

Championnats Romand Masters OPEN
Delémont, 16. - 17.3.2024

Epreuve 10
16.03.2024 - 11:35

Messieurs, 400m 4 nages

19 ans et plus
Liste résultats

Points: FINA Master 2023

Rank				AG						Temps	Pts	
55 - 59 ans												
1.	GERBER, Yves			69	CN La Chaux-de-Fonds					6:17.56	452	
	50m:	40.31	40.31	150m:	2:20.14	49.02	250m:	4:01.27	54.48	350m:	5:37.05	41.63
	100m:	1:31.12	50.81	200m:	3:06.79	46.65	300m:	4:55.42	54.15	400m:	6:17.56	40.51
40 - 44 ans												
1.	GÖKCIMEN, Marlon Khan			80	Schwimmclub Winterthur					5:30.20	550	
	50m:	33.73	33.73	150m:	1:56.22	44.34	250m:	3:28.99	47.71	350m:	4:54.86	38.02
	100m:	1:11.88	38.15	200m:	2:41.28	45.06	300m:	4:16.84	47.85	400m:	5:30.20	35.34
2.	MARCQ, Philippe			80	Natation Sportive Genève					6:09.82	392	
	50m:	42.32	42.32	150m:	2:21.52	49.81	250m:	3:58.27	50.82	350m:	5:30.86	40.51
	100m:	1:31.71	49.39	200m:	3:07.45	45.93	300m:	4:50.35	52.08	400m:	6:09.82	38.96
25 - 29 ans												
1.	MARI, Alessandro			97	Renens-Natation					5:06.36	573	
	50m:	29.88	29.88	150m:	1:45.44	39.30	250m:	3:10.33	45.50	350m:	4:32.18	35.75
	100m:	1:06.14	36.26	200m:	2:24.83	39.39	300m:	3:56.43	46.10	400m:	5:06.36	34.18