

LAQUA Superprestige Laatste Kans  
Sportoase, 23/12/2023

Programmanr. 26  
23/12/2023 - 11:48

Heren, 400m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2023

Rang							Inschr.	Tijd	Pnt
<b>11 - 15 jaar</b>									
1.	SPADEA Tommaso						LAQUA/11260/084:09.11	<b>4:08.74</b>	621
	50m:	28.65	28.65	150m:	1:31.15	31.38	250m:	2:34.34	31.76
	100m:	59.77	31.12	200m:	2:02.58	31.43	300m:	3:06.09	31.75
							350m:	3:37.75	31.66
							400m:	4:08.74	30.99
2.	LISSENS Tuur						LAQUA/11393/104:32.53	<b>4:32.84</b>	470
	50m:	31.65	31.65	150m:	1:41.34	34.68	250m:	2:51.27	35.01
	100m:	1:06.66	35.01	200m:	2:16.26	34.92	300m:	3:25.83	34.56
							350m:	4:00.09	34.26
							400m:	4:32.84	32.75
3.	VAN DER BORGHT Floris						ZCT/11072/08 4:39.55	<b>4:33.89</b>	465
	50m:	32.17	32.17	150m:	1:42.37	35.40	250m:	2:50.81	34.30
	100m:	1:06.97	34.80	200m:	2:16.51	34.14	300m:	3:25.32	34.51
							350m:	3:59.61	34.29
							400m:	4:33.89	34.28
4.	PARLEVLIEZENO						STA/11027/08 4:39.72	<b>4:36.99</b>	449
	50m:	29.84	29.84	150m:	1:38.01	34.45	250m:	2:49.55	36.01
	100m:	1:03.56	33.72	200m:	2:13.54	35.53	300m:	3:25.51	35.96
							350m:	4:01.63	36.12
							400m:	4:36.99	35.36
5.	VAN GRUNDERBEECK Bas						ZCT/11110/09 4:49.67	<b>4:47.55</b>	402
	50m:	31.83	31.83	150m:	1:44.00	35.76	250m:	2:58.77	37.63
	100m:	1:08.24	36.41	200m:	2:21.14	37.14	300m:	3:35.61	36.84
							350m:	4:12.26	36.65
							400m:	4:47.55	35.29
6.	ZOUHRI Amir						LAQUA/11477/104:56.59	<b>4:49.98</b>	392
	50m:	32.07	32.07	150m:	1:45.11	37.15	250m:	3:00.47	37.66
	100m:	1:07.96	35.89	200m:	2:22.81	37.70	300m:	3:38.02	37.55
							350m:	4:14.72	36.70
							400m:	4:49.98	35.26
7.	VERVLOESSEM Frits						ZCT/11102/10 4:58.35	<b>4:53.52</b>	378
	50m:	33.09	33.09	150m:	1:47.42	37.63	250m:	3:01.23	37.36
	100m:	1:09.79	36.70	200m:	2:23.87	36.45	300m:	3:38.88	37.65
							350m:	4:16.77	37.89
							400m:	4:53.52	36.75
8.	BERLAMONT Daan						LAQUA/11535/105:04.23	<b>4:53.97</b>	376
	50m:	32.50	32.50	150m:	1:46.31	37.70	250m:	3:01.57	37.53
	100m:	1:08.61	36.11	200m:	2:24.04	37.73	300m:	3:39.75	38.18
							350m:	4:18.16	38.41
							400m:	4:53.97	35.81
