

8,		, 400m		, 13 - 14				R.I					
20.				2009 II				+0,70	4:41.85	II	427		
	50m:	30.45	30.45	150m:	1:40.05	35.35	250m:	2:52.43	36.13	350m:	4:07.98	38.30	
	100m:	1:04.70	34.25	200m:	2:16.30	36.25	300m:	3:29.68	37.25	400m:	4:41.85	33.87	
21.				2009 II				"	"	+0,76	4:44.36	II	415
	50m:	31.36	31.36	150m:	1:42.15	35.75	250m:	2:55.29	36.78	350m:	4:09.12	37.24	
	100m:	1:06.40	35.04	200m:	2:18.51	36.36	300m:	3:31.88	36.59	400m:	4:44.36	35.24	
22.				2009 II				"	"	+0,52	4:44.84	II	413
	50m:	31.29	31.29	150m:	1:44.46	36.84	250m:	2:58.11	36.75	350m:	4:10.87	35.03	
	100m:	1:07.62	36.33	200m:	2:21.36	36.90	300m:	3:35.84	37.73	400m:	4:44.84	33.97	
23.				2009 II						+0,72	4:47.29	II	403
	50m:	28.31	28.31	150m:	1:38.74	36.73	250m:	2:55.00	37.92	350m:	4:47.29	1:12.87	
	100m:	1:02.01	33.70	200m:	2:17.08	38.34	300m:	3:34.42	39.42	400m:	4:47.29		
24.				2010 II		1	-			+0,67	4:47.34	II	403
	50m:	30.44	30.44	150m:	1:43.56	37.55	250m:	2:59.51	38.38	350m:	4:15.37	37.67	
	100m:	1:06.01	35.57	200m:	2:21.13	37.57	300m:	3:37.70	38.19	400m:	4:47.34	31.97	
25.				2010 II						+0,59	4:48.13	II	399
	50m:	31.34	31.34	150m:	1:42.82	36.60	250m:	2:57.33	37.77	350m:	4:12.27	37.69	
	100m:	1:06.22	34.88	200m:	2:19.56	36.74	300m:	3:34.58	37.25	400m:	4:48.13	35.86	
26.				2010 III						+0,79	4:48.65	II	397
	50m:	30.85	30.85	150m:	1:41.57	35.87	250m:	2:55.99	37.25	350m:	4:12.50	38.17	
	100m:	1:05.70	34.85	200m:	2:18.74	37.17	300m:	3:34.33	38.34	400m:	4:48.65	36.15	
27.				2009 II						+0,85	4:48.93	II	396
	50m:	30.61	30.61	150m:	1:39.93	35.35	250m:	2:54.82	38.15	350m:	4:10.74	37.69	
	100m:	1:04.58	33.97	200m:	2:16.67	36.74	300m:	3:33.05	38.23	400m:	4:48.93	38.19	
28.				2010 II						+0,69	4:49.23	II	395
	50m:	31.54	31.54	150m:	1:42.85	36.56	250m:	2:58.37	38.12	350m:	4:14.39	38.45	
	100m:	1:06.29	34.75	200m:	2:20.25	37.40	300m:	3:35.94	37.57	400m:	4:49.23	34.84	
29.				2010 II						+0,71	4:49.43	II	394
	50m:	32.89	32.89	150m:	1:46.30	37.11	250m:	3:00.77	36.91	350m:	4:14.22	36.53	
	100m:	1:09.19	36.30	200m:	2:23.86	37.56	300m:	3:37.69	36.92	400m:	4:49.43	35.21	
30.				2009 II						+0,75	4:49.70	II	393
	50m:	29.86	29.86	150m:	1:39.95	36.11	250m:	2:56.00	38.43	350m:	4:12.96	38.33	
	100m:	1:03.84	33.98	200m:	2:17.57	37.62	300m:	3:34.63	38.63	400m:	4:49.70	36.74	
31.				2009 II						+0,64	4:51.16	II	387
	50m:	32.40	32.40	150m:	1:44.84	37.16	250m:	3:00.43	37.82	350m:	4:16.90	38.23	
	100m:	1:07.68	35.28	200m:	2:22.61	37.77	300m:	3:38.67	38.24	400m:	4:51.16	34.26	
32.				2009 II		"	"				4:51.74	II	385
	50m:	31.31	31.31	150m:	1:43.77	37.21	250m:	2:57.64	36.49	350m:	4:13.92	38.37	
	100m:	1:06.56	35.25	200m:	2:21.15	37.38	300m:	3:35.55	37.91	400m:	4:51.74	37.82	
33.				2009 II		"	"			+0,77	4:52.79	II	380
	50m:	31.41	31.41	150m:	1:46.31	38.90	250m:	3:41.50	36.69	350m:	4:52.79	33.27	
	100m:	1:07.41	36.00	200m:	3:04.81	1:18.50	300m:	4:19.52	38.02	400m:	4:52.79		
34.				2010 II		"	"			+0,68	4:53.16	II	379
	50m:	31.30	31.30	150m:	1:44.53	37.40	250m:	3:00.21	37.91	350m:	4:17.19	38.59	
	100m:	1:07.13	35.83	200m:	2:22.30	37.77	300m:	3:38.60	38.39	400m:	4:53.16	35.97	
35.				2009 II						+0,62	4:57.80	II	362
