

Competitie #3  
Kampen, 27-1-2024

Programmanr. 11  
27-1-2024 - 17:22

Jongens, 400m vrije slag  
VVT: 5.07.50

Jeugd 2 en jonger  
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Arjan Boogaard	Deltasteur	NT 200800093	<b>4:29.25</b>				
	50m: 30.58	30.58	150m: 1:38.60	34.41	250m: 2:48.34	34.97	350m: 3:53.66	30.21
	100m: 1:04.19	33.61	200m: 2:13.37	34.77	300m: 3:23.45	35.11	400m: 4:29.25	35.59
2.	Lias IJzerman	Dedemsvaart-AC	4:48.48 200703145	<b>4:31.77</b>				
	50m: 28.98	28.98	150m: 1:36.03	34.11	250m: 2:46.78	35.25	350m: 3:57.29	35.60
	100m: 1:01.92	32.94	200m: 2:11.53	35.50	300m: 3:21.69	34.91	400m: 4:31.77	34.48
3.	Daniel Critchell	Deltasteur	5:30.50 200700439	<b>4:32.60</b>				
	50m: 30.01	30.01	150m: 1:38.02	34.29	250m: 2:47.59	35.02	350m: 3:59.32	35.85
	100m: 1:03.73	33.72	200m: 2:12.57	34.55	300m: 3:23.47	35.88	400m: 4:32.60	33.28
4.	Emiel de Bruijn	Dedemsvaart-AC	4:57.84 200700953	<b>4:32.96</b>				
	50m: 29.35	29.35	150m: 1:37.82	34.67	250m: 2:48.82	35.66	350m: 3:59.96	35.53
	100m: 1:03.15	33.80	200m: 2:13.16	35.34	300m: 3:24.43	35.61	400m: 4:32.96	33.00
5.	Dirk Hoogeveen	Dedemsvaart-AC	5:19.84 200702595	<b>4:48.45</b>				
	50m: 30.88	30.88	150m: 1:44.19	37.71	250m: 2:59.60	38.25	350m: 4:13.90	36.53
	100m: 1:06.48	35.60	200m: 2:21.35	37.16	300m: 3:37.37	37.77	400m: 4:48.45	34.55
6.	Ruben Baars	Dwk 1	4:36.77 200900471	<b>4:56.52</b>				
	50m: 31.25	31.25	150m: 1:45.93	37.60	250m: 3:01.83	38.10	350m: 4:18.58	38.27
	100m: 1:08.33	37.08	200m: 2:23.73	37.80	300m: 3:40.31	38.48	400m: 4:56.52	37.94
7.	Finmar Rijnkels	Dedemsvaart-AC	5:10.42 200604219	<b>5:02.02</b>				
	50m: 31.20	31.20	150m: 1:45.29	37.89	250m: 3:03.73	39.13	350m: 4:22.51	40.12
	100m: 1:07.40	36.20	200m: 2:24.60	39.31	300m: 3:42.39	38.66	400m: 5:02.02	39.51