



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23

Masc., 1500m Livres

Juvenil A

19/05/2024 - 9:52

Resultados

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts			
1.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai				17:29.61	525			
	50m:	30.48	30.48	450m:	5:09.35	34.83	850m:	9:49.73	35.39	1250m:	14:32.11	35.16
	100m:	1:04.29	33.81	500m:	5:44.82	35.47	900m:	10:24.74	35.01	1300m:	15:07.65	35.54
	150m:	1:38.73	34.44	550m:	6:19.88	35.06	950m:	10:59.76	35.02	1350m:	15:43.73	36.08
	200m:	2:13.72	34.99	600m:	6:54.97	35.09	1000m:	11:35.11	35.35	1400m:	16:19.57	35.84
	250m:	2:49.32	35.60	650m:	7:29.59	34.62	1050m:	12:11.01	35.90	1450m:	16:55.46	35.89
	300m:	3:24.45	35.13	700m:	8:04.23	34.64	1100m:	12:46.19	35.18	1500m:	17:29.61	34.15
	350m:	3:59.18	34.73	750m:	8:39.20	34.97	1150m:	13:21.38	35.19			
	400m:	4:34.52	35.34	800m:	9:14.34	35.14	1200m:	13:56.95	35.57			
2.	Tiago Santos, POMBO		08	Alcobaca				17:32.12	521			
	50m:	30.18	30.18	450m:	5:10.98	35.69	850m:	9:53.85	34.67	1250m:	14:36.58	35.94
	100m:	1:03.71	33.53	500m:	5:46.76	35.78	900m:	10:28.48	34.63	1300m:	15:12.32	35.74
	150m:	1:38.79	35.08	550m:	6:22.74	35.98	950m:	11:03.30	34.82	1350m:	15:48.50	36.18
	200m:	2:13.54	34.75	600m:	6:58.40	35.66	1000m:	11:38.67	35.37	1400m:	16:25.36	36.86
	250m:	2:49.15	35.61	650m:	7:33.03	34.63	1050m:	12:13.86	35.19	1450m:	17:01.62	36.26
	300m:	3:24.97	35.82	700m:	8:08.19	35.16	1100m:	12:48.78	34.92	1500m:	17:32.12	30.50
	350m:	4:00.41	35.44	750m:	8:43.58	35.39	1150m:	13:24.52	35.74			
	400m:	4:35.29	34.88	800m:	9:19.18	35.60	1200m:	14:00.64	36.12			
3.	Rodrigo Santos, COUTINHO		08	Pimpoes/Cimai				18:20.81	455			
	50m:	31.43	31.43	450m:	5:25.26	37.33	850m:	10:24.21	37.52	1250m:	15:19.82	36.84
	100m:	1:06.45	35.02	500m:	6:02.26	37.00	900m:	11:01.61	37.40	1300m:	15:56.75	36.93
	150m:	1:42.79	36.34	550m:	6:39.82	37.56	950m:	11:38.29	36.68	1350m:	16:33.14	36.39
	200m:	2:19.53	36.74	600m:	7:17.07	37.25	1000m:	12:15.27	36.98	1400m:	17:09.51	36.37
	250m:	2:56.16	36.63	650m:	7:54.49	37.42	1050m:	12:51.96	36.69	1450m:	17:46.55	37.04
	300m:	3:33.60	37.44	700m:	8:31.74	37.25	1100m:	13:28.75	36.79	1500m:	18:20.81	34.26
	350m:	4:11.01	37.41	750m:	9:09.17	37.43	1150m:	14:06.23	37.48			
	400m:	4:47.93	36.92	800m:	9:46.69	37.52	1200m:	14:42.98	36.75			
4.	Antonio Quiterio, ANASTACIO		08	Benedita				18:31.36	442			
	50m:	31.93	31.93	450m:	5:22.04	37.62	850m:	10:26.07	37.82	1250m:	15:29.38	37.58
	100m:	1:06.88	34.95	500m:	6:00.28	38.24	900m:	11:04.44	38.37	1300m:	16:06.37	36.99
	150m:	1:42.27	35.39	550m:	6:38.32	38.04	950m:	11:42.32	37.88	1350m:	16:43.51	37.14
	200m:	2:18.13	35.86	600m:	7:16.41	38.09	1000m:	12:20.32	38.00	1400m:	17:19.86	36.35
	250m:	2:54.12	35.99	650m:	7:54.02	37.61	1050m:	12:58.15	37.83	1450m:	17:55.66	35.80
	300m:	3:30.35	36.23	700m:	8:31.97	37.95	1100m:	13:36.01	37.86	1500m:	18:31.36	35.70
	350m:	4:07.11	36.76	750m:	9:10.22	38.25	1150m:	14:13.95	37.94			
	400m:	4:44.42	37.31	800m:	9:48.25	38.03	1200m:	14:51.80	37.85			
5.	Daniel Gomes, SANTOS		08	Nautico Marinha Grande				18:33.72	439			
	50m:	31.66	31.66	450m:	5:29.44	37.24	850m:	10:30.51	37.49	1250m:	15:30.60	37.10
	100m:	1:07.07	35.41	500m:	6:07.31	37.87	900m:	11:08.23	37.72	1300m:	16:08.02	37.42
	150m:	1:44.17	37.10	550m:	6:44.96	37.65	950m:	11:45.63	37.40	1350m:	16:44.71	36.69
	200m:	2:21.42	37.25	600m:	7:22.88	37.92	1000m:	12:23.34	37.71	1400m:	17:22.02	37.31
	250m:	2:59.14	37.72	650m:	8:00.52	37.64	1050m:	13:00.71	37.37	1450m:	17:58.07	36.05
	300m:	3:36.85	37.71	700m:	8:38.22	37.70	1100m:	13:38.08	37.37	1500m:	18:33.72	35.65
	350m:	4:14.28	37.43	750m:	9:15.81	37.59	1150m:	14:15.91	37.83			
	400m:	4:52.20	37.92	800m:	9:53.02	37.21	1200m:	14:53.50	37.59			



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Prova 23, Masc., 1500m Livres, Juvenil A

Lugar			Ano					Tempo final	Pts			
6.	Diogo Barata, ALVES		08	Nautico Marinha Grande				19:59.87	351			
	50m:	33.77	33.77	450m:	5:58.10	41.76	850m:	11:22.08	40.27	1250m:	16:42.40	39.47
	100m:	1:12.24	38.47	500m:	6:38.49	40.39	900m:	12:02.71	40.63	1300m:	17:22.44	40.04
	150m:	1:51.93	39.69	550m:	7:19.74	41.25	950m:	12:42.87	40.16	1350m:	18:02.25	39.81
	200m:	2:32.24	40.31	600m:	8:00.65	40.91	1000m:	13:23.04	40.17	1400m:	18:42.27	40.02
	250m:	3:12.85	40.61	650m:	8:41.15	40.50	1050m:	14:02.93	39.89	1450m:	19:22.41	40.14
	300m:	3:54.50	41.65	700m:	9:21.67	40.52	1100m:	14:42.97	40.04	1500m:	19:59.87	37.46
	350m:	4:35.05	40.55	750m:	10:02.30	40.63	1150m:	15:22.67	39.70			
	400m:	5:16.34	41.29	800m:	10:41.81	39.51	1200m:	16:02.93	40.26			
7.	Tiago Daniel, POVOA		08	Uniao Juncalense				23:03.49	229			
	50m:	39.75	39.75	450m:	6:55.07	46.81	850m:	13:11.20	47.76	1250m:	19:19.38	45.38
	100m:	1:26.01	46.26	500m:	7:41.73	46.66	900m:	13:57.65	46.45	1300m:	20:05.89	46.51
	150m:	2:12.66	46.65	550m:	8:28.47	46.74	950m:	14:43.67	46.02	1350m:	20:51.73	45.84
	200m:	2:59.18	46.52	600m:	9:16.31	47.84	1000m:	15:31.31	47.64	1400m:	21:36.79	45.06
	250m:	3:46.61	47.43	650m:	10:03.03	46.72	1050m:	16:15.26	43.95	1450m:	22:23.70	46.91
	300m:	4:33.13	46.52	700m:	10:49.54	46.51	1100m:	17:01.91	46.65	1500m:	23:03.49	39.79
	350m:	5:20.60	47.47	750m:	11:37.87	48.33	1150m:	17:48.45	46.54			
	400m:	6:08.26	47.66	800m:	12:23.44	45.57	1200m:	18:34.00	45.55			

