



Prova de Preparação de Categorias  
Benedita, 28/1/2024



Prova 33  
28/01/2024 - 17:55

Femin., 200m Estilos

Junior  
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Marta Cabete, GOMES 50m: 41.13 41.13 100m: 1:31.20	08 CNLeiria	3:08.68	269
2. Bruna Matos, FIALHO 50m: 42.18 42.18 100m: 1:31.71	08 Uniao Juncalense	3:11.85	256

Prova 33  
28/01/2024 - 17:55

Femin., 200m Estilos

Juvenil A  
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Anjali, RAICAR 50m: 37.94 37.94 100m: 1:24.82	09 Naval de Peniche	2:59.88	310
2. Ines Ferreira, CHELEU 50m: 40.03 40.03 100m: 1:26.93	09 Ba-Leiria	3:00.29	308

Prova 33  
28/01/2024 - 17:55

Femin., 200m Estilos

Infantil A  
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Anastasiya, PRYMACHENKO 50m: 38.53 38.53 100m: 1:23.25	11 Nucleo de Pombal	2:49.30	372
2. Leonor Mota, ALVES 50m: 38.21 38.21 100m: 1:23.04	11 Nautico Marinha Grande	2:49.53	371
3. Carlota Sa, SANTOS 50m: 40.83 40.83 100m: 1:25.44	11 Nucleo de Pombal	2:56.83	327
4. Maria Leonor, ALMEIDA 50m: 37.62 37.62 100m: 1:21.78	11 Benedita	2:57.93	321
5. Carolina Silva, CASTANHEIRA 50m: 41.03 41.03 100m: 1:25.01	11 CNLeiria	2:59.81	311
6. Cristiana Henriques, ALMEIDA 50m: 43.81 43.81 100m: 1:30.06	11 Benedita	3:07.65	273
7. Isabela Maria, CARREIRA 50m: 39.71 39.71 100m: 1:30.94	11 Uniao Juncalense	3:08.18	271
8. Maria Santos, FONSECA 50m: 46.18 46.18 100m: 1:36.71	11 CNLeiria	3:10.48	261
9. Leiriia Silviovna, TONKIKH 50m: 44.80 44.80 100m: 1:33.18	11 CNLeiria	3:12.20	254
10. Margarida Lopes, RODRIGUES 50m: 44.02 44.02 100m: 1:34.63	11 Uniao Juncalense	3:18.42	231
11. Isabela Lourenco, COSTA 50m: 44.44 44.44 100m: 1:34.62	11 Benedita	3:19.61	227
12. Erica Felix, RODRIGUES 50m: 49.30 49.30 100m: 1:36.03	11 Uniao Juncalense	3:23.72	214
13. Kelly Simao, COSTA 50m: 49.67 49.67 100m: 1:45.12	11 Óbidos	3:30.07	195



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Prova 33, Femin., 200m Estilos, Infantil A

Lugar	Ano	Tempo final	Pts
14. Yara Nunes, MARCELINO	11 Nucleo de Pombal	3:35.19	181
50m: 49.71 49.71	100m: 1:41.90 52.19	150m: 2:47.58 1:05.68	200m: 3:35.19 47.61

Prova 33  
28/01/2024 - 17:55

Femin., 200m Estilos

Infantil B  
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Emma , AVRAMESCU	12 Nautico Marinha Grande	3:09.27	266
50m: 42.56 42.56	100m: 1:33.70 51.14	150m: 2:27.15 53.45	200m: 3:09.27 42.12
2. Luna Francisco, PEREIRA	12 Nucleo de Pombal	3:17.31	235
50m: 45.93 45.93	100m: 1:32.91 46.98	150m:	200m: 3:17.31
3. Safira Pedro, FONSECA	12 Vieiraense	3:18.38	231
50m: 44.96 44.96	100m: 1:34.03 49.07	150m: 2:32.90 58.87	200m: 3:18.38 45.48
4. Benedita Nunes, FELIX	12 Pimpoes/Cimai	3:19.18	229
50m: 46.51 46.51	100m: 1:37.93 51.42	150m: 2:35.01 57.08	200m: 3:19.18 44.17
5. Daniela Carvalho, FERREIRA	12 Nucleo de Pombal	3:25.94	207
50m: 49.90 49.90	100m: 1:43.31 53.41	150m:	200m: 3:25.94
6. Beatriz Julio, CORREIA	12 CNLeiria	3:29.81	195
50m: 51.65 51.65	100m: 1:44.62 52.97	150m:	200m: 3:29.81
7. Carolina Matos, CORREIA	12 Nucleo de Pombal	3:31.03	192
50m: 50.43 50.43	100m: 1:42.40 51.97	150m: 2:43.91 1:01.51	200m: 3:31.03 47.12
8. Yaroslava, TABUNSCHYK	12 CNLeiria	3:37.62	175
50m: 52.12 52.12	100m: 1:46.90 54.78	150m: 2:51.04 1:04.14	200m: 3:37.62 46.58
9. Maria Ines, GOMES	12 Nucleo de Pombal	3:45.62	157
50m: 53.08 53.08	100m: 1:50.79 57.71	150m: 2:56.24 1:05.45	200m: 3:45.62 49.38
10. Jessica Garcia, FERREIRA	12 Óbidos	3:51.35	146
50m: 51.22 51.22	100m: 1:48.10 56.88	150m: 2:53.40 1:05.30	200m: 3:51.35 57.95
11. Maria Leonor, FERREIRA	12 Óbidos	3:54.88	139
50m: 56.84 56.84	100m: 1:58.20 1:01.36	150m: 2:57.42 59.22	200m: 3:54.88 57.46
DNS Barbara Serrano, LOMBA	12 Ba-Leiria		