



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 2 - 3/3/2024

Prova 2	Femin., 800m Livres				Absolutos (JUN+SEN)
02/03/2024 - 9:05					Resultados
Rec Nac Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac SEN	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac 17	8:32.83	Tamila Hryhorivna, HOLUB	SCB	Porto	13/12/2015
Rec Nac 16	8:45.41	Tamila Hryhorivna, HOLUB	SCB	Porto	21/12/2014

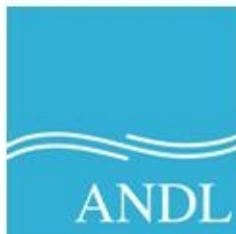
Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
1. Margarida Correia, MADEIRA	06	Nautico Marinha Grande	9:26.70	597	
50m: 32.73 32.73	250m: 2:54.76 35.96	450m: 5:17.86 35.21	650m: 7:39.99 35.76		
100m: 1:07.68 34.95	300m: 3:30.65 35.89	500m: 5:53.19 35.33	700m: 8:15.85 35.86		
150m: 1:43.24 35.56	350m: 4:06.74 36.09	550m: 6:28.60 35.41	750m: 8:51.49 35.64		
200m: 2:18.80 35.56	400m: 4:42.65 35.91	600m: 7:04.23 35.63	800m: 9:26.70 35.21		
2. Matilde Violante, VIANA	07	CNLeiria	9:31.11	584	
50m: 32.24 32.24	250m: 2:53.02 35.69	450m: 5:17.17 36.23	650m: 7:42.65 36.76		
100m: 1:06.73 34.49	300m: 3:28.66 35.64	500m: 5:53.09 35.92	700m: 8:19.06 36.41		
150m: 1:41.91 35.18	350m: 4:04.79 36.13	550m: 6:29.44 36.35	750m: 8:55.47 36.41		
200m: 2:17.33 35.42	400m: 4:40.94 36.15	600m: 7:05.89 36.45	800m: 9:31.11 35.64		
3. Carolina Ferreira, FONSECA	07	Vieirense	10:57.51	382	
50m: 34.72 34.72	250m: 3:16.23 41.20	450m: 6:03.41 42.33	650m: 8:53.58 42.31		
100m: 1:14.23 39.51	300m: 3:57.41 41.18	500m: 6:45.87 42.46	700m: 9:36.04 42.46		
150m: 1:54.24 40.01	350m: 4:39.11 41.70	550m: 7:28.59 42.72	750m: 10:18.11 42.07		
200m: 2:35.03 40.79	400m: 5:21.08 41.97	600m: 8:11.27 42.68	800m: 10:57.51 39.40		
4. Matilde Santos, COUTINHO	07	Naval da Nazaré	11:51.08	302	
50m: 36.75 36.75	250m: 3:31.92 44.95	450m: 6:33.36 45.75	650m: 9:36.60 45.17		
100m: 1:18.46 41.71	300m: 4:16.92 45.00	500m: 7:19.78 46.42	700m: 10:22.17 45.57		
150m: 2:02.65 44.19	350m: 5:02.17 45.25	550m: 8:06.00 46.22	750m: 11:06.97 44.80		
200m: 2:46.97 44.32	400m: 5:47.61 45.44	600m: 8:51.43 45.43	800m: 11:51.08 44.11		
5. Catarina Tagarosso, LOBO	07	Uniao Juncalense	11:53.13	300	
50m: 36.92 36.92	250m: 3:35.32 45.53	450m: 6:38.16 45.39	650m: 9:40.56 45.84		
100m: 1:19.69 42.77	300m: 4:21.04 45.72	500m: 7:23.97 45.81	700m: 10:25.65 45.09		
150m: 2:04.76 45.07	350m: 5:07.15 46.11	550m: 8:09.35 45.38	750m: 11:11.15 45.50		
200m: 2:49.79 45.03	400m: 5:52.77 45.62	600m: 8:54.72 45.37	800m: 11:53.13 41.98		

Prova 2	Femin., 800m Livres				Juvenis Femininos (A+B)
02/03/2024 - 9:05					Resultados
Rec Nac Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac JUV A	8:46.74	Ana Claudia, SANTOS	SFUAP	Cantanhede	19/12/2004
Rec Nac JUV B	9:00.27	Alexandra Maria, SILVA	FCP	Antibes (FRA)	20/12/1980

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande	9:23.85	607	
50m: 31.89 31.89	250m: 2:52.53 35.85	450m: 5:14.30 35.01	650m: 7:37.57 35.34		
100m: 1:06.33 34.44	300m: 3:28.10 35.57	500m: 5:50.14 35.84	700m: 8:13.31 35.74		
150m: 1:41.04 34.71	350m: 4:03.73 35.63	550m: 6:26.34 36.20	750m: 8:49.19 35.88		
200m: 2:16.68 35.64	400m: 4:39.29 35.56	600m: 7:02.23 35.89	800m: 9:23.85 34.66		
2. Constanca Baptista, TOMAS	09	Alcobaca	9:37.89	563	
50m: 32.09 32.09	250m: 2:57.59 36.66	450m: 5:22.59 36.70	650m: 7:50.30 36.97		
100m: 1:07.77 35.68	300m: 3:34.00 36.41	500m: 5:59.44 36.85	700m: 8:26.88 36.58		
150m: 1:44.32 36.55	350m: 4:10.20 36.20	550m: 6:36.50 37.06	750m: 9:03.01 36.13		
200m: 2:20.93 36.61	400m: 4:45.89 35.69	600m: 7:13.33 36.83	800m: 9:37.89 34.88		



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Prova 2, Femin., 800m Livres, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
3. Madalena Gracio, PEDROSO	10	10:00.81	501
50m: 34.00 34.00	250m: 3:04.23 38.07	450m: 5:35.07 37.63	650m: 8:06.30 37.88
100m: 1:11.07 37.07	300m: 3:42.03 37.80	500m: 6:13.02 37.95	700m: 8:44.62 38.32
150m: 1:48.44 37.37	350m: 4:19.82 37.79	550m: 6:50.53 37.51	750m: 9:23.30 38.68
200m: 2:26.16 37.72	400m: 4:57.44 37.62	600m: 7:28.42 37.89	800m: 10:00.81 37.51
4. Bianca Balbino, MENDES	10	10:04.82	491
50m: 34.43 34.43	250m: 3:03.86 37.96	450m: 5:34.99 37.88	650m: 8:08.70 38.67
100m: 1:10.75 36.32	300m: 3:41.72 37.86	500m: 6:13.41 38.42	700m: 8:47.89 39.19
150m: 1:48.13 37.38	350m: 4:19.38 37.66	550m: 6:51.56 38.15	750m: 9:26.66 38.77
200m: 2:25.90 37.77	400m: 4:57.11 37.73	600m: 7:30.03 38.47	800m: 10:04.82 38.16
5. Vida Sofia, VELEZ	10	10:24.16	447
50m: 34.66 34.66	250m: 3:12.43 39.57	450m: 5:50.99 40.56	650m: 8:28.90 39.64
100m: 1:12.93 38.27	300m: 3:51.26 38.83	500m: 6:30.22 39.23	700m: 9:06.82 37.92
150m: 1:51.92 38.99	350m: 4:30.68 39.42	550m: 7:09.90 39.68	750m: 9:45.51 38.69
200m: 2:32.86 40.94	400m: 5:10.43 39.75	600m: 7:49.26 39.36	800m: 10:24.16 38.65