

Rekordu dienas  
Valmiera, 27. - 29.12.2023

Event 32  
29.12.2023 - 17:50

Men, 400m Medley

Open  
Results

Latvijas rekords 4:15.24 KALNINS Uvis VBSS Jelgava 21.12.2017

Points: FINA 2023

Rank					YB					Time	Pts	
1.	RULLIS Reds				05	Valmieras SS				<b>4:34.68</b>	624	
	50m:	27.07	27.07	150m:	1:34.66	35.88	250m:	2:50.46	38.90	350m:	4:03.26	31.93
	100m:	58.78	31.71	200m:	2:11.56	36.90	300m:	3:31.33	40.87	400m:	4:34.68	31.42
2.	SILINS Mikus				07	Valmieras SS				<b>5:28.99</b>	363	
	50m:	37.05	37.05	150m:	2:03.42	40.13	250m:	3:29.47	45.80	350m:	4:52.89	37.27
	100m:	1:23.29	46.24	200m:	2:43.67	40.25	300m:	4:15.62	46.15	400m:	5:28.99	36.10
3.	SAUKANTS Andris				08	Valmieras SS				<b>5:32.31</b>	352	
	50m:	36.00	36.00	150m:	2:00.93	42.00	250m:	3:26.96	45.24	350m:	4:53.31	40.18
	100m:	1:18.93	42.93	200m:	2:41.72	40.79	300m:	4:13.13	46.17	400m:	5:32.31	39.00
4.	FOGELS Gustavs Regnars				10	Valmieras SS				<b>6:02.13</b>	272	
	50m:	34.79	34.79	150m:	2:06.46	47.59	250m:	3:43.88	51.83	350m:	5:21.33	43.71
	100m:	1:18.87	44.08	200m:	2:52.05	45.59	300m:	4:37.62	53.74	400m:	6:02.13	40.80