



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 2
18/05/2024 - 15:20

Femin., 800m Livres

Juvenil A
Resultados

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts
1.	Luana Ferreira, CRAVEIRO		09	Nautico Marinha Grande						9:12.56	645
	50m:	31.04 31.04	250m:	2:48.41	34.76	450m:	5:07.35	33.65	650m:	7:27.32	35.33
	100m:	1:04.64 33.60	300m:	3:23.59	35.18	500m:	5:42.08	34.73	700m:	8:02.63	35.31
	150m:	1:38.77 34.13	350m:	3:58.73	35.14	550m:	6:16.83	34.75	750m:	8:38.28	35.65
	200m:	2:13.65 34.88	400m:	4:33.70	34.97	600m:	6:51.99	35.16	800m:	9:12.56	34.28
2.	Constanca Baptista, TOMAS		09	Alcobaca						9:44.25	545
	50m:	31.96 31.96	250m:	2:58.47	37.44	450m:	5:25.13	34.63	650m:	7:57.26	37.50
	100m:	1:07.38 35.42	300m:	3:35.68	37.21	500m:	6:05.21	40.08	700m:	8:34.32	37.06
	150m:	1:43.54 36.16	350m:	4:13.53	37.85	550m:	6:38.30	33.09	750m:	9:09.87	35.55
	200m:	2:21.03 37.49	400m:	4:50.50	36.97	600m:	7:19.76	41.46	800m:	9:44.25	34.38
3.	Clara Sobreiro, RODRIGUES		09	Pimpoes/Cimai						10:40.53	414
	50m:	35.99 35.99	250m:	3:17.26	40.35	450m:	5:59.05	40.05	650m:	8:41.16	41.03
	100m:	1:15.78 39.79	300m:	3:57.71	40.45	500m:	6:39.07	40.02	700m:	9:22.06	40.90
	150m:	1:56.34 40.56	350m:	4:38.17	40.46	550m:	7:19.41	40.34	750m:	10:02.03	39.97
	200m:	2:36.91 40.57	400m:	5:19.00	40.83	600m:	8:00.13	40.72	800m:	10:40.53	38.50
4.	Mariana Sousa, MARQUES		09	Alcobaca						10:50.92	394
	50m:	35.80 35.80	250m:	3:17.53	41.18	450m:	6:03.62	41.64	650m:	8:49.88	41.14
	100m:	1:15.10 39.30	300m:	3:59.34	41.81	500m:	6:45.10	41.48	700m:	9:31.31	41.43
	150m:	1:55.44 40.34	350m:	4:40.59	41.25	550m:	7:26.72	41.62	750m:	10:11.70	40.39
	200m:	2:36.35 40.91	400m:	5:21.98	41.39	600m:	8:08.74	42.02	800m:	10:50.92	39.22
5.	Anjali, RAICAR		09	Naval de Peniche						12:20.64	267
	50m:	36.94 36.94	250m:	3:30.47	44.56	450m:	6:35.42	46.88	650m:	9:48.52	51.05
	100m:	1:18.10 41.16	300m:	4:16.47	46.00	500m:	7:21.84	46.42	700m:	10:39.65	51.13
	150m:	2:01.58 43.48	350m:	5:02.56	46.09	550m:	8:08.47	46.63	750m:	11:30.69	51.04
	200m:	2:45.91 44.33	400m:	5:48.54	45.98	600m:	8:57.47	49.00	800m:	12:20.64	49.95
6.	Zofie, PACHECO		09	Naval de Peniche						13:00.72	228
	50m:	37.15 37.15	250m:	3:43.09	48.29	450m:	7:05.75	51.06	650m:	10:33.22	51.88
	100m:	1:21.08 43.93	300m:	4:32.66	49.57	500m:	7:57.40	51.65	700m:	11:23.20	49.98
	150m:	2:07.50 46.42	350m:	5:23.38	50.72	550m:	8:49.03	51.63	750m:	12:13.06	49.86
	200m:	2:54.80 47.30	400m:	6:14.69	51.31	600m:	9:41.34	52.31	800m:	13:00.72	47.66

