



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 26	Femin., 200m Livres				Absolutos (JUN+SEN)
03/03/2024 - 9:08					Resultados
Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac SEN	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac 17	1:59.62	Leticia Maia, ANDRE	SLB	Felgueiras	23/12/2018
Rec Nac 16	2:01.12	Francisca Soares, MARTINS	FOCA	Felgueiras	27/04/2019

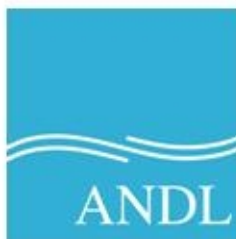
Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Ana Francisca, SILVA	06	Alcobaca	2:16.98				522
50m: 31.56 31.56	100m: 1:05.70	34.14	150m: 1:41.32	35.62	200m: 2:16.98	35.66	
2. Matilde Violante, VIANA	07	CNLeiria	2:19.56				493
50m: 32.12 32.12	100m: 1:07.25	35.13	150m: 1:43.55	36.30	200m: 2:19.56	36.01	
3. Rita Rocha, SILVA	08	Alcobaca	2:21.46				474
50m: 33.00 33.00	100m: 1:09.07	36.07	150m: 1:45.34	36.27	200m: 2:21.46	36.12	
4. Leonor Vendima, COELHO	07	CNLeiria	2:21.89				469
50m: 31.87 31.87	100m: 1:07.50	35.63	150m: 1:44.95	37.45	200m: 2:21.89	36.94	
5. Dalila Leal, BERNARDINO	06	Nucleo de Pombal	2:26.30				428
50m: 32.41 32.41	100m: 1:08.59	36.18	150m: 1:47.44	38.85	200m: 2:26.30	38.86	
6. Carolina Ferreira, FONSECA	07	Vieirense	2:27.48				418
50m: 33.30 33.30	100m: 1:10.45	37.15	150m: 1:48.01	37.56	200m: 2:27.48	39.47	
7. Constanca Carvalho, PIEDADE	08	Uniao Juncalense	2:41.16				320
50m: 37.36 37.36	100m: 1:18.30	40.94	150m: 2:00.55	42.25	200m: 2:41.16	40.61	
8. Catarina Tagarroso, LOBO	07	Uniao Juncalense	2:44.06				303
50m: 36.01 36.01	100m: 1:17.29	41.28	150m: 2:01.12	43.83	200m: 2:44.06	42.94	
9. Bruna Matos, FIALHO	08	Uniao Juncalense	2:48.92				278
50m: 37.70 37.70	100m: 1:21.33	43.63	150m: 2:05.84	44.51	200m: 2:48.92	43.08	
10. Sara Cristina, ALMEIDA	08	Benedita	2:52.70				260
50m: 40.05 40.05	100m: 1:23.98	43.93	150m: 2:08.85	44.87	200m: 2:52.70	43.85	

Prova 26	Femin., 200m Livres				Juvenis Femininos (A+B)
03/03/2024 - 9:08					Resultados
Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac JUV A	2:03.90	Maria Ferreira, MOURA	SCP	Algés	29/06/2019
Rec Nac JUV B	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	25/06/2017

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande	2:12.09				582
50m: 30.43 30.43	100m: 1:03.65	33.22	150m: 1:37.88	34.23	200m: 2:12.09	34.21	
2. Francisca Ramos, NUNES	09	Naval de Peniche	2:19.66				492
50m: 32.02 32.02	100m: 1:07.37	35.35	150m: 1:44.20	36.83	200m: 2:19.66	35.46	
3. Barbara Balbino, MENDES	10	Naval de Peniche	2:20.26				486
50m: 32.56 32.56	100m: 1:07.66	35.10	150m: 1:44.15	36.49	200m: 2:20.26	36.11	
4. Bianca Balbino, MENDES	10	Naval de Peniche	2:21.74				471
50m: 32.37 32.37	100m: 1:08.12	35.75	150m: 1:46.10	37.98	200m: 2:21.74	35.64	
5. Maria Carolina, ALVES	10	Ba-Leiria	2:24.52				444
50m: 33.15 33.15	100m: 1:09.33	36.18	150m: 1:46.33	37.00	200m: 2:24.52	38.19	



