

Invitation provinciale des Fêtes Ho! Ho! Ho!
Boucherville, Qc, 15- - 17-12-2023

Epreuve 28
2023-12-17 - 8:56

Messieurs, 400m Libre

13 ans et plus
Liste résultats

Points: FINA 2023

Rang				AN					Temps	Pts		
13 - 14 ans												
1.	CÔTÉ, Laurent			09	Club Natation Haut-Richelieu				4:42.28	425		
	50m:	31.23	31.23	150m:	1:42.75	36.17	250m:	2:55.86	36.60	350m:	4:09.41	37.02
	100m:	1:06.58	35.35	200m:	2:19.26	36.51	300m:	3:32.39	36.53	400m:	4:42.28	32.87
2.	GUILLETTE, Benjamin			09	Mustang Boucherville				4:43.67	418		
	50m:	31.43	31.43	150m:	1:42.38	36.06	250m:	2:55.86	36.89	350m:	4:09.01	36.42
	100m:	1:06.32	34.89	200m:	2:18.97	36.59	300m:	3:32.59	36.73	400m:	4:43.67	34.66
3.	FORTIN, Émile			09	Cnsf				4:46.28	407		
	50m:	31.74	31.74	150m:	1:42.91	36.26	250m:	2:56.26	36.65	350m:	4:10.34	37.35
	100m:	1:06.65	34.91	200m:	2:19.61	36.70	300m:	3:32.99	36.73	400m:	4:46.28	35.94
4.	BARLOW, Henri			09	Mustang Boucherville				4:51.70	385		
	50m:	32.84	32.84	150m:	1:46.40	37.59	250m:	3:01.47	37.53	350m:	4:16.40	37.64
	100m:	1:08.81	35.97	200m:	2:23.94	37.54	300m:	3:38.76	37.29	400m:	4:51.70	35.30
5.	EL KASMI, Rhali Mohammed			09	Mtl Nord Natation				4:53.16	379		
	50m:	32.02	32.02	150m:	1:45.85	38.33	250m:	3:01.62	37.78	350m:	4:17.16	37.56
	100m:	1:07.52	35.50	200m:	2:23.84	37.99	300m:	3:39.60	37.98	400m:	4:53.16	36.00
6.	MICHAUD, Emanuel			10	Club Natation Haut-Richelieu				4:57.06	364		
	50m:	32.14	32.14	150m:	1:46.53	37.66	250m:	3:03.55	38.70	350m:	4:19.79	38.20
	100m:	1:08.87	36.73	200m:	2:24.85	38.32	300m:	3:41.59	38.04	400m:	4:57.06	37.27
7.	JUBINVILLE, Laurier			10	Blue Machine				5:01.06	350		
	50m:	34.81	34.81	150m:	1:51.54	39.18	250m:	3:06.75	38.54	350m:	4:22.68	37.57
	100m:	1:12.36	37.55	200m:	2:28.21	36.67	300m:	3:45.11	38.36	400m:	5:01.06	38.38
8.	BOULAY, Louis			10	Mustang Boucherville				5:03.83	340		
	50m:	33.57	33.57	150m:	1:50.17	38.76	250m:	3:07.95	38.93	350m:	4:26.62	39.21
	100m:	1:11.41	37.84	200m:	2:29.02	38.85	300m:	3:47.41	39.46	400m:	5:03.83	37.21
9.	COULTER, Dylan			10	Bbf				5:03.97	340		
	50m:	33.83	33.83	150m:	1:50.97	39.17	250m:	3:08.90	38.94	350m:	4:27.38	39.29
	100m:	1:11.80	37.97	200m:	2:29.96	38.99	300m:	3:48.09	39.19	400m:	5:03.97	36.59
10.	FILION, Basile			10	Club Natation Haut-Richelieu				5:09.66	322		
	50m:	33.48	33.48	150m:	3:12.58	1:20.85	350m:	4:31.44	39.12			
	100m:	1:51.73	1:18.25	250m:	3:52.32	39.74	400m:	5:09.66	38.22			
11.	BLAIS, Jérôme			09	Cnsh				5:13.78	309		
	50m:	33.00	33.00	150m:	1:48.84	38.30	250m:	3:08.42	40.41	350m:	4:32.27	42.58
	100m:	1:10.54	37.54	200m:	2:28.01	39.17	300m:	3:49.69	41.27	400m:	5:13.78	41.51
12.	MAHIOU, Ishak			09	Mtl Nord Natation				5:15.41	304		
	50m:	34.75	34.75	150m:	1:53.94	40.00	250m:	3:15.52	40.79	350m:	4:36.52	40.13
	100m:	1:13.94	39.19	200m:	2:34.73	40.79	300m:	3:56.39	40.87	400m:	5:15.41	38.89
13.	CHANG, Michael Jingqi			10	Club de Natation Samak				5:18.40	296		
	50m:	34.74	34.74	150m:	1:55.44	41.22	250m:	3:18.62	41.60	350m:	4:41.13	40.06
	100m:	1:14.22	39.48	200m:	2:37.02	41.58	300m:	4:01.07	42.45	400m:	5:18.40	37.27
14.	ROUMANOS, Roy			10	Sher				5:29.25	267		
	50m:	35.76	35.76	150m:	1:57.64	41.32	250m:	3:22.11	42.21	350m:	4:47.58	42.87
	100m:	1:16.32	40.56	200m:	2:39.90	42.26	300m:	4:04.71	42.60	400m:	5:29.25	41.67
15.	AMBROSONE, London			10	Bbf				5:29.64	266		
	50m:	35.38	35.38	150m:	2:01.61	44.77	250m:	3:27.82	43.34	350m:	4:51.64	41.85
	100m:	1:16.84	41.46	200m:	2:44.48	42.87	300m:	4:09.79	41.97	400m:	5:29.64	38.00

