

Campeonato Regional de Clubes Infantis e Absolutos  
Coimbra, 20 - 21/4/2024

Prova 1	Masc., 1500m Livres				Absoluto
20/04/2024 - 15:30					Resultados
RN 25 m Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
RN 25 m Sen	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
RN 25 m Jun18	15:06.77	Filipe Miguel, SANTO	SLB	Funchal	26/03/2018
RN 25 m Jun17	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009
RN 25 m Juv A	15:36.31	Rui Filipe, COSTA	VSC	Braga	04/03/2007
RN 25 m Juv B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	14/01/2023
RN 25 m Inf A	16:13.14	Andre Vilas, RUIVO	DNMG	Campo Maior	30/03/2014
RN 25 m Inf B	17:11.29	Andre Vilas, RUIVO	DNMG	Leiria	03/03/2013

Lugar	Ano	Tempo final	Pts
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Infantis

<b>1. Santiago Marques, PEREIRA</b>	<b>10</b>	<b>Columbofila Cantanhedense</b>	<b>19:05.45</b>	<b>13,00</b>
100m: 1:12.32 1:12.32	500m: 6:17.59 1:16.43	900m: 11:26.42 1:17.80	1300m: 16:38.10 1:17.82	
200m: 2:28.26 1:15.94	600m: 7:35.12 1:17.53	1000m: 12:44.47 1:18.05	1400m: 17:53.69 1:15.59	
300m: 3:44.65 1:16.39	700m: 8:51.30 1:16.18	1100m: 14:02.03 1:17.56	1500m: 19:05.45 1:11.76	
400m: 5:01.16 1:16.51	800m: 10:08.62 1:17.32	1200m: 15:20.28 1:18.25		
<b>2. Bernardo Bento, DINIS</b>	<b>11</b>	<b>Condeixa Aqua Clube</b>	<b>19:16.98</b>	<b>11,00</b>
100m: 1:12.40 1:12.40	500m: 6:19.08 1:16.43	900m: 11:29.30 1:18.36	1300m: 16:41.25 1:17.88	
200m: 2:29.47 1:17.07	600m: 7:36.47 1:17.39	1000m: 12:47.15 1:17.85	1400m: 17:59.87 1:18.62	
300m: 3:45.93 1:16.46	700m: 8:53.73 1:17.26	1100m: 14:05.45 1:18.30	1500m: 19:16.98 1:17.11	
400m: 5:02.65 1:16.72	800m: 10:10.94 1:17.21	1200m: 15:23.37 1:17.92		
<b>3. Simao Simoes, DIOGO</b>	<b>10</b>	<b>Caspae</b>	<b>22:12.95</b>	<b>10,00</b>
100m: 1:19.00 1:19.00	500m: 7:09.33 1:29.94	900m: 13:10.87 1:31.62	1300m: 19:16.55 1:31.14	
200m: 2:44.18 1:25.18	600m: 8:39.35 1:30.02	1000m: 14:42.61 1:31.74	1400m: 20:47.08 1:30.53	
300m: 4:11.33 1:27.15	700m: 10:09.30 1:29.95	1100m: 16:13.84 1:31.23	1500m: 22:12.95 1:25.87	
400m: 5:39.39 1:28.06	800m: 11:39.25 1:29.95	1200m: 17:45.41 1:31.57		