Prova 2
18/05/2024 - 15:20

Femin., 800m Livres

Juvenil B
Resultados

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts
1.	Matilde Santos, VIEIRA		10	Nautico Marinha Grande						9:56.38	513
	50m:	33.35 33.35	250m:	3:04.80	38.07	450m:	5:36.61	37.54	650m:	8:06.83	37.26
	100m:	1:10.34 36.99	300m:	3:42.89	38.09	500m:	6:14.34	37.73	700m:	8:44.31	37.48
	150m:	1:48.49 38.15	350m:	4:20.72	37.83	550m:	6:51.73	37.39	750m:	9:21.25	36.94
	200m:	2:26.73 38.24	400m:	4:59.07	38.35	600m:	7:29.57	37.84	800m:	9:56.38	35.13



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Caldas da Rainha, 18 - 19/5/2024

Prova 2, Femin., 800m Livres, Juvenil B

Lugar			Ano					Tempo final	Pts
2.	Madalena Gracio, PEDROSO		10	Nautico Marinha Grande				9:57.97	508
	50m:	33.90 33.90	250m:	3:04.02	37.86	450m:	5:34.77 37.49	650m:	8:05.95 37.88
	100m:	1:10.70 36.80	300m:	3:41.77	37.75	500m:	6:12.28 37.51	700m:	8:43.92 37.97
	150m:	1:48.50 37.80	350m:	4:19.50	37.73	550m:	6:50.00 37.72	750m:	9:21.63 37.71
	200m:	2:26.16 37.66	400m:	4:57.28	37.78	600m:	7:28.07 38.07	800m:	9:57.97 36.34
3.	Vida Sofia, VELEZ		10	Ba-Leiria				10:11.10	476
	50m:	34.59 34.59	250m:	3:07.95	38.44	450m:	5:43.14 38.84	650m:	8:16.82 38.31
	100m:	1:12.25 37.66	300m:	3:46.52	38.57	500m:	6:21.67 38.53	700m:	8:55.68 38.86
	150m:	1:50.83 38.58	350m:	4:25.09	38.57	550m:	7:00.21 38.54	750m:	9:34.06 38.38
	200m:	2:29.51 38.68	400m:	5:04.30	39.21	600m:	7:38.51 38.30	800m:	10:11.10 37.04
4.	Diana Isabel, ALVES		10	Pimpoes/Cimai				10:13.39	471
	50m:	35.30 35.30	250m:	3:07.75	38.64	450m:	5:43.62 39.12	650m:	8:18.96 38.97
	100m:	1:12.52 37.22	300m:	3:46.66	38.91	500m:	6:22.37 38.75	700m:	8:57.58 38.62
	150m:	1:50.52 38.00	350m:	4:25.39	38.73	550m:	7:01.23 38.86	750m:	9:36.39 38.81
	200m:	2:29.11 38.59	400m:	5:04.50	39.11	600m:	7:39.99 38.76	800m:	10:13.39 37.00
5.	Bianca Balbino, MENDES		10	Naval de Peniche				10:14.14	469
	50m:	34.83 34.83	250m:	3:05.60	38.40	450m:	5:40.83 39.52	650m:	8:17.67 39.66
	100m:	1:11.59 36.76	300m:	3:43.72	38.12	500m:	6:19.80 38.97	700m:	8:57.02 39.35
	150m:	1:48.84 37.25	350m:	4:22.29	38.57	550m:	6:58.77 38.97	750m:	9:36.29 39.27
	200m:	2:27.20 38.36	400m:	5:01.31	39.02	600m:	7:38.01 39.24	800m:	10:14.14 37.85
6.	Barbara Balbino, MENDES		10	Naval de Peniche				10:22.80	450
	50m:	35.75 35.75	250m:	3:09.83	38.98	450m:	5:47.14 39.51	650m:	8:25.89 39.92
	100m:	1:13.42 37.67	300m:	3:48.96	39.13	500m:	6:26.81 39.67	700m:	9:05.14 39.25
	150m:	1:52.06 38.64	350m:	4:28.21	39.25	550m:	7:06.08 39.27	750m:	9:43.87 38.73
	200m:	2:30.85 38.79	400m:	5:07.63	39.42	600m:	7:45.97 39.89	800m:	10:22.80 38.93
7.	Debora Silva, INACIO		10	Pimpoes/Cimai				10:37.68	419
	50m:	36.32 36.32	250m:	3:17.95	39.76	450m:	5:58.85 39.66	650m:	8:37.58 39.36
	100m:	1:16.46 40.14	300m:	3:57.96	40.01	500m:	6:39.61 40.76	700m:	9:18.09 40.51
	150m:	1:57.55 41.09	350m:	4:38.32	40.36	550m:	7:19.42 39.81	750m:	9:59.58 41.49
	200m:	2:38.19 40.64	400m:	5:19.19	40.87	600m:	7:58.22 38.80	800m:	10:37.68 38.10
8.	Leonor Pereira, SILVA		10	Óbidos				10:41.49	412
	50m:	36.42 36.42	250m:	3:18.15	39.55	450m:	5:59.88 40.50	650m:	8:45.02 41.69
	100m:	1:16.34 39.92	300m:	3:58.25	40.10	500m:	6:40.38 40.50	700m:	9:25.72 40.70
	150m:	1:57.59 41.25	350m:	4:38.73	40.48	550m:	7:21.92 41.54	750m:	10:06.26 40.54
	200m:	2:38.60 41.01	400m:	5:19.38	40.65	600m:	8:03.33 41.41	800m:	10:41.49 35.23
9.	Matilde Filipa, AMADO		10	Nautico Marinha Grande				10:54.94	387
	50m:	36.63 36.63	250m:	3:21.29	41.23	450m:	6:06.38 42.23	650m:	8:52.99 42.38
	100m:	1:17.09 40.46	300m:	4:01.59	40.30	500m:	6:47.26 40.88	700m:	9:34.98 41.99
	150m:	1:58.34 41.25	350m:	4:42.34	40.75	550m:	7:28.65 41.39	750m:	10:15.96 40.98
	200m:	2:40.06 41.72	400m:	5:24.15	41.81	600m:	8:10.61 41.96	800m:	10:54.94 38.98
10.	Laura Helena, AMORIM		10	Nautico Marinha Grande				11:00.66	377
	50m:	34.95 34.95	250m:	3:15.26	40.64	450m:	6:02.29 42.50	650m:	8:53.08 43.39
	100m:	1:13.41 38.46	300m:	3:56.56	41.30	500m:	6:44.39 42.10	700m:	9:35.30 42.22
	150m:	1:53.99 40.58	350m:	4:38.08	41.52	550m:	7:27.38 42.99	750m:	10:19.01 43.71
	200m:	2:34.62 40.63	400m:	5:19.79	41.71	600m:	8:09.69 42.31	800m:	11:00.66 41.65



