



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS  
Leiria, 2 - 3/3/2024

Prova 40	Masc., 800m Livres				Absolutos (Jun+Sen)
03/03/2024 - 16:05					Resultados
Rec Nac Open	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	20/12/2019
Rec Nac SEN	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	20/12/2019
Rec Nac 18	7:56.76	Guilherme Filipe, PINA	BSCN	Porto	11/12/2015
Rec Nac 17	8:00.80	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
1. Francisco Xavier, RITA	07	Vieirense	8:47.58	593	
50m:	30.02	30.02	250m:	2:42.52	33.75
100m:	1:02.35	32.33	300m:	3:16.39	33.87
150m:	1:35.35	33.00	350m:	3:50.15	33.76
200m:	2:08.77	33.42	400m:	4:24.11	33.96
450m:	4:57.45	33.34	500m:	5:31.35	33.90
550m:	6:05.52	34.17	600m:	6:38.93	33.41
650m:	7:12.04	33.11	700m:	7:44.77	32.73
750m:	8:16.58	31.81	800m:	8:47.58	31.00
2. Gil Santos, LEMOS	06	Pimpoes/Cimai	8:54.86	569	
50m:	29.98	29.98	250m:	2:42.35	33.43
100m:	1:02.54	32.56	300m:	3:15.80	33.45
150m:	1:35.67	33.13	350m:	3:49.69	33.89
200m:	2:08.92	33.25	400m:	4:23.53	33.84
450m:	4:57.10	33.57	500m:	5:30.76	33.66
550m:	6:04.69	33.93	600m:	6:38.99	34.30
650m:	7:14.09	35.10	700m:	7:49.05	34.96
750m:	8:22.62	33.57	800m:	8:54.86	32.24
3. Afonso Dinis, ROQUE	07	CNLeiria	8:54.97	569	
50m:	29.98	29.98	250m:	2:43.17	33.85
100m:	1:02.45	32.47	300m:	3:16.64	33.47
150m:	1:35.72	33.27	350m:	3:50.75	34.11
200m:	2:09.32	33.60	400m:	4:25.30	34.55
450m:	4:59.16	33.86	500m:	5:33.43	34.27
550m:	6:07.76	34.33	600m:	6:41.67	33.91
650m:	7:15.67	34.00	700m:	7:49.41	33.74
750m:	8:23.55	34.14	800m:	8:54.97	31.42
4. Luca Valentino, TONA	06	Pimpoes/Cimai	8:55.68	567	
50m:	30.05	30.05	250m:	2:43.21	33.52
100m:	1:02.78	32.73	300m:	3:17.27	34.06
150m:	1:35.97	33.19	350m:	3:51.47	34.20
200m:	2:09.69	33.72	400m:	4:25.53	34.06
450m:	4:59.86	34.33	500m:	5:34.43	34.57
550m:	6:08.90	34.47	600m:	6:43.22	34.32
650m:	7:17.75	34.53	700m:	7:51.94	34.19
750m:	8:25.81	33.87	800m:	8:55.68	29.87
5. Jose Januario, MARQUES	07	Pimpoes/Cimai	9:38.29	450	
50m:	31.96	31.96	250m:	2:55.89	36.13
100m:	1:07.18	35.22	300m:	3:32.52	36.63
150m:	1:43.27	36.09	350m:	4:09.07	36.55
200m:	2:19.76	36.49	400m:	4:45.57	36.50
450m:	5:22.57	37.00	500m:	5:59.50	36.93
550m:	6:36.50	37.00	600m:	7:13.87	37.37
650m:	7:50.98	37.11	700m:	8:28.01	37.03
750m:	9:03.86	35.85	800m:	9:38.29	34.43
6. David Parreiras, PEREIRA	06	CNLeiria	10:24.58	357	
50m:	30.73	30.73	250m:	3:03.18	39.46
100m:	1:06.92	36.19	300m:	3:42.71	39.53
150m:	1:45.31	38.39	350m:	4:21.98	39.27
200m:	2:23.72	38.41	400m:	5:01.75	39.77
450m:	5:41.71	39.96	500m:	6:22.50	40.79
550m:	7:03.69	41.19	600m:	7:44.77	41.08
650m:	8:26.14	41.37	700m:	9:06.73	40.59
750m:	9:47.32	40.59	800m:	10:24.58	37.26

Prova 40	Masc., 800m Livres				Juvenis Masculinos (A+B)
03/03/2024 - 16:05					Resultados
Rec Nac Open	7:42.14	Jose Paulo, LOPES	SCB	Felgueiras	20/12/2019
Rec Nac JUV A	8:09.43	Rui Filipe, COSTA	VSC	Senhora da Hora	12/05/2007
Rec Nac JUV B	8:25.99	Rui Silva, PEREIRA	POR	Tomar	14/01/2023

