

26 , 800m 2010  
22.12.2023

12 +: 8:17.00 / 10 +: 8:50.00 / I 9 +: 9:28.00 /  
II 9 +: 11:06.00 / III 9 +: 12:28.00 / I 9 +: 14:30.00 /  
II 9 +: 16:30.00 / III 9 +: 18:30.00

: FINA 2023

WA

## 13-14

1.			2009					<b>8:54.98</b>	569 I			
	50m:	29.46	29.46	250m:	2:42.56	34.02	450m:	4:58.14	33.80	650m:	7:14.91	34.54
	100m:	1:01.65	32.19	300m:	3:16.35	33.79	500m:	5:31.81	33.67	700m:	7:49.41	34.50
	150m:	1:34.86	33.21	350m:	3:50.52	34.17	550m:	6:06.12	34.31	750m:	8:22.99	33.58
	200m:	2:08.54	33.68	400m:	4:24.34	33.82	600m:	6:40.37	34.25	800m:	8:54.98	31.99
2.			2009				"	" C	<b>9:01.71</b>	548 I		
3.			2009				"	"	<b>9:05.94</b>	535 I		
	50m:	1:03.39	1:03.39	250m:	3:20.47	34.35	450m:	5:39.19	34.64	650m:	7:58.22	34.89
	100m:	1:37.78	34.39	300m:	3:55.12	34.65	500m:	6:14.12	34.93	700m:	8:32.83	34.61
	150m:	2:11.87	34.09	350m:	4:29.73	34.61	550m:	6:48.81	34.69	750m:	9:05.94	33.11
	200m:	2:46.12	34.25	400m:	5:04.55	34.82	600m:	7:23.33	34.52	800m:	9:05.94	
4.			2009						<b>9:16.10</b>	506 I		
	50m:	31.82	31.82	250m:	2:52.16	35.48	450m:	5:13.91	35.25	650m:	7:35.15	35.37
	100m:	1:06.14	34.32	300m:	3:27.72	35.56	500m:	5:49.24	35.33	700m:	8:09.96	34.81
	150m:	1:41.22	35.08	350m:	4:03.19	35.47	550m:	6:24.31	35.07	750m:	8:44.01	34.05
	200m:	2:16.68	35.46	400m:	4:38.66	35.47	600m:	6:59.78	35.47	800m:	9:16.10	32.09
5.			2009				"	" C	<b>9:40.82</b>	444 II		
6.			2009						<b>9:44.45</b>	436 II		
7.			2009						<b>9:51.03</b>	422 II		
8.			2009				"	"	<b>10:00.18</b>	403 II		
9.			2009				"	"	<b>10:16.93</b>	371 II		
10.			2010						<b>10:31.93</b>	345 II		
11.			2009						<b>10:38.09</b>	335 II		
12.			2009						<b>10:45.15</b>	324 II		
13.			2010						<b>10:52.68</b>	313 II		
14.			2010						<b>11:11.72</b>	287 III		
15.			2009						<b>11:24.59</b>	271 III		
16.			2010						<b>11:25.71</b>	270 III		
17.			2009						<b>11:29.42</b>	266 III		
18.			2010						<b>11:41.10</b>	252 III		
19.			2010						<b>11:43.46</b>	250 III		
20.			2010						<b>12:01.67</b>	231 III		
21.			2010				"	"	<b>12:24.47</b>	211 III		
22.			2010						<b>12:27.79</b>	208 III		

## 15-16

1.			2008				"	"	<b>9:06.27</b>	534 I		
	50m:	31.18	31.18	250m:	2:45.90	33.90	450m:	5:03.44	34.67	650m:	7:23.43	35.35
	100m:	1:04.29	33.11	300m:	3:20.20	34.30	500m:	5:38.00	34.56	700m:	7:58.52	35.09
	150m:	1:37.77	33.48	350m:	3:54.25	34.05	550m:	6:13.01	35.01	750m:	8:33.64	35.12
	200m:	2:12.00	34.23	400m:	4:28.77	34.52	600m:	6:48.08	35.07	800m:	9:06.27	32.63
2.			2008				"	"	<b>9:34.25</b>	460 II		
3.			2008				"	"	<b>9:35.14</b>	458 II		
4.			2008				"	"	<b>9:53.45</b>	417 II		
5.			2007						<b>10:11.25</b>	381 II		
	50m:	34.59	34.59	250m:	3:00.24	36.96	450m:	5:32.40	38.39	650m:	8:13.63	40.60
	100m:	1:10.22	35.63	300m:	3:37.34	37.10	500m:	6:13.07	40.67	700m:	8:53.13	39.50
	150m:	1:46.36	36.14	350m:	4:15.70	38.36	550m:	6:53.29	40.22	750m:	9:32.12	38.99
	200m:	2:23.28	36.92	400m:	4:54.01	38.31	600m:	7:33.03	39.74	800m:	10:11.25	39.13

" " " " " "  
 , 22 - 23 2023 .

26,		, 800m		, 15-16						WA			
6.										2008	<b>10:19.23</b>	367	II
7.										2008	<b>10:23.11</b>	360	II
8.										2008	<b>10:35.29</b>	340	II
9.										2008	<b>11:18.47</b>	279	III
17-18													
1.										2005	<b>8:40.56</b>	618	
	50m:	28.56	28.56	250m:	2:38.83	33.20	450m:	4:51.77	33.26	650m:	7:04.85	32.96	
	100m:	1:00.29	31.73	300m:	3:11.68	32.85	500m:	5:24.80	33.03	700m:	7:38.89	34.04	
	150m:	1:32.98	32.69	350m:	3:44.78	33.10	550m:	5:58.29	33.49	750m:	8:12.17	33.28	
	200m:	2:05.63	32.65	400m:	4:18.51	33.73	600m:	6:31.89	33.60	800m:	8:40.56	28.39	
2.										2006	<b>8:57.71</b>	560	I
	50m:	29.76	29.76	250m:	2:42.88	33.86	450m:	4:58.11	33.57	650m:	7:15.85	34.58	
	100m:	1:01.88	32.12	300m:	3:17.07	34.19	500m:	5:32.42	34.31	700m:	7:50.20	34.35	
	150m:	1:35.14	33.26	350m:	3:50.94	33.87	550m:	6:06.93	34.51	750m:	8:24.79	34.59	
	200m:	2:09.02	33.88	400m:	4:24.54	33.60	600m:	6:41.27	34.34	800m:	8:57.71	32.92	
3.										2006	<b>9:10.76</b>	521	I
	50m:	30.82	30.82	250m:	2:45.89	34.41	450m:	5:04.48	35.01	650m:	7:25.68	35.51	
	100m:	1:04.17	33.35	300m:	3:20.13	34.24	500m:	5:39.81	35.33	700m:	8:01.21	35.53	
	150m:	1:37.38	33.21	350m:	3:54.69	34.56	550m:	6:15.48	35.67	750m:	8:36.93	35.72	
	200m:	2:11.48	34.10	400m:	4:29.47	34.78	600m:	6:50.17	34.69	800m:	9:10.76	33.83	
EXH										2011	<b>10:51.40</b>	315	II