	50m:	32.84	32.84	150m:	1:48.37	38.54	250m:	3:05.31	38.54	350m:	4:20.81	38.40	
	100m:	1:09.83	36.99	200m:	2:26.77	38.40	300m:	3:42.41	37.10	400m:	4:57.80	36.99	
36.				2009 II						+0,75	4:58.09	II	360
	50m:	31.74	31.74	150m:	1:46.21	37.86	250m:	3:03.47	38.61	350m:	4:21.21	38.90	
	100m:	1:08.35	36.61	200m:	2:24.86	38.65	300m:	3:42.31	38.84	400m:	4:58.09	36.88	
				2010 II						+0,66	4:58.09	II	360
	50m:	32.49	32.49	150m:	1:47.27	38.03	250m:	3:04.03	38.71	350m:	4:21.17	38.51	
	100m:	1:09.24	36.75	200m:	2:25.32	38.05	300m:	3:42.66	38.63	400m:	4:58.09	36.92	
38.				2009 II						+0,79	4:58.17	II	360
	50m:	29.65	29.65	150m:	1:41.57	37.50	250m:	2:58.52	38.69	350m:	4:17.65	39.49	
	100m:	1:04.07	34.42	200m:	2:19.83	38.26	300m:	3:38.16	39.64	400m:	4:58.17	40.52	
39.				2010 II		"	"			+0,65	4:58.85	II	358
	50m:	32.14	32.14	150m:	1:46.95	37.93	250m:	3:03.48	38.25	350m:	4:20.97	38.85	
	100m:	1:09.02	36.88	200m:	2:25.23	38.28	300m:	3:42.12	38.64	400m:	4:58.85	37.88	

8,		, 400m		, 13 - 14				R.I				
40.				2010 II	" "			+0,74	5:00.74	II	351	
	50m:	35.09	35.09	150m:	1:51.41	38.04	250m:	3:07.93	38.35	350m:	4:24.38	38.12
	100m:	1:13.37	38.28	200m:	2:29.58	38.17	300m:	3:46.26	38.33	400m:	5:00.74	36.36
41.				2010 II	" "			+0,80	5:00.85	II	351	
	50m:	33.04	33.04	150m:	1:49.36	38.96	250m:	3:09.06	39.70	350m:	4:27.49	39.59
	100m:	1:10.40	37.36	200m:	2:29.36	40.00	300m:	3:47.90	38.84	400m:	5:00.85	33.36
42.				2009 II	/ "	"		+0,67	5:03.36	III	342	
	50m:	32.84	32.84	150m:	1:49.32	38.69	250m:	3:08.28	39.30	350m:	4:26.08	38.56
	100m:	1:10.63	37.79	200m:	2:28.98	39.66	300m:	3:47.52	39.24	400m:	5:03.36	37.28
43.				2010 II	" "	"		+0,78	5:03.88	III	340	
	50m:	35.42	35.42	150m:	1:52.36	38.55	250m:	3:09.71	38.73	350m:	4:27.13	38.88
	100m:	1:13.81	38.39	200m:	2:30.98	38.62	300m:	3:48.25	38.54	400m:	5:03.88	36.75
44.				2010 II	" "	"		+0,75	5:03.92	III	340	
	50m:	31.86	31.86	150m:	1:45.15	37.77	250m:	3:05.39	40.85	350m:	4:27.30	41.03
	100m:	1:07.38	35.52	200m:	2:24.54	39.39	300m:	3:46.27	40.88	400m:	5:03.92	36.62
45.				2010 II	" "	"		+0,71	5:04.65	III	338	
	50m:	32.19	32.19	150m:	1:48.58	39.01	250m:	3:07.62	39.76	350m:	4:26.70	39.32
	100m:	1:09.57	37.38	200m:	2:27.86	39.28	300m:	3:47.38	39.76	400m:	5:04.65	37.95
46.				2010 II	" "	"		+0,72	5:06.48	III	332	
	50m:	34.11	34.11	150m:	1:52.18	39.30	250m:	3:11.11	39.30	350m:	4:28.48	38.52
	100m:	1:12.88	38.77	200m:	2:31.81	39.63	300m:	3:49.96	38.85	400m:	5:06.48	38.00
47.				2009 III	3 .	"		+0,77	5:06.79	III	331	
	50m:	32.92	32.92	150m:	1:48.77	38.53	250m:	3:07.67	39.83	350m:	4:28.74	41.16
	100m:	1:10.24	37.32	200m:	2:27.84	39.07	300m:	3:47.58	39.91	400m:	5:06.79	38.05
48.				2010 III	" "	"		+0,86	5:07.23	III	329	
	50m:	31.28	31.28	150m:	1:48.39	39.90	250m:	3:08.39	39.82	350m:	4:29.56	40.81
	100m:	1:08.49	37.21	200m:	2:28.57	40.18	300m:	3:48.75	40.36	400m:	5:07.23	37.67
49.				2009 II	" "	"		+0,76	5:07.27	III	329	
	50m:	34.61	34.61	150m:	1:51.87	39.28	250m:	3:10.57	39.58	350m:	5:07.27	1:17.63
	100m:	1:12.59	37.98	200m:	2:30.99	39.12	300m:	3:49.64	39.07	400m:	5:07.27	
50.				2010 III	" "	"		+0,78	5:07.46	III	328	