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Prova 26, Femin., 200m Livres, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
6. Matilde Filipa, AMADO 50m: 34.14 34.14 100m: 1:12.25 38.11 150m: 1:51.45 39.20 200m: 2:28.36 36.91	10 Nautico Marinha Grande	2:28.36	411
7. Anjali, RAICAR 50m: 33.55 33.55 100m: 1:11.48 37.93 150m: 1:52.28 40.80 200m: 2:33.36 41.08	09 Naval de Peniche	2:33.36	372
8. Leonor Pereira, SILVA 50m: 34.11 34.11 100m: 1:13.13 39.02 150m: 1:55.64 42.51 200m: 2:33.77 38.13	10 Óbidos	2:33.77	369
9. Laura Samora, GONCALVES 50m: 35.65 35.65 100m: 1:15.67 40.02 150m: 1:57.55 41.88 200m: 2:35.95 38.40	10 Ba-Leiria	2:35.95	353
10. Rafaela Santos, AFONSO 50m: 35.43 35.43 100m: 1:15.62 40.19 150m: 1:57.44 41.82 200m: 2:36.40 38.96	10 Naval de Peniche	2:36.40	350
11. Constanca Rolim, PEDRO 50m: 37.12 37.12 100m: 1:17.44 40.32 150m: 1:58.72 41.28 200m: 2:36.72 38.00	10 Ba-Leiria	2:36.72	348
12. Mariana Santos, AFONSO 50m: 35.69 35.69 100m: 1:17.12 41.43 150m: 1:59.27 42.15 200m: 2:39.67 40.40	10 Naval de Peniche	2:39.67	329
13. Zofie, PACHECO 50m: 33.82 33.82 100m: 1:14.29 40.47 150m: 1:58.48 44.19 200m: 2:41.30 42.82	09 Naval de Peniche	2:41.30	319

Prova 26

Femin., 200m Livres

Infantil A

03/03/2024 - 9:08

Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac INF A	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	09/03/2018

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Anastasiya, PRYMACHENKO 50m: 33.39 33.39 100m: 1:10.49 37.10 150m: 1:48.76 38.27 200m: 2:25.42 36.66	11 Nucleo de Pombal	2:25.42	436
2. Leonor Mota, ALVES 50m: 35.38 35.38 100m: 1:13.21 37.83 150m: 1:52.45 39.24 200m: 2:30.72 38.27	11 Nautico Marinha Grande	2:30.72	392
3. Carlota Sa, SANTOS 50m: 34.88 34.88 100m: 1:12.64 37.76 150m: 1:52.82 40.18 200m: 2:31.63 38.81	11 Nucleo de Pombal	2:31.63	385
4. Mariana Sousa, MENDES 50m: 34.94 34.94 100m: 1:15.15 40.21 150m: 1:56.19 41.04 200m: 2:35.30 39.11	11 Alcobaca	2:35.30	358
5. Beatriz Marques, GASPAR 50m: 35.74 35.74 100m: 1:17.44 41.70 150m: 1:58.58 41.14 200m: 2:35.75 37.17	11 Nautico Marinha Grande	2:35.75	355
6. Maria Leonor, ALMEIDA 50m: 36.25 36.25 100m: 1:16.59 40.34 150m: 1:57.63 41.04 200m: 2:37.83 40.20	11 Benedita	2:37.83	341
7. Isabela Maria, CARREIRA 50m: 36.48 36.48 100m: 1:18.00 41.52 150m: 2:00.30 42.30 200m: 2:41.31 41.01	11 Uniao Juncalense	2:41.31	319
8. Maria Santos, FONSECA 50m: 37.71 37.71 100m: 1:19.46 41.75 150m: 2:01.14 41.68 200m: 2:43.46 42.32	11 CNLeiria	2:43.46	307
9. Leiriia Silviovna, TONKIKH 50m: 38.88 38.88 100m: 1:21.29 42.41 150m: 2:05.02 43.73 200m: 2:47.63 42.61	11 CNLeiria	2:47.63	284
10. Margarida Soares, MAIA 50m: 39.07 39.07 100m: 1:24.12 45.05 150m: 2:11.01 46.89 200m: 2:53.37 42.36	11 Nautico Marinha Grande	2:53.37	257