Prova 23 Masc., 1500m Livres Juvenil B Resultados

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts			
1.	Paulo, KOT		09	Nautico Marinha Grande				16:33.19	619			
	50m:	29.59	29.59	450m:	4:53.10	33.59	850m:	9:19.05	32.91	1250m:	13:47.32	33.47
	100m:	1:01.43	31.84	500m:	5:26.47	33.37	900m:	9:52.44	33.39	1300m:	14:20.96	33.64
	150m:	1:34.07	32.64	550m:	6:00.12	33.65	950m:	10:26.17	33.73	1350m:	14:54.61	33.65
	200m:	2:06.63	32.56	600m:	6:33.43	33.31	1000m:	10:59.97	33.80	1400m:	15:28.33	33.72
	250m:	2:39.35	32.72	650m:	7:06.47	33.04	1050m:	11:33.38	33.41	1450m:	16:02.09	33.76
	300m:	3:12.83	33.48	700m:	7:39.72	33.25	1100m:	12:06.74	33.36	1500m:	16:33.19	31.10
	350m:	3:46.18	33.35	750m:	8:13.01	33.29	1150m:	12:40.08	33.34			
	400m:	4:19.51	33.33	800m:	8:46.14	33.13	1200m:	13:13.85	33.77			
2.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande				17:15.16	547			
	50m:	30.19	30.19	450m:	5:07.66	34.91	850m:	9:46.48	34.50	1250m:	14:24.01	34.59
	100m:	1:02.91	32.72	500m:	5:42.47	34.81	900m:	10:21.52	35.04	1300m:	14:58.88	34.87
	150m:	1:37.13	34.22	550m:	6:17.42	34.95	950m:	10:56.81	35.29	1350m:	15:33.45	34.57
	200m:	2:11.90	34.77	600m:	6:52.02	34.60	1000m:	11:31.45	34.64	1400m:	16:08.35	34.90
	250m:	2:47.35	35.45	650m:	7:26.90	34.88	1050m:	12:06.23	34.78	1450m:	16:42.77	34.42
	300m:	3:22.51	35.16	700m:	8:02.15	35.25	1100m:	12:40.42	34.19	1500m:	17:15.16	32.39
	350m:	3:57.74	35.23	750m:	8:37.04	34.89	1150m:	13:14.85	34.43			
	400m:	4:32.75	35.01	800m:	9:11.98	34.94	1200m:	13:49.42	34.57			



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Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Juvenil B

Lugar			Ano					Tempo final	Pts			
3.	Santiago Agostinho, PARREIRA		09	Pimpoes/Cimai				17:48.74	497			
	50m:	29.50	29.50	450m:	5:07.37	35.19	850m:	9:53.18	34.64	1250m:	14:43.40	37.15
	100m:	1:02.68	33.18	500m:	5:42.95	35.58	900m:	10:29.27	36.09	1300m:	15:21.05	37.65
	150m:	1:37.32	34.64	550m:	6:18.64	35.69	950m:	11:04.34	35.07	1350m:	15:58.21	37.16
	200m:	2:11.56	34.24	600m:	6:54.69	36.05	1000m:	11:40.43	36.09	1400m:	16:35.23	37.02
	250m:	2:45.99	34.43	650m:	7:29.73	35.04	1050m:	12:15.47	35.04	1450m:	17:12.55	37.32
	300m:	3:21.33	35.34	700m:	8:06.81	37.08	1100m:	12:53.37	37.90	1500m:	17:48.74	36.19
	350m:	3:56.95	35.62	750m:	8:42.04	35.23	1150m:	13:29.46	36.09			
	400m:	4:32.18	35.23	800m:	9:18.54	36.50	1200m:	14:06.25	36.79			
4.	Martim Alexandre, MESQUITA		09	Nautico Marinha Grande				18:18.38	458			
	50m:	31.89	31.89	450m:	5:22.80	36.83	850m:	10:18.83	37.30	1250m:	15:17.20	36.63
	100m:	1:06.66	34.77	500m:	6:00.05	37.25	900m:	10:56.35	37.52	1300m:	15:54.24	37.04
	150m:	1:42.54	35.88	550m:	6:36.96	36.91	950m:	11:33.56	37.21	1350m:	16:31.02	36.78
	200m:	2:18.87	36.33	600m:	7:13.68	36.72	1000m:	12:11.02	37.46	1400m:	17:08.11	37.09
	250m:	2:55.80	36.93	650m:	7:50.73	37.05	1050m:	12:47.76	36.74	1450m:	17:43.47	35.36
	300m:	3:32.53	36.73	700m:	8:27.58	36.85	1100m:	13:25.10	37.34	1500m:	18:18.38	34.91
	350m:	4:09.22	36.69	750m:	9:04.49	36.91	1150m:	14:02.85	37.75			
	400m:	4:45.97	36.75	800m:	9:41.53	37.04	1200m:	14:40.57	37.72			
5.	Santiago Jose, PACHECO		09	Alcobaca				18:48.17	423			
	50m:	31.40	31.40	450m:	5:34.77	38.47	850m:	10:39.32	38.30	1250m:	15:41.55	37.98
	100m:	1:07.79	36.39	500m:	6:13.02	38.25	900m:	11:16.97	37.65	1300m:	16:20.15	38.60
	150m:	1:45.18	37.39	550m:	6:50.95	37.93	950m:	11:54.84	37.87	1350m:	16:58.22	38.07
	200m:	2:23.42	38.24	600m:	7:29.09	38.14	1000m:	12:32.66	37.82	1400m:	17:35.51	37.29
	250m:	3:01.47	38.05	650m:	8:07.07	37.98	1050m:	13:10.40	37.74	1450m:	18:12.87	37.36
	300m:	3:39.39	37.92	700m:	8:45.24	38.17	1100m:	13:48.32	37.92	1500m:	18:48.17	35.30
	350m:	4:18.04	38.65	750m:	9:23.47	38.23	1150m:	14:25.95	37.63			
	400m:	4:56.30	38.26	800m:	10:01.02	37.55	1200m:	15:03.57	37.62			
6.	Xinyang, CHENG		09	Nautico Marinha Grande				19:08.41	401			
	50m:	33.65	33.65	450m:	5:35.39	37.94	850m:	10:43.69	39.31	1250m:	15:55.04	38.78
	100m:	1:10.30	36.65	500m:	6:13.46	38.07	900m:	11:21.88	38.19	1300m:	16:34.25	39.21
	150m:	1:47.52	37.22	550m:	6:52.20	38.74	950m:	12:00.25	38.37	1350m:	17:13.92	39.67
	200m:	2:24.99	37.47	600m:	7:30.34	38.14	1000m:	12:39.81	39.56	1400m:	17:52.85	38.93
	250m:	3:02.54	37.55	650m:	8:08.26	37.92	1050m:	13:18.51	38.70	1450m:	18:31.44	38.59
	300m:	3:40.05	37.51	700m:	8:46.40	38.14	1100m:	13:58.54	40.03	1500m:	19:08.41	36.97
	350m:	4:17.99	37.94	750m:	9:25.58	39.18	1150m:	14:36.88	38.34			
	400m:	4:57.45	39.46	800m:	10:04.38	38.80	1200m:	15:16.26	39.38			
7.	Gabriel Santiago, FERREIRA		09	Uniao Juncalense				19:17.00	392			
	50m:	32.50	32.50	450m:	5:39.00	39.29	850m:	10:50.39	39.71	1250m:	16:01.70	39.87
	100m:	1:09.21	36.71	500m:	6:17.99	38.99	900m:	11:29.40	39.01	1300m:	16:41.51	39.81
	150m:	1:47.20	37.99	550m:	6:57.02	39.03	950m:	12:07.93	38.53	1350m:	17:21.23	39.72
	200m:	2:25.82	38.62	600m:	7:35.50	38.48	1000m:	12:46.58	38.65	1400m:	17:59.96	38.73
	250m:	3:04.25	38.43	650m:	8:13.99	38.49	1050m:	13:25.12	38.54	1450m:	18:39.16	39.20
	300m:	3:42.47	38.22	700m:	8:53.01	39.02	1100m:	14:03.61	38.49	1500m:	19:17.00	37.84
	350m:	4:21.26	38.79	750m:	9:32.33	39.32	1150m:	14:42.92	39.31			
	400m:	4:59.71	38.45	800m:	10:10.68	38.35	1200m:	15:21.83	38.91			