9.	MEREMANS Mathys						LAQUA/11407/105:04.98	<b>4:58.25</b>	360
	50m:	33.14	33.14	150m:	1:48.52	37.97	250m:	3:05.11	38.22
	100m:	1:10.55	37.41	200m:	2:26.89	38.37	300m:	3:43.68	38.57
							350m:	4:21.78	38.10
							400m:	4:58.25	36.47
10.	VANDERLINDEN Roald						LAQUA/11441/115:01.60	<b>4:58.84</b>	358
	50m:	33.90	33.90	150m:	1:49.27	38.43	250m:	3:06.07	38.17
	100m:	1:10.84	36.94	200m:	2:27.90	38.63	300m:	3:44.47	38.40
							350m:	4:22.51	38.04
							400m:	4:58.84	36.33
11.	SLOOTMAEKERS Matteo						LAQUA/11387/105:06.85	<b>5:01.65</b>	348
	50m:	34.18	34.18	150m:	1:49.12	37.94	250m:	3:06.42	38.56
	100m:	1:11.18	37.00	200m:	2:27.86	38.74	300m:	3:45.26	38.84
							350m:	4:23.92	38.66
							400m:	5:01.65	37.73
12.	VAN NOOTEN Vic						LAQUA/11454/105:07.39	<b>5:05.66</b>	334
	50m:	33.40	33.40	150m:	1:50.07	38.76	250m:	3:08.68	39.52
	100m:	1:11.31	37.91	200m:	2:29.16	39.09	300m:	3:48.69	40.01
							350m:	4:28.03	39.34
							400m:	5:05.66	37.63
13.	MERTENS Sibbe						ZCT/11133/10 5:19.46	<b>5:07.22</b>	329
	50m:	35.17	35.17	150m:	1:52.98	39.27	250m:	3:10.79	38.89
	100m:	1:13.71	38.54	200m:	2:31.90	38.92	300m:	3:49.51	38.72
							350m:	4:28.71	39.20
							400m:	5:07.22	38.51
14.	BOBEV Boyan						LAQUA/11400/105:10.66	<b>5:13.91</b>	309
	50m:	35.15	35.15	150m:	1:54.11	39.88	250m:	3:15.65	40.96
	100m:	1:14.23	39.08	200m:	2:34.69	40.58	300m:	3:56.40	40.75
							350m:	4:36.30	39.90
							400m:	5:13.91	37.61
15.	VROMAN Finn						STA/11062/12 5:21.48	<b>5:14.47</b>	307
	50m:	35.40	35.40	150m:	1:54.63	40.77	250m:	3:15.98	40.32
	100m:	1:13.86	38.46	200m:	2:35.66	41.03	300m:	3:55.81	39.83
							350m:	4:36.87	41.06
							400m:	5:14.47	37.60
16.	GYPEN Thomas						ZCT/11115/10 5:18.81	<b>5:15.87</b>	303
	50m:	35.87	35.87	150m:	1:55.96	40.49	250m:	3:16.18	39.69
	100m:	1:15.47	39.60	200m:	2:36.49	40.53	300m:	3:55.89	39.71
							350m:	4:36.00	40.11
							400m:	5:15.87	39.87
17.	DIERICK Oscar						LAQUA/11495/115:37.20	<b>5:27.42</b>	272
	50m:	34.73	34.73	150m:	1:56.71	41.68	250m:	3:20.66	42.47
	100m:	1:15.03	40.30	200m:	2:38.19	41.48	300m:	4:03.06	42.40
							350m:	4:45.84	42.78
							400m:	5:27.42	41.58

