

CT Categoria Invernali 24  
Chiasso, 9. - 10.3.2024

gara 17 Donne, 400m Mista 12 anni e più vecchi  
09.03.2024 - 16:35 Risultati

Recordi FTN	4:49.52	CZAPLICKI, Agata	ATLA	Lugano	06.02.1999
Record Campionato Gen	4:58.66	DE MARCHI, Anaïs	NSL	Savosa	20.03.2011
Record Campionato A1	5:08.03	DE MARCHI, Anaïs	NSL	Savosa	08.03.2009
Vincitore 2023 Gen	5:23.68	LANINI, Rebecca	NSL	Bellinzona	05.03.2023
Vincitore 2023 A1	5:08.89	GANCI, Alice	AST	Bellinzona	05.03.2023

Limiti A3 D A3: 7:26.53 / Limiti A2 D A2: 7:15.64 / Limiti A1 D A1: 6:45.70 / Limiti Elite D Gen: 6:26.80

Pointi: FINA 2023

Rango An Tempo Pt.

Allieve 2

1. MENEGHETTI, Margherita	11	Lugano Aquatics	<b>5:28.73</b>	488
50m: 34.84 34.84	150m: 1:59.09	44.11 250m: 3:26.99	45.56 350m: 4:51.04	39.57
100m: 1:14.98 40.14	200m: 2:41.43	42.34 300m: 4:11.47	44.48 400m: 5:28.73	37.69
2. MONIGHETTI, Gaia	11	Turrita Nuoto	<b>5:47.38</b>	414
50m: 37.28 37.28	150m: 2:05.54	46.10 250m: 3:39.53	49.49 350m: 5:09.38	40.12
100m: 1:19.44 42.16	200m: 2:50.04	44.50 300m: 4:29.26	49.73 400m: 5:47.38	38.00

Allieve 1

1. LARGHI, Emma	09	A-Club Swimming Team Savosa	<b>5:33.25</b>	469
50m: 35.10 35.10	150m: 1:57.83	41.50 250m: 3:27.18	47.84 350m: 4:54.73	39.02
100m: 1:16.33 41.23	200m: 2:39.34	41.51 300m: 4:15.71	48.53 400m: 5:33.25	38.52
2. GERBER, Lea	09	Lugano Aquatics	<b>5:36.44</b>	455
50m: 34.66 34.66	150m: 1:59.65	44.01 250m: 3:29.16	47.34 350m: 4:58.52	39.86
100m: 1:15.64 40.98	200m: 2:41.82	42.17 300m: 4:18.66	49.50 400m: 5:36.44	37.92
3. CROCI TORTI, Sveva	09	Mendrisiotto Nuoto	<b>5:38.12</b>	449
50m: 37.30 37.30	150m: 2:05.12	42.86 250m: 3:37.25	50.00 350m: 5:03.61	35.76
100m: 1:22.26 44.96	200m: 2:47.25	42.13 300m: 4:27.85	50.60 400m: 5:38.12	34.51

Assolute

1. BERTSCHI, Amelie	05	A-Club Swimming Team Savosa	<b>4:55.10</b>	675	RC
50m: 30.89 30.89	150m: 1:45.37	38.63 250m: 3:05.49	42.69 350m: 4:23.05	34.01	
100m: 1:06.74 35.85	200m: 2:22.80	37.43 300m: 3:49.04	43.55 400m: 4:55.10	32.05	
2. BORSA, Matilde	08	A-Club Swimming Team Savosa	<b>5:01.79</b>	631	
50m: 32.32 32.32	150m: 1:48.82	38.90 250m: 3:09.69	42.44 350m: 4:28.13	35.21	
100m: 1:09.92 37.60	200m: 2:27.25	38.43 300m: 3:52.92	43.23 400m: 5:01.79	33.66	
3. ROSSI, Elisabetta	07	Mendrisiotto Nuoto	<b>5:07.19</b>	598	
50m: 33.59 33.59	150m: 1:50.31	38.56 250m: 3:13.09	43.29 350m: 4:32.64	34.49	
100m: 1:11.75 38.16	200m: 2:29.80	39.49 300m: 3:58.15	45.06 400m: 5:07.19	34.55	
4. MENABALLI, Arianna	06	Lugano Aquatics	<b>5:12.61</b>	568	
50m: 32.40 32.40	150m: 1:51.34	41.93 250m: 3:16.96	45.15 350m: 4:37.72	36.02	
100m: 1:09.41 37.01	200m: 2:31.81	40.47 300m: 4:01.70	44.74 400m: 5:12.61	34.89	
5. MILAN, Emma	08	Mendrisiotto Nuoto	<b>5:23.60</b>	512	
50m: 33.87 33.87	150m: 1:55.92	41.64 250m: 3:22.77	46.30 350m: 4:47.93	37.90	
100m: 1:14.28 40.41	200m: 2:36.47	40.55 300m: 4:10.03	47.26 400m: 5:23.60	35.67	