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Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Juvenil B

Lugar			Ano					Tempo final	Pts
8.	Hugo Miguel, SANTOS		09	Pimpoes/Cimai				19:21.18	387
	50m:	32.79 32.79	450m:	5:36.63 38.89	850m:	10:51.20 39.00	1250m:	16:04.56 39.65	
	100m:	1:09.00 36.21	500m:	6:15.62 38.99	900m:	11:30.11 38.91	1300m:	16:44.56 40.00	
	150m:	1:46.54 37.54	550m:	6:55.48 39.86	950m:	12:08.93 38.82	1350m:	17:24.45 39.89	
	200m:	2:24.50 37.96	600m:	7:34.76 39.28	1000m:	12:47.99 39.06	1400m:	18:04.51 40.06	
	250m:	3:02.55 38.05	650m:	8:14.32 39.56	1050m:	13:26.72 38.73	1450m:	18:43.92 39.41	
	300m:	3:40.05 37.50	700m:	8:53.59 39.27	1100m:	14:06.01 39.29	1500m:	19:21.18 37.26	
	350m:	4:18.29 38.24	750m:	9:32.82 39.23	1150m:	14:45.37 39.36			
	400m:	4:57.74 39.45	800m:	10:12.20 39.38	1200m:	15:24.91 39.54			
9.	Francisco Lourenco, CUSTODIO		09	Naval da Nazaré				19:22.07	387
	50m:	33.38 33.38	450m:	5:45.47 39.42	850m:	10:55.46 39.00	1250m:	16:07.49 39.46	
	100m:	1:11.73 38.35	500m:	6:24.15 38.68	900m:	11:34.49 39.03	1300m:	16:46.85 39.36	
	150m:	1:51.14 39.41	550m:	7:03.28 39.13	950m:	12:12.78 38.29	1350m:	17:26.18 39.33	
	200m:	2:30.50 39.36	600m:	7:41.77 38.49	1000m:	12:51.78 39.00	1400m:	18:05.45 39.27	
	250m:	3:09.70 39.20	650m:	8:20.43 38.66	1050m:	13:30.16 38.38	1450m:	18:44.23 38.78	
	300m:	3:48.65 38.95	700m:	8:59.69 39.26	1100m:	14:09.43 39.27	1500m:	19:22.07 37.84	
	350m:	4:27.27 38.62	750m:	9:38.12 38.43	1150m:	14:48.66 39.23			
	400m:	5:06.05 38.78	800m:	10:16.46 38.34	1200m:	15:28.03 39.37			
10.	Andre Guilherme, CORDEIRO		09	Naval de Peniche				19:33.67	375
	50m:	35.82 35.82	450m:	5:48.71 39.41	850m:	11:03.46 38.95	1250m:	16:16.64 39.52	
	100m:	1:14.21 38.39	500m:	6:28.07 39.36	900m:	11:41.90 38.44	1300m:	16:56.59 39.95	
	150m:	1:53.42 39.21	550m:	7:07.12 39.05	950m:	12:20.27 38.37	1350m:	17:36.46 39.87	
	200m:	2:32.45 39.03	600m:	7:46.79 39.67	1000m:	12:59.75 39.48	1400m:	18:16.33 39.87	
	250m:	3:11.96 39.51	650m:	8:26.22 39.43	1050m:	13:38.94 39.19	1450m:	18:55.79 39.46	
	300m:	3:51.52 39.56	700m:	9:05.68 39.46	1100m:	14:18.13 39.19	1500m:	19:33.67 37.88	
	350m:	4:29.95 38.43	750m:	9:45.52 39.84	1150m:	14:57.76 39.63			
	400m:	5:09.30 39.35	800m:	10:24.51 38.99	1200m:	15:37.12 39.36			
11.	Pedro Fonseca, OLIVEIRA		09	Nautico Marinha Grande				19:37.68	371
	50m:	34.16 34.16	450m:	5:46.08 39.63	850m:	11:02.52 39.56	1250m:	16:22.55 40.22	
	100m:	1:12.35 38.19	500m:	6:24.81 38.73	900m:	11:41.74 39.22	1300m:	17:02.80 40.25	
	150m:	1:51.22 38.87	550m:	7:03.98 39.17	950m:	12:21.17 39.43	1350m:	17:43.43 40.63	
	200m:	2:29.97 38.75	600m:	7:43.54 39.56	1000m:	13:00.94 39.77	1400m:	18:22.69 39.26	
	250m:	3:08.51 38.54	650m:	8:23.63 40.09	1050m:	13:40.95 40.01	1450m:	19:02.34 39.65	
	300m:	3:47.67 39.16	700m:	9:03.20 39.57	1100m:	14:20.82 39.87	1500m:	19:37.68 35.34	
	350m:	4:26.89 39.22	750m:	9:43.03 39.83	1150m:	15:01.23 40.41			
	400m:	5:06.45 39.56	800m:	10:22.96 39.93	1200m:	15:42.33 41.10			
12.	Rodrigo Oliveira, SANTOS		09	Alcobaca				19:44.87	365
	50m:	34.94 34.94	450m:	6:02.20 40.19	850m:	11:18.43 39.18	1250m:	16:32.49 39.08	
	100m:	1:14.73 39.79	500m:	6:41.59 39.39	900m:	11:57.79 39.36	1300m:	17:11.48 38.99	
	150m:	1:55.73 41.00	550m:	7:21.23 39.64	950m:	12:36.81 39.02	1350m:	17:50.60 39.12	
	200m:	2:35.64 39.91	600m:	8:00.85 39.62	1000m:	13:15.84 39.03	1400m:	18:30.26 39.66	
	250m:	3:16.69 41.05	650m:	8:40.37 39.52	1050m:	13:54.92 39.08	1450m:	19:08.53 38.27	
	300m:	3:58.33 41.64	700m:	9:19.62 39.25	1100m:	14:34.13 39.21	1500m:	19:44.87 36.34	
	350m:	4:40.44 42.11	750m:	9:59.46 39.84	1150m:	15:13.45 39.32			
	400m:	5:22.01 41.57	800m:	10:39.25 39.79	1200m:	15:53.41 39.96			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Juvenil B

