

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS  
Leiria, 2 - 3/3/2024

Prova 27	Masc., 400m Livres				Absolutos (Jun+Sen)
03/03/2024 - 10:12					Resultados
Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac SEN	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26/06/2004
Rec Nac 17	3:56.54	Rui Filipe, COSTA	VSC	Felgueiras	24/11/2007

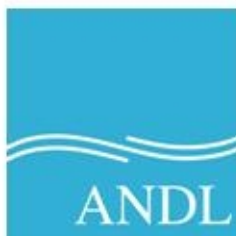
Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts	
1. David Ferreira, RELVAS	03	Nautico Marinha Grande	4:08.93	619		
50m: 27.60 27.60	150m: 1:29.51	31.64	250m: 2:32.88	31.64	350m: 3:37.36	32.25
100m: 57.87 30.27	200m: 2:01.24	31.73	300m: 3:05.11	32.23	400m: 4:08.93	31.57
2. Francisco Marques, SIMOES	07	CNLeiria	4:11.99	597		
50m: 27.77 27.77	150m: 1:30.98	31.91	250m: 2:36.47	32.71	350m: 3:40.72	31.72
100m: 59.07 31.30	200m: 2:03.76	32.78	300m: 3:09.00	32.53	400m: 4:11.99	31.27
3. Francisco Xavier, RITA	07	Vieirense	4:14.77	578		
50m: 28.76 28.76	150m: 1:32.48	32.33	250m: 2:38.34	32.97	350m: 3:44.04	32.52
100m: 1:00.15 31.39	200m: 2:05.37	32.89	300m: 3:11.52	33.18	400m: 4:14.77	30.73
4. Afonso Dinis, ROQUE	07	CNLeiria	4:17.70	558		
50m: 28.05 28.05	150m: 1:30.50	31.60	250m: 2:35.40	32.67	350m: 3:43.73	34.56
100m: 58.90 30.85	200m: 2:02.73	32.23	300m: 3:09.17	33.77	400m: 4:17.70	33.97
5. Luca Valentino, TONA	06	Pimpoes/Cimai	4:19.72	545		
50m: 28.62 28.62	150m: 1:31.87	32.07	250m: 2:37.83	33.15	350m: 3:46.11	34.15
100m: 59.80 31.18	200m: 2:04.68	32.81	300m: 3:11.96	34.13	400m: 4:19.72	33.61
6. Edgar Francisco, SIMOES	06	Vieirense	4:40.13	434		
50m: 30.94 30.94	150m: 1:40.54	35.32	250m: 2:52.81	36.35	350m: 4:04.95	35.86
100m: 1:05.22 34.28	200m: 2:16.46	35.92	300m: 3:29.09	36.28	400m: 4:40.13	35.18
DNS Andre Filipe, FERNANDES	07	Alcobaca				

Prova 27	Masc., 400m Livres				Juvenis Masculinos (A+B)
03/03/2024 - 10:12					Resultados
Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac JUV A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	17/12/2023
Rec Nac JUV B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts	
1. Tomas Pascoal, FERREIRA	09	Ba-Leiria	4:10.86	605		
50m: 29.11 29.11	150m: 1:32.32	32.05	250m: 2:36.95	32.06	350m: 3:41.07	32.10
100m: 1:00.27 31.16	200m: 2:04.89	32.57	300m: 3:08.97	32.02	400m: 4:10.86	29.79
2. Paulo, KOT	09	Nautico Marinha Grande	4:14.87	577		
50m: 28.86 28.86	150m: 1:32.20	32.07	250m: 2:37.51	32.80	350m: 3:42.69	32.41
100m: 1:00.13 31.27	200m: 2:04.71	32.51	300m: 3:10.28	32.77	400m: 4:14.87	32.18
3. Guilherme Meireles, MARRAZES	09	Nautico Marinha Grande	4:22.99	525		
50m: 29.24 29.24	150m: 1:35.80	33.72	250m: 2:43.66	34.21	350m: 3:51.50	33.89
100m: 1:02.08 32.84	200m: 2:09.45	33.65	300m: 3:17.61	33.95	400m: 4:22.99	31.49
4. Tome Nunes, TOME	08	CNLeiria	4:24.87	514		
50m: 29.17 29.17	150m: 1:36.02	33.94	250m: 2:43.65	33.95	350m: 3:52.09	33.97
100m: 1:02.08 32.91	200m: 2:09.70	33.68	300m: 3:18.12	34.47	400m: 4:24.87	32.78
5. Santiago Boica, SOUSA	08	Vieirense	4:26.64	504		
50m: 29.96 29.96	150m: 1:37.62	34.55	250m: 2:46.19	33.90	350m: 3:54.41	34.25
100m: 1:03.07 33.11	200m: 2:12.29	34.67	300m: 3:20.16	33.97	400m: 4:26.64	32.23



