

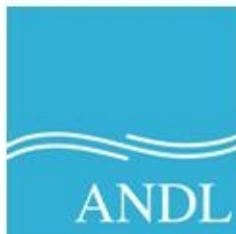


Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 41	Femin., 1500m Livres				Absolutos (JUN+SEN)
03/03/2024 - 16:38					Resultados
Rec Nac Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Rec Nac SEN	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Rec Nac 17	16:11.67	Tamila Hryhorivna, HOLUB	SCB	Porto	11/12/2015
Rec Nac 16	16:44.26	Tamila Hryhorivna, HOLUB	SCB	Porto	19/12/2014

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
1. Margarida Correia, MADEIRA	06	Nautico Marinha Grande	17:59.90	594	
50m:	33.50	33.50	450m:	5:19.78	35.98
100m:	1:08.76	35.26	500m:	5:56.16	36.38
150m:	1:44.56	35.80	550m:	6:32.55	36.39
200m:	2:20.41	35.85	600m:	7:09.19	36.64
250m:	2:56.52	36.11	650m:	7:45.54	36.35
300m:	3:32.86	36.34	700m:	8:21.77	36.23
350m:	4:07.62	34.76	750m:	8:57.90	36.13
400m:	4:43.80	36.18	800m:	9:34.44	36.54
			850m:	10:10.38	35.94
			900m:	10:46.87	36.49
			950m:	11:23.17	36.30
			1000m:	11:59.27	36.10
			1050m:	12:35.19	35.92
			1100m:	13:11.76	36.57
			1150m:	13:47.63	35.87
			1200m:	14:24.52	36.89
			1250m:	15:01.19	36.67
			1300m:	15:37.62	36.43
			1350m:	16:13.10	35.48
			1400m:	16:49.79	36.69
			1450m:	17:25.93	36.14
			1500m:	17:59.90	33.97
2. Matilde Violante, VIANA	07	CNLeiria	18:23.14	558	
50m:	32.97	32.97	450m:	5:21.93	36.93
100m:	1:08.05	35.08	500m:	5:58.47	36.54
150m:	1:43.74	35.69	550m:	6:35.62	37.15
200m:	2:19.91	36.17	600m:	7:12.36	36.74
250m:	2:56.21	36.30	650m:	7:49.13	36.77
300m:	3:32.59	36.38	700m:	8:26.23	37.10
350m:	4:08.65	36.06	750m:	9:03.23	37.00
400m:	4:45.00	36.35	800m:	9:39.99	36.76
			850m:	10:17.01	37.02
			900m:	10:54.24	37.23
			950m:	11:32.08	37.84
			1000m:	12:09.52	37.44
			1050m:	12:46.87	37.35
			1100m:	13:24.53	37.66
			1150m:	14:02.51	37.98
			1200m:	14:40.51	38.00
			1250m:	15:18.65	38.14
			1300m:	15:56.94	38.29
			1350m:	16:34.29	37.35
			1400m:	17:11.30	37.01
			1450m:	17:48.26	36.96
			1500m:	18:23.14	34.88
3. Leonor Caetano, MOREIRA	06	Vieirense	20:02.48	430	
50m:	35.97	35.97	450m:	6:02.24	39.95
100m:	1:16.16	40.19	500m:	6:42.53	40.29
150m:	1:56.96	40.80	550m:	7:22.21	39.68
200m:	2:38.14	41.18	600m:	8:02.51	40.30
250m:	3:19.62	41.48	650m:	8:42.55	40.04
300m:	4:00.36	40.74	700m:	9:22.10	39.55
350m:	4:41.35	40.99	750m:	10:02.43	40.33
400m:	5:22.29	40.94	800m:	10:42.76	40.33
			850m:	11:23.13	40.37
			900m:	12:03.17	40.04
			950m:	12:43.57	40.40
			1000m:	13:23.66	40.09
			1050m:	14:03.01	39.35
			1100m:	14:43.38	40.37
			1150m:	15:23.14	39.76
			1200m:	16:02.88	39.74
			1250m:	16:42.74	39.86
			1300m:	17:23.48	40.74
			1350m:	18:03.56	40.08
			1400m:	18:43.92	40.36
			1450m:	19:23.78	39.86
			1500m:	20:02.48	38.70
4. Catarina Tagaroso, LOBO	07	Uniao Juncalense	22:01.60	324	
50m:	35.92	35.92	450m:	6:27.54	44.13
100m:	1:17.47	41.55	500m:	7:12.44	44.90
150m:	2:01.52	44.05	550m:	7:56.48	44.04
200m:	2:45.86	44.34	600m:	8:40.94	44.46
250m:	3:30.21	44.35	650m:	9:25.41	44.47
300m:	4:14.38	44.17	700m:	10:10.22	44.81
350m:	4:58.92	44.54	750m:	10:55.05	44.83
400m:	5:43.41	44.49	800m:	11:39.72	44.67
			850m:	12:23.99	44.27
			900m:	13:08.45	44.46
			950m:	13:53.36	44.91
			1000m:	14:37.77	44.41
			1050m:	15:22.85	45.08
			1100m:	16:07.37	44.52
			1150m:	16:51.63	44.26
			1200m:	17:36.83	45.20
			1250m:	18:22.09	45.26
			1300m:	19:06.50	44.41
			1350m:	19:51.28	44.78
			1400m:	20:35.29	44.01
			1450m:	21:20.00	44.71
			1500m:	22:01.60	41.60