Lugar			Ano					Tempo final	Pts			
13.	Vladyslav, BABUSHKIN		09	Nautico Marinha Grande				19:50.97	359			
	50m:	36.35	36.35	450m:	5:58.37	40.23	850m:	11:18.76	39.55	1250m:	16:37.87	39.73
	100m:	1:16.42	40.07	500m:	6:38.83	40.46	900m:	11:59.55	40.79	1300m:	17:17.23	39.36
	150m:	1:56.56	40.14	550m:	7:19.18	40.35	950m:	12:39.03	39.48	1350m:	17:56.52	39.29
	200m:	2:36.14	39.58	600m:	7:58.88	39.70	1000m:	13:18.73	39.70	1400m:	18:36.01	39.49
	250m:	3:16.60	40.46	650m:	8:38.96	40.08	1050m:	13:58.53	39.80	1450m:	19:15.10	39.09
	300m:	3:56.97	40.37	700m:	9:19.23	40.27	1100m:	14:38.41	39.88	1500m:	19:50.97	35.87
	350m:	4:37.87	40.90	750m:	9:59.26	40.03	1150m:	15:18.50	40.09			
	400m:	5:18.14	40.27	800m:	10:39.21	39.95	1200m:	15:58.14	39.64			
14.	Pedro Blanc, CAPINHA		09	Óbidos				20:29.65	326			
	50m:	34.59	34.59	450m:	5:57.21	41.31	850m:	11:26.52	41.97	1250m:	17:05.48	42.37
	100m:	1:12.81	38.22	500m:	6:38.56	41.35	900m:	12:08.16	41.64	1300m:	17:47.30	41.82
	150m:	1:52.52	39.71	550m:	7:18.87	40.31	950m:	12:50.20	42.04	1350m:	18:30.44	43.14
	200m:	2:32.01	39.49	600m:	7:59.67	40.80	1000m:	13:32.57	42.37	1400m:	19:12.11	41.67
	250m:	3:12.40	40.39	650m:	8:40.55	40.88	1050m:	14:14.55	41.98	1450m:	19:53.12	41.01
	300m:	3:53.42	41.02	700m:	9:21.95	41.40	1100m:	14:57.21	42.66	1500m:	20:29.65	36.53
	350m:	4:34.31	40.89	750m:	10:03.65	41.70	1150m:	15:40.01	42.80			
	400m:	5:15.90	41.59	800m:	10:44.55	40.90	1200m:	16:23.11	43.10			
15.	Maksym, TYSHCHUK		09	Nautico Marinha Grande				20:30.03	326			
	50m:	34.87	34.87	450m:	5:57.96	41.04	850m:	11:29.33	42.77	1250m:	17:09.49	42.15
	100m:	1:14.05	39.18	500m:	6:39.30	41.34	900m:	12:10.79	41.46	1300m:	17:51.32	41.83
	150m:	1:53.92	39.87	550m:	7:20.44	41.14	950m:	12:53.11	42.32	1350m:	18:33.75	42.43
	200m:	2:33.78	39.86	600m:	8:02.38	41.94	1000m:	13:36.01	42.90	1400m:	19:15.17	41.42
	250m:	3:14.35	40.57	650m:	8:43.53	41.15	1050m:	14:18.46	42.45	1450m:	19:54.27	39.10
	300m:	3:54.44	40.09	700m:	9:24.61	41.08	1100m:	15:01.31	42.85	1500m:	20:30.03	35.76
	350m:	4:35.56	41.12	750m:	10:06.02	41.41	1150m:	15:44.13	42.82			
	400m:	5:16.92	41.36	800m:	10:46.56	40.54	1200m:	16:27.34	43.21			
16.	Alexandre Afonso, SANTOS		09	Uniao Juncalense				23:26.82	218			
	50m:	40.08	40.08	450m:	6:55.76	46.76	850m:	13:11.20	47.35	1250m:	19:27.63	47.81
	100m:	1:26.19	46.11	500m:	7:42.30	46.54	900m:	13:57.86	46.66	1300m:	20:15.46	47.83
	150m:	2:12.98	46.79	550m:	8:28.74	46.44	950m:	14:44.31	46.45	1350m:	21:03.30	47.84
	200m:	2:59.62	46.64	600m:	9:15.95	47.21	1000m:	15:31.37	47.06	1400m:	21:51.56	48.26
	250m:	3:47.06	47.44	650m:	10:03.04	47.09	1050m:	16:17.21	45.84	1450m:	22:40.12	48.56
	300m:	4:34.36	47.30	700m:	10:49.52	46.48	1100m:	17:04.66	47.45	1500m:	23:26.82	46.70
	350m:	5:21.33	46.97	750m:	11:37.19	47.67	1150m:	17:51.93	47.27			
	400m:	6:09.00	47.67	800m:	12:23.85	46.66	1200m:	18:39.82	47.89			

Prova 23
19/05/2024 - 9:52

Masc., 1500m Livres

Infantil A
Resultados

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
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Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil A