	50m:	32.37	32.37	150m:	1:50.02	39.26	250m:	3:09.49	39.54	350m:	4:29.01	39.35
	100m:	1:10.76	38.39	200m:	2:29.95	39.93	300m:	3:49.66	40.17	400m:	5:07.46	38.45
51.				2010 II	" "	"		+0,76	5:08.17	III	326	
	50m:	34.01	34.01	150m:	1:52.87	38.54	250m:	3:11.22	39.24	350m:	4:30.99	39.94
	100m:	1:14.33	40.32	200m:	2:31.98	39.11	300m:	3:51.05	39.83	400m:	5:08.17	37.18
52.				2009 II	3 .	"		+0,74	5:09.01	III	324	
	50m:	33.74	33.74	150m:	1:51.24	39.68	250m:	3:11.09	40.29	350m:	4:30.78	39.07
	100m:	1:11.56	37.82	200m:	2:30.80	39.56	300m:	3:51.71	40.62	400m:	5:09.01	38.23
53.				2010 II	" "	"		+0,67	5:09.74	III	321	
	50m:	34.57	34.57	150m:	1:52.58	39.72	250m:	3:12.26	39.50	350m:	4:31.81	39.83
	100m:	1:12.86	38.29	200m:	2:32.76	40.18	300m:	3:51.98	39.72	400m:	5:09.74	37.93
54.				2010 III	" "	"		+0,79	5:10.13	III	320	
	50m:	32.06	32.06	150m:	1:47.33	39.01	250m:	3:09.09	41.05	350m:	4:31.42	41.56
	100m:	1:08.32	36.26	200m:	2:28.04	40.71	300m:	3:49.86	40.77	400m:	5:10.13	38.71
55.				2010 II	" "	"		+0,68	5:11.02	III	317	
	50m:	33.12	33.12	150m:	1:49.94	39.49	250m:	3:11.27	40.87	350m:	4:31.60	39.26
	100m:	1:10.45	37.33	200m:	2:30.40	40.46	300m:	3:52.34	41.07	400m:	5:11.02	39.42
56.				2009 II	" "	"		+0,79	5:11.59	III	316	
	50m:	31.22	31.22	150m:	1:49.26	40.32	250m:	3:11.36	40.98	350m:	4:33.75	41.15
	100m:	1:08.94	37.72	200m:	2:30.38	41.12	300m:	3:52.60	41.24	400m:	5:11.59	37.84
57.				2010 II	" "	"		+0,76	5:13.38	III	310	
	50m:	34.30	34.30	150m:	1:51.75	39.15	250m:	3:11.80	39.86	350m:	4:33.73	41.00
	100m:	1:12.60	38.30	200m:	2:31.94	40.19	300m:	3:52.73	40.93	400m:	5:13.38	39.65
58.				2010 II	" "	"		+0,67	5:14.97	III	306	
	50m:	32.82	32.82	150m:	1:49.54	39.32	250m:	3:10.68	41.12	350m:	4:34.51	41.76
	100m:	1:10.22	37.40	200m:	2:29.56	40.02	300m:	3:52.75	42.07	400m:	5:14.97	40.46
59.				2010 II	" "	"		+0,84	5:15.72	III	303	
	50m:	34.62	34.62	150m:	1:53.86	40.27	250m:	3:14.55	40.45	350m:	4:36.29	41.28
	100m:	1:13.59	38.97	200m:	2:34.10	40.24	300m:	3:55.01	40.46	400m:	5:15.72	39.43

8,		, 400m		, 13 - 14		R.I						
60.				2009 II				+0,86	5:16.31	III	302	
	50m:	33.64	33.64	150m:	2:32.74	1:21.43	250m:	3:56.90	42.14	350m:	5:16.31	37.48
	100m:	1:11.31	37.67	200m:	3:14.76	42.02	300m:	4:38.83	41.93	400m:	5:16.31	
61.				2010 III				+0,76	5:17.56	III	298	
	50m:	34.01	34.01	150m:	1:53.11	40.50	250m:	3:14.16	40.71	350m:	4:36.87	41.12
	100m:	1:12.61	38.60	200m:	2:33.45	40.34	300m:	3:55.75	41.59	400m:	5:17.56	40.69
62.				2010 II				+0,72	5:17.76	III	298	
	50m:	33.43	33.43	150m:	1:51.26	39.81	250m:	3:13.11	40.66	350m:	4:37.27	41.60
	100m:	1:11.45	38.02	200m:	2:32.45	41.19	300m:	3:55.67	42.56	400m:	5:17.76	40.49
63.				2009 III				+0,72	5:18.87	III	294	
	50m:	36.72	36.72	150m:	1:56.94	40.00	250m:	3:18.85	40.79	350m:	4:40.10	40.63
	100m:	1:16.94	40.22	200m:	2:38.06	41.12	300m:	3:59.47	40.62	400m:	5:18.87	38.77
64.				2009 III				+0,80	5:19.53	III	293	
	50m:	35.10	35.10	150m:	1:54.66	40.39	250m:	3:16.08	40.96	350m:	4:39.63	42.06
	100m:	1:14.27	39.17	200m:	2:35.12	40.46	300m:	3:57.57	41.49	400m:	5:19.53	39.90
65.				2009 III				+0,82	5:19.65	III	292	