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 2, Femin., 800m Livres, Juvenil B

Lugar			Ano					Tempo final	Pts
11.	Rafaela Santos, AFONSO		10	Naval de Peniche				11:07.07	366
	50m:	35.71 35.71	250m:	3:20.31	42.17	450m:	6:11.01 43.48	650m:	9:02.45 42.90
	100m:	1:15.66 39.95	300m:	4:02.22	41.91	500m:	6:53.65 42.64	700m:	9:44.99 42.54
	150m:	1:56.64 40.98	350m:	4:44.63	42.41	550m:	7:36.38 42.73	750m:	10:26.57 41.58
	200m:	2:38.14 41.50	400m:	5:27.53	42.90	600m:	8:19.55 43.17	800m:	11:07.07 40.50
12.	Mariana Santos, AFONSO		10	Naval de Peniche				11:19.45	346
	50m:	36.08 36.08	250m:	3:25.26	43.01	450m:	6:19.57 43.65	650m:	9:13.05 43.01
	100m:	1:17.15 41.07	300m:	4:08.44	43.18	500m:	7:03.11 43.54	700m:	9:56.87 43.82
	150m:	1:59.47 42.32	350m:	4:52.09	43.65	550m:	7:46.33 43.22	750m:	10:39.21 42.34
	200m:	2:42.25 42.78	400m:	5:35.92	43.83	600m:	8:30.04 43.71	800m:	11:19.45 40.24
13.	Luana Filipe, REIS		10	Alcobaca				11:21.55	343
	50m:	38.30 38.30	250m:	3:29.42	43.42	450m:	6:24.75 43.67	650m:	9:16.68 42.56
	100m:	1:19.61 41.31	300m:	4:13.34	43.92	500m:	7:08.47 43.72	700m:	9:59.36 42.68
	150m:	2:03.09 43.48	350m:	4:57.75	44.41	550m:	7:51.26 42.79	750m:	10:41.76 42.40
	200m:	2:46.00 42.91	400m:	5:41.08	43.33	600m:	8:34.12 42.86	800m:	11:21.55 39.79
14.	Mariana Sousa, OLIVEIRA		10	Alcobaca				11:46.28	308
	50m:	39.57 39.57	250m:	3:37.59	44.34	450m:	6:37.56 45.17	650m:	9:36.90 45.07
	100m:	1:23.67 44.10	300m:	4:22.77	45.18	500m:	7:21.79 44.23	700m:	10:21.30 44.40
	150m:	2:08.25 44.58	350m:	5:08.10	45.33	550m:	8:06.51 44.72	750m:	11:06.60 45.30
	200m:	2:53.25 45.00	400m:	5:52.39	44.29	600m:	8:51.83 45.32	800m:	11:46.28 39.68
DNS	Elisa Henriques, SOUTO		10	Óbidos					

