

Torneio Inverno ABSOLUTOS 2024
Ponte da Barca, 13 - 14/1/2024

Prova 20	Masc., 400m Livres				Absoluto
14/01/2024 - 10:10					Resultados
Rec. Reg. ANMinho Open	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Sen	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Jun 2	3:52.06	Jose Paulo Lopes	SCB	Porto	09/12/2017
Rec. Reg. ANMinho Jun 1	3:58.55	Jose Paulo Lopes	SCB	Funchal	10/12/2016
Rec. Reg. ANMinho Juv A	4:02.24	Jose Paulo Lopes	SCB	Ponte da Barca	30/06/2016
Rec. Reg. ANMinho Juv B	4:05.48	Jose Paulo Lopes	SCB	Braga	14/06/2015
Rec. Reg. ANMinho Inf A	4:17.89	Hugo Miguel Neves	SCB	Bragança	19/04/2016
Rec. Reg. ANMinho Inf B	4:26.63	Hugo Miguel Neves	SCB	Ponte da Barca	02/07/2015

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
Infantis B					
1.	Afonso Silva Cerqueira	11	Braga	5:01.22	349
	50m: 33.93 33.93	150m:	250m:	350m:	
	100m: 1:10.63 36.70	200m: 2:27.22	300m: 3:44.49	400m: 5:01.22	
Infantis A					
1.	Rodrigo Almeida Marques	10	Braga	4:58.21	360
	50m: 32.87 32.87	150m:	250m:	350m:	
	100m: 1:09.86 36.99	200m: 2:26.24	300m: 3:42.93	400m: 4:58.21	
2.	Miguel Oliveira Araujo	10	Escola Desportiva de Viana	5:12.71	312
	50m: 35.59 35.59	150m:	250m:	350m:	
	100m: 1:16.31 40.72	200m: 2:36.34	300m: 3:55.75	400m: 5:12.71	
Juvenis B					
1.	Dinis Lima Moreno	09	Braga	4:44.33	415
	50m: 30.99 30.99	150m:	250m:	350m:	
	100m: 1:05.11 34.12	200m: 2:18.46	300m: 3:32.03	400m: 4:44.33	
2.	Tiago Avelino Ferreira	09	Sporting Caminha	4:55.67	369
	50m: 31.93 31.93	150m:	250m:	350m:	
	100m: 1:09.07 37.14	200m: 2:24.99	300m: 3:41.93	400m: 4:55.67	
3.	Manuel Jose Boucas	09	Sporting Caminha	5:59.99	204
	50m: 39.20 39.20	150m:	250m:	350m:	
	100m: 1:26.27 47.07	200m: 3:00.00	300m: 4:32.78	400m: 5:59.99	
Juvenis A					
1.	Frederico Castro Afonso	08	Sporting Caminha	4:48.81	396
	50m: 30.84 30.84	150m:	250m:	350m:	
	100m: 1:05.54 34.70	200m: 2:19.04	300m: 3:34.43	400m: 4:48.81	
Juniores					
1.	João Pedro Tinoco	07	Braga	4:52.50	382
	50m: 32.81 32.81	150m:	250m:	350m:	
	100m: 1:09.13 36.32	200m: 2:22.73	300m: 3:36.01	400m: 4:52.50	