Absolutos

<b>1. Afonso Filipe, COSTA</b>	<b>03</b>	<b>Louzan Natação</b>	<b>15:54.68</b>	<b>13,00</b>
100m: 1:00.84 1:00.84	500m: 5:14.57 1:03.39	900m: 9:29.80 1:04.10	1300m: 13:47.14 1:03.32	
200m: 2:04.87 1:04.03	600m: 6:18.08 1:03.51	1000m: 10:34.25 1:04.45	1400m: 14:52.04 1:04.90	
300m: 3:08.11 1:03.24	700m: 7:22.00 1:03.92	1100m: 11:39.37 1:05.12	1500m: 15:54.68 1:02.64	
400m: 4:11.18 1:03.07	800m: 8:25.70 1:03.70	1200m: 12:43.82 1:04.45		
<b>2. Duarte Cachulo, MARQUES</b>	<b>07</b>	<b>Condeixa Aqua Clube</b>	<b>16:37.57</b>	<b>11,00</b>
100m: 59.68 59.68	500m: 5:26.06 1:07.50	900m: 9:55.18 1:07.14	1300m: 14:25.67 1:07.67	
200m: 2:04.92 1:05.24	600m: 6:33.60 1:07.54	1000m: 11:02.79 1:07.61	1400m: 15:33.27 1:07.60	
300m: 3:11.13 1:06.21	700m: 7:40.66 1:07.06	1100m: 12:10.09 1:07.30	1500m: 16:37.57 1:04.30	
400m: 4:18.56 1:07.43	800m: 8:48.04 1:07.38	1200m: 13:18.00 1:07.91		
<b>3. Tomas Veiga, PEREIRA</b>	<b>06</b>	<b>Nautico Academico</b>	<b>16:59.10</b>	<b>10,00</b>
100m: 1:03.55 1:03.55	500m: 5:36.35 1:08.44	900m: 10:08.95 1:08.05	1300m: 14:43.34 1:08.45	
200m: 2:11.10 1:07.55	600m: 6:44.60 1:08.25	1000m: 11:17.44 1:08.49	1400m: 15:51.69 1:08.35	
300m: 3:19.71 1:08.61	700m: 7:52.84 1:08.24	1100m: 12:26.29 1:08.85	1500m: 16:59.10 1:07.41	
400m: 4:27.91 1:08.20	800m: 9:00.90 1:08.06	1200m: 13:34.89 1:08.60		
<b>4. Joao Ferreira, MARQUES</b>	<b>06</b>	<b>Academica de Coimbra</b>	<b>17:11.24</b>	<b>9,00</b>
100m: 1:02.51 1:02.51	500m: 5:34.53 1:08.82	900m: 10:09.21 1:08.96	1300m: 14:50.49 1:10.99	
200m: 2:09.56 1:07.05	600m: 6:43.13 1:08.60	1000m: 11:18.69 1:09.48	1400m: 16:01.48 1:10.99	
300m: 3:17.38 1:07.82	700m: 7:51.53 1:08.40	1100m: 12:28.82 1:10.13	1500m: 17:11.24 1:09.76	
400m: 4:25.71 1:08.33	800m: 9:00.25 1:08.72	1200m: 13:39.50 1:10.68		
<b>5. Guilherme Simoes, SOUSA</b>	<b>08</b>	<b>Nautico Academico</b>	<b>17:23.32</b>	<b>-</b>
100m: 1:04.54 1:04.54	500m: 5:43.01 1:09.90	900m: 10:22.57 1:10.29	1300m: 15:04.10 1:10.81	
200m: 2:13.38 1:08.84	600m: 6:52.89 1:09.88	1000m: 11:32.99 1:10.42	1400m: 16:15.06 1:10.96	
300m: 3:23.08 1:09.70	700m: 8:02.49 1:09.60	1100m: 12:42.98 1:09.99	1500m: 17:23.32 1:08.26	
400m: 4:33.11 1:10.03	800m: 9:12.28 1:09.79	1200m: 13:53.29 1:10.31		
<b>6. Tomas Cardoso, GERALDO</b>	<b>05</b>	<b>Condeixa Aqua Clube</b>	<b>18:06.77</b>	<b>-</b>
100m: 1:04.93 1:04.93	500m: 5:49.75 1:12.37	900m: 10:44.65 1:14.20	1300m: 15:41.93 1:14.38	
200m: 2:15.03 1:10.10	600m: 7:03.17 1:13.42	1000m: 11:58.48 1:13.83	1400m: 16:55.49 1:13.56	
300m: 3:25.89 1:10.86	700m: 8:16.78 1:13.61	1100m: 13:13.27 1:14.79	1500m: 18:06.77 1:11.28	
400m: 4:37.38 1:11.49	800m: 9:30.45 1:13.67	1200m: 14:27.55 1:14.28		

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Prova 1, Masc., 1500m Livres, Absolutos

Lugar			Ano			Tempo final	Pts	
7.	Antonio Pedro, MARTINS		05	União Coimbra		<b>18:07.42</b>	8,00	
	100m:	1:09.82 1:09.82	500m:	5:59.70 1:12.49	900m:	10:51.99 1:13.57	1300m:	15:43.65 1:13.59
	200m:	2:22.52 1:12.70	600m:	7:12.45 1:12.75	1000m:	12:04.30 1:12.31	1400m:	16:57.49 1:13.84
	300m:	3:34.84 1:12.32	700m:	8:24.91 1:12.46	1100m:	13:17.49 1:13.19	1500m:	18:07.42 1:09.93
	400m:	4:47.21 1:12.37	800m:	9:38.42 1:13.51	1200m:	14:30.06 1:12.57		
8.	Rodrigo Marques, LIMA		07	Caspae		<b>18:25.03</b>	7,00	
	100m:	1:09.06 1:09.06	500m:	6:03.32 1:13.86	900m:	11:02.48 1:14.95	1300m:	15:59.19 1:14.62
	200m:	2:22.27 1:13.21	600m:	7:18.03 1:14.71	1000m:	12:16.60 1:14.12	1400m:	17:12.33 1:13.14
	300m:	3:35.45 1:13.18	700m:	8:32.60 1:14.57	1100m:	13:30.21 1:13.61	1500m:	18:25.03 1:12.70
	400m:	4:49.46 1:14.01	800m:	9:47.53 1:14.93	1200m:	14:44.57 1:14.36		
9.	Rodrigo Mosca, SILVA		08	Cumbofila Cantanhedense		<b>18:26.91</b>	6,00	
	100m:	1:09.14 1:09.14	500m:	6:06.54 1:14.31	900m:	11:04.88 1:14.59	1300m:	16:02.40 1:14.13
	200m:	2:22.56 1:13.42	600m:	7:21.04 1:14.50	1000m:	12:19.32 1:14.44	1400m:	17:16.35 1:13.95
	300m:	3:37.89 1:15.33	700m:	8:35.67 1:14.63	1100m:	13:33.86 1:14.54	1500m:	18:26.91 1:10.56
	400m:	4:52.23 1:14.34	800m:	9:50.29 1:14.62	1200m:	14:48.27 1:14.41		
EXH	Vicente Abrantes, DIOGO		11	Cumbofila Cantanhedense		<b>21:02.69</b>	-	
	100m:	1:17.94 1:17.94	500m:	6:55.11 1:26.09	900m:	12:38.80 1:25.09	1300m:	18:22.02 1:25.90
	200m:	2:41.57 1:23.63	600m:	8:21.51 1:26.40	1000m:	14:05.49 1:26.69	1400m:	19:44.86 1:22.84
	300m:	4:04.42 1:22.85	700m:	9:47.52 1:26.01	1100m:	15:30.93 1:25.44	1500m:	21:02.69 1:17.83
	400m:	5:29.02 1:24.60	800m:	11:13.71 1:26.19	1200m:	16:56.12 1:25.19		