Prova 2 Femin., 800m Livres Infantil A Resultados

18/05/2024 - 15:20
Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Francisca Moreira, FELICIANO		11	Alcobaca				10:29.96	435
	50m:	34.25 34.25	250m:	3:10.59	39.83	450m:	5:51.23 40.26	650m:	8:32.66 40.06
	100m:	1:12.79 38.54	300m:	3:50.05	39.46	500m:	6:31.48 40.25	700m:	9:13.61 40.95
	150m:	1:52.04 39.25	350m:	4:30.76	40.71	550m:	7:12.40 40.92	750m:	9:53.62 40.01
	200m:	2:30.76 38.72	400m:	5:10.97	40.21	600m:	7:52.60 40.20	800m:	10:29.96 36.34
2.	Maria Joao, VALA		11	Pimpoes/Cimai				10:31.18	432
	50m:	36.14 36.14	250m:	3:15.05	39.26	450m:	5:53.95 40.47	650m:	8:33.84 39.45
	100m:	1:15.62 39.48	300m:	3:54.60	39.55	500m:	6:33.74 39.79	700m:	9:14.23 40.39
	150m:	1:55.46 39.84	350m:	4:34.16	39.56	550m:	7:14.51 40.77	750m:	9:53.61 39.38
	200m:	2:35.79 40.33	400m:	5:13.48	39.32	600m:	7:54.39 39.88	800m:	10:31.18 37.57
3.	Leonor Mota, ALVES		11	Nautico Marinha Grande				10:46.54	402
	50m:	35.80 35.80	250m:	3:19.71	41.24	450m:	6:04.00 40.73	650m:	8:48.86 41.04
	100m:	1:16.17 40.37	300m:	4:01.05	41.34	500m:	6:45.06 41.06	700m:	9:29.44 40.58
	150m:	1:57.29 41.12	350m:	4:41.97	40.92	550m:	7:26.47 41.41	750m:	10:09.80 40.36
	200m:	2:38.47 41.18	400m:	5:23.27	41.30	600m:	8:07.82 41.35	800m:	10:46.54 36.74
4.	Mafalda Teles, SOUSA		11	Pimpoes/Cimai				10:53.40	390
	50m:	36.92 36.92	250m:	3:20.91	41.20	450m:	6:06.86 41.32	650m:	8:52.00 40.93
	100m:	1:17.74 40.82	300m:	4:02.56	41.65	500m:	6:48.22 41.36	700m:	9:33.34 41.34
	150m:	1:58.63 40.89	350m:	4:43.87	41.31	550m:	7:29.97 41.75	750m:	10:13.94 40.60
	200m:	2:39.71 41.08	400m:	5:25.54	41.67	600m:	8:11.07 41.10	800m:	10:53.40 39.46



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 2, Femin., 800m Livres, Infantil A

