

Prova 10

Femin., 200m Livres

Master

27/01/2024 - 9:30

Resultados

RN A(25-29)	2:10.40	RIBEIRO, Soraia Vanessa	CPN	Mealhada	19/01/2019
RN B(30-34)	2:06.50	GRILO, Ana Paula	UDCA	Inatel	22/03/2003
RN C(35-39)	2:07.69	GRILO, Ana Paula	UDCA	Freiburg (GER)	08/05/2004
RN D(40-44)	2:15.77	GOMES, Susana Clara	CNF	Mealhada	19/01/2019
RN E(45-49)	2:23.57	BARBARA, Carla Santa	FCP	Vila Franca de Xira	18/01/2020
RN F(50-54)	2:29.91	GRILO, Ana Paula	NDSCO	Tomar	08/02/2020
RN G(55-59)	2:33.38	FERREIRA, Isabel Baptista	ADRCIMM	Caldas da Rainha	28/01/2023
RN H(60-64)	2:54.01	FERREIRA, Ana Maria	SAD	Ponte de Sor	29/01/2011
RN I(65-69)	2:57.96	FERREIRA, Ana Maria	SAD	Caldas da Rainha	16/04/2016
RN J(70-74)	3:09.01	FERREIRA, Ana Maria	SAD	Sines	07/03/2020
RN K(75-79)	3:28.77	BASTO, Luisa Bessone	SAD	Mealhada	18/01/2019
RN L(80-84)	5:02.89	SA, Nair Gomes	ANE	Torres Novas	05/02/2022
RN M(85-89)	59:00.00	,			

Pontos: DSV Masters 22

Lugar	Idade	Tempo final	Pts	50m	100m	150m	200m
-------	-------	-------------	-----	-----	------	------	------

Master A

1.	RIESENBERGER, B.	27	Laranjeiro	2:09.40	902	30.47	33.18	33.24	32.51
	<i>Rec Nac Esc A</i>								
2.	CASTRO, A.	27	Leixoes Sport Club	2:14.15	809	30.12	32.99	35.41	35.63
3.	ELOI, Ana Monica	28	CLIP Teams	2:14.61	801	30.37	33.28	34.94	36.02
4.	PIRES, Carolina Saraiva	28	Laranjeiro	2:16.48	769	32.53	35.03	34.45	34.47
5.	ALVES, Miriam Natacha	27	Leixoes Sport Club	2:18.63	733	31.80	34.01	36.01	36.81
6.	RINGUE, Pauline	27	Cnf	2:22.46	676	32.56	35.72	37.04	37.14
7.	RIBAU, Ana Rita	29	Gafanha da Encarnacao	2:23.20	665	32.84	36.06	36.90	37.40
8.	LOUSA, Irina Filipa	29	Porto	2:23.37	663	33.72	36.33	36.87	36.45
9.	MENDES, Tania Cristina	25	Vieirense	2:29.11	589	32.69	35.78	39.22	41.42
10.	BARATA, D.	26	Centro Popular de Cultura e Desporto de Santa I	2:30.71	571	34.67	38.26	39.36	38.42
11.	ARVINS, Mariana Pinto	27	Gafanha da Encarnacao	2:30.79	570	35.06	38.68	39.59	37.46
12.	TEIXEIRA, Ana Catarina	29	Foca	2:38.44	491	36.35	40.32	41.59	40.18
13.	DIAS, Joana Teixeira	27	CLAC-Entroncamento	2:38.72	489	36.86	39.93	40.83	41.10
14.	RODRIGUES, I.	27	Viana Natacao	3:00.34	333	42.05	45.77	45.76	46.76
15.	SANTOS, Edna Beatriz	28	Vieirense	3:03.59	316	40.31	46.46	48.95	47.87
16.	GONCALVES, F.	26	Fluvial Portuense	3:08.62	291	42.94	48.11	50.62	46.95
17.	PASSOS, Beatriz Linhares	27	Famalicão	3:16.90	256	44.01	47.50	51.90	53.49
18.	FERNANDES, B.	25	Natacao de Valongo	3:46.13	169	47.83	57.01	1:01.96	59.33

