



Torneio Distrital Nadador Completo
Tomar, 03 e 04 de Fevereiro de 2024

Prova 5

Femin., 100m Costas

Absoluto
Resultados

03/02/2024 - 17:40

Recorde Distrital ANDS Open	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019
Recorde Distrital ANDS Sen	1:06.03	Maria Madalena Silva	CNAB	Tomar	15/11/2015
Recorde Distrital ANDS Jun	1:05.37	Inês Asseiceira Ramos	CNTN	Leiria	14/12/2019
Recorde Distrital ANDS 16	1:05.91	Rafaela Ferreira Mendes	CNTN	Tomar	01/11/2023
Recorde Distrital ANDS Juv A	1:07.18	Rafaela Ferreira Mendes	Sel ANDS	Abrantes	21/01/2023
Recorde Distrital ANDS Juv B	1:06.64	Mariana Veloso Vitoria	CNAB	Abrantes	14/04/2012
Recorde Distrital ANDS Inf A	1:10.28	Mariana Veloso Vitoria	CNAB	Almeirim	26/06/2011
Recorde Distrital ANDS Inf B	1:14.07	Inês Ferreira Duarte	CNAB	Torres Novas	11/05/2013

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
Infantil B							
1.	Rita Gomes Valentim	12	Torres Novas	1:17.85		350	
	50m: 37.76 37.76	100m: 1:17.85 40.09					
2.	Matilde Casimiro Bibi	12	BUZIOS-Coruche	1:23.95		279	
	50m: 40.92 40.92	100m: 1:23.95 43.03					
3.	Rita Maria Rosa	12	BUZIOS-Coruche	1:30.12		225	
	50m: 44.19 44.19	100m: 1:30.12 45.93					
4.	Marta Costa Soares	12	Uniao Samorense	1:30.49		223	
	50m: 44.81 44.81	100m: 1:30.49 45.68					
5.	Matilde Abelho Vaz	12	CLAC-Entroncamento	1:32.03		212	
	50m: 44.61 44.61	100m: 1:32.03 47.42					
6.	Laura Rosinha Maia	12	Gualdim Pais	1:34.58		195	
	50m: 44.49 44.49	100m: 1:34.58 50.09					
7.	Margarida Madeira Pires	12	Rio Maior	1:36.74		182	
	50m: 48.91 48.91	100m: 1:36.74 47.83					
8.	Laura Sofia Graca	12	Uniao Samorense	1:40.63		162	
	50m: 49.76 49.76	100m: 1:40.63 50.87					
9.	Rita Balsa Alves	12	BUZIOS-Coruche	1:41.16		159	
	50m: 49.47 49.47	100m: 1:41.16 51.69					
10.	Ana Marisa Simples	12	Uniao Samorense	1:44.49		144	
	50m: 49.71 49.71	100m: 1:44.49 54.78					
11.	Maria Pais Santos	12	BUZIOS-Coruche	1:46.56		136	
	50m: 52.34 52.34	100m: 1:46.56 54.22					
12.	Ana Sofia Graca	12	Uniao Samorense	1:49.07		127	
	50m: 53.69 53.69	100m: 1:49.07 55.38					
13.	Joana Verissimo Tavares	12	CLAC-Entroncamento	1:53.38		113	
	50m: 54.59 54.59	100m: 1:53.38 58.79					
14.	Beatriz Rodrigues Fontinho	12	CLAC-Entroncamento	1:57.21		102	
	50m: 57.39 57.39	100m: 1:57.21 59.82					
15.	Ines Santos Pina	12	CLAC-Entroncamento	2:08.32		78	
	50m: 1:03.73 1:03.73	100m: 2:08.32 1:04.59					
Infantil A							
1.	Clara Santos Madureira	11	Torres Novas	1:16.40		370	
	50m: 38.29 38.29	100m: 1:16.40 38.11					
2.	Benedita Maria Lagarinhos	11	Viver Santarem	1:20.34		318	
	50m: 38.45 38.45	100m: 1:20.34 41.89					
3.	Sofia Barroca Pereira	11	BUZIOS-Coruche	1:25.14		267	
	50m: 42.64 42.64	100m: 1:25.14 42.50					



