

Competitie #3
Kampen, 27-1-2024

Programmanr. 15
27-1-2024 - 18:05

Meisjes, 400m wisselslag
VVT: 6.43.70

Junioren 4 en jonger
Resultaten

rang	naam	vereniging	intijd	tijd	RT		
1.	Elin Baars	Dwk 1	5:40.80	201000138	5:33.22		
	50m: 34.97	34.97 150m: 2:01.81	44.43	250m: 3:31.45	47.04	350m: 4:57.86	38.88
	100m: 1:17.38	42.41 200m: 2:44.41	42.60	300m: 4:18.98	47.53	400m: 5:33.22	35.36
2.	Karlijn Siderius	Dwk 1	5:36.95	200900032	5:33.43		
	50m: 34.10	34.10 150m: 1:57.48	41.93	250m: 3:28.63	49.07	350m: 4:57.71	38.56
	100m: 1:15.55	41.45 200m: 2:39.56	42.08	300m: 4:19.15	50.52	400m: 5:33.43	35.72
3.	Simone Faber	Deltasteur	5:55.29	200900710	5:39.46		
	50m: 36.06	36.06 150m: 2:04.60	44.21	250m: 3:36.10	48.60	350m: 5:04.74	38.58
	100m: 1:20.39	44.33 200m: 2:47.50	42.90	300m: 4:26.16	50.06	400m: 5:39.46	34.72
4.	Daphne Dijsselhof	Dedemsvaart-AC	6:07.46	200901690	5:48.69		
	50m: 38.05	38.05 150m: 2:10.00	45.13	250m: 3:43.58	50.46	350m: 5:13.51	37.73
	100m: 1:24.87	46.82 200m: 2:53.12	43.12	300m: 4:35.78	52.20	400m: 5:48.69	35.18
5.	Esmé Sportel	Dedemsvaart-AC	6:08.28	200900682	5:54.34		
	50m: 38.50	38.50 150m: 2:10.32	45.94	250m: 3:46.44	51.52	350m: 5:17.01	39.53
	100m: 1:24.38	45.88 200m: 2:54.92	44.60	300m: 4:37.48	51.04	400m: 5:54.34	37.33
6.	Fenne de Vogt	Dwk 1	6:12.89	200901656	5:58.13		
	50m: 38.38	38.38 150m: 2:13.40	48.70	250m: 3:47.13	47.97	350m: 5:19.69	42.12
	100m: 1:24.70	46.32 200m: 2:59.16	45.76	300m: 4:37.57	50.44	400m: 5:58.13	38.44
7.	Anne van der Kamp	Deltasteur	6:07.06	200900274	6:02.23		
	50m: 39.50	39.50 150m: 2:11.69	44.11	250m: 3:47.47	52.17	350m: 5:22.34	41.68
	100m: 1:27.58	48.08 200m: 2:55.30	43.61	300m: 4:40.66	53.19	400m: 6:02.23	39.89
8.	Marit Weever	Deltasteur	NT	201000150	6:14.34		
	50m: 40.06	40.06 150m: 2:18.30	48.84	250m: 3:54.44	49.66	350m: 5:33.96	45.80
	100m: 1:29.46	49.40 200m: 3:04.78	46.48	300m: 4:48.16	53.72	400m: 6:14.34	40.38
9.	Suus Hoogeveen	Dedemsvaart-AC	6:12.45	200900836	6:16.63		
	50m: 43.47	43.47 150m: 2:24.56	47.22	250m: 3:59.77	50.57	350m: 5:34.57	43.14
	100m: 1:37.34	53.87 200m: 3:09.20	44.64	300m: 4:51.43	51.66	400m: 6:16.63	42.06
10.	Jente van 't Hul	Deltasteur	NT	201000186	6:18.03		
	50m: 42.45	42.45 150m: 2:23.74	49.72	250m: 4:04.32	50.74	350m: 5:37.63	44.14
	100m: 1:34.02	51.57 200m: 3:13.58	49.84	300m: 4:53.49	49.17	400m: 6:18.03	40.40
11.	Amber Spronk	Deltasteur	NT	201000970	6:19.41		
	50m: 41.08	41.08 150m: 2:20.23	47.33	250m: 4:02.51	56.08	350m: 5:39.94	42.75
	100m: 1:32.90	51.82 200m: 3:06.43	46.20	300m: 4:57.19	54.68	400m: 6:19.41	39.47
12.	Emma Jansen	Dedemsvaart-AC	6:19.89	200902408	6:22.33		
	50m: 43.17	43.17 150m: 2:21.90	46.09	250m: 4:02.58	54.68	350m: 5:41.71	44.65
	100m: 1:35.81	52.64 200m: 3:07.90	46.00	300m: 4:57.06	54.48	400m: 6:22.33	40.62
13.	Sofie van Poecke	Dwk 1	6:32.00	201001448	6:24.52		
	50m: 39.61	39.61 150m: 2:19.99	50.78	250m: 4:02.57	53.97	350m: 5:42.88	43.23
	100m: 1:29.21	49.60 200m: 3:08.60	48.61	300m: 4:59.65	57.08	400m: 6:24.52	41.64
14.	Sanne Keizer	Dedemsvaart-AC	NT	201001348	6:26.51		
	50m: 45.99	45.99 150m: 2:30.01	48.63	250m: 4:07.23	49.82	350m: 5:43.73	44.68
	100m: 1:41.38	55.39 200m: 3:17.41	47.40	300m: 4:59.05	51.82	400m: 6:26.51	42.78
15.	Simone Kragt	Dedemsvaart-AC	6:55.54	200901088	6:35.71		
	50m: 43.18	43.18 150m: 2:26.22	47.63	250m: 4:10.30	56.61	350m: 5:52.50	44.80
	100m: 1:38.59	55.41 200m: 3:13.69	47.47	300m: 5:07.70	57.40	400m: 6:35.71	43.21
16.	Karina van de Wetering	Deltasteur	6:44.07	201000972	6:48.46		
	50m: 42.50	42.50 150m: 2:27.05	53.30	250m: 4:18.31	59.16	350m: 6:05.61	45.56
	100m: 1:33.75	51.25 200m: 3:19.15	52.10	300m: 5:20.05	1:01.74	400m: 6:48.46	42.85
17.	Bibi Weideman	Dedemsvaart-AC	NT	200903652	6:49.28		
	50m: 43.47	43.47 150m: 2:28.67	49.90	250m: 4:18.72	59.93	350m: 6:03.59	44.84
	100m: 1:38.77	55.30 200m: 3:18.79	50.12	300m: 5:18.75	1:00.03	400m: 6:49.28	45.69