	50m:	32.84	32.84	150m:	1:49.48	39.58	250m:	3:13.76	42.44	350m:	4:38.27	42.32
	100m:	1:09.90	37.06	200m:	2:31.32	41.84	300m:	3:55.95	42.19	400m:	5:19.65	41.38
66.				2009 II				+0,76	5:20.57	III	290	
	50m:	32.09	32.09	150m:	1:50.74	40.42	250m:	3:14.40	40.84	350m:	4:38.58	42.21
	100m:	1:10.32	38.23	200m:	2:33.56	42.82	300m:	3:56.37	41.97	400m:	5:20.57	41.99
67.				2010 II				+0,51	5:20.78	III	289	
	50m:	34.56	34.56	150m:	1:55.79	41.35	250m:	3:18.59	41.22	350m:	4:40.91	41.20
	100m:	1:14.44	39.88	200m:	2:37.37	41.58	300m:	3:59.71	41.12	400m:	5:20.78	39.87
68.				2010 II				+0,79	5:21.93	III	286	
	50m:	35.74	35.74	150m:	1:55.72	40.17	250m:	3:18.00	41.73	350m:	4:40.81	41.65
	100m:	1:15.55	39.81	200m:	2:36.27	40.55	300m:	3:59.16	41.16	400m:	5:21.93	41.12
69.				2010 III				+0,92	5:22.09	III	286	
	50m:	33.61	33.61	150m:	2:36.22	41.68	250m:	4:00.39	42.20	350m:	5:22.09	40.23
	100m:	1:54.54	1:20.93	200m:	3:18.19	41.97	300m:	4:41.86	41.47	400m:	5:22.09	
70.				2010 III				+0,61	5:24.42	III	280	
	50m:	33.40	33.40	150m:	1:54.05	40.87	250m:	3:18.74	42.47	350m:	4:43.49	42.54
	100m:	1:13.18	39.78	200m:	2:36.27	42.22	300m:	4:00.95	42.21	400m:	5:24.42	40.93
71.				2009 III	/	"		+0,73	5:25.75	III	276	
	50m:	32.48	32.48	150m:	1:51.82	40.57	250m:	3:18.82	43.52	350m:	4:43.90	42.06
	100m:	1:11.25	38.77	200m:	2:35.30	43.48	300m:	4:01.84	43.02	400m:	5:25.75	41.85
72.				2010 III				+0,67	5:25.80	III	276	
	50m:	35.25	35.25	150m:	1:59.71	43.69	250m:	3:25.36	43.00	350m:	4:48.23	40.90
	100m:	1:16.02	40.77	200m:	2:42.36	42.65	300m:	4:07.33	41.97	400m:	5:25.80	37.57
73.				2010 III				+0,73	5:26.81	III	273	
	50m:	34.96	34.96	150m:	1:56.13	41.04	250m:	3:21.24	41.95	350m:	4:47.11	41.99
	100m:	1:15.09	40.13	200m:	2:39.29	43.16	300m:	4:05.12	43.88	400m:	5:26.81	39.70
74.				2010 III				+0,64	5:27.59	III	271	
	50m:	32.81	32.81	150m:	1:54.55	41.31	250m:	3:18.82	42.55	350m:	4:44.12	43.03
	100m:	1:13.24	40.43	200m:	2:36.27	41.72	300m:	4:01.09	42.27	400m:	5:27.59	43.47
75.				2009 1			35	+0,70	5:28.94	III	268	
	50m:	33.95	33.95	150m:	1:55.77	42.15	250m:	3:21.82	43.39	350m:	4:48.29	43.45
	100m:	1:13.62	39.67	200m:	2:38.43	42.66	300m:	4:04.84	43.02	400m:	5:28.94	40.65
76.				2009 III				+0,65	5:30.85	III	264	
	50m:	31.24	31.24	150m:	1:52.99	42.27	250m:	3:17.58	41.30	350m:	4:41.12	42.43
	100m:	1:10.72	39.48	200m:	2:36.28	43.29	300m:	3:58.69	41.11	400m:	5:30.85	49.73
77.				2009 III				+0,64	5:31.21	III	263	
	50m:	33.76	33.76	150m:	1:56.21	42.15	250m:	3:22.46	42.93	350m:	4:50.90	44.62
	100m:	1:14.06	40.30	200m:	2:39.53	43.32	300m:	4:06.28	43.82	400m:	5:31.21	40.31
78.				2009 III				+0,49	5:31.44	III	262	
	50m:	33.69	33.69	150m:	1:56.11	41.98	250m:	3:23.84	43.92	350m:	4:52.02	43.62
	100m:	1:14.13	40.44	200m:	2:39.92	43.81	300m:	4:08.40	44.56	400m:	5:31.44	39.42
79.				2010 III				+0,63	5:31.65	III	262	
	50m:	34.38	34.38	150m:	1:55.08	41.26	250m:	3:20.26	43.18	350m:	4:48.39	44.36
	100m:	1:13.82	39.44	200m:	2:37.08	42.00	300m:	4:04.03	43.77	400m:	5:31.65	43.26

8,		, 400m		, 13 - 14				R.I				
80.				2009 III		3 .		+0,73	5:32.94	III	259	
	50m:	34.55	34.55	150m:	1:55.80	41.93	250m:	3:22.09	43.55	350m:	4:50.67	44.03