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Programmanr. 26, Jongens, 400m vrije slag, 11 - 15 jaar

Rang	Inschr.	Tijd	Pnt
18. DUMON Ilan	LAQUA/11452/115:29.41	<b>5:28.25</b>	270
50m: 36.43 36.43	150m: 1:58.92 41.63	250m: 3:22.32 41.69	350m: 4:47.12 42.36
100m: 1:17.29 40.86	200m: 2:40.63 41.71	300m: 4:04.76 42.44	400m: 5:28.25 41.13
19. SPADEA Mattia	LAQUA/11461/115:31.02	<b>5:38.43</b>	246
50m: 36.70 36.70	150m: 2:00.00 42.34	250m: 3:25.01 42.79	350m: 4:53.77 44.50
100m: 1:17.66 40.96	200m: 2:42.22 42.22	300m: 4:09.27 44.26	400m: 5:38.43 44.66
20. VRANCKX Boudewijn	LAQUA/11449/115:37.39	<b>5:39.28</b>	244
50m: 36.99 36.99	150m: 2:00.31 41.50	250m: 3:27.24 43.89	350m: 4:55.49 44.48
100m: 1:18.81 41.82	200m: 2:43.35 43.04	300m: 4:11.01 43.77	400m: 5:39.28 43.79
21. LAPEIRRE Tieben	LAQUA/11497/116:01.30	<b>5:41.31</b>	240
50m: 37.45 37.45	150m: 2:03.11 43.46	250m: 3:31.26 44.16	350m: 5:00.15 44.13
100m: 1:19.65 42.20	200m: 2:47.10 43.99	300m: 4:16.02 44.76	400m: 5:41.31 41.16
22. VAN NOOTEN Tijl <i>saei</i>	LAQUA/11489/125:30.96	<b>5:51.83</b>	219
50m: 38.83 38.83	150m: 2:07.76 45.04	250m: 3:38.98 45.81	350m: 5:10.35 45.74
100m: 1:22.72 43.89	200m: 2:53.17 45.41	300m: 4:24.61 45.63	400m: 5:51.83 41.48

11 jaar en ouder

1. SPADEA Tommaso	LAQUA/11260/084:09.11	<b>4:08.74</b>	621
50m: 28.65 28.65	150m: 1:31.15 31.38	250m: 2:34.34 31.76	350m: 3:37.75 31.66
100m: 59.77 31.12	200m: 2:02.58 31.43	300m: 3:06.09 31.75	400m: 4:08.74 30.99
2. VAN DROOGENBROECK Niels	LAQUA/11169/034:17.78	<b>4:15.30</b>	574
50m: 29.21 29.21	150m: 1:33.63 32.32	250m: 2:38.11 32.19	350m: 3:43.47 32.97
100m: 1:01.31 32.10	200m: 2:05.92 32.29	300m: 3:10.50 32.39	400m: 4:15.30 31.83
3. VAN GENECHTEN Sander	LAQUA/11460/034:11.43	<b>4:15.45</b>	573
50m: 29.39 29.39	150m: 1:33.97 32.42	250m: 2:38.55 32.19	350m: 3:43.85 32.83
100m: 1:01.55 32.16	200m: 2:06.36 32.39	300m: 3:11.02 32.47	400m: 4:15.45 31.60