Lugar			Ano				Tempo final				Pts	
5.	Carolina Silva, CASTANHEIRA		11	CNLeiria				10:57.29				383
	50m:	36.55 36.55	250m:	3:21.18	41.05	450m:	6:07.79	41.23	650m:	8:54.78	41.10	
	100m:	1:16.78 40.23	300m:	4:02.97	41.79	500m:	6:49.37	41.58	700m:	9:37.38	42.60	
	150m:	1:58.80 42.02	350m:	4:44.70	41.73	550m:	7:31.34	41.97	750m:	10:19.15	41.77	
	200m:	2:40.13 41.33	400m:	5:26.56	41.86	600m:	8:13.68	42.34	800m:	10:57.29	38.14	
6.	Mariana Sousa, MENDES		11	Alcobaca				11:01.02				376
	50m:	35.45 35.45	250m:	3:18.82	41.45	450m:	6:05.55	41.44	650m:	8:55.87	42.45	
	100m:	1:15.17 39.72	300m:	4:00.10	41.28	500m:	6:48.33	42.78	700m:	9:38.48	42.61	
	150m:	1:56.09 40.92	350m:	4:42.32	42.22	550m:	7:31.07	42.74	750m:	10:21.03	42.55	
	200m:	2:37.37 41.28	400m:	5:24.11	41.79	600m:	8:13.42	42.35	800m:	11:01.02	39.99	
7.	Cristiana Henriques, ALMEIDA		11	Benedita				11:25.37				338
	50m:	39.58 39.58	250m:	3:31.72	43.30	450m:	6:26.39	43.25	650m:	9:20.00	43.40	
	100m:	1:21.63 42.05	300m:	4:15.94	44.22	500m:	7:10.10	43.71	700m:	10:02.28	42.28	
	150m:	1:59.33 37.70	350m:	4:59.78	43.84	550m:	7:53.62	43.52	750m:	10:45.29	43.01	
	200m:	2:48.42 49.09	400m:	5:43.14	43.36	600m:	8:36.60	42.98	800m:	11:25.37	40.08	
8.	Beatriz Marques, GASPAR		11	Nautico Marinha Grande				11:29.12				332
	50m:	37.35 37.35	250m:	3:33.42	44.88	450m:	6:32.44	44.56	650m:	9:29.72	43.71	
	100m:	1:20.35 43.00	300m:	4:18.23	44.81	500m:	7:17.04	44.60	700m:	10:11.86	42.14	
	150m:	2:04.10 43.75	350m:	5:03.47	45.24	550m:	8:02.15	45.11	750m:	10:52.38	40.52	
	200m:	2:48.54 44.44	400m:	5:47.88	44.41	600m:	8:46.01	43.86	800m:	11:29.12	36.74	
9.	Maria Leonor, ALMEIDA		11	Benedita				11:30.89				329
	50m:	36.56 36.56	250m:	3:27.06	44.71	450m:	6:25.64	46.34	650m:	9:22.44	43.38	
	100m:	1:17.25 40.69	300m:	4:10.76	43.70	500m:	7:09.41	43.77	700m:	10:06.32	43.88	
	150m:	1:59.05 41.80	350m:	4:54.72	43.96	550m:	7:54.58	45.17	750m:	10:50.06	43.74	
	200m:	2:42.35 43.30	400m:	5:39.30	44.58	600m:	8:39.06	44.48	800m:	11:30.89	40.83	
10.	Maria Santos, FONSECA		11	CNLeiria				11:48.38				306
	50m:	39.10 39.10	250m:	3:39.20	45.58	450m:	6:42.18	45.95	650m:	9:42.12	43.53	
	100m:	1:23.12 44.02	300m:	4:24.78	45.58	500m:	7:26.98	44.80	700m:	10:24.81	42.69	
	150m:	2:08.22 45.10	350m:	5:10.53	45.75	550m:	8:13.04	46.06	750m:	11:07.96	43.15	
	200m:	2:53.62 45.40	400m:	5:56.23	45.70	600m:	8:58.59	45.55	800m:	11:48.38	40.42	
11.	Isabela Maria, CARREIRA		11	Uniao Juncalense				11:58.82				292
	50m:	39.37 39.37	250m:	3:40.87	46.54	450m:	6:40.87	45.13	650m:	9:42.44	45.73	
	100m:	1:24.19 44.82	300m:	4:26.08	45.21	500m:	7:26.30	45.43	700m:	10:28.65	46.21	
	150m:	2:09.44 45.25	350m:	5:11.12	45.04	550m:	8:11.44	45.14	750m:	11:15.46	46.81	
	200m:	2:54.33 44.89	400m:	5:55.74	44.62	600m:	8:56.71	45.27	800m:	11:58.82	43.36	
12.	Leiriia Silviovna, TONKIKH		11	CNLeiria				12:03.18				287
	50m:	40.10 40.10	250m:	3:41.12	45.70	450m:	6:44.97	45.35	650m:	9:50.07	46.50	
	100m:	1:24.55 44.45	300m:	4:27.44	46.32	500m:	7:31.04	46.07	700m:	10:36.00	45.93	
	150m:	2:10.15 45.60	350m:	5:13.71	46.27	550m:	8:17.27	46.23	750m:	11:20.14	44.14	
	200m:	2:55.42 45.27	400m:	5:59.62	45.91	600m:	9:03.57	46.30	800m:	12:03.18	43.04	
13.	Isabela Lourenco, COSTA		11	Benedita				12:11.42				278
	50m:	39.03 39.03	250m:	3:40.45	45.69	450m:	6:46.46	46.93	650m:	9:54.83	46.87	
	100m:	1:23.11 44.08	300m:	4:26.28	45.83	500m:	7:33.69	47.23	700m:	10:41.34	46.51	
	150m:	2:08.66 45.55	350m:	5:12.87	46.59	550m:	8:21.34	47.65	750m:	11:27.86	46.52	
	200m:	2:54.76 46.10	400m:	5:59.53	46.66	600m:	9:07.96	46.62	800m:	12:11.42	43.56	



