.35	1:13.43
4.	ROVNIANEK, Tomáš	09	PK Martin	5:02.42	385	+ 30.26	
	100m: 1:11.45 1:11.45	200m: 2:30.92	1:19.47	300m: 3:50.06	1:19.14	400m: 5:02.42	1:12.36
5.	ZA KO, Tomáš	08	KPS Nereus Žilina	5:02.60	384	+ 30.44	
	100m: 1:11.63 1:11.63	200m: 2:29.85	1:18.22	300m: 3:47.56	1:17.71	400m: 5:02.60	1:15.04
6.	BOBÁK, Daniel	09	SKP Brezno	5:30.09	296	+ 57.93	
	100m: 1:17.21 1:17.21	200m: 2:43.92	1:26.71	300m: 4:09.57	1:25.65	400m: 5:30.09	1:20.52
7.	MINAROVI , Juraj	08	PK Žabka adca	5:31.22	293	+ 59.06	
	100m: 1:18.28 1:18.28	200m: 2:43.91	1:25.63	300m: 4:11.00	1:27.09	400m: 5:31.22	1:20.22
8.	ONDRÍK, Daniel	08	MPK Dolný Kubin	5:31.45	292	+ 59.29	
	100m: 1:17.21 1:17.21	200m: 2:40.81	1:23.60	300m: 4:08.64	1:27.83	400m: 5:31.45	1:22.81
9.	RA EK, Nicolas	09	KPS Nereus Žilina	5:57.04	234	+ 1:24.88	
	100m: 1:18.61 1:18.61	200m: 2:49.96	1:31.35	300m: 4:25.00	1:35.04	400m: 5:57.04	1:32.04
10.	DAN ÍK, Jakub	09	KPS Nereus Žilina	5:57.66	232	+ 1:25.50	
	100m: 1:20.66 1:20.66	200m: 2:53.59	1:32.93	300m: 4:26.16	1:32.57	400m: 5:57.66	1:31.50
11.	BURSA, Samuel	09	PO Ružomberok	6:44.25	161	+ 2:12.09	
	100m: 1:32.53 1:32.53	200m: 3:16.28	1:43.75	300m: 5:00.85	1:44.57	400m: 6:44.25	1:43.40
12.	KAPJOR, Andrej	09	PK TENAX Žilina	7:22.63	122	+ 2:50.47	
	100m: 1:28.99 1:28.99	200m: 3:24.63	1:55.64	300m: 5:27.20	2:02.57	400m: 7:22.63	1:55.43

17 - 18 ro .

1.	ALJOU, René	06	PK Martin	4:53.00	423		
	100m: 1:04.81 1:04.81	200m: 2:19.97	1:15.16	300m: 3:39.19	1:19.22	400m: 4:53.00	1:13.81
2.	KOR OK, Jozef	07	KPS Nereus Žilina	5:25.75	308	+ 32.75	
	100m: 1:16.25 1:16.25	200m: 2:39.41	1:23.16	300m: 4:02.53	1:23.12	400m: 5:25.75	1:23.22

19 ro . a st.

1.	AMAJ, Ján	78	PK Banská Štiavnica	5:25.55	308		
	100m: 1:13.78 1:13.78	200m: 2:37.70	1:23.92	300m: 4:03.03	1:25.33	400m: 5:25.55	1:22.52
2.	REŠETÁR, Andrej	85	AT Tur ianske Teplice	6:08.68	212	+ 43.13	
	100m: 1:19.18 1:19.18	200m: 2:52.89	1:33.71	300m: 4:31.43	1:38.54	400m: 6:08.68	1:37.25