	100m:	1:13.87	39.32	200m:	2:38.54	42.74	300m:	4:06.64	44.55	400m:	5:32.94	42.27
81.				2010 III				+0,94	5:33.22	III	258	
	50m:	35.61	35.61	150m:	1:56.37	42.35	250m:	3:25.23	43.40	350m:	4:52.24	43.85
	100m:	1:14.02	38.41	200m:	2:41.83	45.46	300m:	4:08.39	43.16	400m:	5:33.22	40.98
82.				2010 III		3 .		+0,83	5:33.80	III	257	
	50m:	33.48	33.48	150m:	1:57.40	43.58	250m:	3:25.42	43.82	350m:	4:51.21	42.87
	100m:	1:13.82	40.34	200m:	2:41.60	44.20	300m:	4:08.34	42.92	400m:	5:33.80	42.59
83.				2010 III				+0,83	5:40.14	III	242	
	50m:	36.36	36.36	150m:	2:01.37	43.04	250m:	3:30.45	44.78	350m:	4:57.18	43.94
	100m:	1:18.33	41.97	200m:	2:45.67	44.30	300m:	4:13.24	42.79	400m:	5:40.14	42.96
84.				2010 III				+0,70	5:42.91	III	237	
	50m:	35.54	35.54	150m:	2:01.82	44.25	250m:	3:31.34	45.37	350m:	5:00.32	44.04
	100m:	1:17.57	42.03	200m:	2:45.97	44.15	300m:	4:16.28	44.94	400m:	5:42.91	42.59
85.				2009 III				+0,91	6:15.70	1	180	
	50m:	39.98	39.98	150m:	2:12.44	47.37	250m:	3:52.38	50.59	350m:	5:30.09	49.10
	100m:	1:25.07	45.09	200m:	3:01.79	49.35	300m:	4:40.99	48.61	400m:	6:15.70	45.61
15 - 16												
1.				2008		"	"	+0,68	3:59.45		696	
	50m:	26.67	26.67	150m:	1:26.15	30.07	250m:	2:27.86	31.06	350m:	3:29.35	30.46
	100m:	56.08	29.41	200m:	1:56.80	30.65	300m:	2:58.89	31.03	400m:	3:59.45	30.10
2.				2007		"	"	+0,70	4:05.05		649	
	50m:	27.03	27.03	150m:	1:27.64	30.66	250m:	2:29.11	30.29	350m:	3:32.30	32.18
	100m:	56.98	29.95	200m:	1:58.82	31.18	300m:	3:00.12	31.01	400m:	4:05.05	32.75
3.				2008		"	"	+0,75	4:07.26		632	
	50m:	27.59	27.59	150m:	1:27.57	30.66	250m:	2:30.19	31.17	350m:	3:35.31	32.65
	100m:	56.91	29.32	200m:	1:59.02	31.45	300m:	3:02.66	32.47	400m:	4:07.26	31.95
4.				2007		"	"	+0,76	4:08.56		622	
	50m:	27.75	27.75	150m:	1:28.63	30.95	250m:	2:31.37	31.74	350m:	3:36.71	32.25
	100m:	57.68	29.93	200m:	1:59.63	31.00	300m:	3:04.46	33.09	400m:	4:08.56	31.85
5.				2007				+0,73	4:12.66	I	592	
	50m:	27.76	27.76	150m:	1:30.10	31.73	250m:	2:34.77	32.62	350m:	3:40.56	32.95
	100m:	58.37	30.61	200m:	2:02.15	32.05	300m:	3:07.61	32.84	400m:	4:12.66	32.10
6.				2007				+0,82	4:12.91	I	591	
	50m:	28.53	28.53	150m:	1:31.31	31.63	250m:	2:35.63	31.83	350m:	3:40.64	32.67
	100m:	59.68	31.15	200m:	2:03.80	32.49	300m:	3:07.97	32.34	400m:	4:12.91	32.27
7.				2008		"	"	+0,64	4:13.09	I	589	
	50m:	28.01	28.01	150m:	1:31.55	32.27	250m:	2:35.95	32.31	350m:	3:41.39	32.95
	100m:	59.28	31.27	200m:	2:03.64	32.09	300m:	3:08.44	32.49	400m:	4:13.09	31.70
8.				2007 I		1	-	+0,65	4:14.85	I	577	
	50m:	27.59	27.59	150m:	1:32.17	33.13	250m:	2:38.18	32.85	350m:	3:44.24	33.11
	100m:	59.04	31.45	200m:	2:05.33	33.16	300m:	3:11.13	32.95	400m:	4:14.85	30.61
9.				2007				+0,71	4:17.27	I	561	
	50m:	27.58	27.58	150m:	1:30.72	31.77	250m:	2:36.69	33.15	350m:	3:44.39	33.90
	100m:	58.95	31.37	200m:	2:03.54	32.82	300m:	3:10.49	33.80	400m:	4:17.27	32.88
10.				2008 II				+0,81	4:20.46	I	541	
	50m:	28.80	28.80	150m:	1:33.83	32.75	250m:	2:41.22	33.87	350m:	3:48.91	33.86
	100m:	1:01.08	32.28	200m:	2:07.35	33.52	300m:	3:15.05	33.83	400m:	4:20.46	31.55