Pontos: FINA 2023

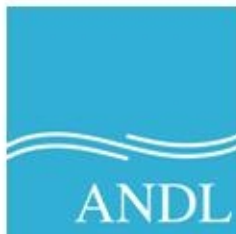
Lugar	Ano		Tempo final		Pts
1. Paulo, KOT	09	Nautico Marinha Grande	8:39.75	620	
50m:	29.62	29.62	250m:	2:38.86	32.35
100m:	1:01.38	31.76	300m:	3:12.17	33.31
150m:	1:33.56	32.18	350m:	3:45.18	33.01
200m:	2:06.51	32.95	400m:	4:17.83	32.65
450m:	4:51.06	33.23	500m:	5:23.82	32.76
550m:	5:56.84	33.02	600m:	6:29.85	33.01
650m:	7:02.65	32.80	700m:	7:35.82	33.17
750m:	8:08.63	32.81	800m:	8:39.75	31.12



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Prova 40, Masc., 800m Livres, Juvenis Masculinos (A+B)

Lugar	Ano				Tempo final				Pts
2.	Guilherme Meireles, MARRAZES 09 Nautico Marinha Grande				8:53.66				573
	50m: 29.79	29.79	250m: 2:45.11	34.13	450m: 5:00.78	33.66	650m: 7:15.66	33.87	
	100m: 1:03.37	33.58	300m: 3:18.90	33.79	500m: 5:34.17	33.39	700m: 7:49.44	33.78	
	150m: 1:36.96	33.59	350m: 3:53.14	34.24	550m: 6:08.07	33.90	750m: 8:22.74	33.30	
	200m: 2:10.98	34.02	400m: 4:27.12	33.98	600m: 6:41.79	33.72	800m: 8:53.66	30.92	
3.	Santiago Agostinho, PARREIRA 09 Pimpoes/Cimai				8:54.74				570
	50m: 30.41	30.41	250m: 2:44.93	33.89	450m: 5:00.41	32.82	650m: 7:17.65	34.29	
	100m: 1:03.71	33.30	300m: 3:18.96	34.03	500m: 5:34.45	34.04	700m: 7:51.51	33.86	
	150m: 1:37.02	33.31	350m: 3:53.27	34.31	550m: 6:09.17	34.72	750m: 8:23.83	32.32	
	200m: 2:11.04	34.02	400m: 4:27.59	34.32	600m: 6:43.36	34.19	800m: 8:54.74	30.91	
4.	Mikhael, ONUTSKYY 08 Pimpoes/Cimai				9:05.04				538
	50m: 29.61	29.61	250m: 2:45.52	34.39	450m: 5:04.50	34.73	650m: 7:23.79	34.91	
	100m: 1:02.74	33.13	300m: 3:20.14	34.62	500m: 5:39.18	34.68	700m: 7:58.80	35.01	
	150m: 1:36.77	34.03	350m: 3:55.11	34.97	550m: 6:14.15	34.97	750m: 8:32.83	34.03	
	200m: 2:11.13	34.36	400m: 4:29.77	34.66	600m: 6:48.88	34.73	800m: 9:05.04	32.21	
5.	Santiago Boica, SOUSA 08 Vieiraense				9:15.35				509
	50m: 30.20	30.20	250m: 2:47.10	34.09	450m: 5:09.96	35.54	650m: 7:32.16	35.11	
	100m: 1:03.98	33.78	300m: 3:23.16	36.06	500m: 5:45.19	35.23	700m: 8:08.03	35.87	
	150m: 1:38.60	34.62	350m: 3:58.14	34.98	550m: 6:20.92	35.73	750m: 8:43.29	35.26	
	200m: 2:13.01	34.41	400m: 4:34.42	36.28	600m: 6:57.05	36.13	800m: 9:15.35	32.06	
6.	Rodrigo Santos, COUTINHO 08 Pimpoes/Cimai				9:38.27				450
	50m: 32.76	32.76	250m: 2:59.94	37.07	450m: 5:27.46	36.62	650m: 7:53.46	36.62	
	100m: 1:09.14	36.38	300m: 3:36.84	36.90	500m: 6:04.41	36.95	700m: 8:29.71	36.25	
	150m: 1:45.64	36.50	350m: 4:13.64	36.80	550m: 6:40.65	36.24	750m: 9:05.48	35.77	
	200m: 2:22.87	37.23	400m: 4:50.84	37.20	600m: 7:16.84	36.19	800m: 9:38.27	32.79	
7.	Santiago Jose, PACHECO 09 Alcobaca				9:45.01				435
	50m: 31.86	31.86	250m: 2:59.77	37.25	450m: 5:28.57	37.32	650m: 7:57.99	37.32	
	100m: 1:08.48	36.62	300m: 3:37.30	37.53	500m: 6:05.45	36.88	700m: 8:34.82	36.83	
	150m: 1:45.52	37.04	350m: 4:14.47	37.17	550m: 6:43.22	37.77	750m: 9:10.64	35.82	
	200m: 2:22.52	37.00	400m: 4:51.25	36.78	600m: 7:20.67	37.45	800m: 9:45.01	34.37	
8.	Daniel Gomes, SANTOS 08 Nautico Marinha Grande				9:46.88				431
	50m: 32.04	32.04	250m: 2:58.55	37.21	450m: 5:28.54	36.93	650m: 7:57.54	37.22	
	100m: 1:07.62	35.58	300m: 3:36.33	37.78	500m: 6:05.90	37.36	700m: 8:34.72	37.18	
	150m: 1:44.36	36.74	350m: 4:13.93	37.60	550m: 6:42.81	36.91	750m: 9:11.79	37.07	
	200m: 2:21.34	36.98	400m: 4:51.61	37.68	600m: 7:20.32	37.51	800m: 9:46.88	35.09	
9.	Hugo Miguel, SANTOS 09 Pimpoes/Cimai				9:47.93				429
	50m: 32.71	32.71	250m: 2:57.40	36.88	450m: 5:26.02	37.04	650m: 7:55.83	37.40	
	100m: 1:07.68	34.97	300m: 3:34.39	36.99	500m: 6:03.51	37.49	700m: 8:33.39	37.56	
	150m: 1:44.07	36.39	350m: 4:11.64	37.25	550m: 6:40.88	37.37	750m: 9:11.32	37.93	
	200m: 2:20.52	36.45	400m: 4:48.98	37.34	600m: 7:18.43	37.55	800m: 9:47.93	36.61	
10.	Xinyang, CHENG 09 Nautico Marinha Grande				9:53.06				417
	50m: 32.29	32.29	250m: 2:59.41	36.97	450m: 5:29.34	37.84	650m: 8:00.51	37.69	
	100m: 1:08.24	35.95	300m: 3:36.83	37.42	500m: 6:07.20	37.86	700m: 8:38.04	37.53	
	150m: 1:45.17	36.93	350m: 4:14.27	37.44	550m: 6:44.98	37.78	750m: 9:15.39	37.35	
	200m: 2:22.44	37.27	400m: 4:51.50	37.23	600m: 7:22.82	37.84	800m: 9:53.06	37.67	
11.	Pedro Fonseca, OLIVEIRA 09 Nautico Marinha Grande				10:07.14				389
	50m: 31.71	31.71	250m: 3:01.96	39.12	450m: 5:37.74	39.31	650m: 8:13.65	38.71	
	100m: 1:07.87	36.16	300m: 3:41.03	39.07	500m: 6:16.81	39.07	700m: 8:52.18	38.53	
	150m: 1:44.79	36.92	350m: 4:19.57	38.54	550m: 6:55.36	38.55	750m: 9:30.11	37.93	
	200m: 2:22.84	38.05	400m: 4:58.43	38.86	600m: 7:34.94	39.58	800m: 10:07.14	37.03	