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Epreuve 28, Garçons, 400m Libre, 13 - 14 ans

Rang			AN						Temps	Pts
16.	WHIPPS, William		09	Bbf					5:40.71	241
	50m: 36.78	36.78	150m: 2:02.94	43.82	250m: 3:30.66	43.95	350m: 4:59.30	44.65		
	100m: 1:19.12	42.34	200m: 2:46.71	43.77	300m: 4:14.65	43.99	400m: 5:40.71	41.41		
17.	MILIOTO, Damiano		10	Mtl Nord Natation					5:41.51	240
	50m: 38.45	38.45	150m: 2:05.24	44.28	250m: 3:33.35	44.47	350m: 5:01.01	43.27		
	100m: 1:20.96	42.51	200m: 2:48.88	43.64	300m: 4:17.74	44.39	400m: 5:41.51	40.50		
18.	YE, brayden cho yin		10	Club de Natation Samak					5:41.55	239
	50m: 37.08	37.08	150m: 2:03.85	43.94	250m: 3:31.56	44.30	350m: 4:59.95	44.14		
	100m: 1:19.91	42.83	200m: 2:47.26	43.41	300m: 4:15.81	44.25	400m: 5:41.55	41.60		
19.	OUELLET, Antoine		10	C.N. Chambly					5:43.92	235
	50m: 37.74	37.74	150m: 2:04.74	43.65	250m: 3:33.73	44.83	350m: 5:01.84	43.85		
	100m: 1:21.09	43.35	200m: 2:48.90	44.16	300m: 4:17.99	44.26	400m: 5:43.92	42.08		
20.	FORTIER, Edward		09	Bbf					5:55.45	212
	50m: 38.15	38.15	150m: 2:08.60	45.74	250m: 3:39.93	45.62	350m: 5:12.02	45.77		
	100m: 1:22.86	44.71	200m: 2:54.31	45.71	300m: 4:26.25	46.32	400m: 5:55.45	43.43		
21.	FRULLA, Matteo		10	Blue Machine					5:57.09	209
	50m: 38.56	38.56	150m: 2:07.56	45.14	250m: 3:41.58	47.14	350m: 5:16.21	46.67		
	100m: 1:22.42	43.86	200m: 2:54.44	46.88	300m: 4:29.54	47.96	400m: 5:57.09	40.88		
22.	HOUDE, Charles		10	Club Natation Haut-Richelieu					6:00.82	203
	50m: 40.24	40.24	150m: 2:12.93	46.53	250m: 3:45.52	46.15	350m: 5:18.59	45.78		
	100m: 1:26.40	46.16	200m: 2:59.37	46.44	300m: 4:32.81	47.29	400m: 6:00.82	42.23		
23.	BERRY, Matteo		10	Blue Machine					6:04.01	198
	50m: 37.91	37.91	150m: 2:11.35	48.26	250m: 3:49.27	48.53	350m: 5:22.35	46.51		
	100m: 1:23.09	45.18	200m: 3:00.74	49.39	300m: 4:35.84	46.57	400m: 6:04.01	41.66		
24.	MESSIER-BENOÎT, Augustin		09	Club Natation Haut-Richelieu					6:05.30	196
	50m: 41.33	41.33	150m: 2:14.75	47.13	250m: 3:49.24	47.76	350m: 5:21.81	47.18		
	100m: 1:27.62	46.29	200m: 3:01.48	46.73	300m: 4:34.63	45.39	400m: 6:05.30	43.49		
25.	LIU, Mark		10	Club Aquatique Calac Lasalle					6:10.74	187
	50m: 41.26	41.26	150m: 2:13.32	46.48	250m: 3:48.90	48.49	350m: 5:22.46	46.58		
	100m: 1:26.84	45.58	200m: 3:00.41	47.09	300m: 4:35.88	46.98	400m: 6:10.74	48.28		
26.	TOUSS, Ahmed		10	Velox Natation					6:15.88	180
	50m: 36.55	36.55	150m: 2:07.47	47.08	250m: 3:46.40	50.22	350m: 5:29.57	50.95		
	100m: 1:20.39	43.84	200m: 2:56.18	48.71	300m: 4:38.62	52.22	400m: 6:15.88	46.31		
27.	BARIL, Timothé		10	Cnsf					6:23.89	169
	50m: 41.53	41.53	150m: 2:20.45	50.35	250m: 4:03.19	51.53	350m: 5:41.31	47.90		
	100m: 1:30.10	48.57	200m: 3:11.66	51.21	300m: 4:53.41	50.22	400m: 6:23.89	42.58		
28.	MAHEU, Isaac		10	Velox Natation					6:24.17	168
	50m: 40.77	40.77	150m: 2:18.15	50.64	250m: 4:01.52	51.71	350m: 5:42.10	50.09		
	100m: 1:27.51	46.74	200m: 3:09.81	51.66	300m: 4:52.01	50.49	400m: 6:24.17	42.07		
29.	KREITZ, Gabriel		10	Blue Machine					6:24.47	168
	50m: 45.26	45.26	150m: 2:21.51	49.16	250m: 4:01.06	50.44	350m: 5:37.89	47.20		
	100m: 1:32.35	47.09	200m: 3:10.62	49.11	300m: 4:50.69	49.63	400m: 6:24.47	46.58		
30.	STEWART, Owen		10	Bbf					6:26.85	165
	50m: 40.72	40.72	150m: 2:16.69	48.94	250m: 3:57.54	50.75	350m: 5:38.97	50.38		
	100m: 1:27.75	47.03	200m: 3:06.79	50.10	300m: 4:48.59	51.05	400m: 6:26.85	47.88		
31.	SOLIMAN, Youssef		09	Velox Natation					6:46.07	142
	50m: 41.61	41.61	150m: 2:21.44	50.41	250m: 4:08.06	53.65	350m: 5:55.11	53.44		
	100m: 1:31.03	49.42	200m: 3:14.41	52.97	300m: 5:01.67	53.61	400m: 6:46.07	50.96		

