



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 32	Femin., 200m Costas				Absolutos (JUN+SEN)
03/03/2024 - 12:09					Resultados
Rec Nac Open	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	07/12/2023
Rec Nac SEN	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	07/12/2023
Rec Nac 17	2:11.13	Camila Rodrigues, REBELO	ALN	Felgueiras	20/12/2019
Rec Nac 16	2:11.74	Camila Rodrigues, REBELO	ALN	Felgueiras	21/12/2018

Pontos: FINA 2023

Lugar	Ano				Tempo final	Pts
1. Matilde Violante, VIANA	07	CNLeiria			2:34.70	454
50m: 35.86 35.86	100m: 1:14.57	38.71	150m: 1:54.99	40.42	200m: 2:34.70	39.71
2. Bruna Andreia, SIMOES	01	Vieirense			2:38.15	425
50m: 36.90 36.90	100m: 1:16.87	39.97	150m: 1:57.82	40.95	200m: 2:38.15	40.33
3. Beatriz Luz, MARTINS	06	Pimpoes/Cimai			2:41.96	396
50m: 37.87 37.87	100m: 1:18.99	41.12	150m: 2:01.28	42.29	200m: 2:41.96	40.68
4. Constanca Carvalho, PIEDADE	08	Uniao Juncalense			2:51.16	335
50m: 40.88 40.88	100m: 1:24.22	43.34	150m: 2:08.33	44.11	200m: 2:51.16	42.83
5. Catarina Tagarros, LOBO	07	Uniao Juncalense			3:01.23	282
50m: 41.57 41.57	100m: 1:27.65	46.08	150m: 2:14.76	47.11	200m: 3:01.23	46.47
6. Matilde Santos, COUTINHO	07	Naval da Nazaré			3:04.76	266
50m: 41.18 41.18	100m: 1:28.07	46.89	150m: 2:16.55	48.48	200m: 3:04.76	48.21
7. Sara Cristina, ALMEIDA	08	Benedita			3:08.56	250
50m: 46.39 46.39	100m: 1:34.73	48.34	150m: 2:23.44	48.71	200m: 3:08.56	45.12

Prova 32	Femin., 200m Costas				Juvenis Femininos (A+B)
03/03/2024 - 12:09					Resultados
Rec Nac Open	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	07/12/2023
Rec Nac JUV A	2:14.11	Camila Rodrigues, REBELO	ALN	Condeixa	12/05/2018
Rec Nac JUV B	2:17.86	Catia Raquel, MARTINHEIRA	LDC	Sines	21/12/2008

Pontos: FINA 2023

Lugar	Ano				Tempo final	Pts
1. Madalena Gracio, PEDROSO	10	Nautico Marinha Grande			2:33.92	461
50m: 36.14 36.14	100m: 1:15.12	38.98	150m: 1:54.89	39.77	200m: 2:33.92	39.03
2. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande			2:34.35	457
50m: 35.82 35.82	100m: 1:15.31	39.49	150m: 1:55.69	40.38	200m: 2:34.35	38.66
3. Sofia Roma, BRIZIDA	10	Ba-Leiria			2:39.89	411
50m: 37.41 37.41	100m: 1:18.23	40.82	150m: 2:00.01	41.78	200m: 2:39.89	39.88
4. Vida Sofia, VELEZ	10	Ba-Leiria			2:44.34	379
50m: 38.76 38.76	100m: 1:21.63	42.87	150m: 2:04.76	43.13	200m: 2:44.34	39.58
5. Ana Margarida, MARQUES	09	Ba-Leiria			2:45.11	373
50m: 37.81 37.81	100m: 1:19.70	41.89	150m: 2:02.61	42.91	200m: 2:45.11	42.50
6. Elisa Henriques, SOUTO	10	Óbidos			2:48.63	350
50m: 38.88 38.88	100m: 1:22.07	43.19	150m: 2:06.32	44.25	200m: 2:48.63	42.31
7. Leonor Valerio, ADRIANO	09	Alcobaca			2:53.04	324
50m: 39.83 39.83	100m: 1:23.39	43.56	150m: 2:08.30	44.91	200m: 2:53.04	44.74
8. Mariana Sousa, OLIVEIRA	10	Alcobaca			3:04.37	268
50m: 42.84 42.84	100m: 1:30.44	47.60	150m: 2:18.69	48.25	200m: 3:04.37	45.68
DNS Beatriz Belo, CLARA	09	CNLeiria				



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Leiria, 2 - 3/3/2024

Prova 32, Femin., 200m Costas

Prova 32 Femin., 200m Costas Infantil A
03/03/2024 - 12:09 Resultados

Rec Nac Open	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	07/12/2023
Rec Nac INF A	2:21.33	Rafaela Gomes, AZEVEDO	SAD	Algés	06/06/2015