11.				2008 I		"	"	+0,68	4:20.65	I	539	
	50m:	29.98	29.98	150m:	1:35.23	32.70	250m:	2:41.01	32.98	350m:	3:47.05	33.72
	100m:	1:02.53	32.55	200m:	2:08.03	32.80	300m:	3:13.33	32.32	400m:	4:20.65	33.60
12.				2008 I				+0,80	4:20.90	I	538	
	50m:	28.92	28.92	150m:	1:32.70	31.95	250m:	2:39.06	33.62	350m:	3:47.70	34.20
	100m:	1:00.75	31.83	200m:	2:05.44	32.74	300m:	3:13.50	34.44	400m:	4:20.90	33.20
13.				2008		"	"	+0,73	4:21.89	I	532	
	50m:	27.78	27.78	150m:	1:31.52	32.85	250m:	2:38.38	33.04	350m:	3:48.08	34.49
	100m:	58.67	30.89	200m:	2:05.34	33.82	300m:	3:13.59	35.21	400m:	4:21.89	33.81

8,		, 400m		, 15 - 16				R.I				
14.				2007 I				+0,76	4:23.81	I	520	
	50m:	28.52	28.52	150m:	1:32.87	32.70	250m:	2:40.39	34.13	350m:	3:50.11	34.76
	100m:	1:00.17	31.65	200m:	2:06.26	33.39	300m:	3:15.35	34.96	400m:	4:23.81	33.70
15.				2008 I				+0,86	4:25.25	I	512	
	50m:	28.68	28.68	150m:	1:34.44	33.69	250m:	2:43.14	34.48	350m:	3:52.71	34.75
	100m:	1:00.75	32.07	200m:	2:08.66	34.22	300m:	3:17.96	34.82	400m:	4:25.25	32.54
16.				2008 I				+0,82	4:26.19	I	506	
	50m:	29.31	29.31	150m:	1:36.36	33.97	250m:	2:44.85	34.25	350m:	3:53.92	34.26
	100m:	1:02.39	33.08	200m:	2:10.60	34.24	300m:	3:19.66	34.81	400m:	4:26.19	32.27
17.				2007 I				+0,70	4:27.19	I	501	
	50m:	29.20	29.20	150m:	1:34.95	33.53	250m:	2:44.19	34.78	350m:	3:53.45	34.60
	100m:	1:01.42	32.22	200m:	2:09.41	34.46	300m:	3:18.85	34.66	400m:	4:27.19	33.74
18.				2008 I				+0,95	4:29.54	II	488	
	50m:	30.41	30.41	150m:	1:37.16	33.64	250m:	2:45.92	34.47	350m:	3:54.98	34.61
	100m:	1:03.52	33.11	200m:	2:11.45	34.29	300m:	3:20.37	34.45	400m:	4:29.54	34.56
19.				2007 I		-9 .		+0,70	4:29.84	II	486	
	50m:	30.15	30.15	150m:	1:36.68	33.41	250m:	2:44.47	34.24	350m:	3:54.96	35.41
	100m:	1:03.27	33.12	200m:	2:10.23	33.55	300m:	3:19.55	35.08	400m:	4:29.84	34.88
20.				2008 I		" "		+0,64	4:30.47	II	483	
	50m:	10.98	10.98	150m:	1:02.85	33.43	250m:	2:11.94	34.81	350m:	3:20.96	34.48
	100m:	29.42	18.44	200m:	1:37.13	34.28	300m:	2:46.48	34.54	400m:	4:30.47	1:09.51
21.				2007 II				+0,81	4:30.64	II	482	
	50m:	29.22	29.22	150m:	1:36.34	34.54	250m:	2:46.15	34.89	350m:	3:56.29	34.67
	100m:	1:01.80	32.58	200m:	2:11.26	34.92	300m:	3:21.62	35.47	400m:	4:30.64	34.35
22.				2007				+0,66	4:31.42	II	478	
	50m:	30.85	30.85	150m:	1:39.33	34.66	250m:	2:48.41	33.66	350m:	3:57.74	34.77
	100m:	1:04.67	33.82	200m:	2:14.75	35.42	300m:	3:22.97	34.56	400m:	4:31.42	33.68
23.				2007 I				+0,63	4:32.71	II	471	
	50m:	29.80	29.80	150m:	1:37.30	34.33	250m:	2:48.25	35.41	350m:	3:59.58	35.39
	100m:	1:02.97	33.17	200m:	2:12.84	35.54	300m:	3:24.19	35.94	400m:	4:32.71	33.13
24.				2007 I				+0,71	4:34.44	II	462	
	50m:	30.07	30.07	150m:	1:39.79	35.73	250m:	2:49.10	33.92	350m:	3:59.63	34.95
	100m:	1:04.06	33.99	200m:	2:15.18	35.39	300m:	3:24.68	35.58	400m:	4:34.44	34.81
25.				2008 II				+0,70	4:34.63	II	461	
	50m:	31.01	31.01	150m:	1:39.28	34.44	250m:	2:49.00	35.14	350m:	3:59.88	35.53
	100m:	1:04.84	33.83	200m:	2:13.86	34.58	300m:	3:24.35	35.35	400m:	4:34.63	34.75
26.				2008 3		-9 .		+0,75	4:35.17	II	458	
	50m:	30.20	30.20	150m:	1:42.30	36.68	250m:	2:53.74	35.28	350m:	4:03.61	34.70