Master B

1.	NEVES, Vania Soares	34	Viana Natacao	2:14.05	824	30.67	33.39	34.55	35.44
2.	MARINHO, Marta Vieira	33	Porto	2:15.58	796	31.95	34.01	34.56	35.06
3.	RODRIGUES, J.	31	Porto	2:17.94	756	32.02	34.57	35.68	35.67
4.	MONTEIRO, A.	32	AP Vila D Este 1	2:27.88	613	32.09	35.65	39.05	41.09
5.	PINHEIRO, Andreia Sofia	31	Clube Naval de Ponta Delgada	2:28.85	601	33.64	36.90	38.98	39.33
6.	PARRAGA, Ana Gay	32	C.D.U. Granada	2:44.09	449	35.70	39.55	43.77	45.07
7.	SANTOS, M.	33	Clube Natacao Masters de Alentejo	2:44.75	443	37.01	40.41	43.14	44.19
8.	MOURA, Catia Vanessa	34	Sccam	2:49.18	409	37.83	42.99	45.75	42.61
9.	MACHADO, S.	31	Ba-Leiria	2:51.17	395	38.20	43.59	45.02	44.36
10.	TCHERNEGA, Nina	31	Sccam	2:53.44	380	38.41	43.64	46.36	45.03
11.	GONCALVES, A.	34	ginasio clube figueirense	3:00.30	338	41.76	45.00	48.09	45.45
12.	PEREIRA, S.	34	Ba-Leiria	3:00.51	337	41.54	45.43	46.56	46.98
13.	CAVACO, M.	30	Ginasio Clube Portugues	3:07.96	298	43.17	46.62	49.38	48.79
14.	SALVADO, C.	31	Ba-Leiria	3:18.82	252	44.42	51.93	53.24	49.23
15.	SANTOS, Debora Filipa	32	Fluvial Portuense	4:38.93	91	1:02.59	1:11.91	1:12.15	1:12.28

Prova 10, Femin., 200m Livres

Master C

1.	FRIAS, Manuela Xavier	36	Rio Maior	2:32.37	594	33.97	37.48	39.70	41.22
2.	FONSECA, M.	39	Leixoes Sport Club	2:33.44	582	35.48	38.36	39.65	39.95
3.	CANTO, Anastacia Silva	35	Clube Natacao Masters de Aln	2:35.35	560	35.19	38.44	41.16	40.56
4.	ANTUNES, Tania Sofia	36	Miranda do Corvo	2:47.48	447	37.23	41.60	44.22	44.43
5.	OLIVEIRA, Juliana Cabral	39	Gafanha da Encarnacao	2:52.28	411	39.61	44.54	45.01	43.12
6.	MOLEN, L.	37	CCDSerta	2:56.44	382	40.20	44.06	45.63	46.55
7.	REIS, Filipa Isabel	37	Leixoes Sport Club	3:16.27	278	44.80	49.91	50.73	50.83
8.	FREITAS, Ana Rita	38	Alcobaca	3:28.53	231	46.72	52.80	55.59	53.42
9.	MATSIUK, Yuliia	37	Naval de Peniche	3:31.99	220	45.63	54.19	57.99	54.18
10.	RAIMUNDO, Sara Isabel	35	Gcvr	3:32.42	219	39.97	51.08	58.96	1:02.41

Master D

1.	LUCAS, Mariana Sa	40	Litoral Alentejano	2:25.78	698	33.25	37.02	37.77	37.74
2.	OLIVEIRA, Ana Mafalda	43	Natacao da Maia	2:41.49	513	36.18	39.47	42.71	43.13
3.	REBOCHO, M.	40	Fluvial Portuense	2:51.22	430	37.09	43.49	46.31	44.33
4.	GUEDES, Ana DAlte	44	Leixoes Sport Club	2:52.09	424	38.03	43.44	45.67	44.95
5.	ARENAS, Lina Orrego	40	Porto	2:52.35	422	40.29	44.11	46.04	41.91
6.	CORTEZ, Sara Filipa	43	Clube Natacao Masters de Aln	2:58.03	383	42.40	46.00	47.25	42.38
7.	ERVILHA, Joana Antunes	43	CNLeiria	3:04.81	342	42.12	46.62	48.55	47.52
8.	CRISTOVAO, Joana Silva	43	FC Ferreiras/AlgarExperience	3:08.86	321	42.25	48.85	48.58	49.18
9.	ROBALO, Joana Rita	44	Aminata	3:12.32	304	41.36	47.22	51.35	52.39
10.	CERVELAN, M.	43	Obidos Criativa, EEM	3:18.28	277	43.50	49.02	53.39	52.37
11.	SILVA, Sofia Margarida	41	Litoral Alentejano	3:20.98	266	46.06	50.03	52.57	52.32
12.	INACIO, V.	44	Rio Maior	3:25.66	248	46.43	52.63	54.98	51.62
13.	SILVA, Ana Rosa	44	Foca	3:28.74	237	45.51	52.54	56.13	54.56
14.	UHLFELDER, Ana Sofia	41	Fluvial Portuense	3:31.60	228	46.95	54.34	56.73	53.58
15.	MARTINS, Cinara Isabel	42	FC Ferreiras/AlgarExperience	3:33.88	221	48.68	54.00	55.74	55.46
16.	SANTOS, A.	40	Aminata	3:36.23	213	47.04	53.49	57.04	58.66