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Prova 5, Femin., 100m Costas, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
4.	Margarida Pinho Formigo 50m: 44.64 44.64	11	Torres Novas 100m: 1:28.84 44.20	1:28.84		235	
5.	Beatriz Agostinho Duque 50m: 44.10 44.10	11	20Km de Almeirim 100m: 1:29.77 45.67	1:29.77		228	
6.	Maria Ines Ferreira 50m: 44.91 44.91	11	Torres Novas 100m: 1:31.91 47.00	1:31.91		213	
7.	Mariana Freitas Mota 50m: 47.83 47.83	11	Torres Novas 100m: 1:34.83 47.00	1:34.83		193	
8.	Rita Lino Ferreira 50m: 49.90 49.90	11	BUZIOS-Coruche 100m: 1:39.94 50.04	1:39.94		165	
9.	Beatriz Isabel Moura 50m: 51.65 51.65	11	Nautico Abrantes 100m: 1:43.97 52.32	1:43.97		147	
10.	Catarina Leonor Pereira 50m: 56.53 56.53	11	CLAC-Entroncamento 100m: 1:55.53 59.00	1:55.53		107	
DNS	Carolina Reis Lopes	11	Torres Novas				
WDR	Diana Cristina Calhau	11	BUZIOS-Coruche				

Juvenil B

1.	Leonor Sombreireiro Martins 50m: 38.13 38.13	10	BUZIOS-Coruche 100m: 1:17.87 39.74	1:17.87		350	
2.	Maria Leonor Lopes 50m: 40.53 40.53	10	Torres Novas 100m: 1:22.50 41.97	1:22.50		294	
3.	Lara Paixao Silva 50m: 40.48 40.48	10	Rio Maior 100m: 1:22.89 42.41	1:22.89		290	
4.	Flor Fortunata Ferreira 50m: 40.64 40.64	10	Gualdim Pais 100m: 1:23.14 42.50	1:23.14		287	
5.	Angela Maria Pereira 50m: 41.16 41.16	10	Nautico Salvaterra Magos 100m: 1:25.73 44.57	1:25.73		262	
6.	Debora Sofia Santos 50m: 42.67 42.67	10	Rio Maior 100m: 1:26.70 44.03	1:26.70		253	
7.	Maria Carmo Rodrigues 50m: 43.44 43.44	10	BUZIOS-Coruche 100m: 1:27.30 43.86	1:27.30		248	
8.	Leonor Matilde Oliveira 50m: 43.84 43.84	10	20Km de Almeirim 100m: 1:29.63 45.79	1:29.63		229	

Juvenil A

1.	Laura Brites Costa 50m: 35.91 35.91	09	Rio Maior 100m: 1:14.02 38.11	1:14.02		407	
2.	Laura Prates Morais 50m: 36.46 36.46	09	BUZIOS-Coruche 100m: 1:14.31 37.85	1:14.31		403	
3.	Leonor Margarida Mateus 50m: 41.20 41.20	09	BUZIOS-Coruche 100m: 1:24.48 43.28	1:24.48		274	
4.	Carolina Cupertino Marchante 50m: 43.12 43.12	09	CLAC-Entroncamento 100m: 1:28.12 45.00	1:28.12		241	
5.	Leonor Marques Carvalho 50m: 44.26 44.26	09	Rio Maior 100m: 1:30.89 46.63	1:30.89		220	
6.	Maria Ines Campos 50m: 45.92 45.92	09	Nautico Abrantes 100m: 1:33.53 47.61	1:33.53		202	



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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
7.	Catarina Isabel Galvao	09	BUZIOS-Coruche	1:36.25		185	
	50m: 48.67 48.67	100m: 1:36.25 47.58					
WDR	Matilde Rainho Santos	09	CLAC-Entroncamento				

Junior

1.	Rafaela Ferreira Mendes	08	Torres Novas	1:08.50		514	
	50m: 32.75 32.75	100m: 1:08.50 35.75					
2.	Marta Filipa Nunes	07	Viver Santarem	1:15.09		390	
	50m: 37.25 37.25	100m: 1:15.09 37.84					
3.	Madalena Maria Midoes	07	Viver Santarem	1:15.60		382	
	50m: 36.95 36.95	100m: 1:15.60 38.65					
4.	Catarina Maria Fragoso	07	Viver Santarem	1:21.07		310	
	50m: 39.53 39.53	100m: 1:21.07 41.54					
5.	Diana Goncalves Oliveira	07	20Km de Almeirim	1:22.77		291	
	50m: 40.10 40.10	100m: 1:22.77 42.67					
6.	Daniela Santos Carrilho	08	CLAC-Entroncamento	1:23.24		286	
	50m: 40.95 40.95	100m: 1:23.24 42.29					
7.	Mariana Mauricio Coelho	07	BUZIOS-Coruche	1:24.17		277	
	50m: 41.09 41.09	100m: 1:24.17 43.08					
8.	Carlota Pereira Sousa	08	Viver Santarem	1:24.90		270	
	50m: 45.22 45.22	100m: 1:24.90 39.68					
9.	Carolina Santos Carrilho	08	CLAC-Entroncamento	1:30.11		226	
	50m: 43.58 43.58	100m: 1:30.11 46.53					
WDR	Beatriz Roseiro Dias	07	Nautico Abrantes				
WDR	Beatriz Maria Simoes	07	Torres Novas				