	100m:	1:05.62	35.42	200m:	2:18.46	36.16	300m:	3:28.91	35.17	400m:	4:35.17	31.56
27.				2008 II		3 .		+0,83	4:35.99	II	454	
	50m:	30.13	30.13	150m:	1:39.21	35.53	250m:	2:50.14	35.36	350m:	4:00.72	35.55
	100m:	1:03.68	33.55	200m:	2:14.78	35.57	300m:	3:25.17	35.03	400m:	4:35.99	35.27
28.				2007		" "		+0,73	4:36.45	II	452	
	50m:	29.45	29.45	150m:	1:37.94	34.80	250m:	2:48.63	35.56	350m:	4:00.99	35.82
	100m:	1:03.14	33.69	200m:	2:13.07	35.13	300m:	3:25.17	36.54	400m:	4:36.45	35.46
29.				2008 I		" "		+0,72	4:36.51	II	452	
	50m:	28.32	28.32	150m:	1:36.26	34.56	250m:	2:46.88	35.94	350m:	4:00.92	37.09
	100m:	1:01.70	33.38	200m:	2:10.94	34.68	300m:	3:23.83	36.95	400m:	4:36.51	35.59
30.				2008 II				+0,81	4:37.44	II	447	
	50m:	31.62	31.62	150m:	1:41.64	35.41	250m:	2:53.05	35.65	350m:	4:04.19	35.60
	100m:	1:06.23	34.61	200m:	2:17.40	35.76	300m:	3:28.59	35.54	400m:	4:37.44	33.25
31.				2008 I		" "		+0,64	4:38.37	II	443	
	50m:	28.67	28.67	150m:	1:35.90	34.45	250m:	2:47.77	36.08	350m:	4:02.51	37.75
	100m:	1:01.45	32.78	200m:	2:11.69	35.79	300m:	3:24.76	36.99	400m:	4:38.37	35.86
32.				2008 II				+0,79	4:39.16	II	439	
	50m:	31.06	31.06	150m:	1:40.41	35.18	250m:	2:51.58	35.69	350m:	4:04.21	36.43
	100m:	1:05.23	34.17	200m:	2:15.89	35.48	300m:	3:27.78	36.20	400m:	4:39.16	34.95
33.				2008				+0,62	4:39.47	II	438	
	50m:	28.54	28.54	150m:	1:37.36	35.34	250m:	2:50.35	36.56	350m:	4:04.30	36.93
	100m:	1:02.02	33.48	200m:	2:13.79	36.43	300m:	3:27.37	37.02	400m:	4:39.47	35.17

8,		, 400m		, 15 - 16		R.I						
34.				2008 II					+0,60	4:41.74	II	427
	50m:	31.14	31.14	150m:	1:42.51	36.40	250m:	3:31.63	1:12.39	350m:	5:23.20	41.46
	100m:	1:06.11	34.97	200m:	2:19.24	36.73	300m:	4:41.74	1:10.11	400m:	4:41.74	
35.				2008 II	/ "	"			+0,86	4:41.97	II	426
	50m:	29.66	29.66	150m:	1:39.54	35.36	250m:	2:51.79	36.32	350m:	4:06.32	37.43
	100m:	1:04.18	34.52	200m:	2:15.47	35.93	300m:	3:28.89	37.10	400m:	4:41.97	35.65
36.				2008 II					+0,69	4:44.16	II	416
	50m:	30.70	30.70	150m:	1:41.33	36.14	250m:	2:55.42	37.07	350m:	4:09.24	37.19
	100m:	1:05.19	34.49	200m:	2:18.35	37.02	300m:	3:32.05	36.63	400m:	4:44.16	34.92
37.				2008 II			3 .		+0,89	4:50.38	II	390
	50m:	31.21	31.21	150m:	1:42.99	36.46	250m:	2:58.12	37.48	350m:	4:13.75	37.71
	100m:	1:06.53	35.32	200m:	2:20.64	37.65	300m:	3:36.04	37.92	400m:	4:50.38	36.63
38.				2008 II					+0,76	4:52.22	II	383
	50m:	31.00	31.00	150m:	1:44.34	37.63	250m:	3:00.35	38.34	350m:	4:16.21	37.81
	100m:	1:06.71	35.71	200m:	2:22.01	37.67	300m:	3:38.40	38.05	400m:	4:52.22	36.01
39.				2008 II			3 .		+1,01	4:53.15	II	379
	50m:	31.74	31.74	150m:	1:43.18	36.75	250m:	2:58.37	37.89	350m:	4:15.40	38.31
	100m:	1:06.43	34.69	200m:	2:20.48	37.30	300m:	3:37.09	38.72	400m:	4:53.15	37.75
40.				2008 II			"	"	+0,72	4:53.40	II	378
	50m:	29.66	29.66	150m:	1:39.94	36.32	250m:	2:56.68	38.68	350m:	4:16.20	39.41
	100m:	1:03.62	33.96	200m:	2:18.00	38.06	300m:	3:36.79	40.11	400m:	4:53.40	37.20
41.				2008 II					+0,70	4:58.11	II	360
	50m:	32.01	32.01	150m:	1:45.04	37.25	250m:	3:01.31	38.21	350m:	4:19.51	39.01
	100m:	1:07.79	35.78	200m:	2:23.10	38.06	300m:	3:40.50	39.19	400m:	4:58.11	38.60