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS  
Leiria, 2 - 3/3/2024

Prova 27, Masc., 400m Livres, Juvenis Masculinos (A+B)

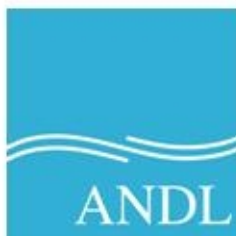
Lugar			Ano					Tempo final	Pts			
6.	Tiago Santos, POMBO		08	Alcobaca				4:27.71	498			
	50m:	29.64 29.64	150m:	1:35.97	33.90	250m:	2:45.66	34.76	350m:	3:54.66	34.37	
	100m:	1:02.07	32.43	200m:	2:10.90	34.93	300m:	3:20.29	34.63	400m:	4:27.71	33.05
7.	Daniel Gomes, SANTOS		08	Nautico Marinha Grande				4:49.38	394			
	50m:	31.49 31.49	150m:	1:44.56	37.44	250m:	2:58.70	36.97	350m:	4:13.23	36.73	
	100m:	1:07.12	35.63	200m:	2:21.73	37.17	300m:	3:36.50	37.80	400m:	4:49.38	36.15
8.	David Ferrador, PEREIRA		09	Nucleo de Pombal				4:52.78	380			
	50m:	31.29 31.29	150m:	1:44.64	37.58	250m:	3:00.91	37.93	350m:	4:17.15	37.62	
	100m:	1:07.06	35.77	200m:	2:22.98	38.34	300m:	3:39.53	38.62	400m:	4:52.78	35.63
9.	Gabriel Santiago, FERREIRA		09	Uniao Juncalense				4:53.74	377			
	50m:	32.52 32.52	150m:	1:45.35	37.28	250m:	3:01.35	38.08	350m:	4:17.53	37.85	
	100m:	1:08.07	35.55	200m:	2:23.27	37.92	300m:	3:39.68	38.33	400m:	4:53.74	36.21
10.	Santiago Jose, PACHECO		09	Alcobaca				4:54.84	373			
	50m:	31.65 31.65	150m:	1:45.65	37.94	250m:	3:02.47	38.51	350m:	4:18.80	38.22	
	100m:	1:07.71	36.06	200m:	2:23.96	38.31	300m:	3:40.58	38.11	400m:	4:54.84	36.04
11.	Afonso Matos, CORREIA		09	Nucleo de Pombal				4:57.19	364			
	50m:	33.06 33.06	150m:	1:49.05	38.34	250m:	3:05.36	38.00	350m:	4:20.79	37.54	
	100m:	1:10.71	37.65	200m:	2:27.36	38.31	300m:	3:43.25	37.89	400m:	4:57.19	36.40
12.	Luis Pedro, VALERIO		09	Ba-Leiria				5:02.90	344			
	50m:	33.44 33.44	150m:	1:50.22	38.92	250m:	3:07.58	38.16	350m:	4:25.05	39.02	
	100m:	1:11.30	37.86	200m:	2:29.42	39.20	300m:	3:46.03	38.45	400m:	5:02.90	37.85
13.	Vladyslav, BABUSHKIN		09	Nautico Marinha Grande				5:14.09	308			
	50m:	34.16 34.16	150m:	1:53.45	40.48	250m:	3:14.15	40.49	350m:	4:34.90	40.83	
	100m:	1:12.97	38.81	200m:	2:33.66	40.21	300m:	3:54.07	39.92	400m:	5:14.09	39.19
14.	Tiago Daniel, POVOA		08	Uniao Juncalense				5:50.15	222			
	50m:	35.64 35.64	150m:	2:04.22	44.81	250m:	3:36.27	46.64	350m:	5:08.70	45.91	
	100m:	1:19.41	43.77	200m:	2:49.63	45.41	300m:	4:22.79	46.52	400m:	5:50.15	41.45