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 41, Femin., 1500m Livres

Prova 41
03/03/2024 - 16:38

Femin., 1500m Livres

Juvenis Femininos (A+B)
Resultados

Rec Nac Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Rec Nac JUV A	16:54.39	Tamila Hryhorivna, HOLUB	SCB	Vila Praia Ancora	16/03/2014
Rec Nac JUV B	17:17.43	Tamila Hryhorivna, HOLUB	SCB	Vila Praia Ancora	30/06/2013

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
1. Constanca Baptista, TOMAS	09	Alcobaca	18:22.72	558	
50m: 33.24 33.24	450m: 5:25.22	36.47 850m: 10:25.42	38.20	1250m: 15:24.51	36.82
100m: 1:09.33 36.09	500m: 6:02.34	37.12 900m: 11:02.48	37.06	1300m: 16:01.07	36.56
150m: 1:45.80 36.47	550m: 6:39.23	36.89 950m: 11:39.70	37.22	1350m: 16:37.68	36.61
200m: 2:22.33 36.53	600m: 7:16.94	37.71 1000m: 12:17.52	37.82	1400m: 17:13.79	36.11
250m: 2:59.07 36.74	650m: 7:54.27	37.33 1050m: 12:55.32	37.80	1450m: 17:49.51	35.72
300m: 3:35.63 36.56	700m: 8:31.69	37.42 1100m: 13:32.88	37.56	1500m: 18:22.72	33.21
350m: 4:11.93 36.30	750m: 9:09.81	38.12 1150m: 14:09.85	36.97		
400m: 4:48.75 36.82	800m: 9:47.22	37.41 1200m: 14:47.69	37.84		
2. Francisca Ramos, NUNES	09	Naval de Peniche	18:48.93	520	
50m: 34.87 34.87	450m: 5:36.34	37.82 850m: 10:38.76	38.10	1250m: 15:44.77	38.02
100m: 1:12.24 37.37	500m: 6:13.68	37.34 900m: 11:17.13	38.37	1300m: 16:22.88	38.11
150m: 1:49.71 37.47	550m: 6:51.10	37.42 950m: 11:55.24	38.11	1350m: 17:00.46	37.58
200m: 2:27.35 37.64	600m: 7:28.91	37.81 1000m: 12:33.67	38.43	1400m: 17:37.64	37.18
250m: 3:05.42 38.07	650m: 8:06.74	37.83 1050m: 13:12.00	38.33	1450m: 18:14.59	36.95
300m: 3:43.06 37.64	700m: 8:44.28	37.54 1100m: 13:50.48	38.48	1500m: 18:48.93	34.34
350m: 4:20.65 37.59	750m: 9:22.60	38.32 1150m: 14:28.42	37.94		
400m: 4:58.52 37.87	800m: 10:00.66	38.06 1200m: 15:06.75	38.33		
3. Diana Isabel, ALVES	10	Pimpoes/Cimai	19:16.52	484	
50m: 35.13 35.13	450m: 5:45.74	38.88 850m: 10:56.86	38.98	1250m: 16:06.76	38.15