Master E

1.	PRIOR, Ana Filipa	47	Laranjeiro	2:35.01	596	35.54	38.80	39.90	40.77
2.	SILVA, Ana Sofia	46	Fluvial Portuense	2:42.99	512	37.32	40.45	42.65	42.57
3.	COIMBRA, R.	45	Gafanha da Encarnacao	2:43.44	508	36.47	40.22	43.17	43.58
4.	PARAMIO, Maria Luz	48	Clube Naval de Ponta Delgada	2:53.83	422	37.85	43.33	46.05	46.60
5.	MARTINS, Ana Maria	45	Sporting Clube de Aveiro SCA	3:26.13	253	46.43	52.78	56.03	50.89
6.	NUNES, Carla Sousinha	49	CNLeiria	3:31.86	233	49.21	53.45	56.32	52.88
7.	COSTA, Isabel Maria	49	Clube Naval de Ponta Delgada	4:17.73	129	53.73	1:06.37	1:09.32	1:08.31

Master F

1.	ROTHES, Ines Maria	51	Fluvial Portuense	2:30.85	700	34.88	37.68	39.27	39.02
2.	REGO, Susana Isabel	50	Leixoes Sport Club	2:57.38	430	39.59	44.93	46.21	46.65
3.	PALHARES, D.	53	Fluvial Portuense	2:58.01	426	39.76	44.58	46.25	47.42
4.	BLANCO, C.	53	Fluvial Portuense	2:58.53	422	41.14	46.38	46.75	44.26
5.	FERREIRA, M.	54	Vitoria Sport Clube	3:08.66	357	43.50	47.44	49.75	47.97
6.	SANTINHA, F.	52	Clube Natacao Masters de Aln	3:27.41	269	46.53	50.42	53.44	57.02
7.	SANTOS, Maria Paula	53	Natacao de Valongo	3:29.61	260	44.57	53.17	57.11	54.76
8.	MATIAS, Claudia Maria	52	Lagoa Academico Clube	3:52.84	190	48.62	59.81	1:02.99	1:01.42
9.	PEREIRA, M.	53	Ba-Leiria	3:55.10	184	56.76	1:00.49	1:00.96	56.89
10.	CARVALHO, S.	52	Porto	3:55.32	184	43.36	52.16	1:09.10	1:10.70
11.	GARCIA, Ana Luisa	54	Leixoes Sport Club	4:07.45	158	53.43	59.78	1:06.24	1:08.00

Prova 10, Femin., 200m Livres

Master G

1.	BRANDAO, Maria Teresa	55	Fluvial Portuense	2:41.08	625	37.34	40.22	41.91	41.61
2.	REIS, Margarida Bleck	56	Fluvial Portuense	3:15.61	349	42.97	49.98	52.94	49.72
3.	GERALDES, Patricia Reis	56	Associacao De Nadadores Dc	3:28.54	is288	45.55	52.95	56.01	54.03
4.	JORG, Alexandra Cristina	57	Aminata	4:00.87	187	50.72	1:02.81	1:06.42	1:00.92
5.	DIAS, Maria Alexandra	59	Fluvial Portuense	4:02.08	184	52.18	1:01.07	1:04.40	1:04.43
6.	MARTINS, Delfina Maria	58	Ginásio Sto. Tirso	4:24.12	141	58.25	1:06.17	1:09.97	1:09.73

Master H

1.	ANDRADE, Maria Teresa	61	Porto	2:55.68	582	38.86	43.96	45.65	47.21
2.	URBANO, M.	61	Académica de Coimbra	3:03.82	508	43.17	46.78	47.33	46.54
3.	FERNANDES, M.	62	Leixoes Sport Club	3:15.25	424	44.79	49.27	50.91	50.28
4.	VASCONCELOS, M.	60	Clube Natacao Masters de Aln	3:30.80	337	45.20	52.09	57.32	56.19
5.	NETO, Maria Manuela	62	Natacao da Maia	3:43.62	282	48.00	55.79	1:00.31	59.52
6.	MARIA, C.	60	CNLeiria	6:08.62	63	1:14.55	1:34.05	1:39.58	1:40.44
DSQ	CANINAS, M.	61	Clube Natacao Masters de Almada						

404 - Falsa partida - SW 4.4

Master I

1.	CAEIRO, Ana Maria	65	Grupo dos Amigos da Nataca	3:52.82	349	52.85	58.41	1:02.36	59.20
2.	CARDOSO, Rosa Maria	68	Fluvial Portuense	4:30.20	223	56.29	1:05.84	1:11.33	1:16.74

Master J

1.	SILVA, Marília Laura	72	Fluvial Portuense	5:08.82	160	1:09.29	1:17.36	1:23.35	1:18.82
----	----------------------	----	-------------------	----------------	-----	---------	---------	---------	---------

Master K

1.	HESSEL, Maria Helena	75	Fluvial Portuense	4:27.72	305	1:06.92	1:08.73	1:09.85	1:02.22
----	----------------------	----	-------------------	----------------	-----	---------	---------	---------	---------