

Limietwedstrijd LB 2024 deel 2  
Amersfoort, 3-3-2024

Programmanr. 9  
3-3-2024 - 15:25

Dames, 400m wisselslag

11 jaar en ouder  
Resultaten

Punten: FINA 2023

Rang			Geb.						Tijd	Pnt		
1.	Angelique van Vark		97		GZC DONK				<b>5:11.84</b>	623		
	50m:	32.71	32.71	150m:	1:52.49	40.51	250m:	3:17.38	45.67	350m:	4:38.33	35.78
	100m:	1:11.98	39.27	200m:	2:31.71	39.22	300m:	4:02.55	45.17	400m:	5:11.84	33.51
2.	Britt Colijn		07		New Wave Almere				<b>5:29.07</b>	530		
	50m:	33.67	33.67	150m:	1:55.38	41.63	250m:	3:24.29	47.93	350m:	4:51.59	39.42
	100m:	1:13.75	40.08	200m:	2:36.36	40.98	300m:	4:12.17	47.88	400m:	5:29.07	37.48
3.	Donna van der Meer		06		Bz&Pc				<b>5:46.23</b>	455		
	50m:	34.03	34.03	150m:	2:00.90	44.66	250m:	3:33.50	48.69	350m:	5:06.33	42.58
	100m:	1:16.24	42.21	200m:	2:44.81	43.91	300m:	4:23.75	50.25	400m:	5:46.23	39.90
4.	Dante van Meene		09		DAW				<b>5:52.58</b>	431		
	50m:	37.77	37.77	150m:	2:13.15	46.99	250m:	3:46.11	48.49	350m:	5:14.66	38.74
	100m:	1:26.16	48.39	200m:	2:57.62	44.47	300m:	4:35.92	49.81	400m:	5:52.58	37.92
5.	Anne Engbersen		10		ZPC AMERSFOORT				<b>5:54.46</b>	424		
	50m:	36.63	36.63	150m:	2:07.81	45.95	250m:	3:43.26	50.32	350m:	5:15.14	41.03
	100m:	1:21.86	45.23	200m:	2:52.94	45.13	300m:	4:34.11	50.85	400m:	5:54.46	39.32
6.	Jinte van Ginkel		07		DWK				<b>6:03.46</b>	393		
	50m:	38.94	38.94	150m:	2:11.33	46.85	250m:	3:48.60	51.24	350m:	5:23.27	42.80
	100m:	1:24.48	45.54	200m:	2:57.36	46.03	300m:	4:40.47	51.87	400m:	6:03.46	40.19
7.	Liss Wakker		10		De Rijn				<b>6:31.05</b>	316		
	50m:	38.42	38.42	150m:	2:17.89	48.67	250m:	4:03.38	59.15	350m:	5:49.53	44.78
	100m:	1:29.22	50.80	200m:	3:04.23	46.34	300m:	5:04.75	1:01.37	400m:	6:31.05	41.52
8.	Sanne Pruntel		08		ZV Vlaardingen-Schiedam				<b>6:32.86</b>	311		
	50m:	39.21	39.21	150m:	2:22.01	48.93	250m:	4:07.78	58.03	350m:	5:49.55	43.76
	100m:	1:33.08	53.87	200m:	3:09.75	47.74	300m:	5:05.79	58.01	400m:	6:32.86	43.31