100m: 1:13.50 38.37	500m: 6:24.81	39.07 900m: 11:35.43	38.57	1300m: 16:44.85	38.09
150m: 1:52.37 38.87	550m: 7:03.27	38.46 950m: 12:14.18	38.75	1350m: 17:23.17	38.32
200m: 2:31.23 38.86	600m: 7:42.43	39.16 1000m: 12:53.34	39.16	1400m: 18:02.09	38.92
250m: 3:10.33 39.10	650m: 8:21.38	38.95 1050m: 13:31.92	38.58	1450m: 18:40.35	38.26
300m: 3:49.04 38.71	700m: 9:00.39	39.01 1100m: 14:10.92	39.00	1500m: 19:16.52	36.17
350m: 4:27.92 38.88	750m: 9:39.06	38.67 1150m: 14:49.55	38.63		
400m: 5:06.86 38.94	800m: 10:17.88	38.82 1200m: 15:28.61	39.06		
4. Bianca Balbino, MENDES	10	Naval de Peniche	19:23.04	476	
50m: 35.41 35.41	450m: 5:45.76	38.91 850m: 10:56.88	38.69	1250m: 16:08.75	39.52
100m: 1:14.10 38.69	500m: 6:25.34	39.58 900m: 11:35.37	38.49	1300m: 16:47.49	38.74
150m: 1:52.71 38.61	550m: 7:03.95	38.61 950m: 12:14.22	38.85	1350m: 17:26.92	39.43
200m: 2:31.43 38.72	600m: 7:42.45	38.50 1000m: 12:53.21	38.99	1400m: 18:06.43	39.51
250m: 3:10.30 38.87	650m: 8:21.65	39.20 1050m: 13:32.30	39.09	1450m: 18:45.31	38.88
300m: 3:49.18 38.88	700m: 9:00.57	38.92 1100m: 14:11.13	38.83	1500m: 19:23.04	37.73
350m: 4:27.96 38.78	750m: 9:39.43	38.86 1150m: 14:49.91	38.78		
400m: 5:06.85 38.89	800m: 10:18.19	38.76 1200m: 15:29.23	39.32		
5. Vida Sofia, VELEZ	10	Ba-Leiria	19:42.29	453	
50m: 35.06 35.06	450m: 5:47.66	39.63 850m: 11:02.86	37.94	1250m: 16:25.85	40.87
100m: 1:14.40 39.34	500m: 6:26.89	39.23 900m: 11:41.43	38.57	1300m: 17:06.23	40.38
150m: 1:53.39 38.99	550m: 7:06.57	39.68 950m: 12:21.46	40.03	1350m: 17:45.05	38.82
200m: 2:33.23 39.84	600m: 7:46.36	39.79 1000m: 13:01.42	39.96	1400m: 18:24.34	39.29
250m: 3:11.97 38.74	650m: 8:25.45	39.09 1050m: 13:42.20	40.78	1450m: 19:03.74	39.40
300m: 3:50.51 38.54	700m: 9:05.25	39.80 1100m: 14:22.10	39.90	1500m: 19:42.29	38.55
350m: 4:29.43 38.92	750m: 9:44.56	39.31 1150m: 15:03.69	41.59		
400m: 5:08.03 38.60	800m: 10:24.92	40.36 1200m: 15:44.98	41.29		