Pontos: FINA 2023

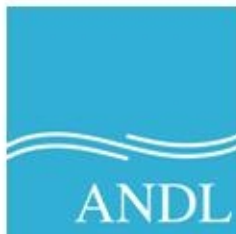
Lugar	Ano		Tempo final				Pts
1. Carolina Silva, CASTANHEIRA	11	CNLeiria	2:45.29				372
50m: 39.60 39.60	100m: 1:21.88	42.28	150m: 2:04.27	42.39	200m: 2:45.29	41.02	
2. Leonor Mota, ALVES	11	Nautico Marinha Grande	2:46.80				362
50m: 39.49 39.49	100m: 1:22.02	42.53	150m: 2:05.32	43.30	200m: 2:46.80	41.48	
3. Anastasiya, PRYMACHENKO	11	Nucleo de Pombal	2:47.91				355
50m: 39.74 39.74	100m: 1:22.36	42.62	150m: 2:06.28	43.92	200m: 2:47.91	41.63	
4. Maria Leonor, ALMEIDA	11	Benedita	2:49.06				348
50m: 40.42 40.42	100m: 1:23.43	43.01	150m: 2:06.58	43.15	200m: 2:49.06	42.48	
5. Margarida Lopes, RODRIGUES	11	Uniao Juncalense	3:00.48				286
50m: 42.03 42.03	100m: 1:28.80	46.77	150m: 2:16.24	47.44	200m: 3:00.48	44.24	
6. Mariana Sousa, MENDES	11	Alcobaca	3:03.77				271
50m: 43.82 43.82	100m: 1:29.95	46.13	150m: 2:17.59	47.64	200m: 3:03.77	46.18	
7. Maria Santos, FONSECA	11	CNLeiria	3:06.15				260
50m: 43.93 43.93	100m: 1:31.86	47.93	150m: 2:21.11	49.25	200m: 3:06.15	45.04	
8. Isabela Lourenco, COSTA	11	Benedita	3:13.96				230
50m: 46.52 46.52	100m: 1:36.73	50.21	150m: 2:26.63	49.90	200m: 3:13.96	47.33	
9. Matilde Pinto, ANTUNES	11	Naval de Peniche	3:14.27				229
50m: 44.92 44.92	100m: 1:34.77	49.85	150m: 2:25.13	50.36	200m: 3:14.27	49.14	
10. Erica Felix, RODRIGUES	11	Uniao Juncalense	3:17.85				217
50m: 46.90 46.90	100m: 1:38.00	51.10	150m: 2:29.23	51.23	200m: 3:17.85	48.62	
11. Yara Nunes, MARCELINO	11	Nucleo de Pombal	3:19.10				213
50m: 46.41 46.41	100m: 1:37.92	51.51	150m: 2:30.41	52.49	200m: 3:19.10	48.69	
12. Yara Silva, INES	11	Ba-Leiria	3:36.19				166
50m: 49.28 49.28	100m: 1:44.11	54.83	150m: 2:41.10	56.99	200m: 3:36.19	55.09	

Prova 32 Femin., 200m Costas Infantil B
03/03/2024 - 12:09 Resultados

Rec Nac Open	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	07/12/2023
Rec Nac INF B	2:27.90	Carolina Miranda, FERNANDES	CGA	Mealhada	26/03/2017

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Laura Krempel, VARELA	12	Pimpoes/Cimai	2:52.40				328
50m: 39.68 39.68	100m: 1:23.61	43.93	150m: 2:09.10	45.49	200m: 2:52.40	43.30	
2. Emiliania Arruda, SARAIVA	12	Vieirense	2:54.32				317
50m: 41.12 41.12	100m: 1:25.53	44.41	150m: 2:11.47	45.94	200m: 2:54.32	42.85	
3. Luna Francisco, PEREIRA	12	Nucleo de Pombal	2:55.09				313
50m: 40.88 40.88	100m: 1:25.87	44.99	150m: 2:11.78	45.91	200m: 2:55.09	43.31	
4. Safira Pedro, FONSECA	12	Vieirense	3:09.86				245
50m: 43.87 43.87	100m: 1:32.92	49.05	150m: 2:22.76	49.84	200m: 3:09.86	47.10	



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Prova 32, Femin., 200m Costas, Infantil B

Lugar	Ano	Tempo final	Pts
5. Beatriz Julio, CORREIA	12 CNLeiria	3:11.65	239
50m: 45.85 45.85	100m: 1:36.08 50.23	150m: 2:24.94 48.86	200m: 3:11.65 46.71
6. Carolina Matos, CORREIA	12 Nucleo de Pombal	3:19.51	211
50m: 48.10 48.10	100m: 1:39.05 50.95	150m: 2:31.27 52.22	200m: 3:19.51 48.24
7. Rita Alexandra, JORDAO	12 Uniao Juncalense	3:19.80	210
50m: 47.54 47.54	100m: 1:39.51 51.97	150m: 2:30.88 51.37	200m: 3:19.80 48.92
8. Mariana Duarte, ANTUNES	12 Alcobaca	3:21.48	205
50m: 47.59 47.59	100m: 1:39.10 51.51	150m: 2:31.61 52.51	200m: 3:21.48 49.87
9. Constanca Santos, COUTINHO	12 Naval da Nazaré	3:27.70	187
50m: 46.82 46.82	100m: 1:40.40 53.58	150m: 2:35.09 54.69	200m: 3:27.70 52.61
DSQ Maria Ines, GOMES	12 Nucleo de Pombal		
<i>A atleta não efetuou o movimento contínuo na viragem dos 50 metros.</i>			
DNS Benedita Nunes, FELIX	12 Pimpoes/Cimai		