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Epreuve 28, Messieurs, 400m Libre

15 ans et plus

1.	LORD, Guillaume	00	Mustang Boucherville	3:57.11	717
	50m: 27.11 27.11	150m: 1:26.11 29.79	250m: 2:26.40 30.23	350m: 3:27.43 30.40	
	100m: 56.32 29.21	200m: 1:56.17 30.06	300m: 2:57.03 30.63	400m: 3:57.11 29.68	
2.	BENABDALLAH, Kamil	03	Club de Natation Samak	4:05.51	646
	50m: 28.21 28.21	150m: 1:30.24 31.45	250m: 2:32.82 30.98	350m: 3:35.10 30.86	
	100m: 58.79 30.58	200m: 2:01.84 31.60	300m: 3:04.24 31.42	400m: 4:05.51 30.41	
3.	VERDON, Laurent	06	Mustang Boucherville	4:10.26	610
	50m: 28.70 28.70	150m: 1:31.33 31.68	250m: 2:35.89 32.44	350m: 3:39.85 31.69	
	100m: 59.65 30.95	200m: 2:03.45 32.12	300m: 3:08.16 32.27	400m: 4:10.26 30.41	
4.	LECAVALIER, Marc-Olivier	04	Club de Natation Samak	4:15.59	572
	50m: 27.98 27.98	150m: 1:31.26 32.37	250m: 2:37.07 32.71	350m: 3:42.11 32.60	
	100m: 58.89 30.91	200m: 2:04.36 33.10	300m: 3:09.51 32.44	400m: 4:15.59 33.48	
5.	LI YING PIN, Hans	04	Club de Natation Samak	4:24.47	516
	50m: 29.98 29.98	150m: 1:36.36 33.70	250m: 2:43.88 33.38	350m: 3:51.38 33.69	
	100m: 1:02.66 32.68	200m: 2:10.50 34.14	300m: 3:17.69 33.81	400m: 4:24.47 33.09	
6.	POITRAS, Félix	06	Mustang Boucherville	4:30.49	483
	50m: 29.79 29.79	150m: 1:38.03 34.30	250m: 2:47.46 34.77	350m: 3:57.30 34.74	
	100m: 1:03.73 33.94	200m: 2:12.69 34.66	300m: 3:22.56 35.10	400m: 4:30.49 33.19	
7.	DEMANCHE, Jacob	07	Mustang Boucherville	4:33.94	465
	50m: 30.21 30.21	150m: 1:40.38 35.69	250m: 2:51.64 35.70	350m: 4:01.42 34.36	
	100m: 1:04.69 34.48	200m: 2:15.94 35.56	300m: 3:27.06 35.42	400m: 4:33.94 32.52	
8.	BOULAY, Noah	07	Mustang Boucherville	4:38.41	443
	50m: 31.05 31.05	150m: 1:40.98 35.42	250m: 2:52.09 35.72	350m: 4:03.80 35.65	