Prova 27 Masc., 400m Livres Infantil A  
03/03/2024 - 10:12 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac INF A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts			
1.	Antonio Antunes, JORGE		10	Alcobaca				4:31.64	477			
	50m:	29.72 29.72	150m:	1:36.76	34.19	250m:	2:46.33	34.93	350m:	3:56.88	35.35	
	100m:	1:02.57	32.85	200m:	2:11.40	34.64	300m:	3:21.53	35.20	400m:	4:31.64	34.76
2.	Rodolfo Junior, ALECRIM		10	CNLeiria				4:33.69	466			
	50m:	29.75 29.75	150m:	1:37.02	34.32	250m:	2:46.38	34.96	350m:	3:58.18	36.22	
	100m:	1:02.70	32.95	200m:	2:11.42	34.40	300m:	3:21.96	35.58	400m:	4:33.69	35.51
3.	Francisco Lourenco, PEDROSA		10	Nautico Marinha Grande				4:47.76	401			
	50m:	32.44 32.44	150m:	1:45.61	36.93	250m:	3:00.07	37.39	350m:	4:13.89	36.79	
	100m:	1:08.68	36.24	200m:	2:22.68	37.07	300m:	3:37.10	37.03	400m:	4:47.76	33.87
4.	Rodrigo Cardoso, TOMAS		10	Uniao Juncalense				4:48.92	396			
	50m:	33.06 33.06	150m:	1:46.54	37.26	250m:	3:01.19	37.43	350m:	4:14.87	36.55	
	100m:	1:09.28	36.22	200m:	2:23.76	37.22	300m:	3:38.32	37.13	400m:	4:48.92	34.05