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Leiria, 2 - 3/3/2024

Prova 26, Femin., 200m Livres, Infantil A

Lugar	Ano	Tempo final	Pts
11. Cristiana Henriques, ALMEIDA 50m: 38.76 38.76 100m: 1:22.98	11	Benedita 44.22 150m: 2:08.91 45.93 200m: 2:53.44	257 44.53
12. Isabela Lourenco, COSTA 50m: 41.74 41.74 100m: 1:27.84	11	Benedita 46.10 150m: 2:14.01 46.17 200m: 2:57.57	239 43.56
13. Yara Nunes, MARCELINO 50m: 40.05 40.05 100m: 1:26.36	11	Nucleo de Pombal 46.31 150m: 2:14.73 48.37 200m: 3:00.31	228 45.58
14. Matilde Vitorino, FERREIRA 50m: 40.02 40.02 100m: 1:27.54	11	Naval de Peniche 47.52 150m: 2:16.48 48.94 200m: 3:02.23	221 45.75
15. Kelly Simao, COSTA 50m: 42.18 42.18 100m: 1:29.71	11	Óbidos 47.53 150m: 2:20.23 50.52 200m: 3:09.14	198 48.91
16. Yara Silva, INES 50m: 45.09 45.09 100m: 1:36.93	11	Ba-Leiria 51.84 150m: 2:31.84 54.91 200m: 3:25.23	155 53.39
17. Beatriz Morgado, SILVA 50m: 49.64 49.64 100m: 1:44.83	11	Benedita 55.19 150m: 2:41.08 56.25 200m: 3:31.52	141 50.44

Prova 26

Femin., 200m Livres

Infantil B

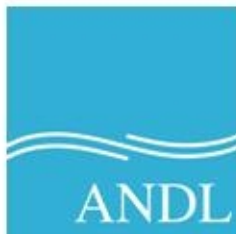
03/03/2024 - 9:08

Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac INF B	2:11.27	Carolina Miranda, FERNANDES	CGA	Mealhada	25/03/2017

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Emma , AVRAMESCU 50m: 38.52 38.52 100m: 1:24.52	12	Nautico Marinha Grande 46.00 150m: 2:09.48 44.96 200m: 2:51.15	267 41.67
2. Safira Pedro, FONSECA 50m: 40.04 40.04 100m: 1:25.85	12	Vieirense 45.81 150m: 2:11.92 46.07 200m: 2:54.07	254 42.15
3. Carminho Traquina, ANDRE 50m: 40.93 40.93 100m: 1:27.53	12	Alcobaca 46.60 150m: 2:13.49 45.96 200m: 2:56.51	244 43.02
4. Yaroslava, TABUNSCHYK 50m: 41.70 41.70 100m: 1:28.51	12	CNLeiria 46.81 150m: 2:14.19 45.68 200m: 2:58.55	235 44.36
5. Valeria, MORITS 50m: 38.47 38.47 100m: 1:24.63	12	Nautico Marinha Grande 46.16 150m: 2:15.31 50.68 200m: 3:03.87	215 48.56
6. Maria Ines, GOMES 50m: 41.16 41.16 100m: 1:30.36	12	Nucleo de Pombal 49.20 150m: 2:19.88 49.52 200m: 3:05.30	210 45.42
7. Daniela Carvalho, FERREIRA 50m: 41.97 41.97 100m: 1:29.96	12	Nucleo de Pombal 47.99 150m: 2:20.01 50.05 200m: 3:05.54	210 45.53
8. Carolina Matos, CORREIA 50m: 43.43 43.43 100m: 1:33.24	12	Nucleo de Pombal 49.81 150m: 2:22.32 49.08 200m: 3:07.42	203 45.10
9. Barbara Serrano, LOMBA 50m: 42.56 42.56 100m: 1:32.56	12	Ba-Leiria 50.00 150m: 2:25.28 52.72 200m: 3:16.59	176 51.31
10. Constanca Santos, COUTINHO 50m: 43.40 43.40 100m: 1:34.07	12	Naval da Nazaré 50.67 150m: 2:27.11 53.04 200m: 3:19.20	169 52.09
11. Iara Maria, CAMACHO 50m: 44.63 44.63 100m: 1:35.84	12	Óbidos 51.21 150m: 2:30.66 54.82 200m: 3:21.73	163 51.07



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 26, Femin., 200m Livres, Infantil B

Lugar	Ano	Tempo final	Pts
12. Jessica Garcia, FERREIRA	12 Óbidos	3:25.48	154
50m: 44.94 44.94	100m: 1:39.05 54.11	150m: 2:33.89 54.84	200m: 3:25.48 51.59
13. Maria Leonor, FERREIRA	12 Óbidos	3:32.76	139
50m: 46.92 46.92	100m: 1:42.48 55.56	150m: 2:39.50 57.02	200m: 3:32.76 53.26