	100m: 1:05.56 34.51	200m: 2:16.37 35.39	300m: 3:28.15 36.06	400m: 4:38.41 34.61	
9.	BOLDUC, Théo	08	Sher	4:53.21	379
	50m: 32.23 32.23	150m: 1:44.75 36.75	250m: 3:01.04 38.60	350m: 4:16.73 37.96	
	100m: 1:08.00 35.77	200m: 2:22.44 37.69	300m: 3:38.77 37.73	400m: 4:53.21 36.48	
10.	OLIGNY, Émile	08	Mustang Boucherville	4:53.50	378
	50m: 31.64 31.64	150m: 1:43.50 36.80	250m: 2:59.53 38.00	350m: 4:16.39 38.29	
	100m: 1:06.70 35.06	200m: 2:21.53 38.03	300m: 3:38.10 38.57	400m: 4:53.50 37.11	
11.	MANUKIAN, Alexandr	08	Mustang Boucherville	4:55.70	369
	50m: 29.95 29.95	150m: 1:43.20 37.72	250m: 3:00.35 38.87	350m: 4:17.54 38.72	
	100m: 1:05.48 35.53	200m: 2:21.48 38.28	300m: 3:38.82 38.47	400m: 4:55.70 38.16	
12.	RAICHE, Jérémy	07	Mustang Boucherville	4:57.18	364
	50m: 32.12 32.12	150m: 1:48.24 38.29	250m: 3:05.04 38.34	350m: 4:21.51 38.09	
	100m: 1:09.95 37.83	200m: 2:26.70 38.46	300m: 3:43.42 38.38	400m: 4:57.18 35.67	
13.	PACHECO, Liam	08	Complexe aquatique Saint-Const	4:57.60	362
	50m: 31.58 31.58	150m: 1:45.62 37.88	250m: 3:03.05 38.89	350m: 4:21.21 39.24	
	100m: 1:07.74 36.16	200m: 2:24.16 38.54	300m: 3:41.97 38.92	400m: 4:57.60 36.39	
14.	BLAIS, Léo	07	Mustang Boucherville	4:58.91	358
	50m: 33.27 33.27	150m: 1:48.50 38.14	250m: 3:05.62 38.54	350m: 4:21.90 38.00	
	100m: 1:10.36 37.09	200m: 2:27.08 38.58	300m: 3:43.90 38.28	400m: 4:58.91 37.01	
15.	SEFRIQUI MANAR, Ismail	08	Mtl Nord Natation	5:19.12	294
	50m: 33.39 33.39	150m: 1:50.81 39.79	250m: 3:13.74 41.93	350m: 4:38.80 42.93	
	100m: 1:11.02 37.63	200m: 2:31.81 41.00	300m: 3:55.87 42.13	400m: 5:19.12 40.32	
16.	VAN STRIEN, Yohan	07	Cnsh	5:28.01	270
	50m: 34.01 34.01	150m: 1:58.10 42.96	250m: 3:23.76 43.09	350m: 4:48.20 41.93	
	100m: 1:15.14 41.13	200m: 2:40.67 42.57	300m: 4:06.27 42.51	400m: 5:28.01 39.81	

