

LAQUA Superprestige Laatste Kans
Sportoase, 23/12/2023

Programmanr. 934
23/12/2023 - 17:54

Heren, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2023

Rang							Inschr.	Tijd	Pnt			
1.	SPADEA Tommaso						LAQUA/11260/084:08.74	4:06.17	640			
	50m:	28.38	28.38	150m:	1:30.52	31.11	250m:	2:32.52	31.13	350m:	3:35.19	31.16
	100m:	59.41	31.03	200m:	2:01.39	30.87	300m:	3:04.03	31.51	400m:	4:06.17	30.98
2.	VAN DROOGENBROECK Niels						LAQUA/11169/034:15.30	4:13.25	588			
	50m:	28.05	28.05	150m:	1:31.10	31.69	250m:	2:35.71	32.47	350m:	3:41.71	33.05
	100m:	59.41	31.36	200m:	2:03.24	32.14	300m:	3:08.66	32.95	400m:	4:13.25	31.54
3.	VAN GENECHTEN Sander						LAQUA/11460/034:15.45	4:13.63	586			
	50m:	28.47	28.47	150m:	1:32.25	32.32	250m:	2:37.36	32.65	350m:	3:42.67	32.66
	100m:	59.93	31.46	200m:	2:04.71	32.46	300m:	3:10.01	32.65	400m:	4:13.63	30.96
4.	MEES Ruben						SCZ/11023/06 4:22.79	4:13.90	584			
	50m:	28.68	28.68	150m:	1:32.73	31.89	250m:	2:38.79	33.02	350m:	3:43.34	32.30
	100m:	1:00.84	32.16	200m:	2:05.77	33.04	300m:	3:11.04	32.25	400m:	4:13.90	30.56
5.	LISSENS Tuur						LAQUA/11393/104:32.84	4:33.86	465			
	50m:	31.35	31.35	150m:	1:41.42	34.91	250m:	2:50.79	34.51	350m:	4:00.63	34.55
	100m:	1:06.51	35.16	200m:	2:16.28	34.86	300m:	3:26.08	35.29	400m:	4:33.86	33.23
6.	VAN DER BORGHT Floris						ZCT/11072/08 4:33.89	4:36.46	452			
	50m:	32.03	32.03	150m:	1:41.91	34.99	250m:	2:51.94	35.37	350m:	4:02.79	35.46
	100m:	1:06.92	34.89	200m:	2:16.57	34.66	300m:	3:27.33	35.39	400m:	4:36.46	33.67
7.	VAN GRUNDERBEECK Bas						ZCT/11110/09 4:47.55	4:46.88	404			
	50m:	31.61	31.61	150m:	1:44.62	36.50	250m:	2:58.65	37.14	350m:	4:11.82	36.42
	100m:	1:08.12	36.51	200m:	2:21.51	36.89	300m:	3:35.40	36.75	400m:	4:46.88	35.06
8.	ZOUHRI Amir						LAQUA/11477/104:49.98	4:53.01	380			
	50m:	32.97	32.97	150m:	1:46.89	37.54	250m:	3:02.25	37.86	350m:	4:16.71	37.33
	100m:	1:09.35	36.38	200m:	2:24.39	37.50	300m:	3:39.38	37.13	400m:	4:53.01	36.30