4. MEES Ruben	SCZ/11023/06 4:19.56	<b>4:22.79</b>	526
50m: 29.18 29.18	150m: 1:36.42 34.13	250m: 2:44.06 33.52	350m: 3:51.77 33.25
100m: 1:02.29 33.11	200m: 2:10.54 34.12	300m: 3:18.52 34.46	400m: 4:22.79 31.02
5. CATRY Arne	ZCT/11047/06 4:16.93	<b>4:26.75</b>	503
50m: 29.93 29.93	150m: 1:37.55 34.37	250m: 2:45.39 33.87	350m: 3:53.51 33.83
100m: 1:03.18 33.25	200m: 2:11.52 33.97	300m: 3:19.68 34.29	400m: 4:26.75 33.24
6. LISSENS Tuur	LAQUA/11393/104:32.53	<b>4:32.84</b>	470
50m: 31.65 31.65	150m: 1:41.34 34.68	250m: 2:51.27 35.01	350m: 4:00.09 34.26
100m: 1:06.66 35.01	200m: 2:16.26 34.92	300m: 3:25.83 34.56	400m: 4:32.84 32.75
7. VAN DER BORGHT Floris	ZCT/11072/08 4:39.55	<b>4:33.89</b>	465
50m: 32.17 32.17	150m: 1:42.37 35.40	250m: 2:50.81 34.30	350m: 3:59.61 34.29
100m: 1:06.97 34.80	200m: 2:16.51 34.14	300m: 3:25.32 34.51	400m: 4:33.89 34.28
8. PARLEVLIEZ Zeno	STA/11027/08 4:39.72	<b>4:36.99</b>	449
50m: 29.84 29.84	150m: 1:38.01 34.45	250m: 2:49.55 36.01	350m: 4:01.63 36.12
100m: 1:03.56 33.72	200m: 2:13.54 35.53	300m: 3:25.51 35.96	400m: 4:36.99 35.36
9. VAN GRUNDERBEECK Bas	ZCT/11110/09 4:49.67	<b>4:47.55</b>	402
50m: 31.83 31.83	150m: 1:44.00 35.76	250m: 2:58.77 37.63	350m: 4:12.26 36.65
100m: 1:08.24 36.41	200m: 2:21.14 37.14	300m: 3:35.61 36.84	400m: 4:47.55 35.29
10. ZOUHRI Amir	LAQUA/11477/104:56.59	<b>4:49.98</b>	392
50m: 32.07 32.07	150m: 1:45.11 37.15	250m: 3:00.47 37.66	350m: 4:14.72 36.70
100m: 1:07.96 35.89	200m: 2:22.81 37.70	300m: 3:38.02 37.55	400m: 4:49.98 35.26
11. VERVLOESSEM Frits	ZCT/11102/10 4:58.35	<b>4:53.52</b>	378
50m: 33.09 33.09	150m: 1:47.42 37.63	250m: 3:01.23 37.36	350m: 4:16.77 37.89
100m: 1:09.79 36.70	200m: 2:23.87 36.45	300m: 3:38.88 37.65	400m: 4:53.52 36.75
12. BERLAMONT Daan	LAQUA/11535/105:04.23	<b>4:53.97</b>	376
50m: 32.50 32.50	150m: 1:46.31 37.70	250m: 3:01.57 37.53	350m: 4:18.16 38.41
100m: 1:08.61 36.11	200m: 2:24.04 37.73	300m: 3:39.75 38.18	400m: 4:53.97 35.81