Senior

1.	Marta Filipa Bucha	06	Viver Santarem	1:14.61		398	
	50m: 36.07 36.07	100m: 1:14.61 38.54					
2.	Barbara Maia Freitas	06	CLAC-Entroncamento	1:21.52		305	
	50m: 39.52 39.52	100m: 1:21.52 42.00					
3.	Marta Chambel Dias	02	CLAC-Entroncamento	1:24.72		271	
	50m: 41.33 41.33	100m: 1:24.72 43.39					
4.	Matilde Nabeiro Monraia	06	CLAC-Entroncamento	1:24.91		270	
	50m: 40.65 40.65	100m: 1:24.91 44.26					
5.	Joana Patricia Antunes	06	CLAC-Entroncamento	1:25.05		268	
	50m: 41.11 41.11	100m: 1:25.05 43.94					
DSQ	Margarida Miguel Mendes	06	Viver Santarem				
	<i>SW 10.2 - O (a) atleta n�o completou o percurso</i>						
WDR	Ana Patricia Oliveira	03	Viver Santarem				
WDR	Constanca Grincho Sousa	06	Viver Santarem				



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Absoluto

1.	Rafaela Ferreira Mendes	08	Torres Novas	1:08.50	514
	50m: 32.75 32.75	100m:	1:08.50 35.75		
2.	Laura Brites Costa	09	Rio Maior	1:14.02	407
	50m: 35.91 35.91	100m:	1:14.02 38.11		
3.	Laura Prates Morais	09	BUZIOS-Coruche	1:14.31	403
	50m: 36.46 36.46	100m:	1:14.31 37.85		
4.	Marta Filipa Bucha	06	Viver Santarem	1:14.61	398
	50m: 36.07 36.07	100m:	1:14.61 38.54		
5.	Marta Filipa Nunes	07	Viver Santarem	1:15.09	390
	50m: 37.25 37.25	100m:	1:15.09 37.84		
6.	Madalena Maria Midoes	07	Viver Santarem	1:15.60	382
	50m: 36.95 36.95	100m:	1:15.60 38.65		
7.	Clara Santos Madureira	11	Torres Novas	1:16.40	370
	50m: 38.29 38.29	100m:	1:16.40 38.11		
8.	Rita Gomes Valentim	12	Torres Novas	1:17.85	350
	50m: 37.76 37.76	100m:	1:17.85 40.09		
9.	Leonor Sombreiro Martins	10	BUZIOS-Coruche	1:17.87	350
	50m: 38.13 38.13	100m:	1:17.87 39.74		
10.	Benedita Maria Lagarinhos	11	Viver Santarem	1:20.34	318
	50m: 38.45 38.45	100m:	1:20.34 41.89		
11.	Catarina Maria Fragoso	07	Viver Santarem	1:21.07	310
	50m: 39.53 39.53	100m:	1:21.07 41.54		
12.	Barbara Maia Freitas	06	CLAC-Entroncamento	1:21.52	305
	50m: 39.52 39.52	100m:	1:21.52 42.00		
13.	Maria Leonor Lopes	10	Torres Novas	1:22.50	294
	50m: 40.53 40.53	100m:	1:22.50 41.97		
14.	Diana Goncalves Oliveira	07	20Km de Almeirim	1:22.77	291
	50m: 40.10 40.10	100m:	1:22.77 42.67		
15.	Lara Paixao Silva	10	Rio Maior	1:22.89	290
	50m: 40.48 40.48	100m:	1:22.89 42.41		
16.	Flor Fortunata Ferreira	10	Gualdim Pais	1:23.14	287
	50m: 40.64 40.64	100m:	1:23.14 42.50		
17.	Daniela Santos Carrilho	08	CLAC-Entroncamento	1:23.24	286
	50m: 40.95 40.95	100m:	1:23.24 42.29		
18.	Matilde Casimiro Bibi	12	BUZIOS-Coruche	1:23.95	279
	50m: 40.92 40.92	100m:	1:23.95 43.03		
19.	Mariana Mauricio Coelho	07	BUZIOS-Coruche	1:24.17	277
	50m: 41.09 41.09	100m:	1:24.17 43.08		
20.	Leonor Margarida Mateus	09	BUZIOS-Coruche	1:24.48	274
	50m: 41.20 41.20	100m:	1:24.48 43.28		
21.	Marta Chambel Dias	02	CLAC-Entroncamento	1:24.72	271
	50m: 41.33 41.33	100m:	1:24.72 43.39		
22.	Carlota Pereira Sousa	08	Viver Santarem	1:24.90	270
	50m: 45.22 45.22	100m:	1:24.90 39.68		
23.	Matilde Nabeiro Monraia	06	CLAC-Entroncamento	1:24.91	270
	50m: 40.65 40.65	100m:	1:24.91 44.26		