Lugar			Ano			Tempo final	Pts	
1.	Antonio Antunes, JORGE		10	Alcobaca		17:52.02	493	
	50m:	31.80 31.80	450m:	5:17.47 36.60	850m:	10:07.44 36.57	1250m:	14:57.68 35.59
	100m:	1:05.95 34.15	500m:	5:53.47 36.00	900m:	10:44.36 36.92	1300m:	15:34.28 36.60
	150m:	1:41.20 35.25	550m:	6:29.95 36.48	950m:	11:20.34 35.98	1350m:	16:09.36 35.08
	200m:	2:17.00 35.80	600m:	7:06.22 36.27	1000m:	11:56.95 36.61	1400m:	16:44.67 35.31
	250m:	2:53.08 36.08	650m:	7:42.44 36.22	1050m:	12:33.87 36.92	1450m:	17:17.59 32.92
	300m:	3:28.87 35.79	700m:	8:18.83 36.39	1100m:	13:09.56 35.69	1500m:	17:52.02 34.43
	350m:	4:04.90 36.03	750m:	8:55.20 36.37	1150m:	13:45.38 35.82		
	400m:	4:40.87 35.97	800m:	9:30.87 35.67	1200m:	14:22.09 36.71		
2.	Rodolfo Junior, ALECRIM		10	CNLeiria		18:39.03	433	
	50m:	30.54 30.54	450m:	5:16.86 36.94	850m:	10:19.93 37.28	1250m:	15:30.49 38.14
	100m:	1:04.49 33.95	500m:	5:54.42 37.56	900m:	10:58.87 38.94	1300m:	16:08.86 38.37
	150m:	1:39.43 34.94	550m:	6:32.39 37.97	950m:	11:37.80 38.93	1350m:	16:47.29 38.43
	200m:	2:14.91 35.48	600m:	7:10.44 38.05	1000m:	12:16.56 38.76	1400m:	17:25.86 38.57
	250m:	2:50.67 35.76	650m:	7:48.33 37.89	1050m:	12:55.68 39.12	1450m:	18:03.84 37.98
	300m:	3:26.88 36.21	700m:	8:26.62 38.29	1100m:	13:35.39 39.71	1500m:	18:39.03 35.19
	350m:	4:03.32 36.44	750m:	9:05.21 38.59	1150m:	14:14.46 39.07		
	400m:	4:39.92 36.60	800m:	9:42.65 37.44	1200m:	14:52.35 37.89		
3.	Tomas Manuel, PALMEIRO		10	Nautico Marinha Grande		18:51.74	419	
	50m:	32.22 32.22	450m:	5:35.23 38.12	850m:	10:39.24 38.00	1250m:	15:42.92 38.31
	100m:	1:08.90 36.68	500m:	6:13.00 37.77	900m:	11:17.33 38.09	1300m:	16:20.84 37.92
	150m:	1:47.03 38.13	550m:	6:51.32 38.32	950m:	11:55.00 37.67	1350m:	16:59.25 38.41
	200m:	2:24.66 37.63	600m:	7:29.20 37.88	1000m:	12:32.61 37.61	1400m:	17:37.58 38.33
	250m:	3:03.12 38.46	650m:	8:07.28 38.08	1050m:	13:10.53 37.92	1450m:	18:15.29 37.71
	300m:	3:41.36 38.24	700m:	8:45.55 38.27	1100m:	13:48.16 37.63	1500m:	18:51.74 36.45
	350m:	4:19.26 37.90	750m:	9:23.57 38.02	1150m:	14:26.56 38.40		
	400m:	4:57.11 37.85	800m:	10:01.24 37.67	1200m:	15:04.61 38.05		
4.	Francisco Lourenco, PEDROSA		10	Nautico Marinha Grande		18:59.69	410	
	50m:	33.82 33.82	450m:	5:36.24 38.22	850m:	10:41.11 37.96	1250m:	15:49.36 39.61
	100m:	1:11.43 37.61	500m:	6:14.37 38.13	900m:	11:19.08 37.97	1300m:	16:27.68 38.32
	150m:	1:49.38 37.95	550m:	6:52.13 37.76	950m:	11:57.55 38.47	1350m:	17:06.12 38.44
	200m:	2:27.03 37.65	600m:	7:30.32 38.19	1000m:	12:35.82 38.27	1400m:	17:44.54 38.42
	250m:	3:05.01 37.98	650m:	8:08.60 38.28	1050m:	13:13.96 38.14	1450m:	18:22.57 38.03
	300m:	3:42.92 37.91	700m:	8:47.23 38.63	1100m:	13:52.65 38.69	1500m:	18:59.69 37.12
	350m:	4:20.77 37.85	750m:	9:25.48 38.25	1150m:	14:31.27 38.62		
	400m:	4:58.02 37.25	800m:	10:03.15 37.67	1200m:	15:09.75 38.48		
5.	Rodrigo Cardoso, TOMAS		10	Uniao Juncalense		19:15.83	393	
	50m:	34.73 34.73	450m:	5:47.31 38.73	850m:	10:58.53 38.99	1250m:	16:08.75 38.71
	100m:	1:13.17 38.44	500m:	6:26.03 38.72	900m:	11:37.21 38.68	1300m:	16:47.48 38.73
	150m:	1:52.40 39.23	550m:	7:05.08 39.05	950m:	12:15.95 38.74	1350m:	17:26.13 38.65
	200m:	2:31.39 38.99	600m:	7:43.93 38.85	1000m:	12:54.63 38.68	1400m:	18:04.12 37.99
	250m:	3:10.65 39.26	650m:	8:23.16 39.23	1050m:	13:33.35 38.72	1450m:	18:41.78 37.66
	300m:	3:50.21 39.56	700m:	9:01.43 38.27	1100m:	14:12.31 38.96	1500m:	19:15.83 34.05
	350m:	4:29.43 39.22	750m:	9:40.47 39.04	1150m:	14:51.34 39.03		
	400m:	5:08.58 39.15	800m:	10:19.54 39.07	1200m:	15:30.04 38.70		



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil A

Lugar			Ano					Tempo final	Pts			
6.	Joao Piteira, GAIOLAS		10	Nautico Marinha Grande				19:23.29	385			
	50m:	34.15	34.15	450m:	5:47.46	39.49	850m:	10:59.24	38.90	1250m:	16:10.35	38.60
	100m:	1:12.24	38.09	500m:	6:26.42	38.96	900m:	11:38.17	38.93	1300m:	16:49.69	39.34
	150m:	1:51.62	39.38	550m:	7:05.43	39.01	950m:	12:17.26	39.09	1350m:	17:27.56	37.87
	200m:	2:30.87	39.25	600m:	7:44.24	38.81	1000m:	12:56.21	38.95	1400m:	18:06.89	39.33
	250m:	3:09.88	39.01	650m:	8:23.54	39.30	1050m:	13:35.28	39.07	1450m:	18:45.68	38.79
	300m:	3:49.45	39.57	700m:	9:02.26	38.72	1100m:	14:14.03	38.75	1500m:	19:23.29	37.61
	350m:	4:28.82	39.37	750m:	9:41.14	38.88	1150m:	14:53.02	38.99			
	400m:	5:07.97	39.15	800m:	10:20.34	39.20	1200m:	15:31.75	38.73			
7.	Afonso Ferreira, REIS		10	Nautico Marinha Grande				19:27.76	381			
	50m:	34.56	34.56	450m:	5:51.92	39.91	850m:	11:04.26	38.87	1250m:	16:15.19	39.62
	100m:	1:13.44	38.88	500m:	6:31.79	39.87	900m:	11:42.97	38.71	1300m:	16:54.94	39.75
	150m:	1:53.11	39.67	550m:	7:10.95	39.16	950m:	12:22.94	39.97	1350m:	17:34.10	39.16
	200m:	2:33.27	40.16	600m:	7:49.15	38.20	1000m:	13:02.36	39.42	1400m:	18:13.33	39.23
	250m:	3:14.10	40.83	650m:	8:28.78	39.63	1050m:	13:40.02	37.66	1450m:	18:53.49	40.16
	300m:	3:53.68	39.58	700m:	9:08.09	39.31	1100m:	14:18.47	38.45	1500m:	19:27.76	34.27
	350m:	4:33.40	39.72	750m:	9:47.89	39.80	1150m:	14:57.27	38.80			
	400m:	5:12.01	38.61	800m:	10:25.39	37.50	1200m:	15:35.57	38.30			
8.	David Xavier, ALMEIDA		10	Ba-Leiria				19:51.40	359			
	50m:	35.45	35.45	450m:	5:53.25	39.60	850m:	11:17.76	40.90	1250m:	16:37.83	40.20
	100m:	1:13.96	38.51	500m:	6:33.93	40.68	900m:	11:57.96	40.20	1300m:	17:18.33	40.50
	150m:	1:53.54	39.58	550m:	7:15.29	41.36	950m:	12:37.48	39.52	1350m:	17:57.39	39.06
	200m:	2:32.95	39.41	600m:	7:56.15	40.86	1000m:	13:17.33	39.85	1400m:	18:37.29	39.90
	250m:	3:12.98	40.03	650m:	8:36.17	40.02	1050m:	13:57.47	40.14	1450m:	19:15.88	38.59
	300m:	3:52.84	39.86	700m:	9:15.95	39.78	1100m:	14:38.32	40.85	1500m:	19:51.40	35.52
	350m:	4:33.08	40.24	750m:	9:56.75	40.80	1150m:	15:18.27	39.95			
	400m:	5:13.65	40.57	800m:	10:36.86	40.11	1200m:	15:57.63	39.36			
9.	Lucas Costa, JESUS		10	Nautico Marinha Grande				19:52.27	358			
	50m:	34.77	34.77	450m:	5:54.87	39.78	850m:	11:13.96	40.29	1250m:	16:33.96	39.69
	100m:	1:13.69	38.92	500m:	6:35.06	40.19	900m:	11:53.70	39.74	1300m:	17:14.66	40.70
	150m:	1:54.08	40.39	550m:	7:14.61	39.55	950m:	12:33.93	40.23	1350m:	17:54.90	40.24
	200m:	2:34.64	40.56	600m:	7:54.31	39.70	1000m:	13:14.14	40.21	1400m:	18:34.89	39.99
	250m:	3:15.31	40.67	650m:	8:33.94	39.63	1050m:	13:54.09	39.95	1450m:	19:14.67	39.78
	300m:	3:55.44	40.13	700m:	9:13.84	39.90	1100m:	14:34.39	40.30	1500m:	19:52.27	37.60
	350m:	4:35.34	39.90	750m:	9:53.81	39.97	1150m:	15:14.42	40.03			
	400m:	5:15.09	39.75	800m:	10:33.67	39.86	1200m:	15:54.27	39.85			
10.	Guilherme Costa, REBELO		10	Pimpoes/Cimai				19:56.72	354			
	50m:	33.91	33.91	450m:	5:48.17	39.09	850m:	11:07.40	41.04	1250m:	16:35.56	41.72
	100m:	1:12.16	38.25	500m:	6:27.65	39.48	900m:	11:46.96	39.56	1300m:	17:16.75	41.19
	150m:	1:51.07	38.91	550m:	7:07.15	39.50	950m:	12:28.24	41.28	1350m:	17:57.89	41.14
	200m:	2:30.25	39.18	600m:	7:46.29	39.14	1000m:	13:08.92	40.68	1400m:	18:38.80	40.91
	250m:	3:10.06	39.81	650m:	8:26.15	39.86	1050m:	13:49.68	40.76	1450m:	19:18.61	39.81
	300m:	3:49.44	39.38	700m:	9:06.92	40.77	1100m:	14:30.74	41.06	1500m:	19:56.72	38.11
	350m:	4:29.31	39.87	750m:	9:46.31	39.39	1150m:	15:12.49	41.75			
	400m:	5:09.08	39.77	800m:	10:26.36	40.05	1200m:	15:53.84	41.35			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil A