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Epreuve 28, Messieurs, 400m Libre, 15 ans et plus

Rang	AN								Temps	Pts		
17.	CHAN, Ryan		08		Bbf				5:28.96	268		
	50m:	35.37	35.37	150m:	1:56.23	40.96	250m:	3:21.69	43.27	350m:	4:47.18	42.83
	100m:	1:15.27	39.90	200m:	2:38.42	42.19	300m:	4:04.35	42.66	400m:	5:28.96	41.78
18.	PILOTTE, Paul-Antoine		07		Blue Machine				5:36.39	251		
	50m:	37.66	37.66	150m:	2:03.83	43.67	250m:	3:33.83	44.97	350m:	4:58.18	41.13
	100m:	1:20.16	42.50	200m:	2:48.86	45.03	300m:	4:17.05	43.22	400m:	5:36.39	38.21
19.	LEDUC, Mattys		05		Blue Machine				5:37.84	247		
	50m:	37.93	37.93	150m:	2:02.39	42.41	250m:	3:30.82	44.10	350m:	4:58.00	43.12
	100m:	1:19.98	42.05	200m:	2:46.72	44.33	300m:	4:14.88	44.06	400m:	5:37.84	39.84
20.	DUMAIS, Jules		06		Club Aquatique Calac Lasalle				5:49.96	223		
	50m:	34.45	34.45	150m:	1:57.69	43.18	250m:	3:28.29	46.22	350m:	5:02.51	46.16
	100m:	1:14.51	40.06	200m:	2:42.07	44.38	300m:	4:16.35	48.06	400m:	5:49.96	47.45
forf.nd.	FRÉDÉRIC, André		05		Club Aquatique Calac Lasalle							