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS  
Leiria, 2 - 3/3/2024

Prova 40, Masc., 800m Livres, Juvenis Masculinos (A+B)

Lugar	Ano	Tempo final	Pts
12. Tomas Bento, ANFILOQUIO	09 Pimpoes/Cimai	10:12.91	378
50m: 33.62 33.62	250m: 3:06.27 38.90	450m: 5:41.37 38.57	650m: 8:16.95 38.70
100m: 1:10.19 36.57	300m: 3:44.64 38.37	500m: 6:20.57 39.20	700m: 8:56.52 39.57
150m: 1:48.55 38.36	350m: 4:23.75 39.11	550m: 6:59.04 38.47	750m: 9:35.16 38.64
200m: 2:27.37 38.82	400m: 5:02.80 39.05	600m: 7:38.25 39.21	800m: 10:12.91 37.75
13. Gabriel Santiago, FERREIRA	09 Uniao Juncalense	10:13.21	378
50m: 34.01 34.01	250m: 3:05.72 38.42	450m: 5:39.84 38.58	650m: 8:17.28 39.29
100m: 1:10.48 36.47	300m: 3:44.18 38.46	500m: 6:19.18 39.34	700m: 8:56.34 39.06
150m: 1:48.68 38.20	350m: 4:22.74 38.56	550m: 6:58.60 39.42	750m: 9:35.37 39.03
200m: 2:27.30 38.62	400m: 5:01.26 38.52	600m: 7:37.99 39.39	800m: 10:13.21 37.84
14. Alexandre Afonso, SANTOS	09 Uniao Juncalense	12:53.47	188
50m: 41.68 41.68	250m: 3:54.46 48.52	450m: 7:11.54 49.15	650m: 10:29.60 47.96
100m: 1:28.92 47.24	300m: 4:44.51 50.05	500m: 8:01.22 49.68	700m: 11:17.89 48.29
150m: 2:16.99 48.07	350m: 5:33.06 48.55	550m: 8:51.67 50.45	750m: 12:06.65 48.76
200m: 3:05.94 48.95	400m: 6:22.39 49.33	600m: 9:41.64 49.97	800m: 12:53.47 46.82
DNS Tome Nunes, TOME	08 CNLeiria		