Lugar			Ano					Tempo final	Pts			
11.	Guilherme Rodrigues, CABRAL		10	Pimpoes/Cimai				19:58.00	353			
	50m:	34.44	34.44	450m:	5:53.69	40.21	850m:	11:16.76	39.94	1250m:	16:39.77	40.41
	100m:	1:13.17	38.73	500m:	6:34.00	40.31	900m:	11:57.06	40.30	1300m:	17:20.53	40.76
	150m:	1:51.87	38.70	550m:	7:14.17	40.17	950m:	12:37.17	40.11	1350m:	18:00.68	40.15
	200m:	2:31.63	39.76	600m:	7:54.54	40.37	1000m:	13:17.97	40.80	1400m:	18:41.03	40.35
	250m:	3:11.52	39.89	650m:	8:34.94	40.40	1050m:	13:58.70	40.73	1450m:	19:19.76	38.73
	300m:	3:52.24	40.72	700m:	9:15.46	40.52	1100m:	14:38.79	40.09	1500m:	19:58.00	38.24
	350m:	4:32.94	40.70	750m:	9:56.29	40.83	1150m:	15:19.58	40.79			
	400m:	5:13.48	40.54	800m:	10:36.82	40.53	1200m:	15:59.36	39.78			
12.	Dinis Lamas, SANTOS		10	Ba-Leiria				20:09.93	342			
	50m:	35.52	35.52	450m:	5:57.56	40.73	850m:	11:21.57	39.83	1250m:	16:48.58	41.89
	100m:	1:15.14	39.62	500m:	6:38.31	40.75	900m:	12:01.46	39.89	1300m:	17:30.13	41.55
	150m:	1:54.88	39.74	550m:	7:18.76	40.45	950m:	12:42.47	41.01	1350m:	18:10.80	40.67
	200m:	2:35.04	40.16	600m:	7:59.32	40.56	1000m:	13:23.25	40.78	1400m:	18:51.84	41.04
	250m:	3:15.26	40.22	650m:	8:40.00	40.68	1050m:	14:04.19	40.94	1450m:	19:32.62	40.78
	300m:	3:55.74	40.48	700m:	9:20.72	40.72	1100m:	14:45.04	40.85	1500m:	20:09.93	37.31
	350m:	4:36.35	40.61	750m:	10:01.45	40.73	1150m:	15:25.29	40.25			
	400m:	5:16.83	40.48	800m:	10:41.74	40.29	1200m:	16:06.69	41.40			
13.	Pedro Souza, SILVA		10	Pimpoes/Cimai				20:16.14	337			
	50m:	35.61	35.61	450m:	5:58.85	41.01	850m:	11:25.79	40.62	1250m:	16:54.45	40.85
	100m:	1:15.47	39.86	500m:	6:39.36	40.51	900m:	12:07.01	41.22	1300m:	17:35.50	41.05
	150m:	1:55.86	40.39	550m:	7:20.34	40.98	950m:	12:48.25	41.24	1350m:	18:16.68	41.18
	200m:	2:36.42	40.56	600m:	8:01.06	40.72	1000m:	13:29.26	41.01	1400m:	18:57.43	40.75
	250m:	3:16.62	40.20	650m:	8:42.05	40.99	1050m:	14:10.67	41.41	1450m:	19:37.63	40.20
	300m:	3:55.92	39.30	700m:	9:23.16	41.11	1100m:	14:51.73	41.06	1500m:	20:16.14	38.51
	350m:	4:37.00	41.08	750m:	10:04.25	41.09	1150m:	15:32.59	40.86			
	400m:	5:17.84	40.84	800m:	10:45.17	40.92	1200m:	16:13.60	41.01			
14.	Gabriel Krempel, VARELA		10	Pimpoes/Cimai				20:34.26	323			
	50m:	35.32	35.32	450m:	6:01.99	41.84	850m:	11:36.48	41.37	1250m:	17:12.66	41.83
	100m:	1:14.48	39.16	500m:	6:43.20	41.21	900m:	12:19.00	42.52	1300m:	17:54.60	41.94
	150m:	1:54.69	40.21	550m:	7:25.15	41.95	950m:	12:59.22	40.22	1350m:	18:35.59	40.99
	200m:	2:35.19	40.50	600m:	8:06.84	41.69	1000m:	13:42.41	43.19	1400m:	19:16.28	40.69
	250m:	3:15.61	40.42	650m:	8:48.16	41.32	1050m:	14:24.92	42.51	1450m:	19:56.42	40.14
	300m:	3:56.85	41.24	700m:	9:30.02	41.86	1100m:	15:07.33	42.41	1500m:	20:34.26	37.84
	350m:	4:38.38	41.53	750m:	10:12.36	42.34	1150m:	15:48.86	41.53			
	400m:	5:20.15	41.77	800m:	10:55.11	42.75	1200m:	16:30.83	41.97			
15.	Tomas Marques, FRANCISCO		10	CNLeiria				20:42.51	316			
	50m:	36.09	36.09	450m:	6:05.25	41.31	850m:	11:39.52	41.44	1250m:	17:17.50	41.20
	100m:	1:17.14	41.05	500m:	6:46.94	41.69	900m:	12:21.05	41.53	1300m:	17:58.47	40.97
	150m:	1:58.02	40.88	550m:	7:27.84	40.90	950m:	13:03.92	42.87	1350m:	18:43.75	45.28
	200m:	2:39.61	41.59	600m:	8:09.75	41.91	1000m:	13:45.60	41.68	1400m:	19:25.81	42.06
	250m:	3:20.52	40.91	650m:	8:51.94	42.19	1050m:	14:28.38	42.78	1450m:	20:04.27	38.46
	300m:	4:01.48	40.96	700m:	9:32.74	40.80	1100m:	15:10.17	41.79	1500m:	20:42.51	38.24
	350m:	4:42.06	40.58	750m:	10:15.02	42.28	1150m:	15:53.45	43.28			
	400m:	5:23.94	41.88	800m:	10:58.08	43.06	1200m:	16:36.30	42.85			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil A