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 2, Femin., 800m Livres, Infantil A

Lugar	Ano	Tempo final	Pts
14. Matilde Vitorino, FERREIRA	11 Naval de Peniche	12:21.87	266
50m: 39.18 39.18	250m: 3:44.83 47.24	450m: 6:54.24 47.29	650m: 10:02.97 47.57
100m: 1:24.62 45.44	300m: 4:32.22 47.39	500m: 7:40.85 46.61	700m: 10:50.72 47.75
150m: 2:11.67 47.05	350m: 5:19.25 47.03	550m: 8:28.26 47.41	750m: 11:37.54 46.82
200m: 2:57.59 45.92	400m: 6:06.95 47.70	600m: 9:15.40 47.14	800m: 12:21.87 44.33
15. Erica Felix, RODRIGUES	11 Uniao Juncalense	12:45.69	242
50m: 41.51 41.51	250m: 3:53.17 49.28	450m: 7:10.11 48.38	650m: 10:22.30 48.16
100m: 1:27.60 46.09	300m: 4:42.35 49.18	500m: 7:57.38 47.27	700m: 11:12.01 49.71
150m: 2:15.47 47.87	350m: 5:32.11 49.76	550m: 8:46.35 48.97	750m: 12:00.10 48.09
200m: 3:03.89 48.42	400m: 6:21.73 49.62	600m: 9:34.14 47.79	800m: 12:45.69 45.59
16. Kelly Simao, COSTA	11 Óbidos	13:45.05	193
50m: 44.82 44.82	250m: 4:11.65 53.10	450m: 7:46.42 53.44	650m: 11:15.75 52.64
100m: 1:34.45 49.63	300m: 5:04.52 52.87	500m: 8:38.99 52.57	700m: 12:07.49 51.74
150m: 2:25.96 51.51	350m: 5:57.92 53.40	550m: 9:30.98 51.99	750m: 12:58.39 50.90
200m: 3:18.55 52.59	400m: 6:52.98 55.06	600m: 10:23.11 52.13	800m: 13:45.05 46.66
DNS Matilde Pinto, ANTUNES	11 Naval de Peniche		