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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
24.	Joana Patricia Antunes 50m: 41.11 41.11	06	CLAC-Entroncamento	1:25.05 100m: 1:25.05 43.94		268	
25.	Sofia Barroca Pereira 50m: 42.64 42.64	11	BUZIOS-Coruche	1:25.14 100m: 1:25.14 42.50		267	
26.	Angela Maria Pereira 50m: 41.16 41.16	10	Nautico Salvaterra Magos	1:25.73 100m: 1:25.73 44.57		262	
27.	Debora Sofia Santos 50m: 42.67 42.67	10	Rio Maior	1:26.70 100m: 1:26.70 44.03		253	
28.	Maria Carmo Rodrigues 50m: 43.44 43.44	10	BUZIOS-Coruche	1:27.30 100m: 1:27.30 43.86		248	
29.	Carolina Cupertino Marchante 50m: 43.12 43.12	09	CLAC-Entroncamento	1:28.12 100m: 1:28.12 45.00		241	
30.	Margarida Pinho Formigo 50m: 44.64 44.64	11	Torres Novas	1:28.84 100m: 1:28.84 44.20		235	
31.	Leonor Matilde Oliveira 50m: 43.84 43.84	10	20Km de Almeirim	1:29.63 100m: 1:29.63 45.79		229	
32.	Beatriz Agostinho Duque 50m: 44.10 44.10	11	20Km de Almeirim	1:29.77 100m: 1:29.77 45.67		228	
33.	Carolina Santos Carrilho 50m: 43.58 43.58	08	CLAC-Entroncamento	1:30.11 100m: 1:30.11 46.53		226	
34.	Rita Maria Rosa 50m: 44.19 44.19	12	BUZIOS-Coruche	1:30.12 100m: 1:30.12 45.93		225	
35.	Marta Costa Soares 50m: 44.81 44.81	12	Uniao Samorense	1:30.49 100m: 1:30.49 45.68		223	
36.	Leonor Marques Carvalho 50m: 44.26 44.26	09	Rio Maior	1:30.89 100m: 1:30.89 46.63		220	
37.	Maria Ines Ferreira 50m: 44.91 44.91	11	Torres Novas	1:31.91 100m: 1:31.91 47.00		213	
38.	Matilde Abelho Vaz 50m: 44.61 44.61	12	CLAC-Entroncamento	1:32.03 100m: 1:32.03 47.42		212	
39.	Maria Ines Campos 50m: 45.92 45.92	09	Nautico Abrantes	1:33.53 100m: 1:33.53 47.61		202	
40.	Laura Rosinha Maia 50m: 44.49 44.49	12	Gualdim Pais	1:34.58 100m: 1:34.58 50.09		195	
41.	Mariana Freitas Mota 50m: 47.83 47.83	11	Torres Novas	1:34.83 100m: 1:34.83 47.00		193	
42.	Catarina Isabel Galvao 50m: 48.67 48.67	09	BUZIOS-Coruche	1:36.25 100m: 1:36.25 47.58		185	
43.	Margarida Madeira Pires 50m: 48.91 48.91	12	Rio Maior	1:36.74 100m: 1:36.74 47.83		182	
44.	Rita Lino Ferreira 50m: 49.90 49.90	11	BUZIOS-Coruche	1:39.94 100m: 1:39.94 50.04		165	
45.	Laura Sofia Graca 50m: 49.76 49.76	12	Uniao Samorense	1:40.63 100m: 1:40.63 50.87		162	
46.	Rita Balsa Alves 50m: 49.47 49.47	12	BUZIOS-Coruche	1:41.16 100m: 1:41.16 51.69		159	
47.	Beatriz Isabel Moura 50m: 51.65 51.65	11	Nautico Abrantes	1:43.97 100m: 1:43.97 52.32		147	



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51.	Joana Verissimo Tavares 50m: 54.59 54.59	12	CLAC-Entroncamento 100m: 1:53.38 58.79	1:53.38		113	
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54.	Ines Santos Pina 50m: 1:03.73 1:03.73	12	CLAC-Entroncamento 100m: 2:08.32 1:04.59	2:08.32		78	
DSQ	Margarida Miguel Mendes <i>SW 10.2 - O (a) atleta n�o completou o percurso</i>	06	Viver Santarem				
DNS	Carolina Reis Lopes	11	Torres Novas				
WDR	Diana Cristina Calhau	11	BUZIOS-Coruche				
WDR	Matilde Rainho Santos	09	CLAC-Entroncamento				
WDR	Beatriz Roseiro Dias	07	Nautico Abrantes				
WDR	Beatriz Maria Simoes	07	Torres Novas				
WDR	Ana Patricia Oliveira	03	Viver Santarem				
WDR	Constanca Grincho Sousa	06	Viver Santarem				