42.				2007 II					+0,85	4:58.14	II	360
	50m:	32.33	32.33	150m:	1:44.45	36.80	250m:	3:00.16	38.02	350m:	4:18.89	39.62
	100m:	1:07.65	35.32	200m:	2:22.14	37.69	300m:	3:39.27	39.11	400m:	4:58.14	39.25
43.				2008 II			"	"	+0,67	4:58.75	II	358
	50m:	31.84	31.84	150m:	1:45.12	37.52	250m:	3:01.74	38.02	350m:	4:20.35	39.22
	100m:	1:07.60	35.76	200m:	2:23.72	38.60	300m:	3:41.13	39.39	400m:	4:58.75	38.40
44.				2008 II					+0,75	4:58.93	II	357
	50m:	32.58	32.58	150m:	1:47.89	37.95	250m:	3:04.79	38.91	350m:	4:21.79	38.22
	100m:	1:09.94	37.36	200m:	2:25.88	37.99	300m:	3:43.57	38.78	400m:	4:58.93	37.14
45.				2008 II					+0,76	4:59.93	II	354
	50m:	30.62	30.62	150m:	1:43.52	35.49	250m:	3:00.91	37.21	350m:	4:19.38	37.69
	100m:	1:08.03	37.41	200m:	2:23.70	40.18	300m:	3:41.69	40.78	400m:	4:59.93	40.55
46.				2008 III					+0,91	5:01.10	II	350
	50m:	31.97	31.97	150m:	1:46.61	38.68	250m:	3:03.98	38.88	350m:	4:23.67	39.91
	100m:	1:07.93	35.96	200m:	2:25.10	38.49	300m:	3:43.76	39.78	400m:	5:01.10	37.43
47.				2008 II			"	"	+0,79	5:02.46	II	345
	50m:	31.88	31.88	150m:	1:46.76	38.59	250m:	3:05.21	39.38	350m:	4:24.45	39.41
	100m:	1:08.17	36.29	200m:	2:25.83	39.07	300m:	3:45.04	39.83	400m:	5:02.46	38.01
48.				2008 III		"	"		+0,69	5:03.49	III	342
	50m:	32.11	32.11	150m:	1:46.21	38.05	250m:	3:04.89	39.40	350m:	4:24.71	39.88
	100m:	1:08.16	36.05	200m:	2:25.49	39.28	300m:	3:44.83	39.94	400m:	5:03.49	38.78
49.				2008 II					+0,77	5:04.51	III	338
	50m:	33.68	33.68	150m:	1:48.80	38.31	250m:	3:06.97	39.17	350m:	4:26.58	39.99
	100m:	1:10.49	36.81	200m:	2:27.80	39.00	300m:	3:46.59	39.62	400m:	5:04.51	37.93
50.				2008 II					+0,86	5:06.06	III	333
	50m:	31.34	31.34	150m:	1:52.20	40.91	250m:	3:07.90	38.33	350m:	4:29.36	41.25
	100m:	1:11.29	39.95	200m:	2:29.57	37.37	300m:	3:48.11	40.21	400m:	5:06.06	36.70
51.				2008 II		1	-		+0,67	5:06.45	III	332
	50m:	31.36	31.36	150m:	1:45.04	38.32	250m:	3:04.67	40.14	350m:	4:26.03	40.78
	100m:	1:06.72	35.36	200m:	2:24.53	39.49	300m:	3:45.25	40.58	400m:	5:06.45	40.42
52.				2007 I					+0,65	5:07.41	III	329
	50m:	31.14	31.14	150m:	1:48.97	38.47	250m:	3:07.20	37.83	350m:	4:27.41	39.15
	100m:	1:10.50	39.36	200m:	2:29.37	40.40	300m:	3:48.26	41.06	400m:	5:07.41	40.00
53.				2008 II		"	"		+0,76	5:17.91	III	297
	50m:	35.96	35.96	150m:	1:53.23	39.03	250m:	3:14.26	40.60	350m:	4:36.87	41.58
	100m:	1:14.20	38.24	200m:	2:33.66	40.43	300m:	3:55.29	41.03	400m:	5:17.91	41.04

	8,	, 400m	, 15 - 16									
								R.I				
54.			2008 II					+0,83	5:20.09	III	291	
	50m:	31.62	31.62	150m:	1:46.39	38.60	250m:	3:10.25	42.26	350m:	4:38.01	44.26
	100m:	1:07.79	36.17	200m:	2:27.99	41.60	300m:	3:53.75	43.50	400m:	5:20.09	42.08
55.			2007 I					+0,73	5:33.89	III	256	
	50m:	33.22	33.22	150m:	1:54.33	38.55	250m:	3:19.63	40.19	350m:	4:48.46	40.80
	100m:	1:15.78	42.56	200m:	2:39.44	45.11	300m:	4:07.66	48.03	400m:	5:33.89	45.43
56.			2008 II					+0,77	5:33.99	III	256	
	50m:	32.85	32.85	150m:	1:51.72	41.13	250m:	3:18.86	43.89	350m:	4:48.51	45.14
	100m:	1:10.59	37.74	200m:	2:34.97	43.25	300m:	4:03.37	44.51	400m:	5:33.99	45.48