LAQUA Superprestige Laatste Kans  
Sportoase, 23/12/2023

Programmanr. 26, Heren, 400m vrije slag, 11 jaar en ouder

Rang			Inscr.				Tijd	Pnt		
13.	MEREMANS Mathys		LAQUA/11407/105:04.98				<b>4:58.25</b>	360		
	50m:	33.14 33.14	150m:	1:48.52 37.97	250m:	3:05.11 38.22	350m:	4:21.78 38.10		
	100m:	1:10.55 37.41	200m:	2:26.89 38.37	300m:	3:43.68 38.57	400m:	4:58.25 36.47		
14.	VANDERLINDEN Roald		LAQUA/11441/115:01.60				<b>4:58.84</b>	358		
	50m:	33.90 33.90	150m:	1:49.27 38.43	250m:	3:06.07 38.17	350m:	4:22.51 38.04		
	100m:	1:10.84 36.94	200m:	2:27.90 38.63	300m:	3:44.47 38.40	400m:	4:58.84 36.33		
15.	SLOOTMAEKERS Matteo		LAQUA/11387/105:06.85				<b>5:01.65</b>	348		
	50m:	34.18 34.18	150m:	1:49.12 37.94	250m:	3:06.42 38.56	350m:	4:23.92 38.66		
	100m:	1:11.18 37.00	200m:	2:27.86 38.74	300m:	3:45.26 38.84	400m:	5:01.65 37.73		
16.	VAN NOOTEN Vic		LAQUA/11454/105:07.39				<b>5:05.66</b>	334		
	50m:	33.40 33.40	150m:	1:50.07 38.76	250m:	3:08.68 39.52	350m:	4:28.03 39.34		
	100m:	1:11.31 37.91	200m:	2:29.16 39.09	300m:	3:48.69 40.01	400m:	5:05.66 37.63		
17.	MERTENS Sibbe		ZCT/11133/10		5:19.46	<b>5:07.22</b>	329			
	50m:	35.17 35.17	150m:	1:52.98 39.27	250m:	3:10.79 38.89	350m:	4:28.71 39.20		
	100m:	1:13.71 38.54	200m:	2:31.90 38.92	300m:	3:49.51 38.72	400m:	5:07.22 38.51		
18.	BOBEV Boyan		LAQUA/11400/105:10.66				<b>5:13.91</b>	309		
	50m:	35.15 35.15	150m:	1:54.11 39.88	250m:	3:15.65 40.96	350m:	4:36.30 39.90		
	100m:	1:14.23 39.08	200m:	2:34.69 40.58	300m:	3:56.40 40.75	400m:	5:13.91 37.61		
19.	VROMAN Finn		STA/11062/12		5:21.48	<b>5:14.47</b>	307			
	50m:	35.40 35.40	150m:	1:54.63 40.77	250m:	3:15.98 40.32	350m:	4:36.87 41.06		
	100m:	1:13.86 38.46	200m:	2:35.66 41.03	300m:	3:55.81 39.83	400m:	5:14.47 37.60		
20.	GYPEN Thomas		ZCT/11115/10		5:18.81	<b>5:15.87</b>	303			
	50m:	35.87 35.87	150m:	1:55.96 40.49	250m:	3:16.18 39.69	350m:	4:36.00 40.11		
	100m:	1:15.47 39.60	200m:	2:36.49 40.53	300m:	3:55.89 39.71	400m:	5:15.87 39.87		
21.	DIERICK Oscar		LAQUA/11495/115:37.20				<b>5:27.42</b>	272		
	50m:	34.73 34.73	150m:	1:56.71 41.68	250m:	3:20.66 42.47	350m:	4:45.84 42.78		
	100m:	1:15.03 40.30	200m:	2:38.19 41.48	300m:	4:03.06 42.40	400m:	5:27.42 41.58		
22.	DUMON Ilan		LAQUA/11452/115:29.41				<b>5:28.25</b>	270		
	50m:	36.43 36.43	150m:	1:58.92 41.63	250m:	3:22.32 41.69	350m:	4:47.12 42.36		
	100m:	1:17.29 40.86	200m:	2:40.63 41.71	300m:	4:04.76 42.44	400m:	5:28.25 41.13		
23.	SPADEA Mattia		LAQUA/11461/115:31.02				<b>5:38.43</b>	246		
	50m:	36.70 36.70	150m:	2:00.00 42.34	250m:	3:25.01 42.79	350m:	4:53.77 44.50		
	100m:	1:17.66 40.96	200m:	2:42.22 42.22	300m:	4:09.27 44.26	400m:	5:38.43 44.66		
24.	VRANCKX Boudewijn		LAQUA/11449/115:37.39				<b>5:39.28</b>	244		
	50m:	36.99 36.99	150m:	2:00.31 41.50	250m:	3:27.24 43.89	350m:	4:55.49 44.48		
	100m:	1:18.81 41.82	200m:	2:43.35 43.04	300m:	4:11.01 43.77	400m:	5:39.28 43.79		
25.	LAPEIRRE Tieben		LAQUA/11497/116:01.30				<b>5:41.31</b>	240		
	50m:	37.45 37.45	150m:	2:03.11 43.46	250m:	3:31.26 44.16	350m:	5:00.15 44.13		
	100m:	1:19.65 42.20	200m:	2:47.10 43.99	300m:	4:16.02 44.76	400m:	5:41.31 41.16		
26.	VAN NOOTEN Tijl <i>saei</i>		LAQUA/11489/125:30.96				<b>5:51.83</b>	219		
	50m:	38.83 38.83	150m:	2:07.76 45.04	250m:	3:38.98 45.81	350m:	5:10.35 45.74		
	100m:	1:22.72 43.89	200m:	2:53.17 45.41	300m:	4:24.61 45.63	400m:	5:51.83 41.48		