



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 30	Femin., 200m Bruços				Absolutos (JUN+SEN)
03/03/2024 - 11:05					Resultados
Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
Rec Nac SEN	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
Rec Nac 17	2:26.47	Raquel Gomes, PEREIRA	SAD	Funchal	10/12/2016
Rec Nac 16	2:26.87	Raquel Gomes, PEREIRA	SAD	Porto	11/12/2015

Pontos: FINA 2023

Lugar	Ano			Tempo final	Pts	
1. Margarida Correia, MADEIRA	06	Nautico Marinha Grande		2:39.52	600	
50m: 37.25 37.25	100m: 1:18.40	41.15	150m: 1:59.44	41.04	200m: 2:39.52	40.08
2. Joana Rosa, FERREIRA	05	CNLeiria		2:39.80	597	
50m: 36.58 36.58	100m: 1:17.40	40.82	150m: 1:58.44	41.04	200m: 2:39.80	41.36
3. Camila Silva, CHAMUSCO	08	Pimpoes/Cimai		3:02.93	398	
50m: 42.11 42.11	100m: 1:29.08	46.97	150m: 2:16.72	47.64	200m: 3:02.93	46.21
4. Mafalda Caetano, LOURENCO	06	Vieirense		3:13.58	335	
50m: 43.68 43.68	100m: 1:33.77	50.09	150m: 2:23.08	49.31	200m: 3:13.58	50.50
5. Matilde Santos, COUTINHO	07	Naval da Nazaré		3:25.84	279	
50m: 45.01 45.01	100m: 1:37.46	52.45	150m: 2:31.62	54.16	200m: 3:25.84	54.22
6. Bruna Matos, FIALHO	08	Uniao Juncalense		3:36.07	241	
50m: 45.52 45.52	100m: 1:40.82	55.30	150m: 2:38.37	57.55	200m: 3:36.07	57.70

Prova 30	Femin., 200m Bruços				Juvenis Femininos (A+B)
03/03/2024 - 11:05					Resultados
Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
Rec Nac JUV A	2:32.36	Diana Duarte, GOMES	ABVE	Alcobaça	07/02/2004
Rec Nac JUV B	2:34.51	Diana Duarte, GOMES	ABVE	Reboleira	28/06/2003

Pontos: FINA 2023

Lugar	Ano			Tempo final	Pts	
1. Sofia Roma, BRIZIDA	10	Ba-Leiria		2:46.28	530	
50m: 37.63 37.63	100m: 1:20.43	42.80	150m: 2:02.96	42.53	200m: 2:46.28	43.32
2. Constanca Baptista, TOMAS	09	Alcobaça		2:54.73	456	
50m: 39.61 39.61	100m: 1:24.83	45.22	150m: 2:10.37	45.54	200m: 2:54.73	44.36
3. Maria Teresa, OLIVEIRA	09	Ba-Leiria		2:57.28	437	
50m: 39.31 39.31	100m: 1:23.86	44.55	150m: 2:10.44	46.58	200m: 2:57.28	46.84
4. Luana Filipe, REIS	10	Alcobaça		3:02.59	400	
50m: 42.30 42.30	100m: 1:29.57	47.27	150m: 2:16.04	46.47	200m: 3:02.59	46.55
5. Vida Sofia, VELEZ	10	Ba-Leiria		3:02.94	398	
50m: 41.47 41.47	100m: 1:27.71	46.24	150m: 2:15.34	47.63	200m: 3:02.94	47.60
6. Maria Margarida, OLIVEIRA	09	Ba-Leiria		3:06.47	375	
50m: 42.70 42.70	100m: 1:30.26	47.56	150m: 2:18.61	48.35	200m: 3:06.47	47.86
7. Leonor Pereira, SILVA	10	Óbidos		3:12.29	342	
50m: 42.14 42.14	100m: 1:30.70	48.56	150m: 2:22.03	51.33	200m: 3:12.29	50.26
8. Laura Helena, AMORIM	10	Nautico Marinha Grande		3:12.68	340	
50m: 44.19 44.19	100m: 1:34.02	49.83	150m: 2:24.32	50.30	200m: 3:12.68	48.36
9. Mariana Santos, AFONSO	10	Naval de Peniche		3:20.15	303	
50m: 44.82 44.82	100m: 1:36.46	51.64	150m: 2:29.54	53.08	200m: 3:20.15	50.61



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Prova 30, Femin., 200m Bruços, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
10. Ana Margarida, MARQUES 50m: 43.40 43.40 100m: 1:35.18 51.78 150m: 2:27.12 51.94 200m: 3:21.36 54.24	09 Ba-Leiria	3:21.36	298
11. Zofie, PACHECO 50m: 44.17 44.17 100m: 1:38.42 54.25 150m: 2:33.23 54.81 200m: 3:26.11 52.88	09 Naval de Peniche	3:26.11	278
12. Rafaela Santos, AFONSO 50m: 45.48 45.48 100m: 1:39.18 53.70 150m: 2:33.46 54.28 200m: 3:26.21 52.75	10 Naval de Peniche	3:26.21	277

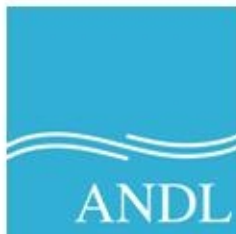
Prova 30 Femin., 200m Bruços Infantil A
03/03/2024 - 11:05 Resultados

Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
Rec Nac INF A	2:36.86	Clara Gomes, PEREIRA	SAD	Algés	06/06/2015