Prova 2
18/05/2024 - 15:20

Femin., 800m Livres

Infantil B
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Laura Krempel, VARELA	12 Pimpoes/Cimai	11:19.34	347
50m: 37.10 37.10	250m: 3:28.07 43.07	450m: 6:20.42 42.77	650m: 9:14.37 43.14
100m: 1:19.46 42.36	300m: 4:11.49 43.42	500m: 7:04.16 43.74	700m: 9:57.79 43.42
150m: 2:02.58 43.12	350m: 4:54.14 42.65	550m: 7:46.90 42.74	750m: 10:39.05 41.26
200m: 2:45.00 42.42	400m: 5:37.65 43.51	600m: 8:31.23 44.33	800m: 11:19.34 40.29
2. Emma, AVRAMESCU	12 Nautico Marinha Grande	11:35.76	323
50m: 39.41 39.41	250m: 3:36.86 43.42	450m: 6:33.72 44.49	650m: 9:30.04 43.90
100m: 1:23.76 44.35	300m: 4:20.24 43.38	500m: 7:18.20 44.48	700m: 10:12.36 42.32
150m: 2:09.28 45.52	350m: 5:04.66 44.42	550m: 8:02.66 44.46	750m: 10:55.52 43.16
200m: 2:53.44 44.16	400m: 5:49.23 44.57	600m: 8:46.14 43.48	800m: 11:35.76 40.24
3. Ines Pinto, MARTINS	12 Pimpoes/Cimai	11:49.43	304
50m: 40.01 40.01	250m: 3:38.04 45.05	450m: 6:40.10 44.78	650m: 9:40.35 43.72
100m: 1:23.63 43.62	300m: 4:23.48 45.44	500m: 7:25.05 44.95	700m: 10:25.84 45.49
150m: 2:08.15 44.52	350m: 5:09.12 45.64	550m: 8:10.61 45.56	750m: 11:08.21 42.37
200m: 2:52.99 44.84	400m: 5:55.32 46.20	600m: 8:56.63 46.02	800m: 11:49.43 41.22
4. Beatriz Julio, CORREIA	12 CNLeiria	12:01.75	289
50m: 40.37 40.37	250m: 3:44.25 45.90	450m: 6:48.53 45.77	650m: 9:49.49 45.11
100m: 1:25.51 45.14	300m: 4:29.67 45.42	500m: 7:33.73 45.20	700m: 10:34.12 44.63
150m: 2:12.48 46.97	350m: 5:16.72 47.05	550m: 8:19.13 45.40	750m: 11:18.91 44.79
200m: 2:58.35 45.87	400m: 6:02.76 46.04	600m: 9:04.38 45.25	800m: 12:01.75 42.84
5. Mafalda Varela, BERNARDINO	12 Alcobaca	12:04.31	286
50m: 43.65 43.65	250m: 3:51.90 46.41	450m: 6:56.30 45.35	650m: 9:54.36 42.38
100m: 1:31.26 47.61	300m: 4:37.83 45.93	500m: 7:41.22 44.92	700m: 10:38.30 43.94
150m: 2:18.22 46.96	350m: 5:24.01 46.18	550m: 8:26.63 45.41	750m: 11:22.53 44.23
200m: 3:05.49 47.27	400m: 6:10.95 46.94	600m: 9:11.98 45.35	800m: 12:04.31 41.78



