

" " , 15.12.2023

5, , 400m , 14

FINA

2.			2004	"	"	" ()			5:11.85 II			
	25m:	14.14	14.14	125m:	1:28.68	20.85	225m:	2:50.68	19.49	325m:	4:14.56	18.74
	50m:	32.16	18.02	150m:	1:48.51	19.83	250m:	3:12.47	21.79	350m:	4:34.29	19.73
	75m:	49.08	16.92	175m:	2:09.83	21.32	275m:	3:32.48	20.01	375m:	4:53.31	19.02
	100m:	1:07.83	18.75	200m:	2:31.19	21.36	300m:	3:55.82	23.34	400m:	5:11.85	18.54
3.			2007	"	"	" ()			5:19.47 II			
	25m:	14.64	14.64	125m:	1:30.29	21.24	225m:	2:55.01	22.99	325m:	4:24.58	19.67
	50m:	32.14	17.50	150m:	1:51.12	20.83	250m:	3:18.58	23.57	350m:	4:43.13	18.55
	75m:	50.21	18.07	175m:	2:11.41	20.29	275m:	3:41.65	23.07	375m:	5:01.64	18.51
	100m:	1:09.05	18.84	200m:	2:32.02	20.61	300m:	4:04.91	23.26	400m:	5:19.47	17.83
4.			2007			()			5:51.97 III			
	25m:	15.73	15.73	125m:	1:41.25	24.24	225m:	3:15.00	24.78	325m:	4:51.96	20.59
	50m:	36.00	20.27	150m:	2:04.27	23.02	250m:	3:41.29	26.29	350m:	5:12.57	20.61
	75m:	55.15	19.15	175m:	2:27.12	22.85	275m:	4:05.72	24.43	375m:	5:32.56	19.99
	100m:	1:17.01	21.86	200m:	2:50.22	23.10	300m:	4:31.37	25.65	400m:	5:51.97	19.41