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Francisca Moreira, FELICIANO 50m: 43.94 43.94 100m: 1:32.12 48.18 150m: 2:20.67 48.55 200m: 3:08.55 47.88	11 Alcobaca	3:08.55	363
2. Beatriz Marques, GASPAR 50m: 42.42 42.42 100m: 1:30.43 48.01 150m: 2:21.10 50.67 200m: 3:08.67 47.57	11 Nautico Marinha Grande	3:08.67	362
3. Carlota Sa, SANTOS 50m: 45.45 45.45 100m: 1:37.00 51.55 150m: 2:28.30 51.30 200m: 3:20.12 51.82	11 Nucleo de Pombal	3:20.12	304
4. Cristiana Henriques, ALMEIDA 50m: 48.03 48.03 100m: 1:41.42 53.39 150m: 2:36.66 55.24 200m: 3:31.23 54.57	11 Benedita	3:31.23	258
5. Margarida Soares, MAIA 50m: 49.87 49.87 100m: 1:44.93 55.06 150m: 2:42.03 57.10 200m: 3:35.99 53.96	11 Nautico Marinha Grande	3:35.99	241
6. Leiriia Silviovna, TONKIKH 50m: 49.66 49.66 100m: 1:46.36 56.70 150m: 2:42.70 56.34 200m: 3:37.30 54.60	11 CNLeiria	3:37.30	237
7. Carolina Silva, CASTANHEIRA 50m: 48.05 48.05 100m: 1:43.53 55.48 150m: 2:40.29 56.76 200m: 3:37.60 57.31	11 CNLeiria	3:37.60	236
8. Kelly Simao, COSTA 50m: 50.65 50.65 100m: 1:46.84 56.19 150m: 2:44.07 57.23 200m: 3:38.60 54.53	11 Óbidos	3:38.60	233
9. Matilde Vitorino, FERREIRA 50m: 51.14 51.14 100m: 1:48.63 57.49 150m: 2:40.10 51.47 200m: 3:44.91 1:04.81	11 Naval de Peniche	3:44.91	214

DSQ Isabela Maria, CARREIRA 11 Uniao Juncalense
A atleta efetuou duas pernadas de mariposa, no percurso subaquático dos 125 para os 150 metros.



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Leiria, 2 - 3/3/2024

Prova 30, Femin., 200m Bruços

Prova 30 Femin., 200m Bruços Infantil B
03/03/2024 - 11:05 Resultados

Rec Nac Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
Rec Nac INF B	2:45.30	Clara Gomes, PEREIRA	SAD	Algés	14/06/2014

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Emma , AVRAMESCU	12 Nautico Marinha Grande	3:16.76	319
50m: 43.70 43.70	100m: 1:35.70 52.00	150m: 2:27.36 51.66	200m: 3:16.76 49.40
2. Beatriz Julio, CORREIA	12 CNLeiria	3:25.04	282
50m: 47.60 47.60	100m: 1:41.12 53.52	150m: 2:33.37 52.25	200m: 3:25.04 51.67
3. Ines Pinto, MARTINS	12 Pimpoes/Cimai	3:33.90	249
50m: 51.25 51.25	100m: 1:45.32 54.07	150m: 2:40.10 54.78	200m: 3:33.90 53.80
4. Julia Pinto, PINHEIRO	12 Pimpoes/Cimai	3:35.51	243
50m: 51.98 51.98	100m: 1:47.46 55.48	150m: 2:41.54 54.08	200m: 3:35.51 53.97
5. Daniela Carvalho, FERREIRA	12 Nucleo de Pombal	3:39.46	230
50m: 49.89 49.89	100m: 1:46.36 56.47	150m: 2:43.91 57.55	200m: 3:39.46 55.55
6. Luna Francisco, PEREIRA	12 Nucleo de Pombal	3:39.86	229
50m: 49.11 49.11	100m: 1:46.15 57.04	150m: 2:43.80 57.65	200m: 3:39.86 56.06
7. Maria Leonor, ASSUNCAO	12 Pimpoes/Cimai	3:40.71	226
50m: 51.48 51.48	100m: 1:47.62 56.14	150m: 2:45.43 57.81	200m: 3:40.71 55.28
8. Rita Francisco, SIMOES	12 Vieiraense	3:43.08	219
50m: 50.86 50.86	100m: 1:47.15 56.29	150m: 2:45.52 58.37	200m: 3:43.08 57.56
9. Maria Leonor, FERREIRA	12 Óbidos	3:45.77	211
50m: 53.30 53.30	100m: 1:51.41 58.11	150m: 2:50.27 58.86	200m: 3:45.77 55.50
10. Yaroslava, TABUNSCHYK	12 CNLeiria	4:00.45	175
50m: 54.86 54.86	100m: 1:54.39 59.53	150m: 2:56.88 1:02.49	200m: 4:00.45 1:03.57
11. Jessica Garcia, FERREIRA	12 Óbidos	4:00.97	174
50m: 56.39 56.39	100m: 1:58.45 1:02.06	150m: 3:00.73 1:02.28	200m: 4:00.97 1:00.24
12. Valeria, MORITS	12 Nautico Marinha Grande	4:16.50	144
50m: 52.89 52.89	100m: 1:58.60 1:05.71	150m: 3:07.92 1:09.32	200m: 4:16.50 1:08.58
13. Iara Maria, CAMACHO	12 Óbidos	4:43.35	107
50m: 1:03.31 1:03.31	100m: 2:16.00 1:12.69	150m: 3:29.98 1:13.98	200m: 4:43.35 1:13.37
DNS Mafalda Varela, BERNARDINO	12 Alcobaca		