Tor. Fundo Inf/Juv +TTCombinadas Cad.
Caldas da Rainha, 18 - 19/5/2024

Prova 2, Femin., 800m Livres, Infantil B

Lugar			Ano					Tempo final	Pts
6.	Julia Pinto, PINHEIRO		12	Pimpoes/Cimai				12:20.97	267
	50m:	41.81 41.81	250m:	3:47.43	46.14	450m:	6:57.27 47.85	650m:	10:04.33 46.07
	100m:	1:27.40 45.59	300m:	4:34.99	47.56	500m:	7:43.98 46.71	700m:	10:50.56 46.23
	150m:	2:14.20 46.80	350m:	5:22.16	47.17	550m:	8:30.15 46.17	750m:	11:37.30 46.74
	200m:	3:01.29 47.09	400m:	6:09.42	47.26	600m:	9:18.26 48.11	800m:	12:20.97 43.67
7.	Benedita Nunes, FELIX		12	Pimpoes/Cimai				12:38.83	249
	50m:	41.23 41.23	250m:	3:52.15	48.31	450m:	7:05.77 48.21	650m:	10:19.43 49.39
	100m:	1:27.58 46.35	300m:	4:40.63	48.48	500m:	7:52.89 47.12	700m:	11:08.23 48.80
	150m:	2:15.32 47.74	350m:	5:29.32	48.69	550m:	8:40.97 48.08	750m:	11:57.00 48.77
	200m:	3:03.84 48.52	400m:	6:17.56	48.24	600m:	9:30.04 49.07	800m:	12:38.83 41.83
8.	Maria Leonor, ASSUNCAO		12	Pimpoes/Cimai				12:53.07	235
	50m:	41.49 41.49	250m:	3:56.86	49.32	450m:	7:17.30 49.65	650m:	10:32.97 48.72
	100m:	1:29.49 48.00	300m:	4:47.58	50.72	500m:	8:06.07 48.77	700m:	11:21.83 48.86
	150m:	2:18.45 48.96	350m:	5:37.38	49.80	550m:	8:55.04 48.97	750m:	12:09.95 48.12
	200m:	3:07.54 49.09	400m:	6:27.65	50.27	600m:	9:44.25 49.21	800m:	12:53.07 43.12
9.	Rita Alexandra, JORDAO		12	Uniao Juncalense				13:20.82	211
	50m:	44.40 44.40	250m:	4:05.74	51.01	450m:	7:29.15 50.59	650m:	10:52.97 50.27
	100m:	1:33.69 49.29	300m:	4:56.69	50.95	500m:	8:21.24 52.09	700m:	11:43.14 50.17
	150m:	2:23.82 50.13	350m:	5:47.57	50.88	550m:	9:11.14 49.90	750m:	12:33.82 50.68
	200m:	3:14.73 50.91	400m:	6:38.56	50.99	600m:	10:02.70 51.56	800m:	13:20.82 47.00
10.	Mariana Duarte, ANTUNES		12	Alcobaca				13:38.90	198
	50m:	43.74 43.74	250m:	4:09.18	52.13	450m:	7:39.65 52.15	650m:	11:09.77 52.24
	100m:	1:34.16 50.42	300m:	5:01.42	52.24	500m:	8:31.98 52.33	700m:	12:01.59 51.82
	150m:	2:25.85 51.69	350m:	5:53.08	51.66	550m:	9:24.92 52.94	750m:	12:51.72 50.13
	200m:	3:17.05 51.20	400m:	6:47.50	54.42	600m:	10:17.53 52.61	800m:	13:38.90 47.18
11.	Iara Maria, CAMACHO		12	Óbidos				14:05.41	180
	50m:	44.49 44.49	250m:	4:13.36	53.32	450m:	7:49.06 54.51	650m:	11:25.05 52.83
	100m:	1:35.34 50.85	300m:	5:06.93	53.57	500m:	8:42.96 53.90	700m:	12:16.93 51.88
	150m:	2:28.27 52.93	350m:	6:00.52	53.59	550m:	9:38.64 55.68	750m:	13:12.53 55.60
	200m:	3:20.04 51.77	400m:	6:54.55	54.03	600m:	10:32.22 53.58	800m:	14:05.41 52.88
12.	Jessica Garcia, FERREIRA		12	Óbidos				14:13.53	175
	50m:	46.82 46.82	250m:	4:24.47	54.52	450m:	7:56.56 53.05	650m:	11:32.47 54.57
	100m:	1:41.09 54.27	300m:	5:18.50	54.03	500m:	8:50.59 54.03	700m:	12:27.16 54.69
	150m:	2:34.89 53.80	350m:	6:11.29	52.79	550m:	9:45.14 54.55	750m:	13:21.65 54.49
	200m:	3:29.95 55.06	400m:	7:03.51	52.22	600m:	10:37.90 52.76	800m:	14:13.53 51.88
13.	Maria Leonor, FERREIRA		12	Óbidos				14:31.30	164
	50m:	46.44 46.44	250m:	4:25.10	55.80	450m:	8:07.25 54.95	650m:	11:51.78 55.69
	100m:	1:40.14 53.70	300m:	5:21.03	55.93	500m:	9:03.71 56.46	700m:	12:47.12 55.34
	150m:	2:34.89 54.75	350m:	6:16.98	55.95	550m:	10:00.19 56.48	750m:	13:41.48 54.36
	200m:	3:29.30 54.41	400m:	7:12.30	55.32	600m:	10:56.09 55.90	800m:	14:31.30 49.82
DNS	Constanca Santos, COUTINHO		12	Naval da Nazaré					