

Rekordu dienas
Valmiera, 27. - 29.12.2023

Event 30
29.12.2023 - 17:22

Men, 400m Freestyle

Open
Results

Latvijas rekords 3:51.52 MILOSLAVSKIS Romans LAT Shanghai (CHN) 07.04.2006

Points: FINA 2023

Rank				YB							Time	Pts
1.	SPRICIS Markuss			04	Valmieras SS						4:36.17	453
	50m:	31.12	31.12	150m:	1:39.49	34.39	250m:	2:49.90	35.16	350m:	4:02.52	36.49
	100m:	1:05.10	33.98	200m:	2:14.74	35.25	300m:	3:26.03	36.13	400m:	4:36.17	33.65
2.	BLUDENS Alekss			09	Valmieras SS						4:46.06	408
	50m:	31.90	31.90	150m:	1:42.85	35.70	250m:	2:55.91	36.39	350m:	4:09.72	37.15
	100m:	1:07.15	35.25	200m:	2:19.52	36.67	300m:	3:32.57	36.66	400m:	4:46.06	36.34
3.	ZALITE Jekabs			09	Valmieras SS						5:31.29	262
	50m:	36.15	36.15	150m:	2:02.34	43.74	250m:	3:28.75	42.15	350m:	4:53.61	41.12
	100m:	1:18.60	42.45	200m:	2:46.60	44.26	300m:	4:12.49	43.74	400m:	5:31.29	37.68
4.	MELNGARSS Eduards			10	Valmieras SS						5:43.58	235
	50m:	36.40	36.40	150m:	2:02.89	44.24	250m:	3:32.64	45.72	350m:	5:00.26	41.47
	100m:	1:18.65	42.25	200m:	2:46.92	44.03	300m:	4:18.79	46.15	400m:	5:43.58	43.32
5.	RUSIS Teodors			08	Valmieras SS						5:51.07	220
	50m:	37.78	37.78	150m:	2:04.92	44.27	250m:	3:36.76	46.42	350m:	5:09.15	45.59
	100m:	1:20.65	42.87	200m:	2:50.34	45.42	300m:	4:23.56	46.80	400m:	5:51.07	41.92
6.	OZOLS Kristers			10	Valmieras SS						6:32.62	157
	50m:	41.59	41.59	150m:	2:20.57	50.78	250m:	4:04.19	52.02	350m:	5:47.34	51.47
	100m:	1:29.79	48.20	200m:	3:12.17	51.60	300m:	4:55.87	51.68	400m:	6:32.62	45.28
7.	PRUZINSKIS Andris			13	Valmieras SS						6:37.28	152
	50m:	42.59	42.59	150m:	2:25.07	50.91	250m:	4:09.07	51.69	350m:	5:53.79	52.24
	100m:	1:34.16	51.57	200m:	3:17.38	52.31	300m:	5:01.55	52.48	400m:	6:37.28	43.49
8.	BERZS Martins			12	Valmieras SS						6:43.33	145
	50m:	44.66	44.66	150m:	2:25.72	50.91	250m:	4:10.32	52.61	350m:	5:55.09	53.22
	100m:	1:34.81	50.15	200m:	3:17.71	51.99	300m:	5:01.87	51.55	400m:	6:43.33	48.24
9.	TECLOFS Gustavs			10	Valmieras SS						6:49.39	139
	50m:	45.84	45.84	150m:	2:29.67	52.75	250m:	4:15.97	53.79	350m:	6:00.64	50.89
	100m:	1:36.92	51.08	200m:	3:22.18	52.51	300m:	5:09.75	53.78	400m:	6:49.39	48.75
10.	BELOVS Kristofers			10	Valmieras SS						7:10.89	119
	50m:	45.33	45.33	150m:	2:34.53	55.19	250m:	4:27.47	56.02	350m:	6:19.56	56.19
	100m:	1:39.34	54.01	200m:	3:31.45	56.92	300m:	5:23.37	55.90	400m:	7:10.89	51.33
11.	CILENBERGS Gustavs			13	Valmieras SS						7:17.90	113
	50m:	43.08	43.08	150m:	2:34.68	56.91	250m:	4:27.36	55.91	350m:	6:24.54	59.78
	100m:	1:37.77	54.69	200m:	3:31.45	56.77	300m:	5:24.76	57.40	400m:	7:17.90	53.36
12.	SATROVSKIS Ricards			13	Valmieras SS						7:42.48	96
	50m:	50.70	50.70	150m:	2:48.79	59.17	250m:	4:49.05	59.77	350m:	6:49.85	1:01.15
	100m:	1:49.62	58.92	200m:	3:49.28	1:00.49	300m:	5:48.70	59.65	400m:	7:42.48	52.63
13.	KLAVINS Marcis Jekabs			14	Valmieras SS						7:43.83	95
	50m:	48.69	48.69	150m:	2:44.95	58.50	250m:	4:43.97	1:00.79	350m:	6:46.83	1:02.06
	100m:	1:46.45	57.76	200m:	3:43.18	58.23	300m:	5:44.77	1:00.80	400m:	7:43.83	57.00