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS  
Leiria, 2 - 3/3/2024

Prova 27, Masc., 400m Livres, Infantil A

Lugar			Ano			Tempo final			Pts
5.	Lucas Ferreira, GASPAR		10	Vieirense		4:49.58			393
	50m:	31.72 31.72	150m:	1:44.45 37.03	250m:	2:59.35 37.37	350m:	4:14.37 37.38	
	100m:	1:07.42 35.70	200m:	2:21.98 37.53	300m:	3:36.99 37.64	400m:	4:49.58 35.21	
6.	Joao Piteira, GAIOLAS		10	Nautico Marinha Grande		4:57.84			361
	50m:	33.25 33.25	150m:	1:47.94 38.26	250m:	3:05.24 38.60	350m:	4:21.47 37.94	
	100m:	1:09.68 36.43	200m:	2:26.64 38.70	300m:	3:43.53 38.29	400m:	4:57.84 36.37	
7.	Simao Almeida, CARNIDE		10	Vieirense		4:59.88			354
	50m:	32.78 32.78	150m:	1:46.72 37.93	250m:	3:03.65 38.75	350m:	4:21.72 38.85	
	100m:	1:08.79 36.01	200m:	2:24.90 38.18	300m:	3:42.87 39.22	400m:	4:59.88 38.16	
8.	David Xavier, ALMEIDA		10	Ba-Leiria		5:01.31			349
	50m:	33.30 33.30	150m:	1:50.07 38.82	250m:	3:07.54 38.90	350m:	4:25.25 38.50	
	100m:	1:11.25 37.95	200m:	2:28.64 38.57	300m:	3:46.75 39.21	400m:	5:01.31 36.06	
9.	Dinis Lamas, SANTOS		10	Ba-Leiria		5:15.84			303
	50m:	36.20 36.20	150m:	1:53.17 39.11	250m:	3:13.84 40.89	350m:	4:37.61 41.47	
	100m:	1:14.06 37.86	200m:	2:32.95 39.78	300m:	3:56.14 42.30	400m:	5:15.84 38.23	
10.	Santiago Neves, SILVA		10	Nucleo de Pombal		5:26.32			275
	50m:	35.98 35.98	150m:	1:57.74 40.62	250m:	3:21.81 42.08	350m:	4:45.69 40.32	
	100m:	1:17.12 41.14	200m:	2:39.73 41.99	300m:	4:05.37 43.56	400m:	5:26.32 40.63	
11.	Francisco Antonio, SIMOES		10	Ba-Leiria		5:47.24			228
	50m:	38.71 38.71	150m:	2:06.15 44.23	250m:	3:33.57 43.92	350m:	4:57.13 39.72	
	100m:	1:21.92 43.21	200m:	2:49.65 43.50	300m:	4:17.41 43.84	400m:	5:47.24 50.11	
12.	Diogo Correia, SILVA		10	Óbidos		6:46.31			142
	50m:	41.97 41.97	150m:	2:23.86 52.17	250m:	4:09.68 53.89	350m:	5:55.14 52.86	
	100m:	1:31.69 49.72	200m:	3:15.79 51.93	300m:	5:02.28 52.60	400m:	6:46.31 51.17	
DSQ	Tomas Marques, FRANCISCO		10	CNLeiria					
	<i>O atleta não terminou a prova.</i>								

Prova 27

Masc., 400m Livres

Infantil B

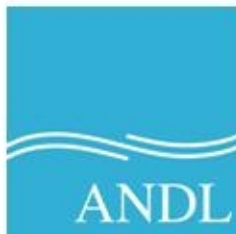
03/03/2024 - 10:12

Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac INF B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04/04/2003

Pontos: FINA 2023

Lugar			Ano			Tempo final			Pts
1.	Vidar Albert, JUNG		11	Nautico Marinha Grande		5:07.38			329
	50m:	33.15 33.15	150m:	1:50.04 39.24	250m:	3:08.94 39.94	350m:	4:29.83 40.84	
	100m:	1:10.80 37.65	200m:	2:29.00 38.96	300m:	3:48.99 40.05	400m:	5:07.38 37.55	
2.	Martim Duarte, ROQUE		11	CNLeiria		5:08.47			325
	50m:	35.18 35.18	150m:	1:55.24 40.49	250m:	3:14.15 38.43	350m:	4:32.20 39.15	
	100m:	1:14.75 39.57	200m:	2:35.72 40.48	300m:	3:53.05 38.90	400m:	5:08.47 36.27	
3.	Joao Santos, ALMEIDA		11	Ba-Leiria		5:10.55			319
	50m:	33.98 33.98	150m:	1:51.92 39.10	250m:	3:11.73 40.54	350m:	4:33.12 40.78	
	100m:	1:12.82 38.84	200m:	2:31.19 39.27	300m:	3:52.34 40.61	400m:	5:10.55 37.43	
4.	Martim Cruz, MOURA		11	CNLeiria		5:23.80			281
	50m:	35.22 35.22	150m:	1:55.59 40.76	250m:	3:18.86 41.77	350m:	4:43.22 42.11	
	100m:	1:14.83 39.61	200m:	2:37.09 41.50	300m:	4:01.11 42.25	400m:	5:23.80 40.58	
5.	Martin, SHEVCHUK		11	CNLeiria		5:39.79			243
	50m:	37.02 37.02	150m:	2:03.70 44.06	250m:	3:31.23 43.94	350m:	4:59.33 44.39	
	100m:	1:19.64 42.62	200m:	2:47.29 43.59	300m:	4:14.94 43.71	400m:	5:39.79 40.46	