Lugar			Ano					Tempo final	Pts			
16.	Simao Sousa, JESUS		10	Nautico Marinha Grande				21:15.38	292			
	50m:	37.40	37.40	450m:	6:14.12	42.54	850m:	11:58.90	43.27	1250m:	17:44.64	42.85
	100m:	1:18.22	40.82	500m:	6:57.00	42.88	900m:	12:42.19	43.29	1300m:	18:27.85	43.21
	150m:	2:00.15	41.93	550m:	7:40.06	43.06	950m:	13:24.84	42.65	1350m:	19:11.57	43.72
	200m:	2:41.97	41.82	600m:	8:22.99	42.93	1000m:	14:07.80	42.96	1400m:	19:54.76	43.19
	250m:	3:23.99	42.02	650m:	9:05.98	42.99	1050m:	14:51.46	43.66	1450m:	20:36.89	42.13
	300m:	4:06.57	42.58	700m:	9:49.49	43.51	1100m:	15:34.82	43.36	1500m:	21:15.38	38.49
	350m:	4:49.26	42.69	750m:	10:32.69	43.20	1150m:	16:18.70	43.88			
	400m:	5:31.58	42.32	800m:	11:15.63	42.94	1200m:	17:01.79	43.09			
DNS Francisco Antonio, SIMOES			10	Ba-Leiria								

Prova 23 Masc., 1500m Livres Infantil B Resultados

19/05/2024 - 9:52

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts			
1.	Martim Duarte, ROQUE		11	CNLeiria				20:02.65	349			
	50m:	35.36	35.36	450m:	5:56.27	40.30	850m:	11:20.81	40.47	1250m:	16:44.39	40.65
	100m:	1:15.11	39.75	500m:	6:36.84	40.57	900m:	12:01.06	40.25	1300m:	17:25.25	40.86
	150m:	1:55.45	40.34	550m:	7:17.62	40.78	950m:	12:41.54	40.48	1350m:	18:06.17	40.92
	200m:	2:35.44	39.99	600m:	7:57.84	40.22	1000m:	13:22.22	40.68	1400m:	18:46.20	40.03
	250m:	3:16.02	40.58	650m:	8:37.76	39.92	1050m:	14:02.43	40.21	1450m:	19:25.64	39.44
	300m:	3:55.64	39.62	700m:	9:18.45	40.69	1100m:	14:42.91	40.48	1500m:	20:02.65	37.01
	350m:	4:35.97	40.33	750m:	9:59.44	40.99	1150m:	15:23.34	40.43			
	400m:	5:15.97	40.00	800m:	10:40.34	40.90	1200m:	16:03.74	40.40			
2.	Vidar Albert, JUNG		11	Nautico Marinha Grande				20:10.28	342			
	50m:	35.20	35.20	450m:	6:03.24	41.12	850m:	11:32.22	41.08	1250m:	16:55.91	39.81
	100m:	1:15.14	39.94	500m:	6:44.92	41.68	900m:	12:13.50	41.28	1300m:	17:35.83	39.92
	150m:	1:56.20	41.06	550m:	7:25.51	40.59	950m:	12:54.21	40.71	1350m:	18:15.99	40.16
	200m:	2:36.65	40.45	600m:	8:06.38	40.87	1000m:	13:35.03	40.82	1400m:	18:55.24	39.25
	250m:	3:18.04	41.39	650m:	8:47.76	41.38	1050m:	14:16.59	41.56	1450m:	19:34.30	39.06
	300m:	3:59.91	41.87	700m:	9:29.12	41.36	1100m:	14:55.62	39.03	1500m:	20:10.28	35.98
	350m:	4:41.35	41.44	750m:	10:10.18	41.06	1150m:	15:35.68	40.06			
	400m:	5:22.12	40.77	800m:	10:51.14	40.96	1200m:	16:16.10	40.42			
3.	Pedro Pereira, OLIVEIRA		11	Nautico Marinha Grande				20:24.68	330			
	50m:	36.49	36.49	450m:	6:07.83	41.73	850m:	11:37.25	41.47	1250m:	17:04.46	40.79
	100m:	1:16.96	40.47	500m:	6:49.42	41.59	900m:	12:18.18	40.93	1300m:	17:45.80	41.34
	150m:	1:58.55	41.59	550m:	7:30.92	41.50	950m:	12:59.28	41.10	1350m:	18:26.60	40.80
	200m:	2:40.53	41.98	600m:	8:11.81	40.89	1000m:	13:40.63	41.35	1400m:	19:07.72	41.12
	250m:	3:22.00	41.47	650m:	8:53.09	41.28	1050m:	14:20.99	40.36	1450m:	19:48.22	40.50
	300m:	4:03.77	41.77	700m:	9:34.40	41.31	1100m:	15:01.97	40.98	1500m:	20:24.68	36.46
	350m:	4:45.06	41.29	750m:	10:15.31	40.91	1150m:	15:42.74	40.77			
	400m:	5:26.10	41.04	800m:	10:55.78	40.47	1200m:	16:23.67	40.93			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil B

