



Prova de Preparação de Categorias
Benedita, 28/1/2024



Prova 8
28/01/2024 - 10:55

Femin., 100m Costas

ABSOLUTOS
Startlist

Pista	Nome	Código	Categ	Lic	Clube	Tempo	Pisc
<u>Série 1 de 5</u>							
3	Beatriz Morgado, SILVA		INF A	219914	Benedita	1:56.77 25m	_____
4	Maria Ines, GOMES		INF B	215676	Nucleo de Pombal	1:48.02 25m	_____
5	Maria Leonor, FERREIRA		INF B	219020	Óbidos	1:52.32 25m	_____
6	Anastasia, STURZA		JUV B	220923	Uniao Juncalense	NT	_____
<u>Série 2 de 5</u>							
1	Diana Morais, CARLOS		INF A	217060	Pimpoes/Cimai	1:45.70 25m	_____
2	Rita Francisco, SIMOES		INF B	212997	Vieirense	1:44.21 25m	_____
3	Jessica Garcia, FERREIRA		INF B	216997	Óbidos	1:42.46 25m	_____
4	Carolina Matos, CORREIA		INF B	216976	Nucleo de Pombal	1:40.21 25m	_____
5	Rita Alexandra, JORDAO		INF B	210822	Uniao Juncalense	1:40.80 25m	_____
6	Daniela Carvalho, FERREIRA		INF B	143629	Nucleo de Pombal	1:43.71 25m	_____
7	Erica Felix, RODRIGUES		INF A	214533	Uniao Juncalense	1:44.47 25m	_____
8	Iara Maria, CAMACHO		INF B	217809	Óbidos	1:46.45 25m	_____
<u>Série 3 de 5</u>							
1	Benedita Nunes, FELIX		INF B	215617	Pimpoes/Cimai	1:40.03 25m	_____
2	Constanca Santos, COUTINHO		INF B	208523	Naval da Nazaré	1:37.79 25m	_____
3	Julia Pinto, PINHEIRO		INF B	212988	Pimpoes/Cimai	1:33.93 25m	_____
4	Sara Cristina, ALMEIDA		JUN	219850	Benedita	1:31.97 25m	_____
5	Matilde Pinto, ANTUNES		INF A	210840	Naval de Peniche	1:37.21 50m	_____
6	Ines Pinto, MARTINS		INF B	212985	Pimpoes/Cimai	1:35.81 25m	_____
7	Margarida Madeira, PIRES		INF B	218976	Rio Maior	1:39.67 25m	_____
8	Kelly Simao, COSTA		INF A	219017	Óbidos	1:40.10 25m	_____
<u>Série 4 de 5</u>							
1	Leiriia Silviovna, TONKIKH		INF A	214274	CNLeiria	1:28.81 25m	_____
2	Luna Francisco, PEREIRA		INF B	215677	Nucleo de Pombal	1:26.34 25m	_____
3	Mariana Santos, AFONSO		JUV B	205572	Naval de Peniche	1:26.20 25m	_____
4	Elisa Henriques, SOUTO		JUV B	219855	Óbidos	1:21.39 25m	_____
5	Anjali, RAICAR		JUV A	206152	Naval de Peniche	1:22.79 25m	_____
6	Laura Margarida, ASCENSO		JUV B	213001	Nautico Marinha Grande	1:26.26 25m	_____
7	Matilde Filipa, AMADO		JUV B	216680	Nautico Marinha Grande	1:27.44 25m	_____
8	Rafaela Santos, AFONSO		JUV B	205573	Naval de Peniche	1:29.31 25m	_____
<u>Série 5 de 5</u>							
1	Carlota Sa, SANTOS		INF A	211060	Nucleo de Pombal	1:22.42 50m	_____
2	Barbara Balbino, MENDES		JUV B	206073	Naval de Peniche	1:16.43 25m	_____
3	Francisca Ramos, NUNES		JUV A	204735	Naval de Peniche	1:15.76 50m	_____
4	Madalena Gracio, PEDROSO		JUV B	144100	Nautico Marinha Grande	1:10.38 25m	_____
5	Luisa Ponte, JORGE		JUN	204158	União Piedense	1:11.71 25m	_____
6	Luana Ferreira, CRAVEIRO		JUV A	144313	Nautico Marinha Grande	1:12.88 25m	_____
7	Laura Helena, AMORIM		JUV B	208832	Nautico Marinha Grande	1:17.52 25m	_____
8	Flavia Mendes, DOMINGUES		SEN	200094	Nucleo de Pombal	1:20.97 25m	_____