

Sundgrein 5  
23.3.2024 - 10:48

kvenna, 200m flugsund

Opinn  
Úrslitalistar

Mótsmet	2:21.11	Simona Mucciola	AND		1.6.2010
Íslandsmet	2:18.79	Erla Dogg Haraldsdóttir	IRB	Laugardalslaug	6.4.2008
Íslandsmet Unglinga	2:19.71	Sigrún Sverrisdóttir	FJOL	Monte-Carlo (MON)	5.6.2007
Íslandsmet Aldurshópur	2:22.99	Soffía Klemenzdóttir	IRB	Belgrade (SRB)	30.7.2008
EM : 2:14.22 / EM 19 - 21: 2:15.59 / EMU 16 - 18: 2:17.95 / NÆM 14 - 16: 2:23.65					

Stig: FINA 2024

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m
<b>Opinn</b>								
1.	Nadja Djurovic	07 BREI	<b>2:30.78</b>	527 ÍM	34.05	37.80	39.94	38.99
2.	Kristín Ásta Sigtryggsdóttir	09 Ægir	<b>2:45.00</b>	402 ÍM	36.08	42.27	44.25	42.40
3.	Þorgerður Freyja H.	11 BREI	<b>2:57.17</b>	324	36.95	45.16	47.00	48.06
4.	Aldís Ogmundsdóttir	09 Sunddeild KR	<b>3:06.15</b>	280	38.78	45.73	50.28	51.36
5.	Rebekka Rún M.	08 SH	<b>3:08.40</b>	270	37.14	47.43	52.27	51.56
6.	Ema Austa Pratusyté	10 SH	<b>3:09.48</b>	265	40.01	50.33		
7.	Karen Sif Helgadóttir	10 Fjölnir	<b>3:15.73</b>	241 *	38.50	47.92	53.86	55.45
8.	Elsa Diljá L.	10 SH	<b>3:27.45</b>	202 *	44.89	52.80	55.54	54.22
9.	Hildur Erla Hákonardóttir	10 SH	<b>3:35.82</b>	179 *	44.46	52.51	58.00	1:00.85

17 - 18 ára

1.	Nadja Djurovic	07 BREI	<b>2:30.78</b>	527 ÍM	34.05	37.80	39.94	38.99
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15 - 16 ára

1.	Kristín Ásta Sigtryggsdóttir	09 Ægir	<b>2:45.00</b>	402 ÍM	36.08	42.27	44.25	42.40
2.	Aldís Ogmundsdóttir	09 Sunddeild KR	<b>3:06.15</b>	280	38.78	45.73	50.28	51.36
3.	Rebekka Rún M.	08 SH	<b>3:08.40</b>	270	37.14	47.43	52.27	51.56

14 ára og yngri

1.	Þorgerður Freyja H.	11 BREI	<b>2:57.17</b>	324	36.95	45.16	47.00	48.06
2.	Ema Austa Pratusyté	10 SH	<b>3:09.48</b>	265	40.01	50.33		
3.	Karen Sif Helgadóttir	10 Fjölnir	<b>3:15.73</b>	241 *	38.50	47.92	53.86	55.45
4.	Elsa Diljá L.	10 SH	<b>3:27.45</b>	202 *	44.89	52.80	55.54	54.22
5.	Hildur Erla Hákonardóttir	10 SH	<b>3:35.82</b>	179 *	44.46	52.51	58.00	1:00.85