Lugar			Ano				Tempo final	Pts			
4. Martim Cruz, MOURA			11 CNLeiria				21:22.77	287			
50m:	39.42	39.42	450m:	6:23.76	43.49	850m:	12:06.09	42.62	1250m:	17:50.19	43.87
100m:	1:22.39	42.97	500m:	7:06.98	43.22	900m:	12:48.62	42.53	1300m:	18:33.34	43.15
150m:	2:05.71	43.32	550m:	7:49.67	42.69	950m:	13:31.25	42.63	1350m:	19:16.39	43.05
200m:	2:48.42	42.71	600m:	8:32.90	43.23	1000m:	14:14.32	43.07	1400m:	19:59.60	43.21
250m:	3:30.93	42.51	650m:	9:15.85	42.95	1050m:	14:57.81	43.49	1450m:	20:42.63	43.03
300m:	4:13.94	43.01	700m:	9:58.09	42.24	1100m:	15:40.53	42.72	1500m:	21:22.77	40.14
350m:	4:57.05	43.11	750m:	10:41.03	42.94	1150m:	16:23.38	42.85			
400m:	5:40.27	43.22	800m:	11:23.47	42.44	1200m:	17:06.32	42.94			
5. Martin, SHEVCHUK			11 CNLeiria				21:55.68	266			
50m:	38.00	38.00	450m:	6:27.48	44.93	850m:	12:21.99	43.83	1250m:	18:19.55	45.22
100m:	1:20.30	42.30	500m:	7:12.42	44.94	900m:	13:05.27	43.28	1300m:	19:04.21	44.66
150m:	2:03.53	43.23	550m:	7:56.15	43.73	950m:	13:50.43	45.16	1350m:	19:49.24	45.03
200m:	2:47.05	43.52	600m:	8:39.98	43.83	1000m:	14:35.13	44.70	1400m:	20:33.20	43.96
250m:	3:31.03	43.98	650m:	9:24.54	44.56	1050m:	15:20.66	45.53	1450m:	21:16.79	43.59
300m:	4:15.54	44.51	700m:	10:08.47	43.93	1100m:	16:05.20	44.54	1500m:	21:55.68	38.89
350m:	4:58.45	42.91	750m:	10:52.58	44.11	1150m:	16:49.40	44.20			
400m:	5:42.55	44.10	800m:	11:38.16	45.58	1200m:	17:34.33	44.93			
6. Francisco Costa, VALENTIM			11 Óbidos				22:14.82	255			
50m:	39.99	39.99	450m:	6:38.46	45.20	850m:	12:36.32	45.32	1250m:	18:34.38	44.26
100m:	1:24.75	44.76	500m:	7:22.52	44.06	900m:	13:20.60	44.28	1300m:	19:19.67	45.29
150m:	2:09.96	45.21	550m:	8:07.66	45.14	950m:	14:05.30	44.70	1350m:	20:04.64	44.97
200m:	2:54.29	44.33	600m:	8:52.58	44.92	1000m:	14:49.97	44.67	1400m:	20:49.08	44.44
250m:	3:39.37	45.08	650m:	9:37.09	44.51	1050m:	15:35.48	45.51	1450m:	21:32.38	43.30
300m:	4:23.39	44.02	700m:	10:21.62	44.53	1100m:	16:20.73	45.25	1500m:	22:14.82	42.44
350m:	5:08.06	44.67	750m:	11:06.34	44.72	1150m:	17:05.75	45.02			
400m:	5:53.26	45.20	800m:	11:51.00	44.66	1200m:	17:50.12	44.37			
7. Vasco Sousa, LEMOS			11 Pimpoes/Cimai				22:50.14	236			
50m:	39.17	39.17	450m:	6:49.02	48.03	850m:	12:58.17	46.47	1250m:	19:11.16	47.32
100m:	1:22.95	43.78	500m:	7:32.49	43.47	900m:	13:44.06	45.89	1300m:	19:57.76	46.60
150m:	2:08.23	45.28	550m:	8:18.96	46.47	950m:	14:30.35	46.29	1350m:	20:40.63	42.87
200m:	2:54.23	46.00	600m:	9:06.41	47.45	1000m:	15:17.20	46.85	1400m:	21:24.30	43.67
250m:	3:40.21	45.98	650m:	9:52.83	46.42	1050m:	16:03.36	46.16	1450m:	22:06.95	42.65
300m:	4:27.70	47.49	700m:	10:40.31	47.48	1100m:	16:49.79	46.43	1500m:	22:50.14	43.19
350m:	5:14.18	46.48	750m:	11:24.70	44.39	1150m:	17:36.61	46.82			
400m:	6:00.99	46.81	800m:	12:11.70	47.00	1200m:	18:23.84	47.23			
8. Bruno Garcia, MILITAO			11 Óbidos				24:24.83	193			
50m:	41.48	41.48	450m:	7:11.65	49.23	850m:	13:49.24	50.44	1250m:	20:25.64	49.36
100m:	1:28.43	46.95	500m:	8:00.82	49.17	900m:	14:40.45	51.21	1300m:	21:14.35	48.71
150m:	2:16.49	48.06	550m:	8:49.19	48.37	950m:	15:29.50	49.05	1350m:	22:03.48	49.13
200m:	3:04.76	48.27	600m:	9:37.92	48.73	1000m:	16:18.06	48.56	1400m:	22:51.35	47.87
250m:	3:54.38	49.62	650m:	10:27.64	49.72	1050m:	17:06.50	48.44	1450m:	23:39.88	48.53
300m:	4:43.58	49.20	700m:	11:17.94	50.30	1100m:	17:55.68	49.18	1500m:	24:24.83	44.95
350m:	5:33.96	50.38	750m:	12:08.64	50.70	1150m:	18:46.87	51.19			
400m:	6:22.42	48.46	800m:	12:58.80	50.16	1200m:	19:36.28	49.41			



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 23, Masc., 1500m Livres, Infantil B

Lugar			Ano					Tempo final	Pts			
9.	Simao Pedro, MARQUES		11	Uniao Juncalense				25:39.39	166			
	50m:	43.90	43.90	450m:	7:43.95	52.80	850m:	14:41.55	52.98	1250m:	21:30.86	50.99
	100m:	1:34.38	50.48	500m:	8:36.78	52.83	900m:	15:31.74	50.19	1300m:	22:22.03	51.17
	150m:	2:26.39	52.01	550m:	9:28.20	51.42	950m:	16:24.12	52.38	1350m:	23:11.70	49.67
	200m:	3:18.87	52.48	600m:	10:19.33	51.13	1000m:	17:16.87	52.75	1400m:	24:02.93	51.23
	250m:	4:11.67	52.80	650m:	11:12.60	53.27	1050m:	18:07.39	50.52	1450m:	24:52.94	50.01
	300m:	5:04.91	53.24	700m:	12:04.28	51.68	1100m:	18:58.19	50.80	1500m:	25:39.39	46.45
	350m:	5:58.41	53.50	750m:	12:56.27	51.99	1150m:	19:48.69	50.50			
	400m:	6:51.15	52.74	800m:	13:48.57	52.30	1200m:	20:39.87	51.18			
10.	Gabriel Marques, CARREIRA		11	Uniao Juncalense				27:12.22	139			
	50m:	44.33	44.33	450m:	7:50.63	53.97	850m:	15:09.84	56.06	1250m:	22:37.59	55.37
	100m:	1:35.78	51.45	500m:	8:45.53	54.90	900m:	16:04.53	54.69	1300m:	23:33.00	55.41
	150m:	2:28.89	53.11	550m:	9:39.78	54.25	950m:	17:01.69	57.16	1350m:	24:29.56	56.56
	200m:	3:21.22	52.33	600m:	10:34.29	54.51	1000m:	17:58.19	56.50	1400m:	25:24.74	55.18
	250m:	4:14.49	53.27	650m:	11:29.03	54.74	1050m:	18:54.46	56.27	1450m:	26:19.01	54.27
	300m:	5:08.10	53.61	700m:	12:23.08	54.05	1100m:	19:50.22	55.76	1500m:	27:12.22	53.21
	350m:	6:01.29	53.19	750m:	13:18.41	55.33	1150m:	20:46.64	56.42			
	400m:	6:56.66	55.37	800m:	14:13.78	55.37	1200m:	21:42.22	55.58			
DNS	Guilherme Melo, ELIAS		11	Naval da Nazaré								
DNS	Rodrigo Duarte, CARREIRA		11	Alcobaca								
DNS	Joao Santos, ALMEIDA		11	Ba-Leiria								