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS  
Leiria, 2 - 3/3/2024

Prova 27, Masc., 400m Livres, Infantil B

Lugar	Ano	Tempo final	Pts
6. Francisco Costa, VALENTIM	11 Óbidos	5:48.16	226
50m: 39.91 39.91	150m: 2:08.41 44.70	250m: 3:38.33 44.51	350m: 5:08.42 45.20
100m: 1:23.71 43.80	200m: 2:53.82 45.41	300m: 4:23.22 44.89	400m: 5:48.16 39.74
7. Rodrigo Duarte, CARREIRA	11 Alcobaca	6:13.84	183
50m: 43.03 43.03	150m: 2:18.63 47.54	250m: 3:53.54 47.54	350m: 5:27.89 47.30
100m: 1:31.09 48.06	200m: 3:06.00 47.37	300m: 4:40.59 47.05	400m: 6:13.84 45.95
8. Diego Rodrigues, MENDES	11 Nautico Marinha Grande	6:22.43	170
50m: 44.77 44.77	150m: 2:24.24 49.42	250m: 4:01.05 48.39	350m: 5:37.00 47.85
100m: 1:34.82 50.05	200m: 3:12.66 48.42	300m: 4:49.15 48.10	400m: 6:22.43 45.43
9. Bruno Garcia, MILITAO	11 Óbidos	6:25.49	166
50m: 39.96 39.96	150m: 2:18.17 49.50	250m: 3:58.78 50.21	350m: 5:39.64 49.71
100m: 1:28.67 48.71	200m: 3:08.57 50.40	300m: 4:49.93 51.15	400m: 6:25.49 45.85
10. Joao Rodrigo, BREDÁ	11 Nautico Marinha Grande	6:45.89	142
50m: 43.53 43.53	150m: 2:26.44 52.96	250m: 4:11.54 53.85	350m: 5:56.49 52.59
100m: 1:33.48 49.95	200m: 3:17.69 51.25	300m: 5:03.90 52.36	400m: 6:45.89 49.40
11. Gabriel Marques, CARREIRA	11 Uniao Juncalense	6:46.97	141
50m: 45.17 45.17	150m: 2:30.73 52.93	250m: 4:18.92 53.49	350m: 6:01.05 51.23
100m: 1:37.80 52.63	200m: 3:25.43 54.70	300m: 5:09.82 50.90	400m: 6:46.97 45.92
12. Simão Pedro, MARQUES	11 Uniao Juncalense	6:56.33	132
50m: 46.05 46.05	150m: 2:32.76 54.28	250m: 4:19.98 53.86	350m: 6:07.46 53.96
100m: 1:38.48 52.43	200m: 3:26.12 53.36	300m: 5:13.50 53.52	400m: 6:56.33 48.87
13. Valentim Antonio, PEREIRA	11 CNLeiria	7:09.19	120
50m: 46.57 46.57	150m: 2:35.20 55.06	250m: 4:24.99 54.37	350m: 6:14.72 53.84
100m: 1:40.14 53.57	200m: 3:30.62 55.42	300m: 5:20.88 55.89	400m: 7:09.19 54.47
14. Tiago Rafael, PINTO	11 Alcobaca	7:30.06	104
50m: 46.48 46.48	150m: 2:39.49 57.98	250m: 4:36.42 59.02	350m: 6:33.22 57.92
100m: 1:41.51 55.03	200m: 3:37.40 57.91	300m: 5:35.30 58.88	400m: 7:30.06 56.84